When Local Theater Company launches the 11th installment of its Spring Lab this weekend at Boulder’s Dairy Arts Center, the three-day festival of staged readings of new works, conversations and parties will signal a return to business as usual. The company’s signature event will be in-person, finally!

It also will serve as an exciting reminder that there is no such thing as “business as usual” in innovative theater-making. Change is welcome — and since the start of the pandemic and the social justice protests of 2020, it has been essential.

Among the changes at Local Theater has been the smooth but telling ascent of Nick Chase and Betty Hart over the past year, in their roles as co-directors of Local Lab, which now has year-round programming. The associate artistic director and marketing manager of the company, Chase is also a playwright and director. Hart, in addition to being a Local Theater associate artist, is an in-demand director and president of the Colorado Theatre Guild. When Local Lab 11 unfurls this weekend with its four main-stage readings, it will have been guided as much by them as by the company’s founder and artistic director, Pesha Rudnick.

In 2020, Local was among the handful of area theaters that leaned into the abyss created by the coronavirus pandemic and offered something to communities in need of the engagement and succor of theater. Others included the Cata Theater, while some will recommend a spot based on food, factoring in value, ambiance and service, I’m here to tell you that, in 2022 and beyond, restaurants are first and foremost about people and their livelihoods, and how both connect with diners. In Glo’s case, the people to know are

Yoga on the Rocks is back to full capacity this summer

By John Meyer The Denver Post

Yoga on the Rocks at Red Rocks Amphitheatre will return for its 16th annual summer series beginning in June, with tickets going on sale Friday, April 22, at 10 a.m.

Because of COVID-19, classes were limited to 175 people in 2020 and to 500 last summer. This summer, according to Red Rocks spokesman Brian Kirt, classes will be back to full capacity, which is 2,000.

Now this year, two of the classes will be bilingual for Spanish-speakers. Classes will be held all four Saturdays in June, three Saturdays in July (including Fourth of July weekend), and the first two Saturdays in August. Season passes will cost $80 and four-packs will cost $80. Single sessions are priced at $17.

SnowShape classes designed to help folks prepare for skiing and snowboarding season will be held the last two Saturdays in September and first two Saturdays in October.

By Lisa Kennedy Special to The Denver Post

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A Duchess Lured by ‘A Very British Scandal’

By Matthew Anderson


The Denver Post

Theater (FC)

A Duchess brought low by ‘A Very British Scandal’

‘We come together…’