3 Piece Fill #1
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Video Lesson Summary

1. 3 Piece Fill #1 – Demonstration
2. Breaking It Down – Sextuplet Phrases

I have broken the chop/fill down into four manageable two beat sextuplet phrases. It is much easier to learn each phrase individually rather than tackle the whole two bars as one exercise.

Practise Phrases 1-4 individually and gradually increase the tempo.

**Phrase 1**

```
2/4:
| R | L | L | R | L | R | L | R | L | L | R |
```

**Phrase 2**

```
2/4:
| L | R | L | L | R | R | L | R | L | L | R | L | R | L | L |
```

**Phrase 3**

```
2/4:
| R | L | R | R | L | L | R | L | L | R | L | R | L | R | L |
```

**Phrase 4**

```
2/4:
| L | R | R | L | L | R | L | R | L | L | R | L | R | L |
```

**Tip:** When practising the phrases, intentionally over-exaggerate the dynamics. E.g. Play the accents at shoulder height and keep the ghost notes under 5cm.
3. Putting It Together – 32\textsuperscript{nd} Note Combination Exercise

Practise the 4 Phrases together as an exercise focusing on creating smooth transitions between the sections.

4. The Finished Product