



The Friends of Jung

NEWSLETTER AND LECTURE SCHEDULE

Fall 2016–Spring 2017

Volume 39, Number 1

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Welcome from Our President

AS WE WATCH WITH HORROR the murderous inhumanity unleashed around the globe, I find relevant Esther Harding's exploration of the all too similar psychic upheaval reminiscent of that which led to the horror of the German holocaust. She writes; "Until the first appearance of the works of Dr. C. G. Jung, the unconscious was regarded as merely the repository of forgotten or repressed experiences. In this there could be no answer to the problem of a world in the grip of a barbaric regression. But Dr. Jung discovered and opened to all explorers another aspect of the unconscious. For he penetrated to far greater depths than had ever before been reached, and found there the sources of psychological life that produced not only atavistic forms but also the potentialities for new development. Dare we hope that out of the present struggle and suffering a new world spirit may be born, to create for itself a new body of civilization?" (*Psychic Energy, Its Source and Goal*, page 6).

The struggle is far from over and today as our world teeters on the verge of chaotic destruction we face a heroic challenge to consciously channel this psychic barbarism into a life-serving force in "a new body of civilization." For as Dr. Jung stated in his BBC interview "The world hangs on a thread and that is the psyche of man."

From its inception in the early 1970s the San Diego Friends of Jung has provided communal support for exploration of the inner world of the psyche and for fellow travelers, those intrepid explorers of the shadow land of the soul who struggle to find meaning in their individual lives and the changing world in which they live. The Friends of Jung lectures help provide a road map to the underworld of the psyche as well as encouragement to deal with our spooks and demons that go bump in the night and haunt us from within.

Among those lecturing this coming year, Gary Bobroff touches on the archetypal forces within the human psyche that support or challenge men and women in relation to their uniqueness as human beings. He also examines the archetype's relationship to the inherent tensions in society and collec-

tive belonging that challenge us along the way.

Dr. Elizabeth Nelson's lecture addresses changes in the culture that affect our personal relationship to love and power, and she acknowledges Jung's statement that, "Where love rules there is no will to power, and where power predominates love is lacking. One is the shadow of the other." This lecture proposes that almost nothing reveals character more dramatically than the way we exercise power within love; but she concludes that this requires development since love does not eliminate the will to power, which exists in every human relationship.

We are pleased to bring you these, along with the other creative lecturers listed in our newsletter. We hope you will join us in sharing the riches.

On a more personal note I want to express how valuable the involvement with S.D. Friends of Jung has been for me. During the better part of my 99 years the friendships and challenges of working within this creative organization have enriched my life immeasurably.

—Katie Sanford, President

The assumption that the human psyche possesses layers that lie below consciousness is not likely to arouse serious opposition. But... there could just as well be layers lying above consciousness... The conscious mind can only claim a relatively central position and must put up with the fact that the unconscious psyche transcends and as it were surrounds it on all sides. Unconscious contents connect it backward with the physiological states on the one hand and archetypal data on the other. But it is extended forward by intuitions which are conditioned partly by archetypes and partly by subliminal perceptions depending on the relativity of time and space in the unconscious.

—C. G. Jung, *Psychology and Alchemy* (1952)

THE FRIENDS OF JUNG

P.O. Box 2363, Del Mar, CA 92014-1663

New email, info@jungsandiego.org, New web site: www.jungsandiego.org

Event Locations

Friday evening lectures are held at the Winston School in Del Mar (except as noted).

Our Annual Holiday Party at St. Peter's Episcopal Church in Del Mar. Directions to the Winston School and the Church are on the opposite page.

Note: Saturday workshops will no longer be held at Muel-ler College as the college has closed. Check our website at jungsandiego.org for updates on workshop locations.

