

Equipping For Life

Developing Spiritual Habits is one part of following Jesus for life.

By using the S.O.A.P. acronym you will know what Scripture to read, make some Observations about it, learn to Apply what you read to your life and give you a Pray point.

Along with S.O.A.P. memorizing one scripture a week will help you make Gods word's apart of your life.

S Genesis 37

O

1. What dreams did Joseph have?
2. How did Joseph's brothers react to those dreams? What did they do to Joseph?

A

When have you ever boasted about any award you've won, any expensive item you've bought or were given, or about something you've done? How was it received? Next time, how can you praise God for His goodness to you instead of boasting?

Day 1

P

Lord, I thank you for what You have given to me. May I always have a grateful heart.

Bible Memory

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! (2 Corinthians 5:17)

S Genesis 39

O

1. Who bought Joseph as a slave in Egypt? What was Joseph's job?
2. Joseph did not do anything wrong while in Potiphar's house, but what happened to him?

A

Joseph found himself as a slave and a prisoner far from home. In both cases Joseph did his best, worked hard, and had a good attitude. Ask God to help you recognize His Presence in a difficult situation. How can that help you have a good attitude and do your best?

Day 2

P

Lord, I'm learning that life can be unfair. During those times, I want to be like Joseph and trust You.

Bible Memory

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S Genesis 40

O

1. Who were the two men in prison who had dreams?
2. How did Joseph answer their question about the dreams in verse 8?

A

Joseph gave credit to God for his ability to interpret dreams. When you have a chance to talk about God to your friends, what do you do? If you need to change, what should you do?

Day 3

P

Lord, enable me to talk to others about You in a natural and easy way.

Bible Memory

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S Genesis 41

- O**
1. What were Pharaoh's two dreams about?
 2. What happened to Joseph after he told Pharaoh what the dreams meant and about the plan to save Egypt?

A Pharaoh did not know God, but he knew something was different about Joseph. When do others see Christ in your words and actions?

Day 4

P Lord, may I grow strong in spirit and get to know You more each day so others may see You in me. (Luke 1:80a)

Bible Memory

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S Genesis 42

- O**
1. Who came to Egypt to buy grain?
 2. Did they recognize Joseph?

A As second in command of Egypt, Joseph could have easily punished his brothers but he chose to give grace instead. Who can you show grace to even though they have wronged you?

Day 5

P Lord, I do not want to be overcome by evil, but I want to overcome evil with good. (Romans 12:21)

Bible Memory

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S Genesis 43

- O**
1. If Jacob's sons returned to Egypt, who were they to bring with them?
 2. In verse 9, what did Judah say to his father?

A When you accept responsibility, it builds character, confidence, and can earn the respect of others. Is there something you have done wrong and need to accept responsibility for? What do you need to do?

Day 6

P God, accepting responsibility for my actions is difficult, but it is the right thing to do. I want to do what is right.

Bible Memory

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S Genesis 44

- O**
1. Whose sack of grain had the cup? What was the punishment for having the cup?
 2. Who spoke up to defend the brothers?

A It took great courage for Judah to speak up because he could have been harmed. There are times to keep silent and there are times to speak up. Name a situation where you could speak up to defend someone.

Day 7

P Lord give me the boldness to say or do something when someone needs a friend to stand by them.

Bible Memory

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! (2 Corinthians 5:17)