Geometric #1 Bracelet

By Alpine

**Difficulty**: Advanced  
**Time**: 5+ Hours

**Materials**:
- 4 colors 3 strings each:
  - 1 string of each color about 15 inches
  - 2 strings of each color about 40 inches
- Scissors
- Optional: Tape or Safety Pin to hold bracelet in place while working

**Knots You Need to Know**:
- Full Forward Knot
- Full Backward Knot

**Notes**:
- Remember each line alternates between using the first and last string.

Geometric #1 Bracelet Instructions

Full Forward Knot Instructions

Full Backward Knot Instructions

How to Read a Bracelet Pattern

Check out [wolfschool.org/stories](http://wolfschool.org/stories) for more bracelet patterns!
Geometric #1 Bracelet Instructions:

**Bracelet Set Up**

1. Fold your 40 inch strings in half to form a bend.
2. Add your 15 inch strings and tie all of the strings together in a knot about 1 inch from the top of the bend to create a loop.

3. Organize your strings in the following order: 1,2,1,2,1,2,3,4,3,4,3,4
   a. For the example it will be
      Yellow, Pink, Yellow, Pink,
      Yellow, Pink, Orange, Green,
      Orange, Green, Orange,
      Green

Rows 1 - 6
4. Take the first two strings (1 & 2, or ex. Yellow & Pink) and tie a full forward knot.
   a. See page on how to do a full forward knot.

5. Take the next two strings (same colors, second set) and tie a full forward knot.
6. Continue with each pair down the row tying full forward knots, for a total of 6 knots.
   a. This first row will be the most difficult. It probably won't look like a row when you tie it because they are all individual knots. Try to keep your strings in the same order the whole time. This will help with completing row two easier.

7. Your string order should now be 2,1,2,1,2,1,4,3,4,3,4,3
   a. Ex. Pink, Yellow, Pink, Yellow, Pink, Yellow, Green, Orange, Green, Orange, Green, Orange.
<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>8.</td>
<td>Move back to the first two strings (2 &amp; 1, or ex. Pink &amp; Yellow) and set the outer most string aside (2 or ex. Pink). This string will not be used to tie a knot in this row.</td>
</tr>
<tr>
<td></td>
<td><img src="image1.png" alt="Image" /></td>
</tr>
<tr>
<td>9.</td>
<td>Take the next two strings (1 &amp; 2, or ex. Yellow &amp; Pink) and tie a full forward knot.</td>
</tr>
<tr>
<td></td>
<td><img src="image2.png" alt="Image" /></td>
</tr>
</tbody>
</table>
10. Continue with each following pair down the row tying full forward knots, for a total of 5 knots. You will not use the last string (3, or ex. Orange) to tie a knot.
Check out wolfschool.org/stories for more bracelet patterns!
11. Your string order should now be 2,2,1,2,1,4,1,4,3,4,3,3
   a. Ex. Pink, Pink, Yellow, Pink, Yellow, Green, Yellow, Green, Orange, Green, Orange, Orange.
12. Moving back to the first two strings (2 & 2, or ex. Pink & Pink) tie a full forward knot.

13. Continue with each pair down the row tying full forward knots, for a total of 6 knots.
Check out [wolfschool.org/stories](http://wolfschool.org/stories) for more bracelet patterns!
Check out [wolfschool.org/stories](http://wolfschool.org/stories) for more bracelet patterns!
14. Your string order should now be 
2,2,2,1,4,1,4,1,4,3,3,3
a. Ex. Pink, Pink, Pink, Yellow, 
Green, Yellow, Green, Yellow, 
Green, Orange, Orange, 
Orange
15. When you move back to the first two strings for the next row, you will again set the first string (2, or ex. Pink) aside and tie full forward knots with each following pair down the row, not using the last string (3, or ex. Orange) to tie a knot as well, for a total of 5 knots.
Check out [wolfschool.org/stories](https://wolfschool.org/stories) for more bracelet patterns!
Check out wolfschool.org/stories for more bracelet patterns!
16. Your string order should now be 2,2,2,4,1,4,1,4,1,3,3,3
   a. Ex. Pink, Pink, Pink, Green, Yellow, Green, Yellow, Green, Yellow, Orange, Orange, Orange

17. Repeat this pattern, alternating tying full forward knots down the row starting with the first string and leaving out the first and last string to tie full forward knots down the row for a total of 6 rows, 3 using the first and last string (6 knots) and 3 leaving out the first and last string (5 knots).
   a. You have two more rows to go here. One using the first and last string one skipping the first and last string.
18. On the 7th row, the pattern continues but with **full backwards knots**. Your starting string order should be: 2,4,2,4,2,4,1,3,1,3,1,3
   a. Ex. Pink, Green, Pink, Green, Pink, Green, Yellow, Orange, Yellow, Orange, Yellow, Orange.

19. Take the first two strings (2 & 4, or ex. Pink & Green) and tie a full backward knot.
   a. Take the colored string you would like your knot to be (**Green**) and cross over the top of the other string(s) (**Pink**) leaving a loop on the **right** and tail end on the **left**, forming what looks like a backwards number **4**.
b. Reach through the loop and pull the tail end of your working colored string (Green) through the loop.

c. Pull until tight.
<table>
<thead>
<tr>
<th>d. Repeat a second time around the same string(s).</th>
</tr>
</thead>
</table>

![Image of a string being used in a bracelet pattern]
e. Your working colored string (Green) will end up on the left of your other string(s) (Pink).