Event Information

- Friday lectures start at 7:30 PM
- Coffee, tea and refreshments are available before each Friday lecture starting at 7 PM.
- Saturday workshops are held from 10 AM to 3 PM (except as noted).
- Please note that CEU's (continuing education units) are no longer available for our events
- LECTURE FEES:
\$15 FOJ members
\$17 Full-time students and Senior citizens (65+)
\$20 Non-members

Workshop Registration

To register please mail your name, address, phone, e-mail address, the title and date of the workshop you wish to attend, and a check payable to "Friends of Jung" to:

Friends of Jung, P.O. Box 2363
Del Mar, CA 92014-1663

Workshop Fees are:

\$50 for members

\$60 for non-members

A volunteer will e-mail or call to confirm your reservation and provide directions to the workshop location.

Receiving this Newsletter

Members receive our newsletter as part of their membership. It's also sent to non-members for an annual donation of \$5. Send checks to The Friends of Jung, P.O. Box 2363, Del Mar, CA 92014-1663. If you no longer wish to receive the newsletter, please contact us by mail or by e-mail at info@jungsandiego.org.

FALL 2016—SPRING 2017 PROGRAM

Fall/Winter 2016

Friday Lecture, September 16, 7:30 PM

SHEHEREZAD SHASHAANI

Moon Goddess' Symbolism Ancient and Modern

SINCE TIME immemorial mankind's fascination with the mysterious light of the night sky has functioned as a gateway to the spiritual and imaginal realm, expanding human consciousness and bringing meaning to human experiences. The multifaceted symbolic representations of the moon played a decisive role in the initiation rites of the ancients. They also gave them meaningful access to the feminine realms of Eros and Lunar consciousness.

By studying the symbolic/psychological meaning and purpose of these rituals, C. G. Jung discovered their potential to operate as pathways into the depths of human consciousness, where he believed the ultimate solution to human suffering resides. He did this by identifying the similarity between the primordial images that appeared in the psyche of his patients and himself and those he had discovered in ancient texts. In this way, Jung unearthed a pattern that offered a symbolic and an empirical approach he named the individuation process.

In this presentation, I will share series of painted dreams and visions related to the Moon Goddess demonstrating the striking similarities between the ancient Mesopotamian and modern symbols. By understanding their symbolic meaning they can point our way to the mystery as they did for our ancestors.

SHEHEREZAD SHASHAANI, M.A., is a Jungian oriented psychotherapist practicing in Santa Monica and Irvine. Born in Iran, she came to the U.S. in 1969. Since then, she has traveled between her native land and the U.S., earning an M.A. in Counseling Psychology with emphasis on Depth Psychology from Pacifica Graduate Institute. Her interest in Jungian psychology and the image-producing function of the psyche led her to travel extensively through her native land, study Persian mythology, and write her thesis on the ancient Persian Moon Goddess Anahita.



October, no lecture

Friday Lecture, November 11, 7:30 PM

GARY S. BOBROFF, M.A.

Our Archetypal Nature

TONI WOLFF, the Swiss analyst and close colleague of Jung, revealed a pair of binary oppositions in the psyche. The "Archetypal Nature" program is a modernization of her system for men and women. Each of Wolff's archetypes reveals a path by which we find fulfillment. They are eternal stories of identity, prisms through which we better our understanding of family and social roles. Given awareness, they can become a portal for generational healing. Consciously recognizing these polarities allows us to project less. We no longer imagine that everyone wants the same things that we do and we become better able give others what they really want. In this introductory lecture, Mr. Bobroff will illustrate Wolff's system through film, television, mythology and culture. Both the Friday lecture and Saturday workshop are presented in a way that is accessible to audiences with no prior exposure to Jung or to the concept of archetypes.

GARY S. BOBROFF, M.A. is the developer and lead facilitator of Archetypal Nature (www.ArchetypalNature.com).

An international speaker, author and workshop leader, he presents in a visual, accessible and engaging form. He has an undergraduate degree in Philosophy from the University of British Columbia, Canada and an M.A. in Psychology from Pacifica Graduate Institute. You can follow his in-depth Jungian writing on modern questions at www.GSBobroff.com.



Saturday Workshop, November 12, 10-3

GARY S. BOBROFF, M.A.

