Thank you for purchasing the Electric Pressure Cooker by Cosori. This cutting-edge culinary appliance is designed to help you prepare delicious and nutritious meals with greater convenience, safety, and efficiency than traditional cooking methods. Now, you can cut down on meal preparation and clean-up time while still enjoying delectable dishes in your own kitchen.

We hope you’ll enjoy preparing and sharing these meals with your friends and family for years to come. And remember, these recipes serve as merely a starting point to get you familiarized with pressure cooking. You’ll be inspired to create culinary masterpieces of your own in no time!

Share Your Recipes with Us!

We're committed to providing you with a community to bring out the best inner home cooking chef in you. Share your recipes and join the conversation!

#iCookCosori

Need Help?
(888) 402-1684 | support@cosori.com | www.cosori.com
# Table of Contents

**Tips & Tricks**  
Why Use a Pressure Cooker? 6  
Cheat Sheet 7

**Breakfast**  
Pressure Cooked Eggs 9  
Cinnamon Raisin Oats 10

**Appetizers**  
Quick Deviled Eggs 12  
Artichoke Appetizer 13

**Sides**  
Rice 15  
Brown Rice Pilaf 16  
Vegetable Egg Fried Rice 17  
Corn on the Cob 18  
Mixed Veggies 19  
Black Beans 20  
Corn and Coconut Soup with Corn Salsa 21

**Main Dishes**  
Chicken Tacos 23  
Spring Vegetable Risotto 24  
Lemon Garlic Chicken 25  
Baby Back Ribs 26  
Tilapia with Lemon and Cherry Tomatoes 27

**Dessert**  
White Chocolate Fudge 29  
New York Style Cheesecake 30
Tips & Tricks
Why Use a Pressure Cooker?

This handy cookbook will illustrate how to get the most out of your Electric Pressure Cooker.

Pressure cooking has many advantages over other cooking methods:

**Quick Prep Time**
Pressure cookers use pressure to cook food at a higher temperature than what can be achieved with conventional stovetop boiling, allowing food to be cooked very quickly. In fact, pressure cooking is about twice as fast (sometimes even faster!) as conventional cooking.

**More Nutritious Food**
The problem with cooking food using conventional methods like frying or boiling is that vital nutrients tend to be lost during preparation. Pressure cooking, however, is one of the healthiest cooking methods because it preserves 90-95% of vitamins contained in food, according to a study published in the Journal of Food Science. The increased speed and heat produced by pressure cooking essentially flash-cooks vegetables, retaining more vitamins than boiling (40-75% vitamin retention rate) or even steaming (75-90% retention rate).

**Eco-friendly Efficiency**
Pressure cookers require less energy to operate during the cooking process than other cooking methods. Because pressure cookers need less heat and time than cooking methods like stovetop boiling, you can enjoy a whopping 70% energy savings!

**Effortless Cooking**
Using a pressure cooker couldn’t be easier—add your ingredients and liquid, select a cooking program, and release the pressure once it’s done cooking. Best of all, you don’t have to hover over it while your gourmet food is being prepared, so you’ll have more free time to relax after long, stressful days.

**Less Mess, Less Stress**
Sully your pristine countertops with messy oil droplets no more—pressure cookers contain all of the splatters that you’d normally accrue from conventionally boiling or frying food.

**Safe Operation**
Pressure cookers employ a comprehensive network of safety systems designed to prevent user injuries or product damage. One such safeguard that the Cosori Electric Pressure Cooker uses is that it shuts off if it begins to overheat in order to protect the unit from a circuit overload or a potential fire.

