



## **Orientation Packet**

Welcome to LifeGate Freedom Recovery. Your decision to join our program indicates to us that you are serious about turning your life around, and you have a desire to live a clean and sober life. We commend and admire your courage. We are pleased that you have come to LifeGate Freedom Recovery.

As you begin your sober living program, you can be assured that our staff is well trained to assist and encourage you every step of the way. It is our responsibility and commitment to ensure that you receive the very best services and care that we can provide.

Your first few weeks may be the hardest to get through. You may question your decision to enter this program. You may feel uneasy, you may feel anxious due to separation from friends and family, you may be fearful of your new environment, or a variety of other emotions caused by legal issues and child related concerns. Please remember that we understand and expect possible challenges during your stay, and the possibility of times of uncertainty periodically.

Don't give up! There are many others like yourself that experience the same emotions. Having determination and a deep desire to change your life for the better should motivate you to successfully finish the program.

So, hang in there, get started and participate with all your strength in the program and what God has in store for you. We offer you a safe environment in which to stay sober while allowing you access to the world. This access will teach you and strengthen you in your choice to stay sober. Temptation is all around you and will be for the rest of your life, our responsibility is to teach you how to live in the world while not being a part of the world.

Our responsibility to you is to give a practical application of God's Word in order to empower you with the life skills necessary to really live in society as a contributor instead of as a burden.

On behalf of the entire staff of LifeGate Freedom Recovery, I warmly welcome you to our community living facility. God bless you on your life changing journey!



### **LifeGate Freedom Recovery Covenant**

As members of this community, we are committed to growing in our relationship with God and developing behavioral responses and spiritual patterns that will sustain us in our future life as full participants in God's purpose for us. Our spiritual life in Jesus Christ and as participants in Bible Study and self-improvement classes is an important part of our growth as members of this emerging experience in Christian community life.

- I agree to faithfully participate in the LifeGate Freedom Recovery Program.
- I will be faithful to the community, the staff, and the residents.
- I will be honest in my presentation of myself, my struggles, my needs, and my accomplishments.
- I will be accountable for my words and actions in group meetings and interpersonal relationships.
- I will accept responsibility for my own life and accept the consequences of my choices.
- I will participate in all the activities of this community as agreed upon for my future growth, development, and recovery.
- I will accept feedback from my peers when it is offered in a caring, kind, and helpful manner.
- I will submit myself to random urinalysis and/or other standard drug and alcohol testing as deemed appropriate by the staff.
- I will take responsibility for being an advocate of the LifeGate Freedom Recovery Ministry in consultation with the staff and the community as a whole.
- I will volunteer my time and abilities to make LifeGate Freedom Recovery Ministry a more pleasant and fulfilling place for all that share it.
- I will accept the consequences of any failure on my part to abide by the covenants stated above.

Consequences will be determined by staff and representatives of the community working together with me, and with the goal of restoring me to full participation in patterns of healthy Christian living.



**Consent to Receive or Release Confidential Information**

I, \_\_\_\_\_, authorize LifeGate Freedom Recovery representatives to receive or release information from anyone that LifeGate Freedom Recovery deems necessary to help me work a successful program. I understand that my records are protected under the Federal and State confidentiality regulations and cannot be released without my written consent unless otherwise provided for in the regulations (42 CFR Part 2) of the Federal Regulations. I also understand that I may revoke this consent (in writing) at any time. The information authorized for release may include records indicating the presence of communicable or venereal diseases such as hepatitis, syphilis, gonorrhea, and the human immune deficiency virus, and/or the Acquired Immune Deficiency Syndrome (AIDS).

The confidentiality of alcohol and drug abuse member records maintained by this ministry is protected by Federal Law and Regulations. LifeGate may not reveal to anyone outside the program that a member is attending this program or disclose any information identifying a member with a life controlling problem, unless the member:

1. Gives consent in writing.
2. The disclosure is ordered by a court.
3. The disclosure is made to medical personnel in a medical emergency or to qualified personnel for research, audit or program evaluations.

