WITH SADNESS we acknowledge the life and passing of Katie Sanford, a vibrant woman who dedicated her long life to the reality of the psyche through the Depth Psychology of Carl Jung. As many of you know, she was our Board President, our mentor and our friend, and we feel the pain of losing her mighty spirit. She turned 100 years old last June, and to the very end she plumbed the depths of the human soul, in herself and countless others. She still counseled clients till four days prior to her death.

Katie, a resident of Del Mar for the last 67 years, was predeceased by her husband, Dr. Wilbur R. Sanford (Sandy). Katie and Sandy, became involved in Jungian Psychology in the mid-forties and were Founding Members of the San Diego Friends of Jung. Along with other like-minded individuals, they were involved in creating our organization by working through the initial ups and downs, and sustaining its evolution by inviting outstanding lecturers, encouraging stimulating discussions and creative workshops on varied topics relating to Carl Jung’s theories.

Those of us who knew Katie marveled at her many contributions, and her goal of searching out every opportunity for personal growth and enrichment. She taught us to find the lighthouse beacon of our souls casting a light on our strengths and weaknesses. She loved interpreting dreams and studying archetypes. One of her favorite metaphors was teaching us to see the world and relationships like a blind man feels the many different parts of an elephant. She had many friends from all walks of life and from all corners of the world.

Katie wasn't always serious either. We recently learned lots of sweet stories of her childhood—she roller-skated to school, loved the freedom of wondering around nearby woods while growing up, and received her Junior Lifeguard certificate. Having a continuously inquiring mind, in the last few months of her life, she developed a strong interest in Quantum Physics, Judaism, and the Old Testament—who would have thought!

Katie and Sandy Sanford raised three children, loved camping and sailing, and had a particular love and interest in the Hopi Indians. They leave behind their two sons, Bill Sanford of Seattle and Jim Sanford of Omaha, their daughter, Lynette Walker of Vancouver, B.C., and their adult grandchildren and their children. Her family gratefully acknowledge the exceptional gentle care and attention given their mother by Elizabeth Hospice in San Diego. Katie will be sadly missed by her family and her wide circle of friends all dedicated to the arduous task of developing consciousness.

In Memorium
Katherine (Katie) Mavis Sanford
June 13, 1917—October 13, 2017
**Event Locations**
Friday evening lectures are held at the Winston School in Del Mar (except as noted). Directions to the Winston School are on the opposite page.

**Event Information**
- Friday lectures start at 7:30 PM
- Seating and book table open from 7:00 to 7:25 PM.
- Water is provided.
- Saturday workshops are held from 10 AM to 3 PM (except as noted).
- Please note that CEU's (continuing education units) are no longer available for our events
- **LECTURE FEES:**
  - $15 FOJ members
  - $17 Full-time students and members
  - $20 Non-members

**Workshop Registration**
Workshop locations will be announced on our website, jungsandiego.org or email info@jungsandiego.org.

To register please mail your name, address, phone, e-mail address, the title and date of the workshop you wish to attend, and a check payable to “Friends of Jung” to:
Friends of Jung, P.O. Box 2363
Del Mar, CA 92014-1663
Workshop Fees are:
- **$50 for members**
- **$60 for non-members**
A volunteer will e-mail or call to confirm your reservation and provide directions to the workshop location.

**Receiving this Newsletter**
Members receive our newsletter as part of their membership. It’s also sent to non-members for an annual donation of $5. Send checks to The Friends of Jung, P.O. Box 2363, Del Mar, CA 92014-1663.

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**Fall 2018—Spring 2019 Program**

### Fall/Winter 2018

#### Friday Lecture, September 28, 7:30 PM

**SARA DENNIS**  
*The Call of the Rainmaker*

WE SEEM TO BE in a time of uncertainty. What do we do when our typical shelters of safety no longer appear to protect us or hold back our fears of disaster? I will be looking at how we retain hope and what each of us as individuals can do when chaos reigns. In exploring these questions, I use my dreams, poems and reflections as well as the wisdom of C. G. Jung and Marie-Louis von Franz who also lived through times of great confusion.

