

The Friends of Jung

NEWSLETTER AND LECTURE SCHEDULE

Fall 2017–Spring 2018

Volume 40, Number 1

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Welcome from Our President

WITH THE PUBLICATION of the current F.O.J. newsletter announcing upcoming public lectures and workshops, I observe with a sense of wonder how much Jung's contribution to the understanding of the human psyche has evolved within my lifetime. In the mid-1940s when my husband and I became involved in Jungian Psychology, Jung's approach to the creative/destructive dynamics of the inner world of the psyche was little recognized. At that time there were only a handful of Jungian analysts clustered in the Los Angeles area, while here in San Diego there were no available resources or support for those interested in Jungian psychology.

We few individuals here in San Diego who became involved in Jungian analyses found it could be a very isolating experience. A half dozen individuals brought together by a mutual interest in Jungian psychology began regular meetings in my husband's office to explore Jung's approach to the inner world of the psyche as manifested in our personal struggles. In this little group the seeds were planted, before a more comprehensive acceptance of Jung's work became available, when in 1965 Jack Sanford arrived to serve the ministry of St. Paul's Episcopal Church here in San Diego.

Jack's interest in Depth Psychology found expression in his sermons and other church services. For many in the congregation, Jung's psychological insights presented by Jack spoke to a deep spiritual hunger and fed a growing interest in Jungian psychology. The church library had a section on Jungian psychology and a program of regular lectures was presented. Out of this growing interest in making Jungian psychology available to the public at large, the San Diego Friends of Jung, as we know it today, was created.

Having been involved in the birth pangs of the organization from its inception and having participated in its ongoing development with all its personal and organizational complications over the years, whether serving on the board, working with the program committee, or delivering lectures, I view the overall experience as valuable beyond measure. The deeply developed working relationships, friendships with interesting lecturers one would never meet otherwise, plus involvement with an interesting community, presented an opportunity for personal enrichment and growth. What an introvert's paradise, with an occasional serpent to keep things lively!

Now at the ripe old age of 100 years, I can no longer actively participate in the ongoing activities of The Friends of Jung but give my blessings to the younger people who continue to make the richness of this organization and these lectures possible.

Jung realized that to prevent being swept into the mob psychology of one's chaotic times, a social group, formed of more introspective individuals joined together in the unconscious by their common interest in psychology, where they could exchange views and find companionship, is critical. As we attempt to navigate the eruption of psychic upheaval that now threatens to engulf the world, Jung's observation that "The world hangs on a thread, and that is the psyche of man" is more relevant than ever before.

—Katie Sanford, President



THE FRIENDS OF JUNG

P.O. Box 2363, Del Mar, CA 92014-1663

New email, info@jungsandiego.org, New web site: www.jungsandiego.org

Event Locations

Friday evening lectures are held at the Winston School in Del Mar (except as noted). Directions to the Winston School are on the opposite page.

Event Information

- Friday lectures start at 7:30 PM
- Coffee, tea and refreshments are available before each Friday lecture starting at 7 PM.
- Saturday workshops are held from 10 AM to 3 PM (except as noted).
- Please note that CEU's (continuing education units) are no longer available for our events
- LECTURE FEES:
\$15 FOJ members
\$17 Full-time students and Senior citizens (65+)
\$20 Non-members

Workshop Registration

The workshop by Jerome Bernstein will be held at the home of Katie Sanford in Del Mar, CA. Instructions for the day and parking recommendations will be sent upon receiving your registration. Space is limited so please sign up early. **Other workshop locations will be announced on our website, jungsandiego.org or email info@jungsandiego.org.** To register please mail your name, address, phone, e-mail address, the title and date of the workshop you wish to attend, and a check payable to "Friends of Jung" to:

**Friends of Jung, P.O. Box 2363
Del Mar, CA 92014-1663**

Workshop Fees are:

\$50 for members

\$60 for non-members

A volunteer will e-mail or call to confirm your reservation and provide directions to the workshop location.

Receiving this Newsletter

Members receive our newsletter as part of their membership. It's also sent to non-members for an annual donation of \$5. Send checks to The Friends of Jung, P.O. Box 2363, Del Mar, CA 92014-1663.

