This is a guide for selecting, framing, and communicating the intentions of a design project.

A design approach can be inserted into many junctures of almost any project. For example, iteration and making low-resolution prototypes is useful in nearly any work you do. Speaking to people for whom you are designing is never a bad idea. Start your practice by using design techniques in your current projects when they are useful.

When you are ready to take on a complete exploratory project using design, this guide is for you. It discusses what challenges are best suited for human-centered design, and how to scope and frame design projects. We hope you find it to be useful.

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How to start to use design?

The most important thing is to take action

A fundamental tenet of human-centered design is to do. Start using design by starting to do design. Integrate new behaviors and mindsets into your work, before feeling you need to formally “launch” your (or your organization’s) design practice. Declaring you and your team will be using a design approach can help bring intentionality to the way you work, and give permission to people to try on new behaviors. However, the declaration must be paired (or even preceded) by meaningful action.

Use pieces of design before doing a “full project”

You may have learned human-centered design as a process—like the d.school’s: empathy, define, ideate, prototype, and test—but you can use elements of design piecemeal. Get going without waiting for the “right” time or “right” project. Talk to a customer. Set up your space to facilitate a different way of working. Jump into a brainstorm. Synthesize information visually to build towards insights. Make a quick prototype and show it someone. Integrate design methods like these into your work everyday.

Once you have some success there, then you may want to take it up a notch and launch a design thinking project.

Do it yourself, before telling others to do it

Get some design cycles in yourself on real work before managing other folks’ design work. Once you get your own practice in, then involve others.

If you are a teacher, the same applies to you. How are you using this approach yourself to design the class experience, as well as asking students to try it?

Hey, want to start?

One place to start is to talk to people (like your customers, non-customers, and extreme users). Take some time to reach a level of deep understanding by listening to stories and getting into emotions.

A second thing to do right away is to make a prototype. Take 30 minutes or a couple hours (not days) to create a tangible prototype that you can show someone. Your goal should be to test your assumptions and thinking (not validate a solution).

Take a look at the Stanford d.school Bootcamp Bootleg, and check out the “Interview for Empathy” or “Prototype to Test” pages. See dbootleg.stanford.edu
What should I use design for?

Use design for human, subjective challenges
A human-centered design approach helps you excel in understanding how people think and act, and use that understanding to bring new clarity to the challenge by reframing it. The value of this is only relevant in problems that have to do with people. These problems are inherently subjective. If there is a universal right answer to your question – independent of individuals, circumstance, and culture – then you don’t have a design challenge.

That said, a human challenge need not be a consumer project. Just think about the people involved in your challenge and work to understand them (these could be your clients, partners, stakeholders, suppliers, fellow employees, etc.).

Use design for discovery
Design can be used for diverse work, but it is most easily adopted for the discovery phase of a project: when you are still seeking the meaningful problem to work on, or the right solution to pursue. So when you do take on a project, choose one in its early stages or one you want to really shake up.

Use design to question assumptions
Often, you will have experience in the challenge space, and you may have a (type of) solution, technology, or response in mind. Design is powerful here as an intentional approach to testing your ideas, and also the underlining assumptions in your thinking.

Are these human, subjective challenges?

Optimizing a turbine –
No. This is an engineering problem.

Creating a better vaccination process –
Yes. Patients, doctors, pharmacists, etc. are all human elements in this system.

Developing a higher efficacy vaccine –
No and yes. Medical science would be one approach to this challenge. At the same time, the effectiveness of a vaccine is determined by many human factors as well as the vaccine itself. Design has a role there.

Making a supply chain more efficient –
Maybe. Are there benefits to be gained by understanding the people involved in the design chain and their behavior? Then this could be a good design challenge.

Redesigning a website –
Yes, but . . . reframe it. Take a step back from the layout and coding of the website, and ask yourself what experience you trying to create for people. Then understanding your users becomes important, and design methodology becomes more useful.
What about my first real project?

Take on a product or service challenge, not a strategy- or systems-level challenge

Select a project that you can imagine being satisfyingly solved with singular products, services, experiences, or campaigns. While design can certainly be used for systems-level issues, start with a simpler challenge. The test for this is to ask yourself if the essence of solutions could be communicated in a single concept. If you imagine solutions to the challenge would require a blueprint, strategy, report, or list of principles to sufficiently communicate the basic idea, then it is likely a very difficult challenge for novice design thinkers.

The first, simpler project you choose may be a piece of the big project; doing a more narrowly focused project will increase traction and likely will benefit the larger challenge at hand.

Pick a project that is important but that has space for experimentation

Take on a project that has real consequence; one in which successes and failures matter. It has to matter enough for you to care to get it right. But you should also choose a project with more room for experimentation and rough patches. For example, maybe the project has lower direct financial risk, but has a high upside if you get it right. Perhaps it is a hard problem no one else wanted – thus the upside of a win is huge, but there is also more tolerance for speed bumps. The unwanted problem may also be ripe for a new approach.