I explore the value of “the detour,” in Jung’s words, and the hopeful signs of a new feminine thread to guide us home. In discovering the wisdom of the rainmaker story, there is hope that each of us can stay connected to the whole, where a new Weltanschauung may emerge.

SARA DENNIS, Psy. D. is a Clinical Psychologist and Jungian Analyst who is a graduate of Fuller School of Psychology and has been in private practice for over 25 years, with an office in South Pasadena, CA. She specializes in working with people who are stuck in their lives, who are depressed, or who have had traumatic life experiences. She works with people’s dreams and uses sand play in her practice with children and adults. She has lectured on dreams, typology and sand play, and published in *Psychological Perspectives*.

#### Friday Lecture, November 2, 7:30 PM

**PHIL COUSINEAU**  
*The Secret Life and Death of Sisyphus*

Surely, Sisyphus was an idealist, wasn’t he?  
— C. G. Jung, from a letter to Hans Schmid Gusisan

**THE MYTH OF SISYPHUS** is one of the most well-known, yet misunderstood and under appreciated stories from classical times. Since antiquity the image of the condemned King of Corinth putting his shoulder to the boulder for the rest of eternity has been used as a cautionary tale. But a closer look reveals insights into the archetypal struggle between life and death, as well as invaluable glimpses into the dynamics of the creative struggle.

Through a blend of slides, movie clips, political cartoons, and classical references (Homer, Sophocles, Ovid), this lecture will explore Jung’s themes in the Sisyphean myths, such as the struggle for consciousness, the enigma of human suffering, and the urge to transcendence. To bring us into modern times, we will explore Rollo May’s belief that the myth of Sisyphus is an antidote to the isolating and despairing American Myth of Success (as in *The Great Gatsby*), and the philosopher Albert Camus’ bold conclusion (at the end of his essay, “The Myth of Sisyphus”) that “The struggle itself towards the heights is enough to fill a man’s heart. One must consider Sisyphus happy.”

#### Saturday Workshop, November 3, 10–3

**PHIL COUSINEAU**  
*The Sisyphean Approach to Life-Long Creativity*

All mythical figures correspond to inner psychological experience.
— C. G. Jung

AS JUNG’S work *The Red Book* became a vital symbol of the soul’s renewal out of the destruction of World War I, the French philosopher and Resistance leader Albert Camus’ essay, “The Myth of Sisyphus” represents the indomitable strength of the human spirit during World War II. We will explore the surprising richness of archetypal images contained in the Sisyphean story—from Hades and Persephone to Odysseus and Penelope—emphasizing their relevance to the necessity and inevitability of the creative struggle when the goal is not only truth and originality, but also commitment to discipline and devotion to the task.

Through a combination of slides, movie clips, discussion, and writing exercises, we will explore the soul-making aspects of creativity...
and provide participants with a series of life-long practices designed to elicit what F. Scott Fitzgerald called “the deeper satisfactions that come out of struggle,” including newfound meaning and the joy of creating something that will contribute to the common weal.

PHIL COUSINEAU is a writer, teacher, editor, independent scholar, documentary filmmaker, travel leader, youth sports coach, and storyteller. His life-long fascination with art, literature, and the history of culture has taken him on many journeys in a search of what the ancients called the soul of the world. He lectures frequently around the world and has published over 35 nonfiction books, including the best-seller *The Art of Pilgrimage* and *Stoking the Creative Fires*, and the upcoming novel, *The Lost Notebooks of Sisyphus*. He has more than 25 script writing credits to his name, including *The Hero’s Journey: The World of Joseph Campbell*, and the Oscar-nominated *Forever Activists: Stories from the Abraham Lincoln Brigade*. His work on mythology in the modern world includes interviews for Warner Brothers, Twentieth-Century Fox, the BBC, CNN-International, and a four-part series for the Smithsonian Channel and Major League Baseball. Currently he is host of “Global Spirit,” which airs on PBS and Link TV, and streams on the web at www.globalspirit.tv.