Our Archetypal Nature

Mr. Bobroff fleshes out the unique insights into personality that Toni Wolff discovered. Using film, television, and historic and pop culture examples, he illustrates the qualities that define each archetype and the polarities between them. Together we'll explore the inherent tensions in society, looking at the nature of our relationships to: collective belonging and family; creativity, individuality and Eros; application, self-sufficiency and prowess; comprehension, problem-solving and imagination. Bobroff will point out the possible shadow aspects and highlight the best qualities of each archetype. Attendees will be encouraged to reflect and share their discoveries.

Saturday Party, December 17, 6-9 PM St. Peter's Episcopal Church, Del Mar *Annual Holiday Dinner and "Inner Talents" Show*

WE INVITE ALL members and friends to join us for good food and fellowship at our annual Holiday Dinner. Again this year we invite members and friends to present their inner "talents" to enliven and inspire us on this occasion. Defined as "a characteristic, feature, aptitude or disposition," the talents we invite you to share are those discovered or developed in your personal individuation process. Artwork, music, poetry, spoken word, video or other outer expressions of inner work will be presented in seven minute segments, and artwork will be on display throughout the night. If you would like to make a presentation of your inner work, please send an e-mail by November 10, 2016, briefly explaining your presentation, to info@jung-sandiego.com.

For dinner, please bring a potluck dish to serve 6-8 people. Beverages and desserts will be provided by the Friends of Jung Board. The evening will also include our annual meeting and election of officers. Nominations for the Board of Directors must be submitted in writing by November 10, 2016. If you are on our email list, a notice for the holiday party and election will be sent to you a month before your vote is due. You may respond to this email with your choices of candidate. Nominations can also be made from the floor at the Annual Meeting.

Winter/Spring 2017

Friday Lecture, January 28, 7:30 PM

ELIZABETH NELSON

The Role of Love in the Right Use of Power

CARL JUNG CAPTURES the ambivalence we feel about the exercise of power within loving relationships in this provocative statement: "Where love reigns, there is no will to power; and where the will to power is paramount, love is lacking" (1943, par. 78). This is not true. Worse, it encourages us to ignore, overlook, or disguise issues of power in love relationships or, when we find ourselves engaged in a power struggle with a husband or wife, a child, a sibling, parent, or friend, to believe there's something wrong with us or that love is absent. Quite the opposite: This lecture proposes that almost nothing reveals character more dramatically than



the way we exercise power within love. Then exercising power comes a skillful art because we are obligated to ask bigger questions that include: What am I creating? Who am I serving? and How will I live with the consequences of my choices?

ELIZABETH NELSON is a member of the core faculty and is Dissertation Policy Director at Pacifica Graduate Institute. She has developed and teaches the research curriculum as well as offering courses in dreams, literature, writing, and cultural studies. Dr. Nelson is the author of two books, *The Art of Inquiry: A Depth Psychological Perspective* (Spring Publications, 2005, coauthored with Joseph Coppin) and *Psyche's Knife: Archetypal Explorations of Love and Power* (Chiron, 2012). A professional writer and editor for more than 30 years, she coaches aspiring authors across a variety of genres and styles.

Saturday Workshop, January 29, 10-3

ELIZABETH NELSON

The Role of Love in the Right Use of Power

Saturday's workshop prompts participants to explore the personal relevance of Jung's statement about love and power. Over the course of the day we will explore a select group of styles of power, many of them described by James Hillman (2006), including control, influence, resistance, persuasion, decisiveness, clarity, charisma, and tyranny, to observe how they manifest in both subtle and overt ways at home and at work. The exploration will include dyad and small group work as well as whole-group discussion in a playful, experimental atmosphere. By the end of the day, participants will have greater insight into what styles of power they use most often, which styles are less familiar, and have far greater insight into the ambivalence many of us feel when we imagine the intersection of love and power in our most cherished relationships.

February, no lecture

Friday Lecture, March 24, 7:30 PM

JOHN PORTERFIELD, M.F.T.