Do not choose an area that you must exploit for maximum returns. A project of optimization rather than exploration is likely not a good fit for a first design project.

A difficult first project (strategy-level):
Design the new community center for teens is not possible to solve with a single event or offering. It may seem like a fun challenge with a relatively simple objective, but good solutions would likely contain principles for activities and curriculum and/or blueprints for the space. This level of abstraction and sophistication may not make for a good first design challenge.

That said, challenges can be scoped to a more manageable level, such as:

Better (more manageable):
Design a first day of our after-school program for new sixth graders or Redesign the activity space in the community center for teens open up many possibilities – but you can imagine singular events or physical things that would address the challenge. (In this case, having the physical building space dictated would be a hugely helpful constraint.)

Another example of difficult challenge (systems-level):
Redesign philanthropy for Muslim donors has similar difficulties. A singular event or service likely will not suffice. This challenge demands a strategy at best, if not a multi-stakeholder coordination and collaboration. This is a difficult first project.
What about my first real project?

Choose a project focused on end-users (the people that will use what you create)

Designing ‘things’ for people to ‘use’ is the most basic version of design. Designing things to help other create for, sell to, or serve others, often takes the level of complexity up. Even if your direct customers are not the end users, you might still consider focusing on those end users.

While some internal projects can be a great low-pressure place to start with design, make sure you still work on something that matters — and you treat it that way.

Avoid the broadly-scoped make-our-work-better projects like “Design more delight and satisfaction into our day at the office.” These projects tend not to have teeth. Particularly avoid internal projects for which you have no intention or plan to implement results.

Beware of high-level managerial mandates rebranded as design projects.

If you want a lighter internal project create an engaging, tightly scoped challenge for which you plan to implement results.

Designing internal processes can be good projects, particularly when there is a meaningful need to address, or when tied to a better customer or client experience.

Not good (too broad):
*Design how we can build more innovation into our work.*

or

*How do we make [insert corporate mandate] real on our teams?*

Good tightly scoped internal project:
*Design the entrance experience for new clients visiting our office*

Good internal processes projects:
*Redesign the way we create new marketing messages.*

*Redesign how we process expense reports (because right now it is just a pain for everyone).*
How should I scope a design challenge?

In general, constrain the challenge space, broaden the solution space

Typical instinct is to dictate the solution but leave the users and context ambiguous. Flip that.
Scope a project by giving bounds to the area to explore, not by dictating the solution space. Create design challenges that contain intriguing issues to learn more about. Think about redesigning experiences (verbs) not solutions (nouns).

Constrain the challenge space

A narrow framing of the challenge space (the playing field) is usually desirable, if done without dictating the solution or need. A narrow framing makes the project actionable, and allows the team to deeply understand one aspect of people’s lives. This may be counter-intuitive: powerful insights result from constraining the project space. The trick is to have a open mindset on that narrow area (and allow yourself to break the constraint if you find a fruitful opportunity outside of the original framing).

Don’t do this:

“We need a new website” dictates the solution, but gives zero direction for whom, for what purpose, and what experience.

All these are potential valid project scopes. The narrower scopes will help teams know where to focus and may prompt stronger insights and novel solutions. The broader scopes may yield a wider range of discoveries:
Redesign the experience of caring for one’s home for . . .
Redesign the home cleaning experience for . . .
Redesign the kitchen cleaning experience for . . .
Redesign the post-dinner cleaning in home kitchens for . . .

Also note that the scope of these are quite varied, yet none dictate the solution or user need.
How should I scope a design challenge?

Broaden the solution space
An open design challenge is one where neither the solution nor the form of the solution is known at the beginning. The solution could be a physical product, a new interface, an improved service offering, a new marketing message or a new space feature.

While all organizations and projects have constraints that dictate viable forms of solutions, err on the side of inviting varied solution possibilities. Consider that the assumed form of solution may not be the only or best one to achieve your goal.

Even if you do know the form of final solution (you know you are creating a physical tool for cleaning) it is still valuable to frame and approach the challenge as “figure out how to redesign the user’s experience of . . .” rather than “make a better . . . product.” It puts you much more in a discovery mindset.

Often organizations hold unstated assumptions. Consider if you need to explicitly remove those (implied) assumptions when you start the project.

Avoid embedding assumptions of the users’ needs
In the same way you should avoid presuming the solution, watch out for presuming the users’ needs to address. Frame the challenge to allow room to discover the human needs (the specific issues to take on) you could not have thought of before you engaged with the challenge.

Scope for excitement
Create challenges that are meaningful and engaging for your team. Take on a challenge with enough depth (not breadth) that you would likely surface compelling new information by speaking to and observing people.