**Winter/Spring 2019**

**Friday, January 25, 2019, 7:30 PM**

JOHN BEEBE  
*Constructing Cultural Attitudes Through Psychological Types*

C. G. JUNG’S THEORY of psychological type offers us tremendous insight into ourselves and others, yet people who are identical in type may still approach the world with very different attitudes and assumptions. How we make sense of the world seems to involve emotional investments and intellectual frameworks that tie to, but also go beyond, type.

Joseph Henderson, a co-author with Jung of *Man and His Symbols*, worked on this problem in his *Cultural Attitudes in Psychological Perspective*. Henderson observed that different people reference different cultural values as they engage with the world around them. He called these the social attitude, the religious attitude, the philosophical attitude, the aesthetic attitude, and, a relative latecomer that informed much of Jung’s work, the psychological attitude.

Using illustrative clips from recent and classic films, John Beebe will lead us in exploring these orientations toward what is offered already by our culture. Participants will take away a new way of observing and understanding themselves and others.

**Saturday Workshop, January 26, 10–3**

JOHN BEEBE  
*Cultural Attitudes as Creative Adaptations to Challenging Circumstances*

IN THIS WORKSHOP, we’ll look at our cultural attitudes in depth and explore how they impact our lives and relationships. We’ll also look at the interplay between psychological type and cultural attitudes. Dr. Beebe will lead us in exploring the implications of the cultural attitudes for therapy and we’ll also explore whether it is possible or desirable to try to develop the attitudes that we do not naturally prefer and whether we should work in parenting or therapy to foster the development of the cultural attitudes.

Using examples of his own as well as examples volunteered by participants, Dr. Beebe will demonstrate what it means to do psychotherapy employing each of the different cultural attitudes. We’ll use some additional film clips to learn to identify and respond to the cultural attitudes, appreciating their power and noting their limitations.

JOHN BEEBE is a Jungian analyst and psychiatrist who specializes in psychotherapy. He is the author of *Integrity in Depth and Energies and Patterns in Psychological Type*, co-author, with Virginia Apperson, of *The Presence of the Feminine in Film*, and co-editor, with Ernst Falzeder, of *The Question of Psychological Types*. Beebe’s eight-function, eight-archetype model of type is widely studied and applied in the field. He has spearheaded a Jungian typological approach to the analysis of film.

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**Directions to:**  
The Winston School  
215 9th Street, Del Mar, CA  
(858) 259-8155  
Located on the southeast corner of 9th Street and Stratford Court  
• From the North or South  
  - Take I-5 to Del Mar Heights Rd.  
  - Head west on Del Mar Heights Rd. to Pacific Coast Hwy (also called Camino del Mar)  
  - Turn right onto Camino del Mar and go north about five blocks to 9th Street  
  - Turn left on 9th street and head west one block to Stratford Ct.  
• From the East  
  - Take I-8 to 805 North until it merges with I-5 North or take 52 West to I-5 North  
  - Follow the directions for “From the North or South”  
• For Parking  
  - Turn left onto Stratford Court and follow the first driveway to the left uphill behind a school building into the parking lot.  
  - Please park in the large lot behind the school and save the spaces nearest the entrance for those needing close access.  
  - A covered, flat walkway along the parking lot leads to the small campus. You will see a grassy area on the right and the auditorium opposite on the left. There are no stairs between the parking lot and the auditorium.

**Join Our E-Mail List!**  
To receive reminders of lectures, notices of special events not in our annual newsletter, and notices of changes to events, including possible cancellations or location changes, please e-mail us at info@jungsandiego and request to be added to our e-mail list.
Friends of Jung Library

The Friends of Jung Collection is housed at Alliant University, in Scripps Ranch. The volumes are catalogued and integrated into Alliant’s Walter Library and each is identified with a “donated by Friends of Jung San Diego” stamp inside and a yellow label on the outside. Members of the public may obtain a San Diego County Library card and use it to check out these and any other Alliant books through the online LINKplus system. Check the Resources page of www.jungsandiego.com for a link that enables you to view the contents of the collection. To check out books, click on the “Try LINKplus” button next to your selected item. You will be asked to enter your County library card number and password. Your selections will be delivered to the San Diego County Library branch you specify, where you will pick them up.

