

BREAKFAST ON THE RUN

Tuesday through Friday 7:30 am - 9 pm / Saturday & Sunday 8 am - 9 pm

BREAKFAST BOWLS

Maggie's Veggie Bowl: 7.99

Stoneground cheddar grits, mushrooms, spinach, peppers and roasted corn (gf)

West End Grit Bowl: 7.99

Stoneground cheddar grits, roasted red pepper sauce, turkey sausage, sunny side up egg and green onions (gf, contains nuts)

Cowgirl Bowl: 8.99

Stoneground cheddar grits, scrambled eggs, BBQ beef brisket, black bean, salsa and Heirloom cherry tomatoes (gf)



BREAKFAST SANDWICHES

WD's Original: 2.00

A house-made buttermilk biscuit with raspberry preserves

Best Bird Biscuit: 5.99

Crunchy chicken breast, maple pepper bacon, Mama's Bread Butter pickles and honey butter drizzle on a buttermilk biscuit

The Tiny: 4.99

House-made cashew and Peanut butter, bananas, and honey on a grilled wheat bagel

Country road: 5.29

Holiday roasted ham, Fried egg, melted sharp cheddar cheese, and Creole Mustard on a buttermilk biscuit

Cathi's Big Easy: 4.99

Fried or scrambled eggs with maple pepper bacon or sausage topped with cheddar cheese on a buttermilk biscuit

Wonder Woman Eats Her Veggies: 5.99

Flat Egg whites, roasted red pepper sauce, spinach, peppers, caramelized onions and mushrooms on Texas 3-seed

BREAKFAST PLATES

The Rocket - 7.99

Two eggs, any style, served with bacon or sausage (pork or turkey), taters or fruit, and a choice of bagel, biscuit or toast

Buttermilk Flapjacks - 7.29

A stack of three pancakes served with Real Maple Syrup

Add: Blueberry, Raspberry, Strawberry, Banana, Pecans, Chocolate Chips (1.00/each)

BREAKFAST BREADS

Assorted Muffins 1.75

Assorted Scones 2.50

Quick Breads 2.00

Donuts 2.00

Cinnamon Rolls 3.00

Bagels 1.50

Cream cheese .50

Peanut butter .50

STOP FOR LUNCH

SANDWICHES & BURGERS

1200 Burger: 7.49

w/ choice of side
Smoked and pulled pork shoulder (Hickory Nut Gap Asheville), Tailgate slaw and Cheerwine barbecue sauce on a grilled brioche bun

TREYmendous Burger: 9.49

w/ choice of side
Half-pound Angus beef burger caramelized onions, lettuce, tomato, maple pepper bacon and sharp cheddar with our signature "Comeback" sauce, on a grilled brioche bun

Cubano Burger: 9.69

w/ choice of side
Half-pound Angus beef burger, with Holiday Ham, Mama's Bread and butter pickles, Havarti cheese, Lettuce and Mojo Sauce

South Paw: 5.99

Our smoked hot dog served with Tailgate slaw and house-made chips

The Barracuda: 8.99

w/ choice of side
Panko crusted Cod with cilantro, citrus mayonnaise and cucumber dill salsa on a Brioche Bun

Towson Bridge Shrooms: 7.99

w/ choice of side
Beer-battered Shiitake and Oyster mushrooms w/ feta cheese, Sriracha ranch, and Mixed greens on toasted ciabatta

Side options:

Tailgate Slaw, Butter Bean Corn
Salad -or- Breakfast Potatoes
House Chips (+1.00)
Sweet Potato Fries (+1.00)
Cup of Soup (+2.00)
Gluten Free Bread (+1.00)

DELI SANDWICHES

Jeweled Bird: 7.99

w/ choice of side
Rosemary-lemon roasted chicken salad combined with Duke's mayo, dried cranberries, pecans, mixed greens and Rosemary Au Jus on toasted Texas 3-seed