FALL 2017—SPRING 2018 PROGRAM

Fall/Winter 2017

Friday Lecture, September 15, 7:30 PM

JULIE SGARZI

Stuck Frozen, Immobilized: Finding Meaning in Psyche

WHAT IS HAPPENING when we feel utterly stuck—in our lives or on a project? Is there meaning in these feelings of paralysis that arise so frequently? What is needed to reawaken our energetic nature?

Inevitably, there are times when we each feel stuck—unable to live fully and connect with the creative nature of Psyche and the energies needed to animate and propel us into life. In this talk



and discussion, we will investigate how Psyche immobilizes and frees, exploring the vital place of image and symbol in reconnecting with the unconscious and transforming what once was hopelessly stuck.

JULIE SGARZI, PH.D., holds a doctorate in depth psychology, and lectures and writes on contemporary issues from a Jungian and depth-psychological perspective. She is a resident of both South Bristol, Maine and Los Angeles and a member of the Maine Jung Center's Program Committee. Julie is a past board member of the Philemon Foundation and Opus Archives at Pacifica Graduate Institute. She is also a Board member of Look What She Did! (www.lookwhatshedid.com—which captures stories by women about women who inspire them) where she spoke about Los Angeles Analyst Gilda Frantz.

Friday Lecture, November 3, 7:30 PM

JEROME BERNSTEIN

Global Climate Change: The Dominion Psyche and the Psyche Left Behind

OUR CURRENT ISSUES with climate change are a symptom of the evolution of the Western psyche and its dissociation from spirit—a spectrum of reality that is beyond the rational. This development of Western consciousness began with expulsion from the Garden of Eden. By contrast, the "psyche left behind" is much in evidence in native psyches, such as that of the Navajo.

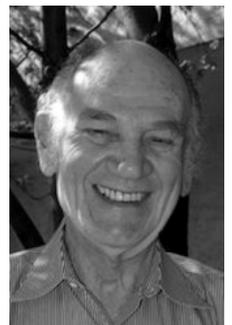
Building on Jungian theory, Jerome Bernstein argues that the greater openness to transrational reality experienced by "Borderland personalities" allows new possibilities for understanding and healing confounding clinical and developmental enigmas. Bernstein sees the structure of our western psyche evolving in a way that is allowing our overspecialized ego to connect once again with its natural psychic roots in nature.

Saturday Workshop, November 4, 10–3

JEROME BERNSTEIN

Global Climate Change: The Dominion Psyche and the Psyche Left Behind

OUR WORKSHOP discussion will elaborate the broad concept of "Borderland" consciousness, and how that palpable dimension of consciousness/reality is endeavoring to provide a compensation to the overspecialized "Dominion" psyche. The difficult challenge of establishing dialogue between the Dominion Psyche and the Psyche-Left-Behind (the Reciprocity Psyche) will be explored. Specific applications of Jung's theories along with those of Quantum mechanics will be discussed. Attendee participation is strongly encouraged.



JEROME BERNSTEIN, MA, NCPsyA, is a Jungian analyst in private practice in Santa Fe, New Mexico and is a Diplomate of the American Psychotherapy Association. He provides lectures and seminars nationally and internationally on Borderland Consciousness and the psychic and clinical bridges between American Indian (and other indigenous groups) and western healing modalities.

Winter/Spring 2018

Friday Lecture, January 19, 7:30 PM

DENNIS SLATTERY

Being Called to a "Cohearant" Life

I did not know that I was living a myth, and even if I had known it, I would not have known what sort of myth was ordering my life without my knowledge.

—C. G. Jung, *Symbols of Transformation*.

THE WORD "COHEARANT" is intentionally misspelled to convey the sense of being called to a coherent life. There is no set or prescribed or predictable time in one's life to be called; one must first hear the call, then respond to it. Some refuse the call. But it is certain that we are all called, not once but many times, to a work. This presentation will explore how this calling is connected to a mythic consciousness, to a patterned life of value and meaning.



Saturday Workshop, January 20, 10–3

DENNIS SLATTERY

Exploring Your Personal Myth

THERE ARE A VARIETY of areas of life through which to explore one's personal myth. Using several "Riting Meditations" from my book, *Riting Myth, Mythic Writing: Plotting Your Personal Story*, we will engage in a series of writing meditations to bring each participant closer to some of the terms of one's own mythos. We will write in long hand in journals, so do not bring laptops for this work-

shop. We will speak about the psychological benefits of long-hand writing over typing. I will not call on any participant to read but will invite members to do so if they choose. I also hope to bring a handful of copies of the above book for purchases so you can continue your exploration for months to come.

