COVID-19 Volunteer & Field Guidelines

June 19, 2020

We value the health and safety of our volunteers and staff. Based on guidelines provided by the State of Utah’s Health Guidance System and the Centers for Disease Control and Prevention, working in the outdoors (“in the field”) is possible only if the following precautions and measures are strictly adhered to.

General Policies

- If you feel sick or unwell, please do not join us in the field. Symptoms include cough, shortness of breath, fever, chills, muscle pain, sore throat, loss of taste or smell, nausea, vomiting, and diarrhea.
- If you have underlying health conditions, please consider the risks posed by participating in any field activities.
- Wild Utah Project will not conduct any indoor activities until the risk is “New Normal” or “Green” (per State of Utah’s Health Guidance System).
- If guidelines can be strictly adhered to, we will allow outdoor activities if the risk is in the “Moderate” (Orange) or “Low” (Yellow) categories. If outdoor activities are conducted, the guidelines listed below must be adhered to.
- Volunteers or staff living in a “High Risk” or “Red” region are asked to not participate in outdoor activities.
- If field sites are in a “High Risk” or “Red” region, we will cancel the outdoor activity.

Travel

- For local sites, travel alone or only with people from your household.
- If you carpool with people outside of your household, limit carpooling to one other person in vehicle.
- If carpooling with someone from outside your household, follow these safety measures and precautions:
  - All passengers will wear a face mask while in the vehicle at all times.
  - Avoid using the air recirculation option in vehicles when possible. Use the vehicle’s vent system or roll down the windows of the vehicle as a mode of natural ventilation.
  - Clean and disinfect:
    - Carry disinfecting spray and/or disinfectant wipes in vehicle at all times.
    - Clean and disinfect all used/touched surfaces in the vehicle before and after transportation to site.
Appropriate disinfectants for hard non-porous surfaces include:

- Diluted household bleach solutions prepared and used according to the manufacturer’s label for disinfection if appropriate for the surface.
- Alcohol solutions with at least 70% alcohol.

In the Field

- Field activities will be limited to groups of 10 people or less.
- **Maintain a social distance of at least 6 feet** (about 2 arms’ length) from other volunteers or staff. The Center for Disease Control defines close contact as being within about 6 feet of a person while not wearing recommended personal protection equipment (PPE). Close contact also includes instances where there is direct contact with secretions while not wearing recommended personal protection equipment. Close contact generally does not include brief interactions, such as walking past a person.
- Volunteers assume responsibility for their health while volunteering with Wild Utah Project.
- For all outdoor activities, Wild Utah Project will ensure that face coverings and hand sanitizer are readily available.
- Avoid touching your eyes, nose, or mouth.
- Practice proper hand hygiene. Wash your hands regularly with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer containing at least 60% alcohol.
- Key times to clean hands include:
  - Before, during, and after preparing food
  - Before eating food
  - Before and after using the toilet
  - After blowing your nose, coughing, or sneezing
  - After handling passengers’ personal belongings, if unavoidable
  - After putting on, touching, or removing cloth face coverings
  - Before wearing and after removing cold-weather gloves
- Carry tissues to use when you cough, sneeze, or touch your face. Throw used tissues in the trash.
- Volunteers and staff who cannot follow these guidelines cannot participate in outdoor activities.

*Please note: Volunteers who participate in our field projects agree to follow these instructions and assume the risks of volunteering in the field, including COVID-related risks.*