



KIDSPORTS Coaches Pledge

As coaches, you determine the kind of experience our athletes have playing sports. KS is committed to the principles of Positive Coaching Alliance (PCA). KS expects you to be a Double-Goal Coach, who strives to win (one goal), while pursuing the more-important goal of teaching life lessons through team sports. (one goal)

AS a KS/PCA Double Goal Coach I pledge to:

- * Hold a parent meeting to discuss coaching your philosophy and honoring the game.
- * Model and Teach players to Honor the Game by teaching ROOTS – Respect for Opponents, Officials, Teammates, and one’s Self.
- * Teach players the ELM Tree of Mastery: (Effort, Learning, and bouncing back from Mistakes)
- * Reward effort, not just good outcomes. Recognize players even for “unsuccessful” efforts.
- * Encourage Players to set “Effort Goals” tied to how hard they try.
- * Seize teachable moments to talk to both players and parents about honoring the game.

Game Management:

- * KIDSPORTS games are part of the development zone. The development zone requires an environment conducive to learning. A learning environment allows for a positive youth sport experience for everyone involved in the game.
- * As a coach, I am responsible for creating an environment that is conducive to learning and safe for ALL kids to play in.
- * Honor the game by complying with the decisions of league officials and observe all KS rules, policies, and procedures.
- * Honor the game by maintaining self control in the face of adversity or when things are not going your way (sportsmanship).
- * Self control is the key; kids and parents are watching **YOU** and will follow your actions.
- * Focus on effort and process goals for team and individuals rather than outcome goals. (For example, winning)

Adopting these philosophies and actions will contribute to a positive, character-building youth sports experience for all the children in the KS program. Thank you for all of your time and effort as a KS/PCA volunteer coach.

Conduct outside of the KS/PCA coaches pledge may require a compliance meeting with KS staff to review and evaluate adherence to the KS/PCA Coaches Pledge and to determine future action and possible consequences.

I pledge to observe, practice, and uphold the KS/PCA Coaches Pledge.

Name _____ (please print)

Signature _____ Date _____