DENNIS PATRICK SLATTERY, PH.D. teaches in the Mythological Studies Program at Pacifica Graduate Institute in Carpinteria. He is the author, coauthor, editor or coeditor of 27 volumes, including six volumes of poetry and one co-authored novel. He has also published over 200 articles in newspapers, magazines, journals and on line publications. He is finishing a book on Homer's *Odyssey*, has contributed seven essays to a volume on the creative process and is co-editing the letters of Joseph Campbell. He offers *riting* personal myth retreats in the United States, Canada and Europe.

Friday Lecture, March 23, 7:30 PM

JANET BLASER

The Face of An Instinct: Animal Dream Symbolism

If every individual had a better relationship with the animal within, he would also set a higher value on life. Life would be the absolute, the supreme moral principle, and he would react instinctively against any institution or organization that had the power to destroy life on a large scale.

—Carl Jung, *Civilization in Transition*

WHEN AN ANIMAL appears in a dream it brings an invitation to enter into its world, to connect with its nature. If we accept this invitation we may discover a new relationship to our often-neglected instincts. Becoming a modern individual necessitates a certain distance from the instincts. However, we can become one-sided, living mostly through the mind. This imbalance is a disconnection from one's true nature, causing suffering from the loss of meaning.

The dream of the animal is the face of the instinct. The task is to interpret the animal as



Directions to:

The Winston School

215 9th Street, Del Mar, CA
(858) 259-8155

Located on the southeast corner of 9th Street and Stratford Court

• From the North or South

- Take I-5 to Del Mar Heights Rd.
- Head west on Del Mar Heights Rd. to Pacific Coast Hwy (also called Camino del Mar)
- Turn right onto Camino del Mar and go north about five blocks to 9th Street
- Turn left on 9th street and head west one block to Stratford Ct.

• From the East

- Take I-8 to 805 North until it merges with I-5 North or take 52 West to I-5 North
- Follow the directions for "From the North or South"

• For Parking

- Turn left onto Stratford Court and follow the first driveway to the left uphill behind a school building into the parking lot.
- Please park in the large lot behind the school and save the spaces nearest the entrance for those needing close access.
- A covered, flat walkway along the parking lot leads to the small campus. You will see a grassy area on the right and the auditorium opposite on the left. There are no stair steps between the parking lot and the auditorium.

Join Our E-Mail List!

To receive reminders of lectures, notices of special events not in our annual newsletter, and notices of changes to events, including possible cancellations or location changes, please e-mail us at info@jungsandiego and request to be added to our e-mail list.

Friends of Jung Library

The Friends of Jung Collection is housed at Alliant University, in Scripps Ranch. The volumes are catalogued and integrated into Alliant's Walter Library and each is identified with a "donated by Friends of Jung San Diego" stamp inside and a yellow label on the outside. Members of the public may obtain a San Diego County Library card and use it to check out these and any other Alliant books through the on-line LINKplus system. Check the Resources page of www.jungsandiego.com for a link that enables you to view the contents of the collection. To check out books, click on the "Try LINK+" button next to your selected item. You will be asked to enter your County library card number and password. Your selections will be delivered to the San Diego County Library branch you specify, where you will pick them up.

You may also browse the collection in person at:
Alliant University Walter Library
10455 Pomerado Road
San Diego, CA 92131
Phone (866) 825-5426.
At the Walter Library, submit your current FOJ membership card. The librarian will enter your information into the library's database and place a barcode on the back of your membership card, which you may use to check out books on-site. When a new FOJ membership card is issued, you will need to obtain a new barcode.

Book Donations

Do you have books you would like to donate to Friends of Jung for the book table we offer at each lecture? If so, please contact gary@garymartin.com.

Join Our E-Mail List!

To receive reminders of lectures, notices of special events not in our annual newsletter, and notices of changes to events, including possible cancellations or location changes, please e-mail us at info@jungsandiego.com and request to be added to our e-mail list.

archetype and to apply its meaning to one's process. This class will be an exploration of animal symbolism through Jungian dream analysis.

