JUICE CLEANSES

Discover your energy with one of our nourishing cleanses. Sipping on fresh juice, rinses away the unwanted and helps rejuvenate your insides with the essential vitamins and minerals found in raw fruits and vegetables.

DEEP CLEAN / 54 PER DAY (6 JUICES)

Deep clean with greens. Filled with leafy greens that will leave you feeling energized and revitalized.

- Simply Green
- · Golden Glow
- Green Goodness
- Simply Green
- Green Goodness
- Almond Mylk

RAINBOW RINSE / 54 PER DAY (6 JUICES)

Optimal results and great tasting. A colorful mix of fruit and vegetable juices followed by a protein-rich house-made almond mylk.

- · Simply Green
- Soulshine
- · Golden Glow
- Simply Green
- Beauty and the Beet
- Almond Mylk

QUICK DIP / 27 PER DAY (3 JUICES)

Perfect for the first time juicer. Add a salad for lunch and a smoothie for dinner.

- Simply Green
- Soulshine
- Beauty and the Beet

To ensure freshness, we ask you place your cleanse order 24 hours in advanced.

Pre-order in person or online

ENERGY POTIONS / 6

adaptogenic vitality infusions available warm or over ice with your choice of almond mylk or oat milk

ON SHROOMS

coffee, chaga, lion's mane, cacao, and honey

HEAT RISING

coffee, coconut oil, maca, cayenne, cinnamon, vanilla, and honey

PEOPLESPROOF

coffee, coconut oil, ghee

MATCHA LATTE

matcha, spirulina, hemp seed, and honey

COMMUNITY CHAI

activated charcoal, chai, and honey

GOLDE DUST

golde turmeric blend, chai, and honey

COFFEE

Organic fair trade coffee from Equal Exchange

HOT SMALL / 1.75 HOT LARGE / 2.50 ICED SMALL / 2.00

ICED LARGE / 2.75

KOMBUCHA / 6

Seasonal flavors provided by Luluna Kombucha

TEA by Bilo Herbs

SMALL / 2.50 LARGE / 3.50 COLD-PRESSED DAILY • ZERO PROCESSING
GLUTEN-FREE • DAIRY-FREE
NO ADDED SUGARS • HIGH VIBE



JUICE SHOP & CLEAN CAFE

New Bedford, MA

774 • 992 • 8075 141 union street, new bedford, ma 02740 www.peoplespressed.com @peoplespressed

MONDAY-FRIDAY: 8AM - 4PM SATURDAY: 8AM - 3PM

SUNDAY: CLOSED

COME VIBE WITH US





Visit our website www.peoplespressed.com

BOWLS / 9

SIGNATURE ACAI

organic acai, banana, and blueberries topped with gluten-free granola, banana, strawberries, hemp seeds, pepitas, and coconut, drizzled with honey

ALMOND BUTTER ME UP (MOST POPULAR)

organic acai, banana, and blueberries topped with gluten-free granola, banana, strawberries, house-made almond butter, cacao nibs, coconut, and goji berries, drizzled with honey

RAINBOW BOWL

organic acai, banana, and blueberries topped with gluten-free granola, banana, strawberries, kiwi, blueberries, coconut, and chia seeds, drizzled with honey

WELLNESS BOMB

gluten-free oats, banana, and almond mylk topped with gluten free granola, seasonal fruit, coconut, and bee pollen, drizzled with honey

CHIA PUDDING

SMALL / 6 LARGE / 9 almond mylk and chia seeds over gluten-free granola, topped with fresh fruit and coconut, drizzled with honey

SMOOTHIES / 7 160Z

PB DREAM (BEST SELLER)

banana, spinach, house-made peanut butter, plant protein, and almond mylk, topped with hemp seeds

PURPLE RAIN

blueberries, bananas, maqui, chia, lemon juice, and coconut water, topped with goji berries

SO CHILL + pineapple / .75

kale, avocado, banana, ginger, fresh squeezed orange juice, and coconut water, topped with coconut

THE ACTIVATOR

activated charcoal, banana, pineapple, blueberries, and coconut water, topped with fresh blueberries

SWEET NOURISHMENT + almond butter / 2

banana, raw cacao, walnuts, maca, dates, pink salt, and almond mylk, topped with cacao nibs

QUEEN BEE

organic pink dragon fruit, banana, pineapple, and coconut water, topped with bee pollen

SWEET STUFF

strawberries, banana, apple, and oat mylk, topped with fresh strawberries

COLD-PRESSED JUICE

GLASS BOTTLE / 9 1202 CUP / 7 802

fresh cold-pressed juice, made daily and bottled in house

SIMPLY GREEN

kale, apple, cucumber, lemon, celery, ginger

SOULSHINE

carrot, apple, lemon, ginger

GOLDEN GLOW

pineapple, cucumber, turmeric, ginger, celery, lime

BEAUTY AND THE BEET

beet, carrot, apple, lemon, ginger

People's *cold-pressed* juices contain up to 2 lbs of produce per glass bottle. No sugars, no preservatives, no BS.

(Whole 30, GF, Paleo, Vegan)

THE JUICE FLIGHT / 8

four shot style glasses of our delicious, signature, cold-pressed juices. *In-house only*.

WELLNESS SHOTS

FLIPSIDE / 5

ginger, echinacea, oil or oregano, lemon

ZINGER / 5

turmeric, lemon, apple cider vinegar, black pepper

GINGER+LEMON / 3

FOOD

1 SLICE / 6 2 SLICES / 11

AVOCADO BACON COCONUT

gluten-free toast topped with creamy avocado, greens, bacon coconut, drizzled with cashew-tomato-vinaigrette, pink salt, and pepper

AVOCADO AND HEMP SEED

gluten-free toast topped with creamy avocado, greens, hemp and pepitas seeds, lemon juice, and pink salt

AVOCADO, TOMATO, AND BALSAMIC

gluten-free toast topped with creamy avocado, greens, sliced tomato, pink salt, pepper, balsamic, lemon juice, and sprinkled with hemp

ALMOND BUTTER, BANANA, AND STRAWBERRY

gluten-free toast topped with house-made almond butter, banana, strawberry, cinnamon, hemp, and cacao nibs, drizzled with honey

SUPERFOOD ADD-ONS

house-made almond butter, house-made peanut butter, plant-based protein, collagen peptides, local spirulina	2
gluten-free granola, matcha, chaga, lion's mane, maqui, maca, activated charcoal, bee pollen	1
banana, strawberries, kiwi, pineapple, blueberries	.75
cacao nibs, hemp seeds, chia seeds, pepitas, coconut shreds, goji berries,	.50
cinnamon, cayenne, honey, pink salt	FREE

^{*} Substitutions may be made for smoothies and bowls, but may result in an additional charge.

^{*} Before placing your order, please inform your barista if a person in your party has a food allergy.