**Give it Time to Build up Pressure**
Recipe cooking times for pressure cookers do tend to be conveniently short. But before you shut the lid and immediately start counting down the minutes that the recipe dictates, please first let the pressure cooker build up the right pressure and give out a beep (approximately 7-10 minutes). Thus, for your planning, include enough time for not only the prep and the cooking time listed in the recipe, but an additional 7-10 minutes for the cooker to get its momentum going.
# Cheat Sheet

## Rice / Grains

<table>
<thead>
<tr>
<th>Setting</th>
<th>Time</th>
<th>Quantity of Ingredient</th>
<th>Quantity of Liquid</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brown Rice</td>
<td>Rice</td>
<td>13-15m</td>
<td>1 c brown rice</td>
</tr>
<tr>
<td>Jasmine Rice</td>
<td>Rice</td>
<td>3m</td>
<td>1 c basmati or jasmine rice</td>
</tr>
<tr>
<td>White Rice</td>
<td>Rice</td>
<td>4-6m</td>
<td>1 c white rice</td>
</tr>
<tr>
<td>Steel Cut Oats</td>
<td>Multigrain</td>
<td>20-25m</td>
<td>1/2 c steel cut oats</td>
</tr>
<tr>
<td>Quinoa</td>
<td>Multigrain</td>
<td>6m</td>
<td>1 c quinoa</td>
</tr>
</tbody>
</table>

## Vegetables / Produce

<table>
<thead>
<tr>
<th>Setting</th>
<th>Time</th>
<th>Quantity of Ingredient</th>
<th>Quantity of Liquid</th>
</tr>
</thead>
<tbody>
<tr>
<td>Artichoke</td>
<td>Steam</td>
<td>9-11m</td>
<td>1 artichoke cut in half</td>
</tr>
<tr>
<td>Fingerling/Russet Potatoes</td>
<td>Steam</td>
<td>19-23m</td>
<td>up to 18 oz</td>
</tr>
<tr>
<td>Baked Potato</td>
<td>Steam</td>
<td>25-30m</td>
<td>14 oz (about 1-2 potatoes)</td>
</tr>
</tbody>
</table>

## Meat / Proteins

<table>
<thead>
<tr>
<th>Setting</th>
<th>Time</th>
<th>Quantity of Ingredient</th>
<th>Quantity of Liquid</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eggs</td>
<td>Steam</td>
<td>7m</td>
<td>6 eggs</td>
</tr>
<tr>
<td>Chicken (bone-in thigh and drumstick)</td>
<td>Poultry</td>
<td>13-16m</td>
<td>1 3/4 lbs chicken</td>
</tr>
<tr>
<td>Chili Verde Chicken Breast (boneless, skinless)</td>
<td>Poultry</td>
<td>8m</td>
<td>2 breasts totaling 1 lb 6 oz</td>
</tr>
<tr>
<td>Frozen Chicken Breast Tenders</td>
<td>Poultry</td>
<td>12m</td>
<td>14 oz</td>
</tr>
<tr>
<td>BBQ Chicken Breast (boneless, skinless)</td>
<td>Poultry</td>
<td>13-15m</td>
<td>2 breasts totaling 1 lb 7 oz</td>
</tr>
<tr>
<td>Beef Stew</td>
<td>Meat/Stew</td>
<td>Sauté meat, oil, flour, salt and pepper for 10m; then pressure cook for 25 minutes</td>
<td>1 lb chuck roast stew meat cut into one-inch pieces</td>
</tr>
<tr>
<td>Chickpeas</td>
<td>Beans</td>
<td>10-13m</td>
<td>1 c chickpeas soaked overnight (12 hours)</td>
</tr>
<tr>
<td>Black Beans</td>
<td>Beans</td>
<td>5-7m</td>
<td>1 c soaked black beans (for 8 hours)</td>
</tr>
<tr>
<td>Pinto Beans</td>
<td>Beans</td>
<td>7-10m</td>
<td>1 c soaked pinto beans (for 8 hours)</td>
</tr>
</tbody>
</table>
Breakfast
Pressure Cooked Eggs

**INGREDIENTS**
- 6 medium-large eggs
- 1 c water
- 2 pinch salt
- 2 c ice cubes (optional)
- 2 ½ c cold water

**DIRECTIONS**
1. Place steamer rack inside pressure cooker.
2. Add 1 cup of water into the pot.
3. Add 2 pinch of salt, and place six medium-large eggs on top of the steamer rack.
4. Secure and close lid. Select Steam and adjust time based on your egg consistency preference.
5. It will take 5-10 minutes to begin pressurizing. After desired time, immediately quick release by pressing the pressure release button.
6. Open lid. Place eggs in a bowl of cold water and add ice cubes. Leave for 1-2 minutes.
7. Peel eggs in running cold water.