20. Continue with each pair down the row tying full backwards knots, for a total of 6 strings.

Check out wolfschool.org/stories for more bracelet patterns!
21. Your string order should be:
4,2,4,2,4,2,3,1,3,1,3,1
   a. Ex. Green, Pink, Green, Pink,
       Green, Pink, Orange, Yellow,
       Orange, Yellow, Orange,
       Yellow.

22. Move back to the first two strings (4 & 2, or ex. Green & Pink) and set the outer most string aside (4 or ex. Green). This string will not be used to tie a knot in this row.
23. Take the next two strings (2 & 4, or ex Pink & Green) and tie a full backward knot.
24. Continue with each following pair down the row tying full backward knots, for a total of 5 knots. You will not use the last string (1, or ex Yellow) to tie a knot.
Check out wolfschool.org/stories for more bracelet patterns!
25. Your string order should be  
4,4,2,4,2,3,2,3,1,3,1,1  
a. Ex. Green, Green, Pink, 
   Green, Pink, Orange, Pink, 
   Orange, Yellow, Orange, 
   Yellow, Yellow.

26. Moving back to the first two strings (4 
   & 4, or ex. Green & Green) tie a full 
   backward knot.
27. Continue with each pair down the row tying full backward knots, for a total of 6 knots.
Check out wolfschool.org/stories for more bracelet patterns!
28. Your string order should be 4,4,4,2,3,2,3,2,3,1,1,1.
   a. Ex. Green, Green, Green, Pink, Orange, Pink, Orange, Pink, Orange, Yellow, Yellow, Yellow.
29. When you move back to the first two strings for the next row, you will again set the first string (4, or ex. Green) aside and tie full backward knots with each following pair down the row, not using the last string (1, or ex. Yellow) to tie a knot as well, for a total of 5 knots.
Check out wolfschool.org/stories for more bracelet patterns!
Check out wolfschool.org/stories for more bracelet patterns!
30. Your string order should be:
4,4,4,3,2,3,2,3,2,1,1,1.
   a. Ex. Green, Green, Green,
      Orange, Pink, Orange, Pink,
      Orange, Pink, Yellow, Yellow,
      Yellow.

31. Repeat this pattern, alternating tying
    full backward knots down the row
    starting with the first string and leaving
    out the first and last string to tie full
    backward knots down the row for a
    total of 6 rows, 3 using the first and
    last string (6 knots) and 3 leaving out
    the first and last string (5 knots).
   a. You have two more rows to go
      here. One using the first and
      last string one skipping the first
      and last string.
32. Continue alternating between 6 rows of full forward knots and 6 rows of full backward knots until your bracelet fits around a wrist, about 7 inches long.
   a. Remember to alternate between using the first and last strings (6 knots) and leaving them out (6 knots), within your 6 rows.
33. Tie a knot at the end.
34. Cut off excess string about 2 inches from the knot.

35. Give to a friend/family member/loved one!
Full Forward Knot Instructions:

1. Take the colored string you would like your knot to be and cross over the top of the other string(s) leaving a loop on the left and tail end on the right, forming what looks like the number 4.
2. Reach through the loop and pull the tail end of your working colored string through the loop.

3. Pull until tight.
4. Repeat a second time around the same string(s).
5. Your working colored string will end up on the right of your other string(s).
### Full Backward Knot Instructions:

1. Take the colored string you would like your knot to be and cross over the top of the other string(s) leaving a loop on the right and tail end on the left, forming what looks like a backwards number 4.
2. Reach through the loop and pull the tail end of your working colored string through the loop.

3. Pull until tight.
4. Repeat a second time around the same string(s).
5. Your working colored string will end up on the left of your other string(s).

How to Read a Bracelet Pattern

If you look online for friendship bracelet patterns they often look like this. They help you figure out the pattern and they can help you figure out where you left off if you put your bracelet down.

There are different parts to the pattern:
1. Full Bracelet
2. String Labels
3. Row Labels
4. Types of Knot

<table>
<thead>
<tr>
<th>1. Full Bracelet</th>
<th>2. String Labels</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. The full bracelet is found often at the top or bottom of the pattern. This shows you what the final product will look like.</td>
<td></td>
</tr>
</tbody>
</table>
a. At the top of the pattern you will see the initial order of your strings. Your strings need to be laid out in this order to start the first row of your bracelet. The strings are often color coded but they will always have a label for each string that is the same color (ex. A, B, C or 1, 2, 3).

3. Row Labels
   a. This tells you how many rows there are before the pattern repeats. This also helps you figure out where you are in the pattern.

4. Types of knots
   a. The arrows on the pattern are how you know which type of knot to tie and which color the knot should end up as. There are a few different types of knots that can be represented.
   b. Full Forward Knots are shown by an arrow pointing down diagonally to the right.
Check out [wolfschool.org/stories](http://wolfschool.org/stories) for more bracelet patterns!

c. Full Backward Knots are shown by an arrow pointing down diagonally to the left.

d. Forward Backward Knots are shown by a bent arrow pointing to the left.

e. Backward Forward Knots are shown by a bent arrow pointing to the right.