Mediterranean Tuna: 7.99

w/ choice of side
Mediterranean tuna salad with Artichokes, green olives, Mayo and Artisan greens on Toasted Texas 3-Seed

Gobble Down: 7.99

w/ choice of side
Roasted Turkey, Mama's Cranberry Relish, Artisan Lettuce and Havarti on Toasted Texas 3-Seed

Pauli's Pimento: 7.99

w/ choice of side
House made Pimento Cheese, Tomato and Maple-Pepper Bacon, grilled on Texas 3-Seed

Deviled Egg Salad: 7.29

w/ choice of side
GRUB's egg salad with mixed greens and tomato on Toasted Texas 3-seed

Side options:

House Chips 2.50
Taters: 2.50
Fruit: 3.50
Butter Bean Corn Salad: 2.50
Stone Ground Cheddar Grits: 3.00

SOUPS

GRUB Brunswick Stew: Small 3.99 / Large 5.69

Seasonal Vegetarian Soup (w/ cracker): Small 3.29 / Large 5.29

No Crackers: Just Ask **Extra Crackers:** 1.50

Sub Chips: 1.50 **Side of Crackers:** 3.00

SALADS & SUCH

Lancie's Lettuce Salad: 7.99

Kohlrabi salad and Sweet and Sour Beet Relish, heirloom tomatoes, cucumbers and feta cheese served with Honey Balsamic Vinaigrette

Hazeline Green Salad: 6.99

Artisan greens, carrots, Asiago and GRUB Biscuit Croutons served your choice of dressing

I've Been Chopped: 8.59

Artisan greens, heirloom tomatoes, maple pepper bacon bits, chopped egg, Gorgonzola, Spiced Pecans, GRUB biscuit croutons and cheddar tossed with your choice of dressing

Brookstown Fried Chicken Salad: 7.99

Artisan greens, our Fried Chicken Breast, Cheddar, Black Beans, Salsa and Green onions served with your choice of dressing

Dressing Options:

Honey Balsamic Vinaigrette,
Buttermilk Ranch,
Sriracha Ranch,
Cilantro Champagne Vinaigrette
- or -
Creamy Gorgonzola
(extra dressing +.50)

Piper's Pickwich: 9.99 (choose three:)

Choose a half Deli-sandwich, soup, house salad or side item.

Deli Sandwich: Jeweled Bird, Deviled Egg Salad, Mediterranean Tuna, Gobble Down, Pimento Cheese

Sides: Butter Bean Corn Salad, Tailgate Slaw, House Chips, Soup, Brunswick Stew

SMOOTHIES

School Bus Breakfast: 5.29

Strawberries, Bananas, vanilla yogurt and honey

Blue Devil: 5.59

Peanut butter, blueberries, bananas, almond milk, and vanilla Whey protein

Nutty Professor: 5.59

Peanut Butter, Almond milk, Chocolate Whey powder

Greena Colada: 5.29

Spinach, Mango, pineapples, banana, Coconut oil, Honey and ice

The Beet Goes on: 5.29

Bananas, Roasted Beets, Raspberries, Vanilla yogurt, skim milk, honey and lime juice

MILKSHAKES

Perry Wilson - 5.29

Iced Rocket Fuel with vanilla ice cream and NOSH-made chilled hot chocolate

Blueberry Cobbler - 5.29

Vanilla ice cream, blueberries, cinnamon and a splash of maple syrup

Chocolate Raspberry - 5.29

Chocolate ice cream with chocolate syrup and raspberries

COFFEE DRINKS

Rocket Fuel GRUB Blend

roasted by Counter Culture

12 oz - 2.00 Refill - 1.00

16 oz - 2.50 Refill - 1.50

Iced Rocket Fuel

Chilled GRUB blend coffee

over house-made GRUB

coffee ice cubes

16 oz - 3.00

KIDS MENU

PB&J: 5.29

w/choice of side
Homemade Peanut butter and Raspberry jelly on brioche

The Big Cheese: 5.29

w/choice of side
Cheddar cheese on grilled brioche

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