**BOILING TIME (MIN)**

<table>
<thead>
<tr>
<th>TIME (MIN)</th>
<th>EGG CONSISTENCY</th>
</tr>
</thead>
<tbody>
<tr>
<td>5m</td>
<td>Egg white is just set; yolk is thick and runny</td>
</tr>
<tr>
<td>6m</td>
<td>Egg white is fully set; yolk is 80% set, still a little wet in the middle</td>
</tr>
<tr>
<td>7m</td>
<td>Egg white is fully set; yolk is set but tender, no more runny yolk</td>
</tr>
<tr>
<td>8m</td>
<td>Egg white is fully set; yolk is almost fully set</td>
</tr>
<tr>
<td>9m</td>
<td>Egg white and yolk are fully set</td>
</tr>
<tr>
<td>10m</td>
<td>Egg white and yolk are fully set</td>
</tr>
</tbody>
</table>

**Yield:** 2-4 servings  
**Prep Time:** 5m  
**Cook Time:** 5-10m  
**Total Time:** 10-15m
Cinnamon Raisin Oats

Yield: 2 servings  Prep Time: 5m  Cook Time: 6m  Total Time: 11m

INGREDIENTS
- ½ c steel cut oats
- 2 c water
- 2 c oats
- 1 tsp cinnamon
- 2 tbs raisins, chopped
- ½ tsp vanilla
- dash of brown sugar
- optional: yogurt

DIRECTIONS
1. Add all ingredients to pressure cooker and seal lid. Select Multigrain by pressing the Menu button, and cook for 10 minutes.
2. Release the pressure and allow oats to cool briefly.
3. Serve in a bowl, with brown sugar sprinkled on top. Add yogurt if desired.
Appetizers
Quick Deviled Eggs

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Directions</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 eggs</td>
<td>1. Place eggs in the pressure cooker with the water, and close. Steam for 6 minutes.</td>
</tr>
<tr>
<td>1 c of water</td>
<td>2. Once cooking is done, release steam, and remove eggs.</td>
</tr>
<tr>
<td>¾ c of hummus</td>
<td>3. Cut eggs in half and remove yolk.</td>
</tr>
<tr>
<td>salt &amp; pepper</td>
<td>4. Mix hummus with salt and pepper, and scoop into center of egg.</td>
</tr>
<tr>
<td>dash of paprika</td>
<td>5. Garnish with paprika and chives.</td>
</tr>
<tr>
<td>chopped chives</td>
<td></td>
</tr>
</tbody>
</table>

Yield: 4 servings
Prep Time: 5m
Cook Time: 6m
Total Time: 11m
Artichoke Appetizer

Yield: 2 servings  Prep Time: 3m  Cook Time: 10m  Total Time: 13m

INGREDIENTS
- 1 artichoke
- 1 c water
- 1 c extra virgin olive oil
- 1 garlic clove, minced
- sprinkle of sea salt & cracked pepper

DIRECTIONS
1. Place artichoke in pressure cooker with one cup of water, close lid, and make sure the steam valve is closed. Cook using the Steam function for 9-11 minutes.
2. While artichoke is cooking, in a dip bowl, combine olive oil, garlic, salt, and pepper. Stir together in a small bowl or dip bowl.
3. Once artichoke is cooked and all steam is released, serve with the dipping oil on the side.
Sides
Rice

Yield: 1-2 servings  Prep Time: 5m  Cook Time: 10-17m  Total Time: 15-17m

<table>
<thead>
<tr>
<th>GRAIN (1 c)</th>
<th>WATER</th>
<th>COOK TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>White Rice</td>
<td>1 ½ c water</td>
<td>4-6m</td>
</tr>
<tr>
<td>Jasmine Rice</td>
<td>1 ¼ c water</td>
<td>3m</td>
</tr>
<tr>
<td>Brown Rice</td>
<td>1 ¼ c water</td>
<td>14m (Rice Setting + 7m)</td>
</tr>
</tbody>
</table>