JANET BLASER, MA, MFT is a Marriage and Family Therapist with offices in San Pedro and Santa Monica, CA. She is a graduate of Pacific Graduate Institute and has been in private practice for over ten years. She specializes in treating relationship issues, mood disorders, and child and adolescent issues. She acts as a guide and support to individuals seeking to resolve personal issues and engaging in the work of self-discovery. Ms. Blaser received a certificate as a Jungian Analyst in 2016 from the International Association of Analytical Psychology. She is also certified as a Practitioner from Sandplay Therapists of America.

Friday Film, April 6, 7:30 PM

An Archetypal Journey into Life: a Film interview with Katie Sanford

Friends of Jung will be honoring Katie Sanford's 100th birthday with a showing of the documentary film interview with her, produced by the C. G. Jung Institute of Los Angeles. As told by Katie Sanford at age 98, this interview shares a life time struggle of survival in her journey through the shadow land of the psyche in search of healing the archetypal Mother wound. With the traumatic death of her mother, Katie's developing personality split apart and, as a lost soul, she was left wandering through the wasteland of deadly conventionality. The neurotic suffering of a meaningless life led Katie to seek Jungian analysis in her early 30s, opening a pathway through the underworld of the psyche to a reconstructive relationship to the archetypal Great Mother, the very foundation of the feminine psyche, and her own authentic individuation process with all its creative challenges. Her formal education was interrupted by early marriage and pregnancy. At age 60 Katie returned to college to earn a BA degree in psychology and became certified as a Jungian analyst. Katie continues to be actively involved with the San Diego Friends of Jung as well as her personal practice and study group. During the interview Jungian analyst Katie Sanford shares her personal narrative, her psychic odyssey, and details of how Jungian analysis saved her life.

Following the film there will be a discussion

with Jungian analyst Christofe Le Mouël. Dr. Le Mouël, PhD, is a quantum physicist who did research for several years in France and in Greece and also worked for the National Center for Nuclear Energy in Paris, France. He moved to the United States in 2007 and is currently the executive director of the C. G. Jung Institute of Los Angeles. He has lectured on the connection of depth psychology and physics in Europe and in the United States.

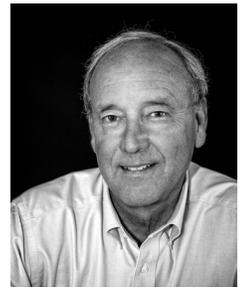
Cost: \$5 for members and non-members.

Friday Lecture, May 11, 7:30 PM

EVANS LANSING SMITH

The Grail Romances of the Middle Ages

THIS LECTURE WILL FOCUS on those archetypal figures from the Medieval Romances of Chrétien de Troyes, Wolfram von Eschenbach, and Gottfried von Strassburg that galvanized the interests of both C. G. and Emma Jung in the mythologies of the Grail. Since their writings on the subject, the Romances have remained central to Jungian discourse, as evidenced by the writings of Heinrich Zimmer, Marie-Louise von Franz, Edward Whitmont, and Robert Johnson. Using abundant slide images, the presentation focuses on the individuation process in the Romances—the movement from complex, to archetype, to images of the Grail and the divine feminine, a dynamic illustrated by detailed analysis of the stories of Yvain, Lancelot, Gawain, and Parzival.



Saturday Workshop, May 12, 10–3

EVANS LANSING SMITH

The Grail Romances of the Middle Ages

THE NOTED LITERARY CRITIC Howard Bloom once quipped that Freud was Shakespeare in prose. Following his lead, one might say that Jung is Wolfram von Eschenbach in prose. All the great themes of Jungian psychology are present in Eschenbach's splendid poem, Parzival, of 1220, written some 800 years before depth psychology was born. It offers the most spectacular version of the Grail quest in

all of European literature, along with some of the most sophisticated portrayals of love and the dynamics of the individuation process catalyzed by relationship. Joseph Campbell argued that Parzival was the single greatest poem of the Middle Ages, surpassing even Dante's Divine Comedy. Campbell celebrated what he called the "secularized mythology" expounded by Eschenbach—meaning the interpretation of the great themes of myth as symbols of the psychological and spiritual growth of the individual—independent of ecclesiastical and political jurisdiction. Our workshop will focus on the archetypal images of that mythology in the Medieval Romances of both Wolfram and Chrétien of Troyes, whose works interested both C. G. and Emma Jung in the mythologies of the Grail.