You may also browse the collection in person at:
Alliant University Walter Library
10455 Pomerado Road
San Diego, CA 92131
Phone (866) 825-5426.

At the Walter Library, submit your current FOJ membership card. The librarian will enter your information into the library’s database and place a barcode on the back of your membership card, which you may use to check out books on-site. When a new FOJ membership card is issued, you will need to obtain a new barcode.

Book Donations

Do you have books you would like to donate to Friends of Jung for the book table we offer at each lecture? If so, please contact gary@garymartin.com.

Join Our E-Mail List!

To receive reminders of lectures, notices of special events not in our annual newsletter, and notices of changes to events, including possible cancellations or location changes, please e-mail us at info@jungsandiego and request to be added to our e-mail list.

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Friday Lecture, March 15, 7:30 PM
CRAIG STEPHENSON
A Jungian Interpretation of Grimm’s “Bearskin”: A Soldier’s Story of Trauma and Transcendence

The BROTHERS GRIMM took up a story by Grimmelhausen, the 17th century German writer, and combined it with a traditional folk-tale to create “Bearskin,” the story of a soldier who returns from a war, no longer has a job, and finds himself bargaining for his life with a cloven-hoofed trickster. In their version, the soldier puts on the devil’s green jacket which will provide him with money during a seven-year trial, but over the green jacket he must wear an odious bearskin cloak. The Brothers Grimm’s revised story chronicles the test of endurance that the protagonist must undergo in order to re-enter human society. The lecture will connect the Grimm’s narrative to current issues about PTSD and combat trauma.

Saturday Workshop, March 16, 10–3
CRAIG STEPHENSON
A Jungian Interpretation of Grimm’s “Bearskin”, a Soldier’s Story of Trauma and Transcendence

The Grimm’ tale, “Bearskin,” recounts how a discharged soldier returns home to a hard-hearted society. It is a tale of betrayal and bankruptcy, of a moment when soldiering on no longer works, and of possibilities opening within long, slow and lonely processes of transformation. This workshop is suitable for anyone keen on exploring the tale through movement, art, enactment, and quiet reflection. We will warm up, enact, and then discuss the story “Bearskin”. Please wear comfortable clothing for moving.

Craig E Stephenson Ph.D./L.P. is a graduate of the C. G. Jung Institut Zürich, the Institut für Psychodrama auf der Grundlage der Jung-schen Psychologie, Zumikon, and the Centre for Psychoanalytic Studies, University of Essex.

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Friday Lecture, April 5, 7:30 PM
JULIE SgarZI
Eros at Your Table

WELCOME EROS, the god of relationship and life-spirit, into your home as an invisible yet inspiring guest. During this time together, we will explore the “erotic” archetype as embodied in the divine Eros, when all the senses are fully integrated and awakened in service to the intentional cultivation of hospitality, relationship, and a celebration of beauty. The myth of Philemon and Baucis will serve as a grounding thread for the evening, as we discuss the alchemy that exists in preparing and sharing a meal with friends, family or even strangers. We will explore how imagination, generosity, and ambience combine to transform ordinary moments into rich, sensuous opportunities to feast with the gods, when inspired by the presence of Eros and Psyche.

Julie Sgarzi, Ph.D. holds a doctorate in depth psychology and lectures and writes on contemporary issues from a Jungian and depth-psychological perspective. She is a resident of both South Bristol, Maine and Los Angeles and a member of the Maine Jung Center and the Los Angeles Analytical Psychology Club. Julie is a past Board member of the Philemon Foundation and Opus Archives at Pacifica Graduate Institute. She is also a Board member of Look What SHE Did!, a video archive of women telling the stories of amazing women who inspire them. Julie spoke about women who inspire them. Julie spoke about Los Angeles Analyst Gilda Frantz (www.lookwhatsheid.com).
A Message from the
Friends of Jung Program Committee

HOW DID YOU LEARN about San Diego Friends of Jung?