INGREDIENTS
• 1 c of your preferred rice
• ½ tsp salt
• ½ tsp virgin olive oil (optional)
• nonstick cooking spray

*See chart for correct water & rice measurement

DIRECTIONS
1. Rinse rice in strainer until the water runs clear.
2. Line inner pot with nonstick cooking spray.
3. Place rice, water, olive oil, and salt into the inner pot.
4. Secure and close lid. Select Rice using the Menu button and set the time based on your grain type.
5. Press Start. It will take 5-10 minutes before pressurizing.
6. Quick release pressure and fluff rice with fork before serving.
Brown Rice Pilaf

Yield: 2 servings  
Prep Time: 5m  
Cook Time: 11m  
Total Time: 16m

INGREDIENTS
- 1 tbs olive oil
- 1 small onion, finely chopped
- 2 c brown rice
- 4 c chicken broth
- chopped parsley

DIRECTIONS
1. Set the Sauté function to 5 minutes and add oil to pot. Allow to heat up for 1 minute then add onions. Stir occasionally.
2. Once sauté function is complete, add brown rice, stirring until well-coated in oil, then add chicken broth.
3. Select Rice from the Menu function and set to 6 minutes. Place lid on and press Start. Once done, release steam.
4. Fluff rice and top with parsley.
Vegetable Egg Fried Rice

Yield: 1 serving  Prep Time: 15m  Cook Time: 20m  Total Time: 35m

INGREDIENTS
• 1 c of rice
• 1 ½ c of water
• 1 tsp sesame oil
• 2 eggs
• salt & pepper
• ½ cup mixed vegetables, defrosted
• 1 garlic clove, minced
• soy sauce to taste

DIRECTIONS
1. Add rice and water to pressure cooker, close and seal lid. Select Rice using the Menu button and set for 4-6 minutes.
2. While rice is cooking, heat a pan over medium heat. Whisk eggs together with salt and pepper. Pour oil in pan, then add eggs, stirring until eggs scramble.
3. Once rice is done cooking, stir in rice, mixed vegetables, and garlic.
4. Lastly, add soy sauce one tablespoon at a time, stir, and then taste. Repeat until desired taste is reached.
1. Place steamer rack into the inner pot.
2. Pour water and place ears of corn on top of the steamer rack.
3. Secure and close lid.
4. Select Steam using the Menu button and subtract 2 minutes for desired texture.
5. Press Start to begin cooking.
6. It will take 5-10 minutes to begin pressurizing. After desired time, immediately quick release pressure.
7. In a pan, sauté oil, garlic, and scallion on medium heat for 5 minutes.
8. Open lid and serve corn with the oil and garnish with parsley, salt & pepper.

Corn on the Cob

<table>
<thead>
<tr>
<th>INGREDIENTS</th>
<th>DIRECTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>- 5 mini ears of corn</td>
<td>1. Place steamer rack into the inner pot.</td>
</tr>
<tr>
<td>- 2 c water</td>
<td>2. Pour water and place ears of corn on top of the steamer rack.</td>
</tr>
<tr>
<td>- ¼ c oil</td>
<td>3. Secure and close lid.</td>
</tr>
<tr>
<td>- 1 scallion, chopped</td>
<td>4. Select Steam using the Menu button and subtract 2 minutes for desired texture.</td>
</tr>
<tr>
<td>- 1 garlic clove, minced</td>
<td>5. Press Start to begin cooking.</td>
</tr>
<tr>
<td>- dash of salt &amp; parsley</td>
<td>6. It will take 5-10 minutes to begin pressurizing. After desired time, immediately quick release pressure.</td>
</tr>
</tbody>
</table>