Violation of the Federal law and regulations is a crime. Suspected violations may be reported to appropriate authorities in accordance with Federal regulations. Federal law and regulations do not protect any information about a crime committed by a member either at the program or against any person who works for the program or about any threat to commit such a crime. Federal law and regulations do not protect any information about suspected child abuse or neglect from being reported under state law to appropriate state or local authorities.

Resident's Signature: \_\_\_\_\_

Staff's Signature: \_\_\_\_\_

Witness's Signature: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



### Church Conduct

1. Residents are allowed to smoke on the east side of Cross Pointe Church behind and not past the air conditioners. Cigarette butts are to be properly disposed of in cans, not on the ground.
2. No smoking within 50' of LifeGate Chapel.
3. No tobacco use in the church building. No dipping, chewing, smoking, etc.
4. No vapor use in the church building.
5. No CELL phone use during church services. **Please make sure all devices are turned on silent.** If you use a Bible app on your phone that is acceptable, but if you are caught on Facebook or doing any other activities during service you will lose your cell phone for a minimum of 1 week.
6. No use of profanity will be accepted.
7. No caps or sunglasses are to be worn in the building.
8. No talking during worship. During worship it is a time to enter into the Presence of the Lord with thanksgiving. Most stand and worship God while raising their hands in worship. While not necessary for you to behave in like manner, please respect those that are worshipping in this manner by not distracting them in any way.
9. No shorts are allowed on Sunday services at Cross Pointe. Residents are expected to wear clean appropriate dress attire.
10. No distractions during any part of the service. Residents are encouraged to use the bathroom if necessary during the meet and greet time at the beginning of each service. Getting up and walking around during service is very distracting to the Pastor as he is trying to teach.



11. No trash in the Sanctuary. Remove all trash as you leave. It is not respectful to think others should clean up after your mess.
12. No touching or adjusting the sound board or video equipment unless you are given permission.

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Below is a sample of other forms you will encounter at LifeGate.

### Pass Request

Please **list Date, Time and Destination** include **Return Date and Time**.  
Please describe transportation arrangements

**Date of request:** \_\_\_\_\_ 07/07/07 \_\_\_\_\_

**Details of pass request:** \_\_\_\_\_ From 9:00 a.m. Saturday until 4:00 p.m., I will be with my mother and father having family time and having lunch and dinner.-----

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**Resident's Printed Name:** \_\_\_\_\_ **Resident's Signature:** \_\_\_\_\_  
Joe Wannago \_\_\_\_\_ Signature  
Here \_\_\_\_\_

**OFFICE USE:**

**Approved By:** \_\_\_\_\_ **Staff** \_\_\_\_\_ **Date Approved:** \_\_\_\_\_  
\_\_\_\_\_ 07/09/07 \_\_\_\_\_



Denied by: \_\_\_\_\_

Date Denied:

\_\_\_\_\_

Reason for Denial:

\_\_\_\_\_



## LifeGate Disciplinary Form

1. Resident's Name: \_\_\_\_\_ Joe in Trouble \_\_\_\_\_

2. Staff Member's Name: \_\_\_\_\_ Administration \_\_\_\_\_

3. Description of Infraction: \_\_\_\_\_ (room not clean), (late for chapel, etc) \_\_\_\_\_

4. Date of Infraction: \_\_ (07) \_\_ / \_\_ (07) \_\_ / \_\_ (07) \_\_

5. Consequences of Infraction (Staff Member's Discretion): (please circle)

a. If it's the resident's 1<sup>st</sup> offense, choose one of the following:

- i. Resident will pick up cigarette butts
- ii. Resident will write a summary report of a book in the Bible
- iii. Resident will be restricted from TV

b. If it's the resident's 2<sup>nd</sup> offense, choose one of the following:

- i. Resident is restricted from cell phone
- ii. Resident has driving privileges revoked
- iii. Resident must write a report about their wrong behavior and what they should do differently

c. If it's the resident's 3<sup>rd</sup> offense, choose one of the following:

- i. Resident cannot leave property without staff member
- ii. Resident visitation removed





iii. Resident passes removed

6. Date Consequences must be Completed by:   (08)   /   (07)   /   (07)