COSORI
8-QUART PRESSURE COOKER
CP018-PC

Recipes
Thanks for purchasing our Premium 8-Quart Cosori Pressure Cooker! This top-of-the-line kitchen appliance is designed to take the hassle out of preparing quality food. Not to mention, it’s safer and more convenient than traditional cooking methods. Save time in the kitchen while still enjoying the same tasty dishes you love. Share these pressure-cooked plates with friends and family, or whoever’s hungry (trust us, you’ll be making more food than you know what to do with).

These recipes are simply here to serve as a starting point. You’ll be inspired to create your own culinary masterpieces in no time! We also have a professional chef waiting to hear from you. Send an email to recipes@cosori.com with your questions, concerns, or to share your cooking joy.

NEED HELP? TALK TO US!
MON - FRI 9:00 AM - 5:00 PM PT
(888) 402-1684  |  support@cosori.com  |  www.cosori.com
Table of Contents

TIPS & TRICKS
Tips & Tricks .................................................. 4
Cheat Sheet .................................................. 6

BREAKFAST
Cinnamon Oats .............................................. 10
Pumpkin French Toast Casserole .................. 11

ENTRÉES
Beef Stew .................................................. 13
Mongolian Beef .............................................. 14
Baby Back Ribs ............................................ 15
Swedish Meatballs ........................................ 16
Italian Meatballs .......................................... 17
Southern Indian Beef Curry ......................... 18
Braised Pork Shoulder .................................. 19
Spaghetti with Meat Sauce ......................... 20
Chicken Tacos ............................................. 21
General Tso’s Chicken ................................... 22
Lemon & Herb Whole Chicken ..................... 23
Chicken Cacciatore ....................................... 24
Red Curry Lentils ......................................... 25
Lemon Garlic Chicken .................................... 26
Spring Veggie Risotto ..................................... 27
Chicken Plov ............................................... 28
Lemon Herb Tilapia ........................................ 29
Gnocchi with Marinara ................................... 30

APPETIZERS
Quick Deviled Eggs ....................................... 33
Hummus ..................................................... 34
Baba Ganoush ............................................. 35
Steamed Artichoke ....................................... 36

SOUPS
Classic Chicken & Vegetable Soup ................ 38
Corn & Coconut Soup .................................... 39
Chicken Tortilla Soup ................................... 40
Simple Southern Chili .................................. 41
Pasta Fagioli ............................................... 42

SIDES
Mexican Black Beans .................................... 44
Mexican Rice ............................................... 45
Cilantro Lime Rice ....................................... 46
Lemon Saffron Basmati Rice ......................... 47
Healthy Fried Rice ....................................... 48
Mushroom Brown Rice Pilaf ......................... 49
Garlic Broccoli ........................................... 50
Orange & Maple Glazed Carrots ................... 51
Potato Salad ................................................ 52
Red Mashed Potatoes ................................... 53
Coconut-Scented Quinoa .............................. 54
Creamy Polenta ........................................... 55
Sautéed Mushrooms .................................... 56
Pearled Barley Mediterranean Salad ............. 57
Corn Sauté .................................................. 58

DESSERT
Peach Cobbler ............................................. 60
Coconut Rice Pudding .................................... 61
Salted Caramel Dessert .................................. 62
Rich & Decadent Hot Chocolate ................. 63
New York Cheesecake .................................... 64
White Chocolate Fudge ............................... 66
Tips & Tricks

This handy cookbook will help you illustrate how to get the most out of your Cosori Pressure Cooker. Pressure cooking has many advantages over other cooking methods.

QUICK COOK TIME
Pressure cookers use pressure to cook food at a higher temperature than conventional cooking, allowing food to be cooked very quickly. In fact, pressure cooking can be more than twice as fast as conventional cooking.

MORE NUTRITIOUS FOOD
The problem with cooking food using conventional methods, such as frying or boiling, is that vital nutrients tend to be lost during cooking. Pressure cooking, however, is one of the healthiest methods because it preserves 90-95% of the vitamins contained in food, according to a study published in the Journal of Food Science. The increased speed and heat produced by pressure cooking essentially flash-cooks vegetables, retaining more vitamins than boiling (40-75% vitamin retention rate) or steaming (75-90% retention rate).

ECO-FRIENDLY EFFICIENCY
Pressure cookers require less energy to operate than other cooking methods. Because pressure cookers need less heat and time to cook, you can enjoy an impressive 70% energy savings.

EFFORTLESS COOKING
Using a pressure cooker couldn’t be easier—add your ingredients and liquids, select a cooking program, and release the pressure once it’s done. Best of all, you don’t have to hover over it while your gourmet food is being prepared, so you’ll have more free time to relax after long, stressful days.

LESS MESS, LESS STRESS
Sully your pristine countertops with messy oil droplets no more—pressure cookers contain all of the splatters that you’d normally accrue from conventionally boiling or frying food. Big plus: the inner pot is quick and easy to clean.

SAFE OPERATION
Pressure cookers use a comprehensive network of safety systems to prevent user injuries. One such safeguard that the Cosori Pressure Cooker uses is that it shuts off if it begins to overheat in order to protect the unit from a circuit overload or potential fire.

GIVE IT TIME TO BUILD PRESSURE
Recipe cooking times for pressure cookers are usually short, but before you shut the lid and immediately start counting down, first let the pressure cooker build up to the right pressure level (approximately 5-20 minutes). Thus, plan enough time for the cooking time listed in the recipe, plus an additional 5-20 minutes for the cooker to get its momentum going.

RICE MEASURING CUP
The included rice measuring cup is not the same size as a US cup. Don’t use it for the measurements in these recipes. The rice measuring cup is traditionally used to measure about 1 serving of rice, and holds 169 mL (a US cup holds 236-240mL). Do not use the “RICE CUP” water line for measurements in these recipes. Use a standard US measuring cup instead.
QUICK RELEASE

Quick Release is when you turn the pressure release valve and allow the steam to release quickly. Use a heat-resistant glove or oven mitt and keep exposed skin away from the vent on top of the valve. Turn the valve to 📊. Steam released will be hot.

NATURAL RELEASE

Natural Release is when you let the pressure release naturally by not turning the release valve when cooking is done. This will take 10-45 minutes, depending on the pressure level and amount of food. When cooking is done, unplug your pressure cooker or press Stop/Cancel. Before opening the pressure cooker lid, carefully turn the pressure release valve to 📊 to release any remaining pressure. Steam released will be hot.

CLEANING THE SEALING RING

To clean your sealing ring, fill the Cosori Pressure Cooker pot with 2 cups of white vinegar or 2 cups of water and a lemon rind. Secure the lid, select Steam Vegetables, Adjust to “Less/Low”, and press On/Start. After the timer has completed, remove the ring from the lid and let it air dry completely. Once it is clean, dry, and odor-free, replace the ring into the lid.

CLEANING A DIRTY POT

Burnt or food stuck on the bottom of your pot? No problem! Add some water to your inner pot, select Sauté/Brown, press On/Start, and boil the water until the food on the bottom softens. Then scrape the bottom of the pot with a wooden spatula or metal spoon. You can also use a powdered detergent and abrasive scrubber (such as steel wool) for hard-to-remove ingredients.

BROTH AND STOCKS

Using bone broth or stocks in place of water can add flavor, richness, and color to your dishes. To thicken stocks or bone broths, add meats with high collagen (examples: chicken wings, oxtail, shoulder or knuckle bones, chicken feet, or any meat with cartilage still intact). This can help thicken many finishing sauces and enrich your meals. Roasting meats before making bone broths or stocks will heighten the sweetness and the rich proteins, bringing out a deeper flavor in your stocks.

YOGURT

Making yogurt can be pretty intimidating at first, but once you get the hang of it, it’s surprisingly easy to achieve the flavor and texture you prefer. Heating milk up to 180°F is the most important step. This helps denature proteins which creates a firmer yogurt. Once your milk is at 180°F, this is the perfect time to add in tea or other aromatics that you’d like to steep in your yogurt. If you prefer a thicker yogurt, use a coffee filter, cheesecloth, or fine mesh strainer to help pull the excess whey, leaving you with a much thicker final texture.

MORE TIPS

Check out “Tips from the Chef” on the Quick Reference Guide for even more tips and tricks directly from the Cosori kitchen!
# Cheat Sheet

<table>
<thead>
<tr>
<th>RICE/BEANS/GRAINS</th>
<th>Ingredient to Water Ratio</th>
<th>Time</th>
<th>Setting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black Beans, soaked*</td>
<td>1:3</td>
<td>10-12 minutes</td>
<td>Beans/Chili</td>
</tr>
<tr>
<td>Chickpeas, soaked*</td>
<td>1:3</td>
<td>11-13 minutes</td>
<td>Beans/Chili</td>
</tr>
<tr>
<td>Pinto Beans, soaked*</td>
<td>1:3</td>
<td>5-7 minutes</td>
<td>Beans/Chili</td>
</tr>
<tr>
<td>Brown Rice, medium grain*</td>
<td>1:1¼</td>
<td>15-20 minutes</td>
<td>Brown Rice</td>
</tr>
<tr>
<td>Lentils</td>
<td>1:2</td>
<td>10-15 minutes</td>
<td>Multigrain</td>
</tr>
<tr>
<td>Old Fashioned Oats</td>
<td>1:2</td>
<td>3-4 minutes</td>
<td>Multigrain</td>
</tr>
<tr>
<td>Pearled Barely</td>
<td>1:3</td>
<td>25-30 minutes</td>
<td>Multigrain</td>
</tr>
<tr>
<td>Quinoa</td>
<td>1:2</td>
<td>6 minutes</td>
<td>Multigrain</td>
</tr>
<tr>
<td>Steel Cut Oats*</td>
<td>1:4</td>
<td>15-20 minutes</td>
<td>Multigrain</td>
</tr>
<tr>
<td>Wild Rice*</td>
<td>1:2³/₄</td>
<td>30-35 minutes</td>
<td>Multigrain</td>
</tr>
<tr>
<td>White Rice*</td>
<td>1:1</td>
<td>4 minutes</td>
<td>White Rice</td>
</tr>
<tr>
<td>Basmati*</td>
<td>1:1</td>
<td>5-6 minutes</td>
<td>White Rice</td>
</tr>
<tr>
<td>Jasmine Rice*</td>
<td>1:1</td>
<td>3-4 minutes</td>
<td>White Rice</td>
</tr>
<tr>
<td>Congee, thick*</td>
<td>1:4</td>
<td>15-20 minutes</td>
<td>White Rice</td>
</tr>
<tr>
<td>Congee, thin*</td>
<td>1:7</td>
<td>15-20 minutes</td>
<td>White Rice</td>
</tr>
</tbody>
</table>

*It is recommended to use a natural release of at least 10-15 minutes.