Yield: 2-3 servings  
Prep Time: 2m  
Cook Time: 3m  
Total Time: 10m
Mixed Veggies

| Yield: 2-3 servings | Prep Time: 2m | Cook Time: 3m | Total Time: 10m |

**INGREDIENTS**
- 1 c carrots, chopped
- 1 c broccoli, chopped
- 1 c water
- 2 tsp coconut butter

**DIRECTIONS**
1. Place steamer rack into the inner pot.
2. Pour water, and place carrots and broccoli on top of steamer rack.
3. Secure and close lid of pressure cooker.
4. Select Steam using the Menu button and press Start.
5. It will take 5-10 minutes to begin pressurizing. After desired time, immediately quick release pressure.
6. Open lid and serve mixed veggies with coconut butter.
Black Beans

**INGREDIENTS**
- 1 (16 oz) bag of dry organic black beans, rinsed
- 2 ½ c water
- 3 ½ c organic vegetable broth
- 2 cloves garlic, minced
- 2 bay leaves
- salt & pepper to taste

**DIRECTIONS**
1. Rinse black beans until the water runs clear.
2. Add beans, water, vegetable broth, minced garlic into the inner pot.
3. Stir in salt & pepper and place two bay leaves on top of beans.
4. Secure lid and close. Select Beans using the Menu button on the pressure cooker, and set time to 5 minutes.
5. Press Start. It may take 5-10 minutes to begin pressurizing.
6. After desired time, immediately quick release pressure.
7. Remove bay leaves, and serve beans with serving ladle.
8. Garnish with cilantro or parsley if desired.

Yield: 3-5 servings  Prep Time: 5m  Cook Time: 20m  Total Time: 30m
1. Set Sauté function to 15 minutes and add coconut oil. Once melted, add onions and stir to coat them in the oil.

2. In the last two minutes, add jalapeño, cilantro, paprika, and lime zest, stirring occasionally until the time is done.

3. Add corn cobs, kernels from two ears of corn, chicken broth, coconut milk, salt and pepper; stir until combined.

4. Select Soup from the Menu button, and set time to 15 minutes, and securely close the lid.

5. Quick release the pressure when done.

6. Throw away corn cobs and blend soup until smooth.

7. Taste the soup and add more salt or pepper if desired.

8. Top with corn salsa to serve.

9. For salsa, combine all ingredients in a bowl. Add salt to taste.

**Corn and Coconut Soup with Corn Salsa**

**INGREDIENTS**

**Corn and Coconut Soup**
- 1 tbs coconut oil
- ½ sweet onion, diced
- 1 jalapeño, seeded and chopped
- ½ c chopped cilantro stems
- 1 tsp paprika
- 1 lime, zested and juice reserved for relish
- 1 can coconut milk
- 3 ears of corn, cob cut in half crosswise, kernels cut off, reserve kernels of one corn for salsa

**Corn Salsa**
- kernels from 1 ear of corn (see above)
- 1 tbs lime juice
- 1 tbs cilantro, chopped
- 1 jalapeño, seeded and finely chopped
- 1 tsp shallot, finely chopped
- 1 tsp olive oil
- salt

**DIRECTIONS**

1. Set Sauté function to 15 minutes and add coconut oil. Once melted, add onions and stir to coat them in the oil.

2. In the last two minutes, add jalapeño, cilantro, paprika, and lime zest, stirring occasionally until the time is done.

3. Add corn cobs, kernels from two ears of corn, chicken broth, coconut milk, salt and pepper; stir until combined.

4. Select Soup from the Menu button, and set time to 15 minutes, and securely close the lid.

5. Quick release the pressure when done.

6. Throw away corn cobs and blend soup until smooth.

7. Taste the soup and add more salt or pepper if desired.

8. Top with corn salsa to serve.

9. For salsa, combine all ingredients in a bowl. Add salt to taste.
Main Dishes
Chicken Tacos

Yield: 3-5 servings        Prep Time: 5m        Cook Time: 19m        Total Time: 24m

