The ‘Leftenant Cross’
32\textsuperscript{nd} Note Chop
Drum Lesson by Nick Bukey

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Video Lesson Summary

1. The ‘Leftenant Cross’ 32\textsuperscript{nd} Note Chop – Demonstration
Breaking It Down – 32nd Note Phrases

I have broken the chop/fill down into four manageable two beat 32nd Note phrases. It is much easier to learn each phrase individually rather than tackle the whole two bars as one exercise.

Practise Phrases 1-4 individually and gradually increase the tempo.

Phrase 1

Phrase 2

Phrase 3

Phrase 4

Tip: When practising the phrases, intentionally over-exaggerate the dynamics. E.g. Play the accents at shoulder height and keep the ghost notes under 5cm.
Breaking It Down – 16th Note Phrases

I have further converted the two beat 32nd Note phrases into one bar 16th Note phrases. I have done this for convenience sake as many of my students have expressed that they find these exercises easier to count and practise as 16th Notes.

Phrase 1

Phrase 2

Phrase 3

Phrases 4
2. Breaking It Down - Phrasing Exercise

Phrases 1-4 have been placed into a phrasing exercise. I have inserted a one bar rest in between phrases to make the transitions easier.

Start @ 50 BPM and gradually speed it up!

When you are comfortable playing the phrasing exercise, move on to the combination exercises.
3. Putting It Together I – 16th Note Combination Exercise

Combine Phrases 1-4 into an exercise focusing on developing smooth transitions between each phrase.

4. Putting It Together II – 32nd Note Combination Exercise

Here is the chop/fill back in its original form as 32nd Notes. Get comfortable linking the phrases together as 32nd Notes and move on to the Fill Applications.
5. Fill Applications – Phrases 1-4 (2 Beat Fills)

Play Phrases 1-4 as two beat fills taking care to create a smooth transition back into the groove.

Phrase 1

Phrase 2

Phrase 3

Phrase 4
6. Fill Applications II – Phrases 1-4 (1 Bar Fills)

Combine Phrases 1 + 2 and 3 + 4 into one bar fills. Improvise a groove and apply the phrases to a variety of musical contexts.

Phrases 1+2

Phrases 3+4

7. The Finished Product – Demonstration

Put it all together and speed it up!