<table>
<thead>
<tr>
<th>SEAFOOD</th>
<th>Amount of Ingredient</th>
<th>Minimum Amount of Liquid</th>
<th>Time</th>
<th>Setting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fish, ½-inch thick fillet</td>
<td>1-2 fillets</td>
<td>1 cup</td>
<td>1-3 minutes</td>
<td>Steam</td>
</tr>
<tr>
<td>Fish, 1 to 1½-inch thick steak</td>
<td>1 steak</td>
<td>1 cup</td>
<td>4-5 minutes</td>
<td>Steam</td>
</tr>
<tr>
<td>Lobster Tails</td>
<td>3-ounce tails</td>
<td>1 cup</td>
<td>3 minutes</td>
<td>Manual Level 1</td>
</tr>
<tr>
<td>Shrimp, large</td>
<td>1 pound</td>
<td>1 cup</td>
<td>1 minute</td>
<td>Manual Level 1</td>
</tr>
<tr>
<td>Shrimp, large shell-on</td>
<td>1 pound</td>
<td>1 cup</td>
<td>1-2 minutes</td>
<td>Manual Level 1</td>
</tr>
<tr>
<td>Poultry/Meat</td>
<td>Ingredient to Water Ratio</td>
<td>Minimum Amount of Liquid</td>
<td>Time</td>
<td>Setting</td>
</tr>
<tr>
<td>----------------------------------</td>
<td>---------------------------</td>
<td>--------------------------</td>
<td>---------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Chicken, boneless, skinless breast</td>
<td>1-5 pounds</td>
<td>1 cup</td>
<td>8-15 minutes</td>
<td>Poultry</td>
</tr>
<tr>
<td>Chicken, bone-in thighs and drumsticks</td>
<td>1-5 pounds</td>
<td>1 cup</td>
<td>10-15 minutes</td>
<td>Poultry</td>
</tr>
<tr>
<td>Chicken, boneless, skinless thigh</td>
<td>1-5 pounds</td>
<td>1 cup</td>
<td>8-10 minutes</td>
<td>Poultry</td>
</tr>
<tr>
<td>Whole Chicken</td>
<td>3-5 pounds</td>
<td>2 cup</td>
<td>25-30 minutes</td>
<td>Poultry</td>
</tr>
<tr>
<td>Beef Stew Meat, 1 to 2-inch pieces</td>
<td>1-4 pounds</td>
<td>3 cup</td>
<td>35 minutes</td>
<td>Meat/Stew</td>
</tr>
<tr>
<td>Beef Chuck, pot roast</td>
<td>3-5 pounds</td>
<td>2 cup</td>
<td>60-90 minutes</td>
<td>Meat/Stew</td>
</tr>
<tr>
<td>Beef Short Ribs, bone-in</td>
<td>2-4 pounds</td>
<td>1 cup</td>
<td>45 minutes</td>
<td>Meat/Stew</td>
</tr>
<tr>
<td>Beef Meatballs</td>
<td>2 to 3-ounce balls</td>
<td>1 cup</td>
<td>5 minutes</td>
<td>Meat/Stew</td>
</tr>
<tr>
<td>Pork, loin roast</td>
<td>2-3 pounds</td>
<td>1 cup</td>
<td>30-35 minutes</td>
<td>Meat/Stew</td>
</tr>
<tr>
<td>Pork Shoulder/Butt</td>
<td>3-5 pounds</td>
<td>2 cup</td>
<td>90-120 minutes</td>
<td>Meat/Stew</td>
</tr>
<tr>
<td>Pork, baby back ribs</td>
<td>2½ pounds (2 racks)</td>
<td>1 cup</td>
<td>40-45 minutes</td>
<td>Meat/Stew</td>
</tr>
<tr>
<td>Pork Tenderloin</td>
<td>1-2 pounds</td>
<td>1 cup</td>
<td>7-10 minutes</td>
<td>Meat/Stew</td>
</tr>
<tr>
<td>Hard Boiled Eggs</td>
<td>4-8 eggs</td>
<td>1 cup</td>
<td>7 minutes</td>
<td>Steam</td>
</tr>
<tr>
<td>Medium Boiled Eggs</td>
<td>4-8 eggs</td>
<td>1 cup</td>
<td>7 minutes</td>
<td>Manual Level 1</td>
</tr>
<tr>
<td>Soft Boiled Eggs</td>
<td>4-8 eggs</td>
<td>1 cup</td>
<td>5 minutes</td>
<td>Manual Level 1</td>
</tr>
<tr>
<td>VEGETABLES/PRODUCE</td>
<td>Amount of Ingredient</td>
<td>Minimum Amount of Liquid</td>
<td>Time</td>
<td>Setting</td>
</tr>
<tr>
<td>--------------------</td>
<td>----------------------</td>
<td>--------------------------</td>
<td>---------------</td>
<td>---------------</td>
</tr>
<tr>
<td>Large Potatoes</td>
<td>1 large russet</td>
<td>1 cup</td>
<td>25-30 minutes</td>
<td>Steam Potatoes</td>
</tr>
<tr>
<td>Small Potatoes</td>
<td>2-3 inches wide</td>
<td>1 cup</td>
<td>10-15 minutes</td>
<td>Steam Potatoes</td>
</tr>
<tr>
<td>Cubed Potatoes</td>
<td>1 to 1½-inch cubes</td>
<td>1 cup</td>
<td>3-5 minutes</td>
<td>Steam Potatoes</td>
</tr>
<tr>
<td>Sweet Potato</td>
<td>1 large</td>
<td>1 cup</td>
<td>25-30 minutes</td>
<td>Steam Potatoes</td>
</tr>
<tr>
<td>Beets</td>
<td>2-2½ inches wide</td>
<td>1 cup</td>
<td>15-20 minutes</td>
<td>Steam Potatoes</td>
</tr>
<tr>
<td>Artichoke</td>
<td>1-2 medium whole artichokes</td>
<td>1 cup</td>
<td>15-20 minutes</td>
<td>Steam Vegetables</td>
</tr>
<tr>
<td>Asparagus</td>
<td>½ pound</td>
<td>1 cup</td>
<td>1 minute</td>
<td>Steam Vegetables</td>
</tr>
<tr>
<td>Brussels Sprouts</td>
<td>1 pound</td>
<td>1 cup</td>
<td>3-5 minutes</td>
<td>Steam Vegetables</td>
</tr>
<tr>
<td>Cauliflower, florets</td>
<td>1 large head</td>
<td>1 cup</td>
<td>2-3 minutes</td>
<td>Steam Vegetables</td>
</tr>
<tr>
<td>Carrots, 1-inch slices</td>
<td>½ pound</td>
<td>1 cup</td>
<td>2-3 minutes</td>
<td>Steam Vegetables</td>
</tr>
<tr>
<td>Carrots, whole</td>
<td>2-3 carrots</td>
<td>1 cup</td>
<td>3-5 minutes</td>
<td>Steam Vegetables</td>
</tr>
<tr>
<td>Corn, on the cob</td>
<td>2-3 cobs</td>
<td>1 cup</td>
<td>3-7 minutes</td>
<td>Steam Vegetables</td>
</tr>
<tr>
<td>Spinach</td>
<td>2 cups</td>
<td>1 cup</td>
<td>1-3 minutes</td>
<td>Steam Vegetables</td>
</tr>
<tr>
<td>Swiss Chard</td>
<td>2 whole leaves with stalks</td>
<td>1 cup</td>
<td>1-2 minutes</td>
<td>Steam Vegetables</td>
</tr>
<tr>
<td>Tomatoes</td>
<td>quartered</td>
<td>1 cup</td>
<td>2-3 minutes</td>
<td>Steam Vegetables</td>
</tr>
<tr>
<td>Broccoli, florets</td>
<td>½ pound</td>
<td>1 cup</td>
<td>2-3 minutes</td>
<td>Manual Level 1</td>
</tr>
</tbody>
</table>
Breakfast
Cinnamon Oats

YIELDS 6-8 SERVINGS

1 cup steel-cut oats
3 cups water
1 teaspoon ground cinnamon
Optional toppings: milk, honey, brown sugar, toasted nuts

PREP TIME: 5 minutes
COOK TIME: 25 minutes

1. ADD the steel-cut oats, water, and cinnamon into the Cosori Pressure Cooker.
2. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
3. SELECT Multigrain and press On/Start.
4. NATURAL RELEASE for 15 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.
5. STIR oatmeal and portion in bowls.
6. SERVE with milk, honey, brown sugar, toasted nuts, or other toppings of your choice.
Pumpkin French Toast Casserole  

YIELDS 4-6 SERVINGS

PREP TIME: 10 minutes  
COOK TIME: 25 minutes

3 eggs  
1 cup whole milk  
1 cup pumpkin puree  
½ cup sugar  
1 teaspoon vanilla extract  
1 teaspoon ground cinnamon  
A pinch ground nutmeg  
½ loaf French bread, cut into 1½-inch chunks  
Maple syrup, to taste

1. COMBINE all ingredients except for the bread and syrup in a 2-quart bowl that will fit in the Cosori Pressure Cooker.
2. WHISK together until well combined and sugar has disintegrated.
3. SOAK the bread in the mixture until bread is well coated.
4. PLACE a rack in the pressure cooker along with 2 cups of water. Place the casserole atop the rack.
5. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
6. SELECT Bake and press On/Start.
7. QUICK RELEASE when done cooking and carefully remove the lid. Remove the casserole from the pot.
8. DRIZZLE with maple syrup to desired amount and enjoy.
Entrées
Beef Stew