For example, at your company the outcome of the Redesign the kitchen cleaning experience project may be assumed to be some sort of physical device or consumable product. But could it be a new training service, new storage products, or a website to help consumers select a product?

It may be worth considering these possibilities – both because of their own potential, and for the power of how they inform your more “expected” solutions.

Good:
Redesign the kitchen cleaning experience for . . .

Bad:
Redesign a better mop for . . .

Still limiting:
Redesign a better cleaning tool for . . .

Good:
Design a better kitchen cleaning experience for . . .

Here, the need may be too dictated:
Create ways to make bathroom cleaning take less time for . . .

Note that the former gives a specific area, but doesn’t dictate the problem to fix, whereas the latter assumes the experience is bad because it takes too long – which may or may not be the most meaningful issue for people.
A tool: Five elements to frame a challenge

Consider and articulate these five elements of your design challenge to frame the work:

**What**
What’s the challenge space? What human experience are you trying to affect? *(Not the solution to design.)*

**For whom**
For what group of people are you designing? Our tendency is to want to broaden this as much as possible (“All our customers” or “Teachers”); for shorter projects and for those with less experience it can be much more fruitful to narrow your focus with a specific user group. Even if you want to affect a broad group, you can scope your work by choosing a place to start (“New members of the Hillsdale location gym” or “Math teachers at Lincoln Elementary”).

**Context**
What are the important facts that are known, or insights already gained that set context and explain the challenge at hand and why it matters?

**Goals**
What are the explicit goals of the design team. This can be straightforward: “Bring a meaningful viable offering to market.” It can be more nuanced or short-term: “Get ten people to opt into . . .” or “Understand deeply the existing needs and beliefs of . . .”

**Assumptions**
Typically we are starting or advancing a project with a hunch about the opportunity in mind. Be explicit about the assumption behind the work. In other words, “What must be true (about our users) for this to work?” or “What hypothesis lead us to into this project that we need to test?”

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**What:**
*Redesign the ___ human experience ___ experience.*
or
*Create ways to ___ human action ___.*

Both of these are intended to frame efforts in terms of what you are doing for people (not the *thing* you are creating).

**For whom:**
For ___ user group ___;
*(while considering ___ other stakeholders ___).*

The second phrase (for other stakeholders) is optional but is an opportunity to acknowledge other important players.

**Context:**
*In a world where ___ context ___.*
or
*Keeping in mind ___ context ___.*

Avoid presuming the needs of people here, unless you have findings to support this stance. Often facts of the situation paint a good contextual picture. For example, “This group orders take-out on average 3 times a week,” instead of “People hate cooking.”

**Goals:**
*We aim to ___ outcome ___ (in the project / in this project phase).*

**Assumptions:**
*We need to test the assumption(s) that ___ claim ___.*
A tool: Five elements to frame a challenge

Each element is a lever
Notice that each of the five elements is a lever that can drastically change the challenge scope (both the topic and how broad or narrow). You goals is to bound the playing field in a specific way but leave room for discovery.

This is the art of scoping here. You need to create an actionable direction but also leave room for discovery and exploration. In the most open innovation work, you don’t know what solution or even what type of solution (event, campaign, service, product, digital platform . . .) will be most effective. The goal is not to eliminate ambiguity. Ambiguity is necessary to allow for new discovery. However, how you frame a challenge will affect how much ambiguity exists, and how much exploration will happen.

Another way to think about: Scoping will happen. It will happen either prior to the project or during the project. It may be more efficient to narrow the scope prior (save time by preventing wide investigation); but it may be more effective to narrow the scope during the project (allow a human-centered process to lead you to the most meaningful and fruitful opportunity).

Scope both the challenge space and for the design team
The first three elements describe the challenge space to be explored (focused on the user experience). In cases where you are framing a project for others (like student projects), these three may be enough to outline the challenge. (In fact, it may be better if the receiving team articulated the last two themselves.)

The last two elements describe the design team’s considerations: what are we trying to get done, and where do we need to check ourselves? For real world projects, these elements are important to agree upon as a team, and then state them.