• Have you been a member since the founding of the organization in the early 1970s and the first days with meetings at the Front Street office and bookstore or lectures at St. Paul’s Episcopal Cathedral?

• Did you come to a lecture because you knew the speaker or learned that one of your professors from Pacifica Graduate Institute was going to present a talk or workshop?

• Have you been studying psychology and found yourself curious about the unconscious and psychological types?

However you learned about FOJ you have discovered that we are an “all volunteer organization” whose Statement of Purpose is: “to advance the ideas and teaching of psychiatrist, philosopher and writer Carl G. Jung in the San Diego area through educational programs and maintaining a lending library.”

We need you to spread the word about San Diego Friends of Jung to your family members, friends, co-workers, fellow students, and like-minded searchers of individuation and the unconscious. You could help us by:

• contacting news organizations;

• posting the Newsletter in coffee shops and libraries;

• contacting psychology departments and instructors via email or mail to inform them and ask them to inform students about the FOJ programs;

• posting on Facebook and other social media platforms about upcoming speakers and their topics.

There are many connections between the psychology of Jung and other modern psychological teachings. One of the members of San Diego Friends of Jung shared her suggestions for publicizing FOJ as follows:

“Think that the main idea I have regarding publicity is creating a way to bridge between Jung and main stream psychology. So many of Jung’s ideas and understanding of the psyche are part of modern theories and yet few people know or understand this. If we want more people to participate in our organization they need to understand how Jung’s work is part of something that they are already a part of, such as the Myers-Briggs and Typology. This will create a way for us to advertise in different psychology schools and invite faculty and students to participate in our lectures . . .”

What are your ideas for spreading the word about Friends of Jung? We look forward to your creative connections and for bringing new members to the lectures and workshops in 2018-2019.

The Friends of Jung Membership Application

Statement of Purpose:
To advance the ideas and teachings of psychiatrist, philosopher and writer Carl G. Jung in the San Diego area through educational programs and maintaining a lending library.

Basic Membership benefits:
• Lower admission prices for lectures and workshops (including guest passes for some categories)
• Newsletter with lectures and events
• Library use, reference and loan

Membership Categories:
• Benefactor (10 guest passes) $500.
• Patron (4 guest passes) $250.
• Sponsor (2 guest passes) $100.
• Sustaining (1 guest pass) $60.
• Couple $45.
• Individual $30.
• Full-time Student $20.
• Senior Citizen (65 and up) $20.
• Non-member newsletter $5.

Mail membership fee to:
Friends of Jung Membership,
P.O. Box 2363, Del Mar, CA 92014-1663

Name __________________________________________
Address ________________________________________
City __________________ State _______ Zip __________
Phone__________________ New _____ Renewal ______
E-mail address __________________________________

The Friends of Jung is a tax-exempt organization under Section 501(c)(3) of the Internal Revenue Service Code. Consult your tax advisor for further information.

FOJ Past Lectures on Youtube.com
Fifteen lectures given by Robert Johnson, Edward Edinger, Christine Dowling, James Hollis and others are available for listening on FOJ’s own Youtube channel. Visit www.youtube.com and type “San Diego Friends of Jung” into the search bar. We hope to upload more of our collection of lecture recordings in the future.

Volunteers Welcome!
Do you enjoy the Friends of Jung lectures, workshops and fellowship? Why not show your appreciation with a little of your time? We always welcome a little help with—

• Setting up for lectures, cleaning up afterwards
• Helping with our audio-visual equipment set up and/or lecture recording on a “back-up” basis
• Serving as “back up” for other volunteers assisting with registration, the book table and other functions
• Helping out at “special events” when more hands will make the work lighter for all

Contact us at info@jungsandiego.org
# Program Calendar, Fall 2018 to Spring 2019

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For more information and updates visit [www.jungsandiego.org](http://www.jungsandiego.org)