YIELDS 4-6 SERVINGS

PREP TIME: 10 minutes
COOK TIME: 40 minutes

2 tablespoons oil
2 pounds beef stew meat, cut into 1 to 1½-inch pieces
1 tablespoon flour
2 teaspoons salt
1 teaspoon pepper
1 tablespoon tomato paste
2 onions, chopped
4 carrots, chopped
4 celery stalks, chopped
2 garlic cloves, finely chopped
1 cup red wine
2 bay leaves
4 sprigs thyme
2 cups potato, cubed
2 teaspoons Worcestershire sauce
4 cups beef stock

1. SELECT the Sauté/Brown function on the Cosori Pressure Cooker, then Adjust to “More/High”, followed by On/Start. Add 1 tablespoon of oil to the pot. Allow the pressure cooker to heat up.
2. DREDGE the beef in flour, salt, and pepper until well coated.
3. ADD half of the coated beef mixture into the preheated pot in an even layer and brown.
4. BROWN the meat on each side for 5 to 7 minutes, allowing the meat to develop a brown crust on each side.
5. ADD 1 tablespoon of oil to the pot and repeat the browning process with the second half of the meat.
6. ADD all remaining ingredients. Stir until combined, scraping the bottom for any brown bits that may have stuck to the pot.
7. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
9. NATURAL RELEASE for 10 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.
10. SEASON with salt and pepper to taste.
**Mongolian Beef**

**PREP TIME:** 8 minutes  
**COOK TIME:** 26 minutes

- 2 tablespoons olive oil
- 2 pounds top sirloin or flank steak, quartered
- 1 teaspoon ginger, minced
- 2-3 garlic cloves, minced
- ½ cup water
- 1 cup soy sauce
- 1½ cups dark brown sugar
- 2 tablespoons cornstarch
- 3 tablespoons cold water
- Green onions, chopped, for garnish
- Sesame seeds, toasted, for garnish

1. **SELECT** Sauté/Brown on the Cosori Pressure Cooker and press On/Start. Allow the pressure cooker to heat up.
2. **ADD** the olive oil and meat in the pot and allow to brown for 1 minute.
3. **ADD** the ginger, garlic, water, and soy sauce to the pot. Mix well and press Stop/Cancel.
4. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.
5. **SELECT** Meat/Stew, and **Adjust** to “Less/Low”, and press On/Start.
6. **QUICK RELEASE** when done cooking and carefully remove the lid.
7. **SELECT** Sauté/Brown, add the dark brown sugar, mix well, and press On/Start. Allow the pressure cooker to heat up.
8. **MAKE A SLURRY** by mixing the cornstarch and cold water in a small bowl until well combined. Add the slurry to the pot and mix well.
9. **COOK** the beef until the sauce thickens to your desired consistency.
10. **TOP** with chopped green onions and toasted sesame seeds for garnish.

**YIELDS 3-4 SERVINGS**

**PREP TIME:** 8 minutes  
**COOK TIME:** 26 minutes

- 2 tablespoons olive oil
- 2 pounds top sirloin or flank steak, quartered
- 1 teaspoon ginger, minced
- 2-3 garlic cloves, minced
- ½ cup water
- 1 cup soy sauce
- 1½ cups dark brown sugar
- 2 tablespoons cornstarch
- 3 tablespoons cold water
- Green onions, chopped, for garnish
- Sesame seeds, toasted, for garnish
Baby Back Ribs

**PREP TIME:** 24 hours 5 minutes  
**COOK TIME:** 40 minutes

**DRY RUB**
- 2 tablespoons kosher salt
- ¼ cup paprika
- 2 tablespoons black pepper
- 2 tablespoons garlic powder
- 2 tablespoons onion powder
- 1½ tablespoons chili powder
- 1 tablespoon white sugar
- 1 tablespoon dark brown sugar
- 1 tablespoon ground mustard
- 1 teaspoon cayenne pepper
- 1 teaspoon cumin
- 1 teaspoon ground celery seed
- 1 teaspoon dried oregano

**RIBS**
- 1 rack (3-4 pounds) baby back ribs, quartered
- 1 tablespoon oil
- Barbeque sauce of choice

1. **MIX** all the dry rub ingredients until well combined.
2. **SEASON** the ribs with about 1 to 2 tablespoons of dry rub, until all the ribs are covered.
3. **WRAP** the ribs with plastic wrap and store in the fridge overnight.
4. **SELECT** Sauté/Brown on the Cosori Pressure Cooker and press On/Start. Allow the pressure cooker to heat up.
5. **ADD** the oil and allow to heat up for 30 seconds.
6. **BROWN** your ribs in the hot oil meat-side down, about 5 minutes. Remove them from the pressure cooker. You may need to work in batches.
7. **PLACE** a rack along with 1 cup water into the pressure cooker and arrange the ribs atop the rack.
8. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.
10. **NATURAL RELEASE** for 15 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove the lid.
11. **REMOVE** the ribs carefully from the pressure cooker and place onto a foil-lined baking sheet.
12. **BROIL** the ribs under a broiler with barbecue sauce of your choice and some more of the rub until a nice crust forms, about 5 to 10 minutes.

**YIELDS 3-5 SERVINGS**
Swedish Meatballs

PREP TIME: 10 minutes
COOK TIME: 15 minutes

1 pound ground beef
½ cup breadcrumbs
½ cup onion, minced
2 garlic cloves, minced
1 tablespoon parsley, chopped
½ teaspoon ground allspice
½ teaspoon ground nutmeg
½ tablespoon black pepper
½ tablespoon salt
1 egg
1 tablespoon olive oil
2 tablespoons butter
4 tablespoons all-purpose flour
2 cups beef broth
1 tablespoon Worcestershire sauce
1 teaspoon Dijon mustard
½ cup heavy cream
Salt & pepper, to taste
2 tablespoons parsley, freshly chopped

1 **MIX** the ground beef, breadcrumbs, onion, minced garlic, parsley, allspice, nutmeg, black pepper, salt, and egg until well combined.
2 **ROLL** the meat into 16 meatballs. Set aside in the fridge to cool.
3 **SELECT** Sauté/Brown on the Cosori Pressure Cooker, Adjust to 'More/High', and press On/Start. Wait for the pressure cooker to heat up.
4 **ADD** the oil and 1 tablespoon of butter, and allow to heat up for 30 seconds.
5 **BROWN** the meatballs for 5 minutes on each side. Work in batches. Set aside.
6 **ADD** the remaining tablespoon of butter and the flour to the pressure cooker. Whisk until flour is fully combined and cook for 2 minutes.
7 **WHISK** the beef broth, a little at a time, making sure there are no lumps. Mix in the Worcestershire sauce and Dijon mustard.
8 **PLACE** the meatballs back in the pressure cooker.
9 **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.
10 **SELECT** Meat/Stew, Adjust time to 5 minutes, and press On/Start.
11 **QUICK RELEASE** when done cooking and carefully remove the lid and mix in the heavy cream.
12 **SEASON** with salt and pepper and mix in the freshly chopped parsley.
13 **SERVE** on top of egg noodles or with a side mashed potatoes.

YIELDS 4 SERVINGS
Italian Meatballs

PREP TIME: 10 minutes
COOK TIME: 20 minutes
YIELDS 4 SERVINGS

½ pound ground pork
½ pound ground beef (75/25)
⅓ cup panko breadcrumbs, soaked in ⅓ cup whole milk
2 garlic cloves, minced
⅛ cup fresh oregano, chopped
1 egg, beaten
⅛ cup pecorino Romano cheese, grated, plus more to serve
⅛ cup extra-virgin olive oil
⅛ cup white wine
1 can (14.5 ounces) tomato sauce
Salt & pepper, to taste
⅛ cup parsley, chopped

1. **COMBINE** the ground beef, ground pork, bread crumbs, minced garlic, oregano, egg, and pecorino Romano cheese in a large bowl. Mix until well combined.

2. **ROLL** the meat mixture into medium sized meatballs. Set aside.

3. **SELECT** Sauté/Brown on the Cosori Pressure Cooker, Adjust to “More/High”, and press On/Start. Allow the pressure cooker to heat up.

4. **ADD** the oil to the preheated pressure cooker and allow to heat up for 30 seconds.

5. **BROWN** meatballs for 5 minutes on each side. You may need to work in batches.

6. **DEGLAZE** the pan by adding the white wine and scraping the bottom bits. Add in the tomato sauce and bring to a boil. Mix well.

7. **ADD** the meatballs back to the pot along with any juices from the meat.

8. **BOIL** the sauce for 5 to 10 minutes, until you achieve desired sauce consistency. Carefully remove the meatballs and set aside.

9. **SEASON** the sauce to taste with salt and pepper and mix in the freshly chopped parsley.

10. **SERVE** the sauce and meatballs on top of spaghetti or alone.
Southern Indian Beef Curry

YIELDS 4-6 SERVINGS

PREP TIME: 5 minutes
COOK TIME: 1 hour

6 tablespoons oil
1 beef chuck roast (2-3 pounds), cut into 1-inch cubes
4 garlic cloves, minced
½ white onion, chopped
½ cup tomatoes, chopped and drained
1 tablespoon ginger, grated
1 teaspoon garam masala
1 tablespoon ground turmeric
1 tablespoon ground cumin
1 tablespoon chili powder
1 tablespoon ground coriander
1 medium piper potato, chopped
2 cups coconut milk
A handful cilantro, freshly chopped

1. SELECT Sauté/Brown on the Cosori Pressure Cooker, add the oil, Adjust to “More/High”, then press On/Start. Allow your pressure cooker to heat up.
2. SEAR the meat in small batches for 2 to 3 minutes on each side until nicely browned. Take out of pot and set aside.
3. ADD in your minced garlic, chopped onion, tomatoes, and ginger. Mix well and cook for 5 minutes.
4. ADD in all the spices and mix well. Cook for 10 minutes, creating a paste.
5. PUT the beef back in the pot along with the potatoes and coconut milk.
6. SELECT the Meat/Stew function, set time for 35 minutes, and press On/Start.
7. NATURAL RELEASE for 15 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.
9. BOIL the curry until it reaches desired thickness.
10. SERVE curry over rice with some freshly chopped cilantro.
Braised Pork Shoulder

YIELDS 6-8 SERVINGS

PREP TIME: 10 minutes
COOK TIME: 1 hour 45 minutes

2 tablespoons coriander seeds, toasted
2 tablespoons cumin seeds, toasted
1 tablespoon caraway seeds, toasted
1 tablespoon chili powder
2 teaspoons kosher salt
1 teaspoon freshly ground black pepper
4-5 pounds boneless pork shoulder, halved
2 tablespoons olive oil
1 fennel bulb, sliced
1 large onion, sliced
4 garlic cloves, smashed and finely chopped
2-inch piece of ginger, peeled and sliced
4 cups dry white wine
⅛ cup Dijon mustard
3 bay leaves
1 bundle fresh thyme
3 rosemary sprigs
3 cups chicken stock

1. GRIND the coriander seeds, cumin seeds, and caraway seeds until finely ground.

2. MAKE THE SPICE MIX by combining the ground seeds, chili powder, kosher salt, and black pepper. Season the pork with all of the spice mixture.

