‘Grandparents Doing It Tough’

A Monthly Support Group for Grandparents Raising Grandchildren and Grandparents Seeking Access to Grandchildren as a result of:

- Family Law Court Decisions
- Separation / Divorce
- Drug or Alcohol Addiction
- Illness / Disability
- Death / Suicide
- Mental Health

Meetings held 1st Friday of each month 10.30am -1pm
(or first Friday following school holidays)
Parish Centre, 7 Johnston Street Wagga Wagga

Grandparents face many challenges when confronted with the unexpected responsibility of caring for young children or teenagers

Including:
- Generational differences in parenting
- Loss of independence, and retirement plans
- Emotional and psychological issues
- Behavioural problems / lack of behavioural strategies
- Challenges with setting boundaries or establishing routines
- Social isolation
- Dealing with courts and the legal system
- Increased stress & financial hardship
- Decreased energy
- Child development issues
- Grief and loss
- Dealing with schools and advocating for children
- Holiday care activities / respite care
- Accessing community resources, especially for young people with disabilities

The Grandparents Group offers you:

- Understanding
- Friendship
- Shared experiences & knowledge
- Social activities (per term)
- Parenting strategies
- Support & advocacy
- Education
- Guest speakers

‘Grandparents Doing It Tough’ is proudly supported by
Centacare SW NSW

For further information please contact: (02) 6923 3888
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