

BREAKFAST ON THE RUN

Breakfast Served Until 3 Daily

BREAKFAST BOWLS

Maggie's Veggie Bowl: 7.99

Stoneground cheddar grits, mushrooms, spinach, peppers and roasted corn (gf)

West End Grit Bowl: 7.99

Stoneground cheddar grits, roasted red pepper sauce, turkey sausage, sunny side up egg and green onions (gf, contains nuts)

Cowgirl Bowl: 8.99

Stoneground cheddar grits, scrambled eggs, BBQ beef brisket, black bean, salsa and Heirloom cherry tomatoes (gf)

Buckster's Hash Bowl: 8.29

House-cured and roasted Pastrami, potatoes, peppers, parsley, green onion, cherry tomatoes, asiago (gf)

Maple Honey Nut Granola Bowl: 6.29

Vanilla yogurt, bananas, blueberries, strawberries, and house-made honey nut granola with Red Mill Gluten-Free Oats (gf)

GRUB

Durham

BREAKFAST SANDWICHES

WD's Original: 2.00

A house-made buttermilk biscuit with raspberry preserves

Best Bird Biscuit: 5.99

Crunchy chicken breast, maple pepper bacon, Mama's Bread Butter pickles and honey butter drizzle on a buttermilk biscuit

The Tiny: 4.99

House-made cashew and Peanut butter, bananas, and honey on a grilled wheat bagel

Country road: 5.29

Holiday roasted ham, Fried egg, melted sharp cheddar cheese, and Creole Mustard on a buttermilk biscuit

Cathi's Big Easy: 4.99

Fried or scrambled eggs with maple pepper bacon or sausage topped with cheddar cheese on a buttermilk biscuit

Wonder Woman Eats Her Veggies: 5.99

Flat Egg whites, roasted red pepper sauce, spinach, peppers, caramelized onions and mushrooms on Texas 3-seed

BREAKFAST PLATES

The Rocket - 7.99

Two eggs, any style, served with bacon or sausage (pork or turkey), taters or fruit, and a choice of bagel, biscuit or toast

Buttermilk Flapjacks - 7.29

A stack of three pancakes served with **Real Maple Syrup**

Add: Blueberry, Raspberry, Strawberry, Banana, Pecans, Chocolate Chips (1.00/each)

BREAKFAST BREADS

Assorted Muffins 1.75

Assorted Scones 2.50

Quick Breads 2.00

Donuts 2.00

Cinnamon Rolls 3.00

Donut Holes .50

Bagels 1.50

Cream cheese .50

Peanut butter .50

STOP FOR LUNCH

SANDWICHES & BURGERS

The 1200: 7.49

w/ choice of side
Smoked and pulled pork shoulder (Hickory Nut Gap Asheville), Tailgate slaw and Cheerwine barbecue sauce on a grilled brioche bun

TREYmendous Burger: 9.49

w/ choice of side
Half-pound Angus beef burger caramelized onions, lettuce, tomato, maple pepper bacon and sharp cheddar with our signature "Comeback" sauce, on a grilled brioche bun

Cubano Burger: 9.69

w/ choice of side
Half-pound Angus beef burger, with Holiday Ham, Mama's Bread and butter pickles, Havarti cheese, Lettuce and Mojo Sauce

South Paw: 5.99

Our smoked hot dog served with Tailgate slaw and house-made chips

The Barracuda: 8.99

w/ choice of side
Panko crusted Cod with cilantro, citrus mayonnaise and cucumber dill salsa on a Brioche Bun

Towson Bridge: 7.99

w/ choice of side
Beer-battered Shiitake and Oyster mushrooms w/ feta cheese, Sriracha ranch, and Mixed greens on toasted ciabatta

Side options:

Tailgate Slaw, Butter Bean Corn

Salad -or- Breakfast Potatoes

House Chips (+1.00)

Sweet Potato Fries (+1.00)

Cup of Soup (+2.00)

Gluten Free Bread (+1.00)

Jeweled Bird: 7.99

w/ choice of side
Rosemary-lemon roasted chicken salad combined with Duke's mayo, dried cranberries, pecans, mixed greens and Rosemary Au Jus on toasted Texas 3-seed

Mediterranean Tuna: 7.99

w/ choice of side
Mediterranean tuna salad with Artichokes, green olives, Mayo and Artisan greens on Toasted Texas 3-Seed