3. SELECT Sauté/Brown on the Cosori Pressure Cooker, Adjust to "More/High", and press Cook Time. Using the +/- buttons, change the time to 27 minutes. Press On/Start. Wait until the pressure cooker has heated up.

4. ADD the olive oil and allow to heat up for 30 seconds. Brown the meat on each side for 12 minutes. You may need to work in batches. Remove the pork and set aside.

5. SAUTÉ the fennel, onion, garlic, and ginger in the pressure cooker. Cook for 1 minute.

6. DEGLAZE the pot by adding the white wine and mustard and cook for 1 minute, scraping off the bottom bits.

7. COOK THE AROMATICS by adding the bay leaves, thyme, rosemary, and chicken stock along with the pork shoulder. Press Stop/Cancel.

8. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.

9. SELECT Meat/Stew, Adjust the time to 1 hour and 45 minutes, and press On/Start.

10. NATURAL RELEASE for 15 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.

11. SERVE with roasted potatoes.
Spaghetti with Meat Sauce

YIELDS 5-6 SERVINGS

**PREP TIME:** 5 minutes  
**COOK TIME:** 7 minutes

- 2 tablespoons olive oil  
- 1 pound ground beef  
- 1 teaspoon kosher salt  
- ½ teaspoon black pepper  
- ½ cup onion, chopped  
- 2 garlic cloves, minced  
- 2 tablespoons Italian seasoning  
- ¼ teaspoon crushed red pepper  
- 1 jar (25 ounces) marinara or tomato sauce  
- 8 ounces dried spaghetti, halved  
- 2 cups water  
- Salt & pepper, to taste  
- Parmesan cheese, grated, for serving

1. **SELECT** Sauté/Brown on the Cosori Pressure Cooker, **Adjust** to ‘More/High’, then press On/Start. Allow the pressure cooker to heat up.
2. **ADD** the oil and allow to heat for 30 seconds.
3. **ADD** the ground beef, salt, and pepper. Break apart the ground beef and cook for 8 minutes. Press Stop/Cancel.
4. **MIX** in the onion, garlic, Italian seasoning, crushed red pepper, and tomato sauce. Mix well.
5. **LAYER** the spaghetti evenly on top of the sauce and cover with water.
6. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.
7. **SELECT** Meat/Stew, set time for 6 minutes, then press On/Start.
8. **QUICK RELEASE** when done cooking and carefully remove the lid. Mix well.
9. **SEASON** to taste with salt and pepper.
10. **SERVE** with buttery and toasty garlic bread and garnish with Parmesan cheese.
Chicken Tacos

**PREP TIME:** 5 minutes  
**COOK TIME:** 15 minutes

YIELDS 4-5 SERVINGS

| 1 | ADD all filling ingredients into the Cosori Pressure Cooker. Mix well. |
| 2 | SECURE THE LID on the pressure cooker, and make sure the pressure release valve is in the locked position. |
| 3 | SELECT Poultry on the pressure cooker and press On/Start. |
| 4 | QUICK RELEASE when done cooking and carefully remove the lid. |
| 5 | SHRED the chicken with a fork. |
| 6 | SERVE the chicken on tortillas with pico de gallo, guacamole, or other toppings of your choice. |

- 2 pounds frozen chicken breast  
- 1 yellow onion, chopped  
- 1 garlic clove, minced  
- 1 tablespoon olive oil  
- 1 can (10 ounces) fire roasted diced tomatoes  
- ¼ cup chicken broth  
- 1 tablespoon chili powder  
- 2 tablespoons taco seasoning  
- 1 teaspoon salt  
- ½ teaspoon black pepper  
- ¼ teaspoon ground cumin  
- Tortillas, for serving  
- Pico de Gallo, for topping (optional)  
- Guacamole, for topping (optional)
General Tso’s Chicken

YIELDS 3-4 SERVINGS

PREP TIME: 5 minutes
COOK TIME: 15 minutes

1½-2 pounds chicken breast, cubed
6 tablespoons rice wine vinegar
7 tablespoons soy sauce
¼ cup hoisin sauce
3 tablespoons brown sugar
¼ teaspoon ginger, grated
2 garlic cloves, minced
1 teaspoon red pepper flakes
2 tablespoons cornstarch
1 scallion, chopped

1. ADD the cubed chicken, rice vinegar, 6 tablespoons soy sauce, hoisin sauce, brown sugar, ginger, garlic, and red pepper to the Cosori Pressure Cooker, and stir well.

2. SECURE THE LID on the pressure cooker, and make sure the pressure release valve is in the locked position.

3. SELECT Poultry and press On/Start.

4. QUICK RELEASE when done cooking and carefully remove the lid.

5. SELECT Sauté/Brown and press On/Start.

6. WHISK the cornstarch and 1 tablespoon of soy sauce in a small bowl and add it to the pot. Mix well.

7. COOK until mixture turns thick and bubbly, about 2 minutes.

8. SERVE with chopped scallion.
Lemon & Herb Whole Chicken

YIELDS 4-5 SERVINGS

PREP TIME: 5 minutes  
COOK TIME: 25 minutes

1 whole chicken (5 pounds)  
2 teaspoons olive oil  
1 tablespoon butter, melted  
½ tablespoon kosher salt  
1 teaspoon freshly ground black pepper  
4 sprigs thyme  
2 sprigs rosemary  
½ lemon, sliced  
1 cup chicken stock

1. **WASH** the chicken with cold water and pat dry with paper towels.
2. **RUB** the chicken with oil and butter all over and underneath the skin of the breast.
3. **SEASON** the chicken with salt and pepper, making sure to season the cavity as well.
4. **STUFF THE CAVITY** with the thyme, rosemary, and lemon.
5. **TRUSS** the legs using kitchen twine, making sure the cavity is closed.
7. **BROWN** the chicken on each side for 5 minutes. Remove the chicken and set aside.
8. **ADD** 1 cup of chicken stock along with a metal rack to the pressure cooker. Place the chicken on the rack.
9. **SECURE THE LID** on the pot, making sure the pressure release valve is in the locked position.
10. **SELECT** Sauté/Brown, set the time to 20 minutes, and press On/Start.
11. **NATURAL RELEASE** for 10 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid. Carefully remove the chicken from the pot.
12. **BROIL** in a broiler or oven for 5 minutes, until skin on top is crispy and golden brown.
13. **SERVE** the chicken with the broth to keep the chicken moist, if needed.
Chicken Cacciatore

Prep Time: 10 minutes
Cook Time: 35 minutes

Yields 4-6 servings

6-8 bone-in chicken thighs, skin-on
2¼ teaspoons kosher salt
1¼ teaspoons freshly ground black pepper
½ cup all-purpose flour, for dredging
3 tablespoons olive oil
1 large red bell pepper, sliced
1 medium onion, chopped
10 ounces mushrooms, sliced
3 garlic cloves, minced
¾ cup dry white wine
1 can (28 ounces) diced tomatoes, with juice
¼ cup chicken stock
¼ cup black olives, pitted
3 tablespoons capers, drained
1½ teaspoons dried oregano
2 sprigs fresh thyme
Salt & pepper, to taste
Fresh basil leaves, for garnish

1. **Pat dry** the chicken thighs with paper towels and season with salt and pepper.
2. **Dredge** the chicken thighs in flour and remove any excess. Set aside.
3. **Select** Sauté/Brown on the Cosori Pressure Cooker, Adjust to 'More/High', and press On/Start. Allow the pressure cooker to heat up.
4. **Add** in 2 tablespoons of olive oil and allow to heat up for 30 seconds.
5. **Brown** the chicken, skin-side down, until the skin is golden brown, about 8 to 10 minutes. Cook the chicken on the other side, skin-side up, for 5 minutes. Set chicken aside. You may need to work in batches of two.
6. **Add** the rest of the olive oil, red bell pepper, onion, and mushrooms. Cook for 6 to 8 minutes, or until the vegetables have reduced in size.
7. **Add** the garlic cloves and white wine. Cook for 2 minutes. Then add the can of diced tomatoes, chicken stock, olives, capers, oregano, thyme, and the chicken along with any juices from the chicken to the pressure cooker. Mix well.
8. **Secure the lid** on the pot, making sure the pressure release valve is in the locked position.
9. **Select** Poultry and press On/Start.
10. **Natural release** for 10 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.
11. **Season** to taste with salt and pepper and garnish with fresh basil leaves.
Red Curry Lentils

PREP TIME: 3 minutes
COOK TIME: 20 minutes

YIELDS 6 SERVINGS

2 tablespoons butter
½ large onion, diced
2 tablespoons red curry paste
½ tablespoon garam masala
1 teaspoon curry powder
1 teaspoon ground turmeric
½ teaspoon ground cayenne pepper
2 garlic cloves, grated
1 teaspoon ginger, grated
1½ cups red lentils, washed and rinsed
1 can (14.5 ounces) tomato purée
2½ cups water
½ cup coconut milk
Salt & pepper, to taste

1. SELECT Sauté/Brown on the Cosori Pressure Cooker, Adjust to “More/High”, then press On/Start.
2. MELT the butter in the pot, then add the onions. Cook for 8 minutes, until onions have softened and become translucent.
3. MIX in the curry paste, garam masala, curry powder, turmeric, cayenne pepper, garlic, and ginger. Cook for 2 minutes.
4. ADD in the lentils, tomato purée, water, and coconut milk. Mix well.
5. SEASON to taste with salt and pepper.
6. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
7. SELECT Beans/Chili, change time to 10 minutes, and press On/Start.
8. NATURAL RELEASE for 15 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.
9. SERVE in bowls with some pressure cooked basmati rice.
Lemon Garlic Chicken