The Living Psyche: A Jungian Analysis in Pictures

The psyche consists essentially of images. It is a series of images in the truest sense... a structure that is throughout full of meaning and purpose.

—C. G. Jung

EDWARD EDINGER, who died in 1998, was a psychiatrist and Jungian analyst, a founder of the C. G. Jung Institute of New York, and a senior analyst at the C. G. Jung Institute of Los Angeles.

Directions to:

The Winston School 215 9th Street, Del Mar, CA (858) 259-8155

Located on the southeast corner of 9th Street and Stratford Court

• From the North or South

- Take I-5 to Del Mar Heights Rd.
- Head west on Del Mar Heights Rd. to Pacific Coast Hwy (also called Camino del Mar)
- Turn right onto Camino del Mar and go north about five blocks to 9th Street
- Turn left on 9th street and head west one block to Stratford Ct.

• From the East

- Take I-8 to 805 North until it merges with I-5 North or take 52 West to I-5 North
- Follow the directions for "From the North or South"

• For Parking

- Turn left onto Stratford Court and follow the first driveway to the left uphill behind a school building into the parking lot.
- Please park in the large lot behind the school and save the spaces nearest the entrance for those needing close access.
- A covered, flat walkway along the parking lot leads to the small campus. You will see a grassy area on the right and the auditorium opposite on the left. There are no stair steps between the parking lot and the auditorium.

Directions to:

St. Peter's Episcopal Church 334 14th Street, Del Mar, CA

Follow directions above for The Winston School, but drive six blocks further north along Camino del Mar to 15th Street.

• For Parking

- Park in the lot behind the Church between 14th and 15th Streets or along the side streets.

Join Our E-Mail List!

To receive reminders of lectures, notices of special events not in our annual newsletter, and notices of changes to events, including possible cancellations or location changes, please e-mail us at info@jungsandiego and request to be added to our e-mail list.

Friends of Jung Library

The Friends of Jung Collection is housed at Alliant University, in Scripps Ranch. The volumes are catalogued and integrated into Alliant's Walter Library and each is identified with a "donated by Friends of Jung San Diego" stamp inside and a yellow label on the outside. Members of the public may obtain a San Diego County Library card and use it to check out these and any other Alliant books through the on-line LINKplus system. Check the Resources page of www.jungsandiego.com for a link that enables you to view the contents of the collection. To check out books, click on the "Try LINK+" button next to your selected item. You will be asked to enter your County library card number and password. Your selections will be delivered to the San Diego County Library branch you specify, where you will pick them up.

You may also browse the collection in person at:
Alliant University Walter Library
10455 Pomerado Road
San Diego, CA 92131
Phone (866) 825-5426.
At the Walter Library, submit your current FOJ membership card. The librarian will enter your information into the library's database and place a barcode on the back of your membership card, which you may use to check out books on-site. When a new FOJ membership card is issued, you will need to obtain a new barcode.

Book Donations

Do you have books you would like to donate to Friends of Jung for the book table we offer at each lecture? If so, please contact gary@garymartin.com.

His book *The Living Psyche: A Jungian Analysis in Pictures* (Chiron Publications, 1989) is based on Edinger's ten years of providing analysis for Lloyd Burlingame, a top designer of sets, costumes and lighting for 44 Broadway shows and national operas of the 60's and 70's. Burlingame painted hundreds of watercolor pictures from his dreams in the course of his analysis with Edinger. The 104 paintings in this book, along with the commentaries from Burlingame and Dr. Edinger, provide a rare opportunity to experience the work of an artist and the reality of the living psyche. The paintings touch on all the major themes of the analysis and constitute a remarkable record of analytic experience that ranged from the heights to the depths, from the infernal to the sublime.

In this presentation we will examine 30 powerful paintings that provide an arc and overview of the analytic work, demonstrating the purpose and meaning to be found in a depth analysis. These paintings show how the psyche evolves when the ego seriously engages with and responds to the images and themes presented in dream material and through active imagination.



