

Funeral Exercise

Imagine you're at a funeral.

You look around, and you see all your friends and family are gathered.

Suddenly, you realize you're at *your* funeral.

One by one, your family, friends, and loved ones go up to the stage to make their eulogy to you.

They talk about all the great memories they have of you, and the wonderful legacy you have left behind.

Now, come back to the present, and think about what you really want people to say about you when you're dead.

What kinds of things did they say about your character? What kind of person were you to them?

What contributions did you make in their lives? What did you do specifically that improved their lives?

Looking back on it all what do you want your legacy to be for each of these groups? Your character and contributions have made what kind of an impact on their lives?

What kind of a life do you want to have lived?

Take an honest look at the way you're living your life right now and ask yourself: does it line up with the vision you have for yourself?

Are you *actively* seeking to become that person, or are you just going through the motions?

Use the table on **Page 2** to aid you in writing down your thoughts.

Area of Activity	Character	Contributions	Legacy
Family			
Friends			
Work			
Church/Community/ Service etc.			