As an example, focusing on the first three elements, consider the framing:
Redesign the SPORTS AND FITNESS experience for THE SERIOUS HIGH-SCHOOL ATHLETE in a world where THESE USERS ARE BEYOND CONSUMER-LEVEL GOODS BUT ARE NOT YET PROS
and note the difference in scope by adjusting one part:
Redesign the ATHLETIC SHOE BUYING experience for THE SERIOUS HIGH-SCHOOL ATHLETE in a world where THESE USERS ARE BEYOND CONSUMER-LEVEL GOODS BUT ARE NOT YET PROS
and again:
Redesign the ATHLETIC SHOE BUYING experience for YOUNG FEMALE ATHLETES in a world where THESE USERS ARE BEYOND CONSUMER-LEVEL GOODS BUT ARE NOT YET PROS
and changing the context:
Redesign the ATHLETIC SHOE BUYING experience for YOUNG FEMALE ATHLETES in a world where EXERCISE IS INCREASINGLY GOING BACK OUTSIDE
(Note: this framing embeds the assertion that supporting outside exercise is a fruitful direction. If you have findings that support this, great; just be aware of assumptions you’re imposing and do so with intentionality. You might also call this out in the ‘assumption’ part.)
**Work it now**

With the scoping guidelines in mind, use this five elements to create a challenge framing. Create five sentences, and adjust them to iterate the framing. Play and adjust each blank and notice how the scope changes. Use Post-its if it helps you write possibilities more uninhibitedly. Tweak the scaffolding sentences (the phrases given below) if needed.

<table>
<thead>
<tr>
<th>WHAT</th>
<th>CHALLENGE SPACE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Redesign the <strong>human experience</strong> experience.</td>
<td></td>
</tr>
<tr>
<td>or</td>
<td></td>
</tr>
<tr>
<td>Create ways to <strong>human action</strong>.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOR WHOM</th>
<th>TEAM CONSIDERATIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>For <strong>user group</strong>;</td>
<td></td>
</tr>
<tr>
<td>(while considering <strong>other stakeholders</strong>).</td>
<td></td>
</tr>
</tbody>
</table>

| CONTEXT | |
|---------|
| In a world where **context**. | |
| or | |
| Keeping in mind **context**. | |

| GOALS | |
|-------| |
| We aim to **outcome** (in the project /phase). | |

| ASSUMPTIONS | |
|-------------| |
| We need to test the **assumption(s) that** **claim**. | |
## Work it now

Two examples of challenge framings are shown here.

<table>
<thead>
<tr>
<th>Redesign the in-store sunglasses buying experience.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>For</strong> fashion-conscious women who update their style often; <em>(while considering</em> sales clerks and what part they might play).*</td>
</tr>
<tr>
<td><strong>Keeping in mind</strong> we’ve learned that physically trying on the glasses (an advantage over online buying) is hugely important to people.</td>
</tr>
<tr>
<td><strong>We aim to</strong> create new interactions, campaigns and/or space for buying glasses in our stores. By the end of this project we want to implement one solution in one of our stores.</td>
</tr>
<tr>
<td><strong>We need to test the assumption that</strong> customers have trouble finding and deciding on the right style of glasses.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Create ways to encourage residents of our city to register to vote.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>For</strong> those who are most disengaged from the political process (likely have never registered to vote before).</td>
</tr>
<tr>
<td><strong>In a world where</strong> we hear residents say they don’t feel connected to any candidates.</td>
</tr>
<tr>
<td><strong>We aim to</strong> test a number of solutions, and attempt to register at least 2,000 people in the three-month project.</td>
</tr>
<tr>
<td><strong>We need to test the assumption that</strong> people care about issues but don’t connect those to voting.</td>
</tr>
</tbody>
</table>
How to communicate a design challenge?

Communicating the project through the framing

How you frame a challenge is incredibly pivotal to how folks take on the work. Explicitly stating the challenge, with an intentional frame, sets the stage for all the work to follow. It is an opportunity to set the playing field, get everyone on the same page, and get people exciting about working on the project.

The five-elements tool on the previous page is a way to work out the scope of a project, but you may want to reword the result into a more engaging and clear directive.

For example:

Redesign the food purchase and eating experience. For poor, urban residents of Windward neighborhood. In a world where cost, access, and education affect choice. We aim to create and prototype intervention options (campaigns, products, engagements) and pilot one in the Fall. We need to test the assumption that cost of healthy food is the primary barrier to better eating.

could become:

Design ways to improve nutritional health of low-income residents of Windward. Engage members of the community to understand issues around cost, access, and nutritional awareness. Our assumption is that cost is the primary barrier to better eating for these individuals and families; test this. In this phase create and prototype intervention options, working toward choosing one or more to pilot by the Fall.
A PROJECT FRAMING CHECKLIST

Consider these criteria for your project framing:

☐ Have you tried on some behaviors (like empathy and rapid prototyping) on a current project before launching a new one?

☐ Project is a human, subjective challenge
   (understanding people is key to the project success)

☐ Project is geared toward discovery (not optimization)

☐ Challenge can be solved with a product, service, or event, not a strategy or system (for your first project)

☐ Framing doesn’t embed a solution

☐ Framing doesn’t (unintentionally) assume the form of the solution

☐ Framing doesn’t presume the users’ needs

☐ Goal of the project work is clear without dictating the specific solution outcome

☐ Do you and your team actually care about this challenge?
   (if not, why are you doing it?)