JOHN PORTERFIELD, M.F.T. and Jungian Analyst, maintains a private practice in the San Fernando Valley, working with individuals and couples. He is a Training Analyst and past President of the C. G. Jung Study Center of Southern California. Prior to this, Porterfield was a writer for daytime television and wrote story projections, outlines and scripts for more than five hundred televised episodes.

Friday Lecture, April 21, 7:30 PM

FRANK DOWLING

*Darwin and Nietzsche,
Jung and Joyce*

IN 1873 CHARLES DARWIN published his most critical edition of *On the Origin of the Species*.



Friedrich Nietzsche, born 1844, would respond to the import of this work by proclaiming, among other things that "God is dead." Carl Jung, born 1875, and James Joyce, born 1882, would engage both Darwin and

Nietzsche as they explored what it is to be human in a post-Darwinian world.

We will spend some time with Jung and Joyce, turn-of-the-century geniuses, as they creatively respond to questions like: How does humankind now find meaning? What transformation is now required of humankind? What experiences ground that transformation? What is humankind's relationship to transcendence now?

FRANK DOWLING's academic career entailed fourteen years of study (after one year of college) while becoming a Jesuit priest. He received Master's degrees in Philosophy, Education, and Theology. Early on he developed a love for Shakespeare and James Joyce and he has pursued this love all his life. Twenty-five years ago he underwent five years of Jungian analysis and since then has tried to let Jung lead him on an inner journey of experience and study. Frank has done several presentations for the San Diego Friends of Jung and one for the C. G. Jung Institute of Los Angeles.

Friday Film, May 19, 7:30 PM

Free Admission

*Marion Woodman:
Dancing in the Flames*

A FILM BY ADAM GREYDON REID
2009, 83 MINUTES

POWERFUL and insightful, this documentary provides a close up look at the life of renowned Jungian Analyst and author, Marion Woodman. With honesty and her trademark wit, Woodman shares the mysteries of her own soul's journey and

reveals a series of psychological "deaths" and "Rebirths" that made her one of the wisest and most authentic women of the twentieth century.



The film features stunning animation from Academy Award winning artist, Faith Hubley, and dialogue and insight from author and mystic, Andrew Harvey. Marion weaves her inner and outer lives together and transmits the core truth of what it is to be human.

The assumption that the human psyche possesses layers that lie below consciousness is not likely to arouse serious opposition. But... there could just as well be layers lying above consciousness... The conscious mind can only claim a relatively central position and must put up with the fact that the unconscious psyche transcends and as it were surrounds it on all sides. Unconscious contents connect it backward with the physiological states on the one hand and archetypal data on the other. But it is extended forward by intuitions which are conditioned partly by archetypes and partly by subliminal perceptions depending on the relativity of time and space in the unconscious.

—C. G. Jung, *Psychology and Alchemy* (1952)

Remembrances

For those who may not have heard, it is with great sadness that we announce the passing of two of our long-time, devoted followers of the teaching and practice of Carl Jung, both active participants in the San Diego Friends of Jung organization. We will miss them both. A celebration of Betty Backus' life was held on December 27 at her home and attended by a number of FOJ members. A celebration of Mary Stephens' life is being planned.

MARY STEPHENS died on May 4, 2016 after a brief illness. Born in Lamar, CO, she started to learn flute in the 5th grade and eventually enrolled in the Music Education program at the University of Colorado. After two years she transferred to Drake University in Des Moines, IA where she graduated with a BA in Music Education. She taught for three years before attending San Jose State for a Master of Fine Arts degree in Music Education. It was there that she met Don Stephens and they were married on October 8, 1960. After accompanying Don to the Arctic Research Lab in Pt. Barrow, Alaska, they returned to San Diego, and their son was born in 1963. Eventually Mary's interests shifted to the visual arts. She became a 40+ year student at the Sumi-e Art School of Washu-Kai, which still continues. Though she graduated in 1992, she continued to paint up to the last days of her life



Mary was one of the original members of Friends of Jung whose relationship with FOJ has been described by member Katie Sanford as "a thread that ran through FOJ from the very beginning." For many years she and her husband, Don, handled all the electronics and taping of lectures.