PREP TIME: 5 minutes
COOK TIME: 5 minutes

YIELDS 2 SERVINGS

2 boneless, skinless chicken breasts, 1-inch thick
2 tablespoons garlic powder
Salt & pepper, to taste
1 tablespoon olive oil
1 lemon, juiced

1 SELECT Sauté/Brown on the Cosori Pressure Cooker, Adjust to ‘More/High’, and press On/Start. Allow the pressure cooker to heat up.
2 SEASON the chicken on both sides with garlic powder, salt, and pepper.
3 ADD olive oil to the preheated pressure cooker. Allow to heat up for 30 seconds.
4 BROWN the seasoned chicken in the pot and cook for 3 to 4 minutes on each side.
5 REMOVE the chicken from the pot and juice your lemon over the chicken.
Spring Veggie Risotto

YIELDS 4-6 SERVINGS

PREP TIME: 10 minutes  
COOK TIME: 12 minutes

3 tablespoons butter  
1 shallot, finely diced  
2 cups Arborio rice  
4 cups mushrooms, sliced  
½ cup white wine  
4 cups chicken broth  
2 cups asparagus, cut into 1-inch pieces  
½ cup prosciutto, cut into thin ribbons  
2 cups pecorino Romano cheese, grated  
Salt & pepper, to taste

1 PREHEAT oven to 400°F.
2 SELECT Sauté/Brown on the Cosori Pressure Cooker, set time to 6 minutes, and press On/Start. Allow the pressure cooker to heat up.
3 ADD butter and allow it to melt, then add shallots. Cook for about 2 minutes, stirring frequently.
4 MIX in rice until well-coated in butter. Then add in mushrooms and stir.
5 ADD the white wine at the 1 minute mark, and cook until the rice absorbs all of the wine.
6 ADD the chicken broth once time is finished. Mix well.
7 SECURE THE LID to the pressure cooker, and make sure the pressure release valve is in the locked position.
8 SELECT White Rice and press On/Start.
9 BAKE your asparagus and prosciutto on a sheet pan in the preheated oven. Cook until asparagus is just softened and prosciutto begins to crisp, about 5 to 10 minutes.
10 QUICK RELEASE when done cooking and carefully remove the lid.
11 MIX in the pecorino Romano cheese and stir until melted.
12 SEASON to taste with salt and pepper.
13 SERVE the risotto with broiled asparagus and prosciutto on top.
Chicken Plov

YIELDS 6-8 SERVINGS

PREP TIME: 5 minutes
COOK TIME: 30 minutes

1 tablespoon olive oil
2 pounds bone-in chicken thighs, skin on
2 tablespoons butter
1 large onion, diced
2⅓ cups medium-grain brown rice, rinsed and drained
5 garlic cloves, minced
1 tablespoon salt
½ teaspoon black pepper
½ teaspoon ground cumin
½ teaspoon ground paprika
½ teaspoon ground coriander
2 bay leaves
3 cups chicken stock
3 large carrots, chopped

1 SELECT Sauté/Brown on the Cosori Pressure Cooker, Adjust to "More/High", and press On/Start. Allow the pressure cooker to heat up.
2 ADD the olive oil and allow it to heat up for 30 seconds.
3 BROWN the chicken thighs skin-side down until the skin is golden brown, about 10 minutes. Set aside. You may need to work in batches.
4 ADD the butter and onion and cook until the onions are slightly translucent, about 3 minutes.
5 ADD the rice, garlic, salt, black pepper, cumin, paprika, coriander, and bay leaves. Mix well. Cook for 2 minutes, until the rice is slightly toasted.
6 ADD the chicken stock and carrots. Mix well, and add the chicken and all its juices.
7 SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
8 SELECT Brown Rice, Adjust time to 28 minutes, and press On/Start.
9 NATURAL RELEASE for 20 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid. Mix well.
10 SERVE in bowls.
Lemon Herb Tilapia

PREP TIME: 15 minutes
COOK TIME: 5 minutes

YIELDS 2 SERVINGS

2 tilapia fillets, ½ to ¾-inch thick
Salt & pepper
4 sprigs fresh thyme
1 lemon, cut into 4 slices, no seeds
2 tablespoons extra-virgin olive oil
2 garlic cloves, thinly sliced
16 cherry tomatoes, halved
2 teaspoons bottled capers, drained

1. CREATE a foil square that is slightly larger than the inner pot, then fold up the edges to create a lip, similar to a small pan.
2. SEASON both sides of fish with salt and pepper, then place fish on the foil tray. Top each fillet with two sprigs of thyme and two slices of lemon.
3. SELECT Sauté/Brown on the Cosori Pressure Cooker, set time to 3 minutes, and press On/Start. Allow the pressure cooker to heat up.
4. ADD the oil and allow to heat up for 2 minutes. Add garlic to pot, stirring occasionally until pale gold and fragrant, about 30 seconds. Add tomatoes and capers and sauté until time finishes.
5. POUR the tomato mixture evenly over the fish.
6. FILL the pressure cooker with 3 cups of water, top with wire rack and foil pan of fish.
7. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
9. QUICK RELEASE when done cooking and carefully remove the fish from the pressure cooker.
10. SERVE fish and top with tomatoes and juices.
Gnocchi with Marinara

YIELDS 5-6 SERVINGS

PREP TIME: 20 minutes
COOK TIME: 1 hour 8 minutes

MARINARA
½ cup olive oil
4 garlic cloves
½ teaspoon crushed red pepper
1 can (28 ounces) whole, peeled San Marzano tomatoes, crushed
1 teaspoon sugar
Salt & pepper, to taste
3 tablespoons fresh basil leaves, chiffonade

1. SELECT Sauté/Brown on the Cosori Pressure Cooker, Adjust to “Less/Low”, and press On/Start. Allow pressure cooker to heat up.
2. ADD the olive oil, garlic cloves, and crushed red pepper. Cook for 5 minutes, making sure the garlic does not burn. Add can of San Marzano tomatoes. Press Stop/Cancel.
4. ADD the sugar and season to taste with salt and pepper.
5. ADD the fresh basil leaves and mix well.
6. BLEND until smooth in a blender and set aside for later use.
GNOCCHI

1 pound russet potatoes, whole and washed
1 cup all-purpose flour, sifted, more as needed
4 cups water
1 tablespoon kosher salt
A pinch black pepper
1 large egg, beaten
Fresh basil leaves, chopped, for garnish
Parmesan cheese, grated, for garnish

1. ADD 1 cup water along with the steamer rack to the Cosori Pressure Cooker and place the potatoes on top.
2. SELECT Steam Potatoes and press On/Start.
3. QUICK RELEASE when done cooking and carefully remove the lid.
4. REMOVE the potatoes from the pressure cooker carefully, and allow them to cool for 5 minutes. Peel the skin off carefully with the back of a paring knife.
5. RICE the potatoes through a ricer or a fine mesh strainer.
6. FOLD together the potatoes, flour, salt, and pepper until everything is well combined.
7. MAKE A WELL in the center and add the egg inside. Slowly work the flour into the egg until a ball of dough forms. Lightly knead it until the dough is soft and smooth.
8. LIGHTLY DUST your work surface with flour and divide dough into 4 balls. Shape each ball into a rope, ¾-inch in diameter, and cut each rope into 1-inch pieces.
9. SHAPE THE GNOCCHI using a gnocchi board or dinner fork. Use your index finger to hold a cut edge of a piece of gnocchi against the curved back of the tines of the fork. Press into the center of the gnocchi with your index finger to make a deep indentation. While you are pressing the piece against the tines, flip it away, over the tip of the fork, allowing the gnocchi to drop to the work surface. Cover the gnocchi with a hand towel to avoid them drying out.
10. ADD the water and salt to a clean inner pot.
11. SELECT Pasta/Boil and press On/Start. Allow the pressure cooker to heat up.
12. ADD the gnocchi to the boiling water and cook until they float to the top, about 2 to 3 minutes. Reserve ¼ cup of gnocchi water. Press Stop/Cancel.
13. DRAIN the gnocchi and set aside in a bowl, along with the 2 tablespoons of butter, and mix until butter is melted and coating all the gnocchi. Clean the inner pot.
15. ADD the sauce and reserved pasta water. Cook for 3 minutes.
16. ADD in the gnocchi and cook for 2 minutes in the sauce.
17. SERVE with freshly chopped basil and Parmesan cheese.
Appetizers
Quick Deviled Eggs

YIELDS 4 SERVINGS

PREP TIME: 5 minutes
COOK TIME: 7 minutes

6 eggs
¾ cup hummus
Salt & pepper, to taste
A pinch paprika
Chives, chopped, for garnish

1. PLACE the eggs on top of a steamer rack in the Cosori Pressure Cooker, along with 2 cups water.
2. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
4. QUICK RELEASE when done cooking and carefully remove the lid. Place eggs in a cool water bath.
5. REMOVE the shell from the cooled egg, cut the eggs in half, and remove yolk. Set egg white halves aside.
6. MIX together the cooked egg yolk and hummus until it’s smooth.
7. SEASON the yolk mixture to taste with salt and pepper.
8. FILL the hollowed egg white halves with the yolk mixture.
9. GARNISH with paprika and chives.
Hummus

YIELDS 6-8 SERVINGS

PREP TIME: 5 minutes
COOK TIME: 45 minutes

1 ½ cups dried chickpeas
3 cups water
2 teaspoons salt
1 teaspoon pepper
3 garlic cloves
½ teaspoon ground cumin
1 lemon, juiced
½ cup tahini
2 tablespoons extra-virgin olive oil, more for garnish
3 tablespoons water
½ teaspoon ground cumin
Paprika, for garnish

1 ADD the dried chickpeas, 3 cups water, salt, pepper, garlic, and cumin to the Cosori Pressure Cooker.
2 SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
3 SELECT Beans/Chili, set the time to 45 minutes, and press On/Start.
4 QUICK RELEASE when done cooking and carefully remove the lid.
5 DRAIN the chickpeas. Set aside.
6 BLEND the cooked chickpeas and garlic in a blender along with the lemon juice, tahini, extra-virgin olive oil, 3 tablespoons water, and cumin to a food processor. Blend until smooth.
7 SEASON to taste with salt.
8 SERVE with pita chips and garnish with paprika and a drizzle of extra-virgin olive oil.
Baba Ganoush