EVANS LANSING SMITH, PH.D., is Core Faculty member and Chair of the Mythological Studies Program at the Pacifica Graduate Institute. He has degrees from Williams College, Antioch International, and The Claremont Graduate School, and is the author of ten books and numerous articles, with an emphasis on the mythologies of the underworld. He has taught at colleges in Switzerland, Maryland, Texas, and California. In the late 1970s, he traveled with Joseph Campbell on study tours of Northern France, Egypt, and Kenya, with a focus on the Arthurian Romances of the Middle Ages and the Mythologies of the Ancient World. His edition of Joseph Campbell's writings on the Grail Romances will be published in November.

Not for a moment dare we succumb to the illusion that an archetype can be finally explained and disposed of. Even the best attempts at explanation are only more or less successful translations into another metaphorical language. (Indeed, language itself is only an image.) The most we can do is dream the myth onwards and give it a modern dress. And whatever explanation or interpretation does to it, we do to our own souls as well, with corresponding results for our own well-being. The archetype — let us never forget this — is a psychic organ present in all of us. A bad explanation means a correspondingly bad attitude toward this organ, which may thus be injured. But the ultimate sufferer is the bad interpreter himself.

— Carl Jung, *The Psychology of the Child Archetype* [Das göttliche Kind] (1941), 1963 translation, II, 1 : The Archetype as a Link with the Past; also in *Collected Works*, Vol. 9, Part I, p. 160

We are living in what the Greeks called the right time for a "metamorphosis of the gods," i.e. of the fundamental principles and symbols. This peculiarity of our time, which is certainly not of our conscious choosing, is the expression of the unconscious man within us who is changing. Coming generations will have to take account of this momentous transformation if humanity is not to destroy itself through the might of its own technology and science.

—Carl Jung, *The Undiscovered Self*(1958)

FOJ Past Lectures on Youtube.com

Fifteen lectures given by Robert Johnson, Edward Edinger, Christine Dowling, James Hollis and others are available for listening on FOJ's own Youtube channel. Visit www.youtube.com and type "San Diego Friends of Jung" into the search bar. We hope to upload more of our collection of lecture recordings in the future.

Volunteers Welcome!

Do you enjoy the Friends of Jung lectures, workshops and fellowship? Why not show your appreciation with a little of your time? We always welcome a little help with—

- Setting up for lectures, cleaning up afterwards
- Bringing home-made baked goods, fruit or other light foods or beverages for the refreshment table
- Helping with our audio-visual equipment set up and/or lecture recording on a "back-up" basis
- Serving as "back up" for other volunteers assisting with registration, the book table and other functions
- Helping out at "special events" when more hands will make the work lighter for all

Contact our Tricia Heras at Triciaheras@gmail.com or 858-231-3043.

The Friends of Jung Membership Application

Statement of Purpose:

To advance the ideas and teachings of psychiatrist, philosopher and writer Carl G. Jung in the San Diego area through educational programs and maintaining a lending library.

Basic Membership benefits:

- Lower admission prices for lectures and workshops (including guest passes for some categories)
- Newsletter with lectures and events
- Library use, reference and loan

Membership Categories:

<input type="checkbox"/> Benefactor (10 guest passes)	\$500.
<input type="checkbox"/> Patron (4 guest passes)	\$250.
<input type="checkbox"/> Sponsor (2 guest passes)	\$100.
<input type="checkbox"/> Sustaining (1 guest pass)	\$60.
<input type="checkbox"/> Couple	\$45.
<input type="checkbox"/> Individual	\$30.
<input type="checkbox"/> Full-time Student	\$20.
<input type="checkbox"/> Senior Citizen (65 and up)	\$20.
<input type="checkbox"/> Non-member newsletter	\$5.

The Friends of Jung is a tax-exempt organization under Section 501(c)(3) of the Internal Revenue Service Code. Consult your tax advisor for further information.

Mail membership fee to:

**Friends of Jung Membership,
P.O. Box 2363, Del Mar, CA 92014-1663**

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ New _____ Renewal _____

E-mail address _____

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Del Mar, CA 92014-1663
Return Service Requested

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