Gobble Down: 7.99

w/ choice of side
Roasted Turkey, Mama's Cranberry Relish, Artisan Lettuce and Havarti on Toasted Texas 3-Seed

Pauli's Pimento: 7.99

w/ choice of side
House made Pimento Cheese, Tomato and Maple-Pepper Bacon, grilled on Texas 3-Seed

Deviled Egg Salad: 7.29

w/ choice of side
GRUB's egg salad with mixed greens and tomato on Toasted Texas 3-seed

Maybelle's Pastrami: 8.99

w/ choice of side
House-made pastrami with sweet and sour beet relish, Havarti cheese and brown mustard on grilled sourdough

Side options:

House Chips 2.50

Sweet Potato Fries: 3.00

Breakfast Potatoes: 2.50

Fruit: 3.50

Butter Bean

Corn Salad: 2.50

Stone Ground

Cheddar Grits: 3.00*

* Served Until 3 Daily

SALADS & SUCH

Lancie's Lettuce Salad: 7.99

Artisan greens, Kohlrabi and Sweet and Sour Beet Relish, heirloom tomatoes, cucumbers and feta cheese served with Honey Balsamic Vinaigrette

Hazeline's Green Salad: 6.99

Artisan greens, carrots, Asiago and GRUB Biscuit Croutons served your choice of dressing

I've Been Chopped: 8.59

Artisan greens, heirloom tomatoes, maple pepper bacon bits, chopped egg, Gorgonzola, Spiced Pecans, GRUB biscuit croutons and cheddar tossed with your choice of dressing

Brookstown Salad: 8.99

Artisan greens, our Fried Chicken Breast, Cheddar, Black Beans, Salsa and Green onions served with your choice of dressing

Dressing Options:

Honey Balsamic Vinaigrette, Buttermilk Ranch, Sriracha Ranch, Cilantro Champagne Vinaigrette - or - Creamy Gorgonzola (extra dressing +.50)

SOUPS

GRUB Brunswick Stew: Small 3.99 / Large 5.69

Seasonal Vegetarian Soup (w/ cracker): Small 3.29 / Large 4.99

No Crackers: Just Ask **Extra Crackers:** 1.50

Sub Chips: 1.50 **Side of Crackers:** 3.00

SMOOTHIES

School Bus Breakfast: 5.29

Strawberries, Bananas, vanilla yogurt and honey

Blue Devil: 5.59

Home-made Peanut butter, blueberries, bananas, almond milk, and vanilla Whey protein

Nutty Professor: 5.59

Home-made Peanut Butter, Sliced Almonds, Almond milk, Chocolate Whey powder

Greena Colada: 5.29

Spinach, Mango, pineapples, banana, Coconut oil, Honey and ice

The Beet Goes on: 5.29

Bananas, Roasted Beets, Raspberries, Vanilla yogurt, skim milk, honey and lime juice

MILKSHAKES

Perry Wilson: 5.29

Iced Rocket Fuel with vanilla ice cream and GRUB-made chilled hot chocolate

Blueberry Cobble: 5.29

Vanilla ice cream, blueberries, cinnamon and a splash of maple syrup

Chocolate Raspberry: 5.29

Chocolate ice cream with chocolate syrup and raspberries

COFFEE DRINKS

Rocket Fuel GRUB Blend

roasted by Counter Culture

12 oz - 2.00 Refill - 1.00

16 oz - 2.50 Refill - 1.50

Iced Rocket Fuel

Chilled GRUB blend coffee over house-made GRUB coffee ice cubes

16 oz - 3.00

DESSERTS

Double Chocolate Cake: 4.99

Heath Bar "Mud Pie": 4.29

Carrot Cake: 4.99

Cookies: 1.50

KIDS MENU

PB&J: 5.29

w/choice of side
Homemade Peanut butter and Raspberry jelly on brioche

The Big Cheese: 5.29

w/choice of side
Cheddar on grilled sourdough

Lil' Oliver: 5.29

w/choice of side
Buttermilk Fried Chicken with ranch on a brioche bun

DRINKS

Bottled Water: 1.55

Mexican Coke: 2.25

Canned Soft Drinks: 1.50

Un/Sweet Tea: 1.75

Juice (OJ, Cran, Apple): 2.50

San Pellegrino/Perrier: 2.50

Milk: 2.25

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