PREP TIME: 5 minutes
COOK TIME: 12 minutes

2 pounds eggplant, peeled and chopped
½ cup extra-virgin olive oil
½ cup tahini
2 garlic cloves
2 ½ tablespoons fresh lemon juice
¼ teaspoon ground cumin
A pinch smoked paprika
Salt & pepper, to taste
Pita bread, for serving

YIELDS 4 CUPS

1. **ADD** 1 cup water along with a steamer rack to the Cosori Pressure Cooker.
2. **PLACE** the eggplant pieces atop the steamer rack.
3. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.
5. **QUICK RELEASE** when done cooking and carefully remove the lid.
6. **BLEND** the steamed eggplant and all the ingredients in blender or food processor until smooth.
7. **SEASON** to taste with salt and pepper.
8. **SERVE** with a side of pita bread.
Steamed Artichoke

**YIELDS 2 SERVINGS**

**PREP TIME:** 5 minutes  
**COOK TIME:** 12 minutes

1 medium artichoke  
1 lemon wedge  
¼ cup extra-virgin olive oil  
1 garlic clove, minced  
Salt & pepper, to taste

1. **TRIM** most of the stem of the artichoke and cut about 1 inch off the top of each artichoke.  
2. **REMOVE** the lower petals by peeling them away.  
3. **RUB** the trimmed artichoke and stem with the lemon wedge to prevent browning.  
4. **PLACE** the artichoke, cut-side down, on a steamer rack in the Cosori Pressure Cooker with 1 cup water.  
5. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.  
7. **COMBINE** extra-virgin olive oil, garlic, salt, and pepper in a small bowl while artichoke is cooking. Set aside.  
8. **QUICK RELEASE** when done cooking and carefully remove the lid.  
9. **SERVE** steamed artichoke with garlic oil for dipping.
Soups
Classic Chicken & Vegetable Soup  

YIELDS 6-8 SERVINGS

**PREP TIME:** 15 minutes  
**COOK TIME:** 25 minutes

2 cups leeks, chopped  
1 cup carrots, chopped  
1 cup celery, chopped  
1 tablespoon garlic  
6 sprigs thyme  
1 tablespoon salt  
1 teaspoon black pepper  
1 whole chicken (3-4 pounds)  
1 cup white wine  
8 cups chicken broth or water  
1 cup zucchini, chopped  
½ lemon, juiced  
½ cup parsley, chopped

1. **ADD** the leeks, carrots, celery, garlic, thyme, salt, pepper, chicken, wine, and broth in the Cosori Pressure Cooker.  
2. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.  
4. **QUICK RELEASE** when done cooking and carefully remove the lid.  
5. **REMOVE** the chicken from the soup and place on a cutting board to cool. While the chicken is cooling, discard the sprigs of thyme.  
6. **ADD** zucchini, lemon juice, and parsley to soup.  
7. **DISCARD** the skin and bones from the chicken and cut meat into ½-inch pieces.  
8. **ADD** the chicken meat back into the soup and mix well.  
9. **SEASON** the soup to taste with salt and pepper.
Corn & Coconut Soup

**PREP TIME:** 15 minutes  
**COOK TIME:** 35 minutes

---

**CORN & COCONUT SOUP**

1 tablespoon coconut oil  
1 sweet onion, diced  
2 jalapeños, seeded and chopped  
1 cup cilantro stems, chopped  
2 teaspoons paprika  
2 limes, zested, juice reserved for relish  
6 corn cobs, kernels cut off  
Kernels from 2 corn cobs  
6 cups chicken broth  
2 cans coconut milk  
2 teaspoons salt  
1 teaspoon pepper

**CORN SALSA**

Kernels from 3 corn cobs  
3 tablespoons lime juice  
3 tablespoons cilantro, chopped  
2-3 jalapeños, seeded and finely chopped  
1 tablespoon shallot, finely chopped  
1 tablespoon olive oil  
Salt & pepper, to taste

---

1. **SELECT** Sauté/Brown on the Cosori Pressure Cooker and add coconut oil. Set the time for 15 minutes and press On/Start. Allow the pressure cooker to heat up.

2. **ADD** onions and stir to coat them in oil. Stir onions occasionally, about every 3 minutes, so that they caramelize.

3. **ADD** in the jalapeño, cilantro, paprika, and lime zest during the last 2 minutes of cooking. Stir occasionally until the time is done.

4. **ADD** the corn cobs, cut in half crosswise, kernels from 2 corn cobs, chicken broth, coconut milk, salt, and pepper. Stir until well combined, then press Stop/Cancel.

5. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.


7. **QUICK RELEASE** when done cooking and carefully remove the lid.

8. **DISCARD** the corn cobs and blend soup until smooth.

9. **SEASON** the soup to taste with salt and pepper.

10. **COMBINE** all salsa ingredients in a separate bowl. Season to taste with salt.

11. **SERVE** the soup in bowls and top with corn salsa.

---

**YIELDS 4-6 SERVINGS**
Chicken Tortilla Soup

YIELDS 4-6 SERVINGS

PREP TIME: 5 minutes
COOK TIME: 17 minutes

1 ADD the chicken broth, vegetable broth, tomato paste, taco seasoning, chili powder, cumin, salt, garlic, and onion into the Cosori Pressure Cooker. Mix well.
2 SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
3 SELECT Soup and Adjust to "Less/Low".
4 QUICK RELEASE when done cooking and carefully remove the lid.
5 SELECT Sauté/Brown and press On/Start. Allow the pressure cooker to heat up.
6 ADD the pre-cooked chicken and squeeze half of a lime into the cooker and stir. Cook for 2 to 3 minutes.
7 SERVE with tortilla strips and avocado.

4 cups chicken broth
2 cups vegetable broth
6 ounces tomato paste
1 packet of taco seasoning
2 teaspoons chili powder
1 tablespoon cumin
½ teaspoon salt
2 garlic cloves, minced
1 large onion, diced
1-2 pounds cooked chicken breast, cubed
½ lime, juiced
Tortilla strips, for serving (optional)
2 avocados, for serving (optional)
Simple Southern Chili

YIELDS 6 SERVINGS

PREP TIME: 10 minutes
COOK TIME: 24 minutes

2 tablespoons oil
1-2 pounds ground beef
½ teaspoon baking soda
1 tablespoon water
½ teaspoon seasoning salt
½ teaspoon lemon pepper seasoning
1 large onion, chopped
3 garlic cloves, minced
2 cans (14.5 ounces) crushed tomatoes
2 tablespoons chili powder
2 tablespoons ground cumin
2 teaspoons dried oregano
1 teaspoon garlic powder
½ teaspoon crushed red pepper
2 teaspoons salt
1 cup beef broth
1 pound pinto beans, canned and drained
1 pound black beans, canned and drained
Black pepper, to taste
Scallions, chopped, for garnish

1 SELECT Sauté/Brown on the Cosori Pressure Cooker, add the oil, and press On/Start. Allow the pressure cooker to heat up.
2 ADD the ground beef, baking soda, water, seasoning salt, and lemon pepper to the preheated pressure cooker. Mix and break apart the ground beef, evenly distributing the seasonings. Cook for 10 to 15 minutes.
3 ADD the onion and garlic to the mixture, mix well, and cook for 2 more minutes.
4 ADD the canned tomatoes, spices, salt, broth, and beans. Stir only slightly.
5 SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
6 SELECT Beans/Chili and press On/Start.
7 QUICK RELEASE when done cooking and carefully remove the lid.
8 MIX the chili for a few minutes, adding pepper to taste.
9 SERVE with chopped scallions on top.
Pasta Fagioli

PREP TIME: 10 minutes
COOK TIME: 4 hours

1 tablespoon olive oil
1 pound ground beef
2 whole carrots, diced
4 celery stalks, diced
1 medium red onion, diced
1 garlic clove, minced
1 can (28 ounces) crushed tomatoes
2 cups beef broth
2 whole bay leaves
1 teaspoon dried oregano
1 teaspoon dried basil
½ teaspoon dried thyme
1 can (15 ounces) cannellini beans, drained
1 cup gomiti pasta

1 SELECT Sauté/Brown on the Cosori Pressure Cooker, Adjust to ‘More/High’, and press On/Start. Allow the pressure cooker to heat up.
2 ADD the olive oil and ground beef to the pressure cooker. Cook for 10 minutes, until browned and no longer pink. Press Stop/Cancel.
3 ADD the rest of the ingredients, except for the beans and pasta.
4 SELECT Slow Cook and Adjust to ‘More/High’ to cook for 4 hours. Cover with glass lid and press On/Start.
5 STIR in the pasta and beans when 30 minutes remain on the timer. Cook for the remaining 30 minutes.
6 DISCARD the bay leaves when done cooking.
7 SERVE in bowls with slices of French bread.

YIELDS 8 SERVINGS
Sides
Mexican Black Beans

PREP TIME: 5 minutes
COOK TIME: 45 minutes

YIELDS 4-6 SERVINGS

2 cups dry black beans
1 onion, chopped
2 teaspoons olive oil
4 garlic cloves, chopped
1 tablespoon chili powder
½ teaspoon ground cumin
1 teaspoon smoked paprika
1 tablespoon salt
3½ cups water
1 lime, juiced

1. ADD the beans, onion, olive oil, garlic, chili powder, cumin, smoked paprika, salt, and water to the Cosori Pressure Cooker.

2. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.


4. NATURAL RELEASE for 15 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid. Add the juice of one lime and mix well.

