

Equipping For Life

Developing Spiritual Habits is one part of following Jesus for life.

By using the S.O.A.P. acronym you will know what Scripture to read, make some Observations about it, learn to Apply what you read to your life and give you a Pray point.

Along with S.O.A.P. memorizing one scripture a week will help you make Gods word's apart of your life.

S Exodus 17

- O**
1. Who did Moses choose to lead the Israelites to fight?
 2. What happened when Moses lowered his arms? Who came alongside Moses to help?

A When Moses became tired, Aaron and Hur held up his arms to ensure victory. How can you help, and encourage a spiritual leader in your life? How can you pray for them?

P Lord, refresh and energize [name a spiritual leader(s)]. Send an encouraging word their way today.

Bible Memory

“Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.”
(Matthew 6:33)

Day 1

S Exodus 18

- O**
1. Who came to see Moses in the desert?
 2. What advice did Moses receive and what did Moses then do?

A Moses was spending too much time hearing complaints, so Jethro offered advice. After examining your life, what areas have you noticed where you are doing too much and need help? Who can you ask to help you?

P Lord let me know of any area in my life that is taking up too much of my time and show me anyone who could help.

Bible Memory

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(Matthew 6:33)

Day 2

S Exodus 19

- O**
1. What did God tell the people if they obeyed Him and kept His covenant?
 2. What were the people to do before they met with God?

A God was teaching the people to get their hearts and minds ready before they met with Him. What can you do to help you set aside the cares of everyday life before you meet with God? How can you prepare yourself spiritually to meet with God?

P Lord, You are powerful and holy. Thank you for caring about me and teaching me Your ways.

Bible Memory

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(Matthew 6:33)

Day 3

S Exodus 20

- O**
1. How many commandments did God give to the Israelites?
 2. What did Moses say to reassure the people in verse 20?

God selected the Israelites to be His representatives. He gave the people these commandments to teach them to live holy lives and to see His nature. What commandment can you be more intentional about following and how would you do that?

A

Day 4

P God, thank you for giving us the 10 Commandments to show us how to live and to keep us safe.

Bible Memory

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(Matthew 6:33)

S Exodus 24

- O**
1. What did Moses tell the people in verse 3 and how did the people respond?
 2. What did Moses do in verse 7 and how did the people respond?

When Moses told the people God’s laws, they replied “we will obey”. What is your reaction when asked to do something you don’t want to do? What changes do you need to make so that your first response is with obedience instead of defiance or disinterest? How can the desire to please the LORD change the way you respond to others?

A

Day 5

P Lord God give me understanding, and I will keep your word and obey it with all my heart. May my responses be pleasing to You. (Psalm 119:34)

Bible Memory

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(Matthew 6:33)

S Exodus 31

- O**
1. What did God give Bezalel and Oholiab?
 2. What were the two men instructed to make?

God gave Bezalel and Oholiab skills and abilities to complete specific tasks. He has also given you skills and abilities. Name at least 3 gifts God has given you. How can you use your gifts to glorify God?

A

Day 6

P Thank you Lord for giving me skills and abilities like (name your skills/abilities). Show me how to get better at using them so I can serve You.

Bible Memory

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(Matthew 6:33)

S Exodus 32

- O**
1. What did the people do that angered God and later angered Moses?
 2. How did Moses react to God’s anger toward the people of Israel?

We are often tempted as humans to lose patience waiting on the Lord for His will. The Israelites lost patience waiting for their leader Moses to come back and give them God’s instructions and chose to make idols to follow. When we focus on someone or something more than God, how can that lead us out of His perfect will for our life?

A

Day 7

P Lord, I know that Your will is the best for my life. Help me patiently wait for Your leading.

Bible Memory

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(Matthew 6:33)