Ever devoted to FOJ, she consistently fulfilled the prime needs of our organization, which included being a perpetual member of the Program Committee. Even when she was no longer able to attend meetings, she doggedly helped out wherever she could, driving speakers around, answering and forwarding emails, right up until the end of her life. Although in appearance she may have seemed—in the words of many—"a frail bird," she possessed a resilient core of inner toughness. Mary was a true seeker who never abandoned her journey.

ELIZABETH "BETTY" ALLEN BACKUS passed away peacefully at her La Jolla home on November 12, 2015 after a long illness. Born in Coronado, her father was a civil engineer whose work took the family from Venezuela to Mexico and up and down coastal California. By her mid-20s, she had also journeyed through Europe, India, and Japan. She earned bachelor's degrees from UC Berkeley in political science and psychology. In 1962, she married George Backus, a professor of geophysics at UC San Diego. They had three children and divorced in 1970. She and her children traveled to Africa, Mexico, Europe, and to deserts, forests, and mountains of the West Coast. Betty later earned two master's degrees, four certifications, and in her later 70s completed most of a PhD in psychology. She worked in relationship counseling, body and expressive art therapies, and individual depth psychology. She is survived by her longtime partner, Cambridge mathematics professor Michael Longuet-Higgins; her children, Ben, Brian and Emily; seven grandchildren; and all who love her.



FOJ Past Lectures on Youtube.com

Fifteen lectures given by Robert Johnson, Edward Edinger, Christine Dowling, James Hollis and others are now available for listening on FOJ's own Youtube channel. Visit www.youtube.com and type "San Diego Friends of Jung" into the search bar. We hope to upload more of our collection of lecture recordings in coming months.

Volunteers Welcome!

Do you enjoy the Friends of Jung lectures, workshops and fellowship? Why not show your appreciation with a little of your time? We always welcome a little help with—

- Setting up for lectures, cleaning up afterwards
- Bringing home-made baked goods, fruit or other light foods or beverages for the refreshment table
- Helping with our audio-visual equipment set up and/or lecture recording on a "back-up" basis
- Serving as "back up" for other volunteers assisting with registration, the book table and other functions
- Helping out at "special events" when more hands will make the work lighter for all

Contact our Tricia Heras at Triciaheras@gmail.com or 858-231-3043.

The Friends of Jung Membership Application

Statement of Purpose:

To advance the ideas and teachings of psychiatrist, philosopher and writer Carl G. Jung in the San Diego area through educational programs and maintaining a lending library.

Basic Membership benefits:

- Lower admission prices for lectures and workshops (including guest passes for some categories)
- Newsletter with lectures and events
- Library use, reference and loan
- Annual December Holiday Party

Membership Categories:

- | | |
|---|--------|
| <input type="checkbox"/> Benefactor (10 guest passes) | \$500. |
| <input type="checkbox"/> Patron (4 guest passes) | \$250. |
| <input type="checkbox"/> Sponsor (2 guest passes) | \$100. |
| <input type="checkbox"/> Sustaining (1 guest pass) | \$60. |
| <input type="checkbox"/> Couple | \$45. |
| <input type="checkbox"/> Individual | \$30. |
| <input type="checkbox"/> Full-time Student | \$20. |
| <input type="checkbox"/> Senior Citizen (65 and up) | \$20. |
| <input type="checkbox"/> Non-member newsletter | \$5. |

The Friends of Jung is a tax-exempt organization under Section 501(c)(3) of the Internal Revenue Service Code. Consult your tax advisor for further information.

Mail membership fee to:

**Friends of Jung Membership,
P.O. Box 2363, Del Mar, CA 92014-1663**

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ New _____ Renewal _____

E-mail address _____

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Del Mar, CA 92014-1663
Return Service Requested

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