5. SELECT Sauté/Brown and press On/Start. Cook to reduce the liquid as desired, stirring occasionally.

6. TASTE and add desired seasonings.
Mexican Rice

YIELDS 8 SERVINGS

PREP TIME: 4 minutes
COOK TIME: 8 minutes

2 tablespoons olive oil
1 onion, chopped
3 cups white rice
3 cups chicken broth
1 cup tomato paste
4 garlic cloves, minced
2 tablespoons ground cumin
Salt, to taste

1. **SELECT** Sauté/Brown on the Cosori Pressure Cooker and press On/Start. Allow the pressure cooker to heat up.
2. **ADD** the oil and chopped onions into the pot and cook for 5 minutes.
3. **ADD** the rest of the ingredients to the pot and mix well. Press Stop/Cancel.
4. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.
5. **SELECT** White Rice, Adjust to “Less/Low”, then press On/Start.
6. **RELEASE** the pressure once the cooking is done. Carefully open the pot. Stir and serve.
Cilantro Lime Rice

YIELDS 6 SERVINGS

PREP TIME: 3 minutes
COOK TIME: 11 minutes

2 cups long-grain white rice, washed and rinsed
2 cups water
4 tablespoons olive oil
1 garlic clove, minced
6 tablespoons cilantro, freshly chopped
1 lime, juiced

1. ADD the rice, water, 3 tablespoons olive oil, and garlic to the Cosori Pressure Cooker pot and mix well.
2. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
3. SELECT White Rice on the pressure cooker, Adjust to “Less/Low”, and press On/Start.
4. NATURAL RELEASE for 10 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.
5. ADD the last tablespoon of oil, chopped cilantro, and squeeze one lime on top. Mix well and season to taste.
Lemon Saffron Basmati Rice

YIELDS 6 SERVINGS

PREP TIME: 1 minute
COOK TIME: 7 minutes

3 tablespoons butter
1 large shallot, minced
A pinch saffron threads
2 cups basmati rice, washed and rinsed
1 teaspoon lemon zest
1 lemon, juiced
2 cups chicken stock or water

1. **SELECT** Sauté/Brown on the Cosori Pressure Cooker, then press On/Start.
2. **COOK THE AROMATICS** by melting the butter in the pot, then add the shallot and saffron. Cook for 3 minutes, stirring occasionally.
3. **ADD THE RICE** to the pot. Stir the rice to coat in the aromatic mixture, then add the lemon zest, lemon juice, and chicken stock.
4. **SECURE THE LID** to the pressure cooker, making sure the pressure release valve is in the locked position.
5. **SELECT** White Rice and press On/Start.
6. **NATURAL RELEASE** for 10 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.
7. **FLUFF THE RICE** using a fork.
Healthy Fried Rice

YIELDS 4-6 SERVINGS

**PREP TIME:** 10 minutes  
**COOK TIME:** 25 minutes

- 2 cups brown rice  
- 2½ cups water  
- 2 tablespoons soy sauce  
- 3 eggs  
- 1 garlic clove, minced  
- Salt & pepper, to taste  
- 2 teaspoons sesame oil  
- ½ cup frozen peas and carrots

1. **ADD** rice, water, and soy sauce to the Cosori Pressure Cooker.  
2. **SECURE THE LID** to the pressure cooker, making sure the pressure release valve is in the locked position.  
3. **SELECT** Brown Rice, **Adjust** to “More/High”, and press **On/Start**.  
4. **HEAT** a pan over medium heat while the rice is cooking.  
5. **WHISK** the eggs together with salt and pepper. Pour sesame oil in the pan, then add eggs and garlic. Stir until eggs scramble, then set aside.  
6. **NATURAL RELEASE** for 10 minutes when rice is done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.  
7. **MIX** in the veggies, eggs, and soy sauce to taste.  
8. **SEASON** to taste with salt and pepper.
Mushroom Brown Rice Pilaf

YIELDS 9-12 SERVINGS

PREP TIME: 10 minutes
COOK TIME: 20 minutes

1 tablespoon olive oil
1 cup onions, diced
3 cups brown rice, washed and rinsed
8 ounces mushrooms, sliced
4½ cups chicken stock
4 tablespoons butter
1 cup Parmesan cheese, grated

1. **SELECT** Sauté/Brown on the Cosori Pressure Cooker, add in your oil, and press On/Start. Allow the pressure cooker to heat up.
2. **ADD** the onions and sauté for 3 minutes.
3. **MIX** in the brown rice, mushrooms, and chicken stock. Press Stop/Cancel.
4. **SECURE THE LID** to the pressure cooker, making sure the pressure release valve is in the locked position.
6. **NATURAL RELEASE** for 10 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove the lid.
7. **TOSS** in the butter and Parmesan cheese. Mix thoroughly.
Garlic Broccoli

**PREP TIME:** 5 minutes  
**COOK TIME:** 3 minutes

2 heads broccoli  
1 tablespoon olive oil  
6 garlic cloves, minced  
Salt & pepper, to taste

1. **ADD** 1 cup water to the Cosori Pressure Cooker along with a steamer rack and place the broccoli on top.
2. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.
3. **SELECT** *Steam Vegetables*, Adjust to “Less/Low”, and press **On/Start**.
4. **QUICK RELEASE** when done cooking and carefully remove the lid and broccoli. Clean the inner pot.
5. **SELECT** *Sauté/Brown* and press **On/Start**. Allow the pressure cooker to heat up.
6. **ADD** olive oil and minced garlic to the pot. Stir for 30 seconds.
7. **CUT** the broccoli into pieces and add the cut broccoli to the pot. Cook for 30 more seconds.
8. **SEASON** to taste with salt and pepper.
Orange & Maple Glazed Carrots

YIELDS 4 SERVINGS

PREP TIME: 1 minute
COOK TIME: 7 minutes

1 1½ pounds of 5-inch long young carrots, rinsed and scrubbed clean, patted dry, carrot greens cut to 1 inch above top of carrot
2 2 tablespoons unsalted butter
3 ½ teaspoon salt
4 ¼ cup maple syrup
5 ⅓ cup orange juice
6 ½ teaspoon grated orange zest
7 A pinch cinnamon
8 Toasted walnuts, for garnish

1 ADD 1 cup water to the Cosori Pressure Cooker along with the steamer rack. Place the carrots atop the steamer rack.
2 SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
3 SELECT Steam Vegetables, Adjust to “Less/Low”, and press On/Start.
4 QUICK RELEASE when done cooking and carefully remove the lid. Remove carrots and set aside. Clean the inner pot.
5 SELECT Sauté/Brown and press On/Start. Allow the pressure cooker to heat up.
6 ADD the butter, salt, maple syrup, orange juice, orange zest, and cinnamon, and cook until it boils, about 5 minutes. Press Stop/Cancel.
7 ADD the carrots to the pot and coat with the glaze.
8 SERVE glazed with toasted walnuts on top for garnish and crunch.
Potato Salad

**PREP TIME:** 6 minutes  
**COOK TIME:** 10 minutes

**YIELDS 4 SERVINGS**

1 pound new potatoes, scrubbed  
1 cup water  
¼ cup Greek yogurt  
¼ cup buttermilk  
1 garlic clove, minced  
2 tablespoons lemon zest, grated  
2 tablespoons fresh dill, chopped  
Salt & pepper, to taste

1. ADD potatoes and water to the Cosori Pressure Cooker.  
2. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.  
3. SELECT *Steam Potatoes*, set the time for 5 minutes, and press *On/Start*.  
4. MIX the Greek yogurt, buttermilk, garlic, lemon zest, and dill in a large bowl until well combined. Set aside.  
5. NATURAL RELEASE for 10 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.  
6. DRAIN the potatoes. Slice them in half and toss in yogurt dressing. Season with salt and pepper to taste.  
7. SERVE the potato salad at room temperature.
Red Mashed Potatoes

YIELDS 6-8 SERVINGS

PREP TIME: 10 minutes
COOK TIME: 10 minutes

1 cup water
2 teaspoons salt
3 pounds red potatoes, halved
¾ cup whole milk, room temperature
6 tablespoons butter, softened
2 garlic cloves, minced
6 scallions, chopped
2 tablespoons fresh parsley, chopped
Black pepper, to taste

1. **ADD** water, salt, and potato chunks to the Cosori Pressure Cooker.
2. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.
3. **SELECT** Steam Potatoes, Adjust to “Less/Low”, and press On/Start.
4. **QUICK RELEASE** when done cooking and carefully remove the lid. Drain the water from the pot.
5. **MASH** the potatoes and add milk slowly, about 1 tablespoon at a time. Use the milk as desired, adding less milk for a chunkier mash and more milk for a smoother texture.
6. **MIX** in remaining ingredients, and continue mashing until desired texture is received.
7. **SERVE** immediately.
Coconut-Scented Quinoa

YIELDS 6-10 SERVINGS

PREP TIME: 5 minutes  
COOK TIME: 6 minutes

ADD all the ingredients except coconut chips to the Cosori Pressure Cooker. Mix well.

SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.

SELECT Multigrain, Adjust to "Less/Low", and press On/Start.

NATURAL RELEASE for 10 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.

FLUFF the quinoa with a fork and garnish with toasted coconut chips.

2 cups quinoa  
2 cups full fat coconut milk  
2 cups water  
½ cup toasted coconut chips, for garnish
Creamy Polenta

**YIELDS 4 SERVINGS**

**PREP TIME:** 1 minute  
**COOK TIME:** 10 minutes

1 cup polenta  
4 cups chicken stock  
¼ cup unsalted butter  
½ cup heavy cream  
1 cup Parmesan cheese, grated  
Salt & pepper, to taste

1. **ADD** the polenta and chicken stock to the Cosori Pressure Cooker.  
2. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.  
3. **SELECT** Multigrain and press *On/Start*.  
4. **QUICK RELEASE** when done cooking and carefully remove the lid.  
5. **WHISK** the polenta until it looks homogenous and creamy.  
6. **ADD** in the butter, heavy cream, and Parmesan cheese, and whisk until creamy and cheese is melted.  
7. **SEASON** with salt and pepper and top with more Parmesan cheese.
Sautéed Mushrooms

YIELDS 4 SERVINGS

**PREP TIME:** 5 minutes  
**COOK TIME:** 10 minutes

1 tablespoon olive oil  
2 tablespoons unsalted butter  
1 pound mushrooms, sliced  
1 tablespoon sherry vinegar  
2 tablespoons tarragon, freshly chopped  
Salt & pepper, to taste

1. **SELECT** Sauté/Brown on the Cosori Pressure Cooker, *Adjust* to 'More/High', and press *On/Start*. Allow the pressure cooker to heat up.

2. **ADD** the oil and butter and allow it to heat up for 30 seconds. Add the mushrooms and sauté until brown, about 8 minutes.