INGREDIENTS

Chicken Taco Filling
- 14-16 oz chicken breast cutlets, frozen
- 1 yellow onion, chopped
- 1 garlic clove, minced
- 1 tbs olive oil
- 1 can (10 oz) diced tomatoes
- 1 tbs chili powder
- 1 tsp season salt
- ½ tsp pepper
- dash of cumin

Taco
- tortilla
- pico de gallo (optional)
- guacamole (optional)

DIRECTIONS

1. Chop onion and garlic and place in pressure cooker with olive oil. Sauté for 4 minutes until onions are translucent.
2. Place the remaining ingredients in pressure cooker and seal the lid. Make sure the release valve is fully closed. Select Poultry from the Menu button and set the cook time for 13-15 minutes.
3. Once cooking is done, release the pressure immediately and let it fully release before opening the container.
4. Shred chicken with a fork.
5. Prep your tortilla and toppings and serve.
Spring Vegetable Risotto

INGREDIENTS

- 2 tbs butter
- ½ shallot, finely diced (about ¼ c)
- 2 c mushrooms, sliced
- 1 c arborio rice
- 3 c chicken broth
- 1 c pecorino romano
- 1 c asparagus, cut into 1” pieces
- ¼ c prosciutto, cut into thin ribbons
- salt & pepper

DIRECTIONS

1. Set the Sauté function to 6 minutes. Add butter and allow it to melt, then add shallots. Stir for about 2 minutes. Add in rice and stir until well-coated in butter. Then add in mushrooms and stir.

2. Once time is up, add in 3 cups of chicken broth. Select Rice from the Menu setting and set time for 5 minutes. Secure lid onto pot.

3. Set your oven to broil, and toss asparagus and prosciutto in salt and pepper on a sheet pan. Cook until asparagus is just softened and prosciutto begins to crisp, about 5 minutes.

4. Once rice is done, immediately quick release the pressure. Add cheese, stirring vigorously. Taste risotto and add salt and pepper.

5. Top the risotto with asparagus and prosciutto.
Lemon Garlic Chicken

Yield: 2 servings  Prep Time: 5m  Cook Time: 5m  Total Time: 15m

INGREDIENTS
• 1 tbs virgin olive oil
• 2 boneless, skinless chicken breast halves
• 2 tbs garlic powder
• 1 tsp salt
• 1 ½ tsp ground black pepper
• 1 lemon, juiced

DIRECTIONS
1. Turn on pressure cooker, and select Sauté. Press Start.
2. Add olive oil inside the inner pot once heated.
3. Season chicken with salt and pepper.
4. Place chicken in pot with olive oil. Cook chicken, adding garlic powder on both sides.
5. Turn chicken frequently until browned for 3-5 minutes.
6. Pour lemon juice on each side.
7. Serve using tongs.
1. Thaw baby back ribs.
2. Add 1 cup water.
3. Cut baby back ribs into four parts with meat scissors and evenly place inside inner pot.
4. Secure and close the lid. Select Meat/Stew using the Menu button on the pressure cooker, then press Start.
5. It may take 5-10 minutes to begin pressurizing. After desired time, immediately quick release pressure.

Baby Back Ribs

<table>
<thead>
<tr>
<th>INGREDIENTS</th>
<th>DIRECTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>• 1 lb rack baby back ribs (dry &amp; pre-seasoned), cut into quarters</td>
<td>1. Thaw baby back ribs.</td>
</tr>
<tr>
<td>• 1 c water</td>
<td>2. Add 1 cup water.</td>
</tr>
<tr>
<td></td>
<td>3. Cut baby back ribs into four parts with meat scissors and evenly place inside inner pot.</td>
</tr>
<tr>
<td></td>
<td>4. Secure and close the lid. Select Meat/Stew using the Menu button on the pressure cooker, then press Start.</td>
</tr>
<tr>
<td></td>
<td>5. It may take 5-10 minutes to begin pressurizing. After desired time, immediately quick release pressure.</td>
</tr>
</tbody>
</table>

