

Shinzen's Home Practice Program - Conference Call Numbers

(These are not toll free. You must investigate what charges, if any, apply with your particular set up.)

After dialing the number, you must enter an "access code," which you will receive after registering.

USA number: (712) 770-4160

Corresponding International Numbers

Argentina	+54 (0) 11 5235-4340	Latvia	+371 67 881 541
Australia	+61 (0) 3 8672 0105	Lithuania	+370 (8) 46 268615
Belgium	+32 (0) 4 244 10 83	Luxembourg	+352 20 30 10 07
Brazil	+55 21 2391-6538	Malaysia	+60 (0) 11-1146 0033
Bulgaria	+359 (0) 2 495 1536	Mexico	+52 (01) 899 274 9983
Cambodia	+855 (0) 96 696 7689	Netherlands	+31 (0) 6 35205032
Chile	+56 (0) 44 890 9164	New Zealand	+64 (0) 6-928 7521
China	+86 (0) 510 6801 0120	Nigeria	+234 (0) 1 440 5235
Costa Rica	+506 4000 3889	Norway	+47 21 93 06 45
Croatia	+385 (0) 1 8000 053	Pakistan	+92 (0) 21 37130620
Cyprus	+357 77 788855	Panama	+507 838-7850
Czech	+420 225 989 121	Poland	+48 32 739 96 35
Denmark	+45 78 77 21 83	Portugal	+351 21 005 1186
Dominican Republic	(829) 999-2540	Romania	+40 (0) 31 780 7015
Estonia	+372 614 8065	Russian Federation	+7 (8) 499 371-06-83
France	+33 (0) 7 55 50 07 10	Slovakia	+421 2 336 633 06
Georgia	+995 (0) 706 777 065	South Africa	+27 (0) 87 825 0106
Germany	+49 (0) 69 1200650760	South Korea	1600-8556
Guatemala	+502 2458 1424	Spain	+34 911 33 84 80
Hungary	+36 1 987 6803	Sri Lanka	+94 (0) 11 5 322966
Iceland	+354 539 0324	Sweden	+46 (0) 8 124 107 12
Indonesia	+62 (0) 21 51388880	Switzerland	+41 (0) 44 513 30 30
Ireland	+353 (0) 1 437 2298	Taiwan	+886 (0) 985 646 925
Israel	+972 (0) 76-599-0022	Turkey	+90 (0) 212 988 1740
Italy	+39 011 092 0917	Ukraine	+380 (0) 89 323 9965
Japan	+81 (0) 3-5050-5071	United Kingdom	+44 (0) 330 606 0515
Kenya	+254 (0) 20 5231048		