3. **MIX** in the sherry vinegar and tarragon. Cook for about 1 minute.

4. **SEASON** to taste with salt and pepper.
Pearled Barley Mediterranean Salad - YIELDS 4 SERVINGS

PREP TIME: 45 minutes  
COOK TIME: 30 minutes

BARLEY SALAD  
1 cup pearled barley, washed and rinsed  
4 cups water  
1 tablespoon olive oil  
½ teaspoon salt  
1 garlic clove, minced  
1 cup cherry tomatoes, halved  
1½ cups seedless cucumber, chopped

DRESSING  
2 tablespoons olive oil  
2 tablespoons red wine vinegar  
1 lemon, juiced  
1 tablespoon fresh basil, finely chopped  
1 tablespoon fresh oregano, finely chopped  
Salt & pepper, to taste

1. ADD the barley, water, olive oil, salt, and garlic to the Cosori Pressure Cooker.
2. SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
3. SELECT Multigrain, set the time for 30 minutes, and press On/Start.
4. NATURAL RELEASE for 10 minutes when done cooking. Release any residual pressure that may be left in the pressure cooker and carefully remove the lid.
5. DRAIN the barley from the pressure cooker and allow to cool down for 10 minutes.
6. WHISK together the dressing ingredients. Season to taste with salt and pepper.
7. TOSS the dressing into the barley, making sure the barley is well coated, and allow to marinate for 30 minutes.
8. MIX the cherry tomatoes and cucumber with the marinated barley.
Corn Sauté

YIELDS 6 SERVINGS

PREP TIME: 5 minutes
COOK TIME: 15 minutes

1 tablespoon vegetable oil
2 scallions, sliced
4 garlic cloves, minced
2 pounds corn, fresh or frozen
½ cup butter, cut into cubes
1 teaspoon chili powder
Salt & pepper, to taste

1. **SELECT** Sauté/Brown on the Cosori Pressure Cooker, add the oil, and press On/Start. Allow the pressure cooker to heat up.
2. **ADD** the scallions and garlic to the pressure cooker. Cook for 2 to 3 minutes, stirring continuously.
3. **ADD** corn and pieces of butter. Stir and cook for 5 to 8 minutes.
4. **ADD** the chili powder and mix well.
5. **SEASON** to taste with salt and pepper.
6. **SERVE** warm.
Dessert
Peach Cobbler

YIELDS 4-6 SERVINGS

PREP TIME: 2 minutes
COOK TIME: 20 minutes

Butter or nonstick baking spray, for greasing
1 can (15 ounces) sliced peaches
1 can (21 ounces) peach pie filling
1 box of yellow cake mix
½ cup butter, melted
1 teaspoon ground cinnamon
1 tablespoon brown sugar
Vanilla ice cream, optional

1. **GREASE** a 7.5-inch (48 ounce) ceramic ramekin with butter or nonstick baking spray. Set aside.
2. **MIX** the sliced peaches and peach pie filling. Add the mixture on the bottom of the ramekin and spread evenly. Set aside.
3. **COMBINE** the yellow cake mix, melted butter, cinnamon, and sugar in a separate bowl. Make sure all ingredients are well combined. The mixture should be thick and stiff.
4. **SPRINKLE** the yellow cake mixture on top of peaches.
5. **CREATE** a foil sling by folding a 20-inch long sheet of aluminum foil in half, lengthwise, twice, to create a 3-inch wide strip.
6. **PLACE** a rack in the pressure cooker along with 1 cup water. Place the peach and yellow cake filled ramekin atop the foil sling for easy insertion and removal from the Cosori Pressure Cooker. Lower the cobbler onto the rack, folding the sling inwards.
7. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.
8. **SELECT** Bake, Adjust to “Less/Low”, and press On/Start.
9. **QUICK RELEASE** when done cooking and carefully remove the lid. Remove the cobbler from the pot using the foil sling.
10. **SERVE** in a bowl with a scoop of ice cream.
Coconut Rice Pudding

PREP TIME: 2 minutes  
COOK TIME: 30 minutes

⅔ cup sweet glutinous rice  
3 cups coconut milk  
1 teaspoon vanilla extract  
1 egg  
⅓ cup white sugar  
1 cup coconut flakes

1. **POUR** your rice into the Cosori Pressure Cooker, along with your coconut milk and vanilla extract. Mix well.
2. **SECURE THE LID** on the pressure cooker, making sure the pressure release valve is in the locked position.
3. **SELECT** White Rice, set time for 25 minutes, and press On/Start.
4. **MIX** the egg and sugar until well combined in a small bowl. Set aside.
5. **NATURAL RELEASE** for 15 minutes when rice is done cooking. Release any residual pressure that may be left in the machine and carefully remove the lid.
6. **TEMPER** your egg mixture by ladling some coconut milk into your egg mixture and whisking it in. Repeat 3 times.
7. **WHISK** your tempered egg mixture into the pot and stir for 5 minutes.
8. **ADD** in the coconut flakes and mix well.
9. **SERVE** chilled or out of the pot warm.

YIELDS 6 SERVINGS
Salted Caramel Dessert

YIELDS 4-5 SERVINGS

PREP TIME: 1 minute
COOK TIME: 15 minutes

50 soft caramels, unwrapped
⅔ cup whole milk or heavy cream
⅔ cup mini marshmallows
Sea salt, to taste

1. **ADD** the soft caramels, milk, and marshmallows to the Cosori Pressure Cooker.
3. **STIR** the mixture frequently with a rubber spatula to prevent burning.
4. **COOK** the mixture for 10 to 15 minutes, or until everything is melted through.
5. **ADJUST** to “Less/Low” to keep caramel warm. Add sea salt, to taste.
6. **SKEWER, FORK, or SPEAR** your dipper, then dip into the pot and enjoy.

**SUGGESTED DIPPERS:** apples, pretzels, marshmallows, cookies, strawberries, chocolate
Rich & Decadent Hot Chocolate

YIELDS 4 SERVINGS

PREP TIME: 1 minute
COOK TIME: 10 minutes

3 cups whole milk
1 cup heavy cream
8 ounces dark chocolate bar, premium quality, minimum 60% cocoa
2 tablespoons sugar
2 cinnamon sticks
2 teaspoons vanilla extract
2 tablespoons cocoa powder
¼ teaspoon kosher salt
Marshmallows, for serving

1. ADD all the ingredients to the Cosori Pressure Cooker.
2. WHISK all the ingredients till they are well combined.
4. BRING the hot chocolate to a boil, about 10 minutes, and Adjust to ‘Normal/Medium’.
5. REMOVE the cinnamon stick.
6. SERVE in cups and top with some marshmallows.
**New York Cheesecake**

**PREP TIME:** 15 minutes  
**COOK TIME:** 57 minutes

**CRUST**
- 1 cup graham cracker crumbs  
- 1 tablespoon light brown sugar  
- 3 tablespoons melted butter  
- Butter or nonstick baking spray, for greasing

1. **PREHEAT** an oven to 350°F.  
2. **MIX** together the graham cracker crumbs, brown sugar, and butter until it resembles coarse sand.  
3. **LINE** the bottom of a 7x3-inch springform pan with an 8-inch round of parchment paper.  
4. **LOCK** in the collar of the springform pan, closing it onto the base.  
5. **LIGHTLY GREASE** the lined parchment pan with butter or a nonstick baking spray.  
6. **TRANSFER** the graham cracker crumb mixture to the pan. Firmly press it onto the bottom pan in an even layer, about ½-inch thick.  
7. **BAKE** the crust in the oven for 12 minutes. Carefully remove from the oven when finished baking and let cool.
CHEESECAKE
½ cup granulated sugar
1½ tablespoons cornstarch
A pinch salt
1 pound regular cream cheese, softened
¼ cup sour cream
1 teaspoon vanilla extract
2 large eggs

1 SIFT together the sugar, cornstarch, and salt. Set aside.
2 BEAT the cream cheese, sour cream, and sugar mixture together using an electric mixer. Beat until everything is well incorporated.
3 MIX in the vanilla extract.
4 ADD the eggs, one at a time, beating just until blended after each addition.
5 POUR the cheesecake batter onto the cooled crust. Gently tap the pan against the countertop to remove any air bubbles.
6 CREATE a foil sling by folding a 20-inch long sheet of aluminum foil in half, lengthwise, twice, to create a 3-inch wide strip.
7 PLACE the cheesecake atop the foil sling for easy insertion and removal from the Cosori Pressure Cooker.
8 ADD 1½ cups of water along with a metal rack to the pressure cooker and gently lower in the cheesecake inside, folding the sling inward.
9 SECURE THE LID on the pressure cooker, making sure the pressure release valve is in the locked position.
10 SELECT Bake, Adjust to "More/High", and press On/Start.
11 NATURAL RELEASE for 15 minutes when done cooking. Release any residual pressure that may be left in the machine and carefully remove lid.
12 REMOVE the cheesecake from the pressure cooker carefully and allow it to cool in the freezer for 4 to 8 hours.
13 UNLOCK the collar and use the parchment paper to easily move the cheesecake onto a serving platter.
White Chocolate Fudge

PREP TIME: 5 minutes
COOK TIME: 7 hours 10 minutes

YIELDS 8 SERVINGS

9 ounces caramel condensed milk
⅓ tablespoon vanilla extract
1 tablespoon butter
10 ounces white chocolate chips

1. **POUR** condensed milk, vanilla extract, butter, and white chocolate chips into the Cosori Pressure Cooker.
2. **COVER** the pot with the glass lid.
3. **SELECT** Slow Cook, set the time for 1 hour, and press On/Start.
4. **STIR** every 15 minutes to ensure even cooking and prevent burning.
5. **POUR** fudge into a parchment-lined tray when done cooking.
6. **COOL** fudge in the fridge for 5 to 6 hours.
7. **REMOVE** from the fridge and cut into desired pieces.
Looking For More?

We’re committed to providing you with a community to bring out the best inner home cooking chef in you. Share your recipes and join the conversation! We’re constantly posting fun ways to experience all of our Cosori devices.

Share Your Recipes With Us!

#ICOOKCOSORI

We’d love to see what you create. Join in the growing community of passionate home cooks for recipe ideas and healthy inspiration on the daily.