Yield: 3-5 servings  Prep Time: 5m  Cook Time: 40m  Total Time: 50m
1. Create a foil square that is slightly larger than the inner pot, then fold up the edges to create a lip, similar to a small pan.
2. Season fish with salt and pepper on both sides and set on the foil. Top with sprigs of thyme and two slices of lemon. Set aside.
3. Set Sauté function to 3 minutes. Add oil and garlic and stir for 2 minutes. Add tomatoes and capers and sauté until time turns off.
4. Pour tomato mixture on top of fish. Fill pot with 1 cup of water, top with wire rack and foil pan with fish. Press the Steam button, adjust time to 3-5 minutes, and securely close the lid (time varies by thickness of fish).
5. Quick release the pressure when done.
6. Transfer fish to plate and top with tomatoes and juices.

Tilapia with Lemon and Cherry Tomatoes

**Yield:** 1 serving  
**Prep Time:** 15m  
**Cook Time:** 5-7m  
**Total Time:** 20-22m

**INGREDIENTS**
- 1 tbs extra-virgin olive oil
- 1 tilapia filet, ½-¾ inch thick
- 2 thin lemon slices, no seeds
- 2 sprigs of fresh thyme
- 1 garlic clove, thinly sliced
- 8 cherry tomatoes, halved
- 1 tsp drained bottled capers
- salt & pepper

**DIRECTIONS**
1. Create a foil square that is slightly larger than the inner pot, then fold up the edges to create a lip, similar to a small pan.
2. Season fish with salt and pepper on both sides and set on the foil. Top with sprigs of thyme and two slices of lemon. Set aside.
3. Set Sauté function to 3 minutes. Add oil and garlic and stir for 2 minutes. Add tomatoes and capers and sauté until time turns off.
4. Pour tomato mixture on top of fish. Fill pot with 1 cup of water, top with wire rack and foil pan with fish. Press the Steam button, adjust time to 3-5 minutes, and securely close the lid (time varies by thickness of fish).
5. Quick release the pressure when done.
6. Transfer fish to plate and top with tomatoes and juices.
Dessert
White Chocolate Fudge

Yield: 8 servings  Prep Time: 5m  Cook Time: 1h  Total Time: 7h 10m

INGREDIENTS
- 9 oz of caramel condensed milk
- ½ tbs vanilla extract
- ¾ tbs butter
- 300 g white chocolate chips

DIRECTIONS
1. Pour condensed milk, vanilla extract, butter, and white chocolate chips into the pressure cooker.
2. Set pressure cooker on Slow Cook. Close lid, and set time for 1 hour. Stir every 15 minutes.
3. Once the cooking is complete, pour fudge in a tray and place in fridge for 5-6 hours.
4. Once solid and cold, remove from fridge, and cut into pieces.
New York Style Cheesecake

Yield: 2-4 servings  Prep Time: 10m  Cook Time: 40m  Total Time: 55m

INGREDIENTS

Crust
- 1 c graham cracker crumbs (4 whole graham crackers, crushed)
- 2 tbs melted butter

Cheesecake
- 2 (8 oz) regular cream cheese, softened (best at room temperature)
- 2 large eggs
- 1 tsp vanilla extract
- ⅓ c sugar
- ¼ c sour cream

Toppings
- cherry pie filling
- fresh cut strawberries

DIRECTIONS

1. Mix graham cracker crumbs with melted butter. Tip: If you’re using whole graham crackers, use a plastic storage bag and a spoon to mash into crumbs before mixing in with butter.
2. Beat cream cheese, vanilla extract, and eggs into a medium sized bowl until smooth. Stir in sugar and sour cream.
3. Optional: Line the inner pot with aluminum foil, non-stick cooking spray, or utilize miniature baking pans (all not included).
4. Line pressure cooker with graham cracker and butter mix.
5. Pour batter on top of graham crust.
7. It may take 5-10 minutes to begin pressurizing. After desired time, immediately quick release pressure.
8. Open lid and wait for inner pot to cool before refrigerating cheesecake for 5-6 hours.
#iCookCosori
We’d love to see what you create. Join in the growing community of passionate home cooks for recipe ideas and healthy inspiration on the daily.

www.cosori.com