

The Progress Women of Excellence Awards honours 5 inspirational women who play an important role in our community. One award will be presented per successful individual nomination for each of the following categories:

CATEGORIES OF PROFESSION / CAREER DESCRIPTIONS

Young Woman of Distinction

Women who demonstrate outstanding achievement in improving the lives of and inspiring activism of young women and girls in their communities. (May not exceed 25 years old as of December 31, 2019)

Entrepreneur/Business

Women whose outstanding achievement in entrepreneurial or business endeavours has led to successful business operations and/or success in breaking into new markets or fields.

Trail Blazer

Women who introduce new methods, ideas or products that made a significant impact in STEAM (Science, technology, engineering, arts, management), communications, education, science, research, health, management or community.

Philanthropic

Women who have made a significant impact in their community via their promotion of or support for the welfare of others.

Women in Uniform

Women who have distinguished themselves with significant contributions to their service in the military, police, fire or EMT.



NOMINATION PROCESS

To meet selection criteria, each nominee or group of nominees must:

- Have made a lasting contribution to her profession
- Made a significant contribution to the community as well as personal achievement
- Agree to be nominated and sign the nomination form
- Not be a previous winner in the category for which she is nominated
- ** for the Young Woman of Distinction award, the Recipient must not exceed 25 years of age as of December 31, 2019

THE NOMINATION PROCESS

The Women of Excellence Nomination is a two-tiered process:

Tier One:

 The Nominator submits the Nomination Form to highlight why their Nominee is a Woman of Excellence (maximum 1 page)
 The independent Selection Committee will review all nominations and short-list 3 Nominees per category

Tier Two for the Short-Listed Nominees:

- The Nominator and Nominee complete the full package
- The independent Selection Committee choose one Winner per Category
- Celebrate Winners at Women of Excellence Luncheon on April 2, 2020

THE NOMINATION PACKAGE

Tier One: Deadline November 8, 2019 (TBC)

- 1) A completed and signed Nomination Form (see page 4)
- 2) A completed one-page Highlights document (see page 5) maximum 1 page

Tier Two for the Short-Listed Nominees: Deadline January 10, 2020 (TBC)

3) Two <u>Letters of Support</u> (see page 6) explaining why you believe this woman or group is eligible for a Woman of Excellence Award. The letter should describe her leadership, participation and contributions in relation to the category in which she is being nominated. Each letter should speak to a different aspect of the individual, for example if the nominator is from the person's professional life, the second letter of support should be from the community service side. (Maximum 400 words)



NOMINATION PROCESS

- 4) A <u>biography of the nominee or group</u>, highlighting the nominee's accomplishments. Should the nominee be chosen as a recipient, **this will be used in publicity and will be printed in the** *Event Program*. The biography will include education, job experience and community involvement. (Maximum 100 words)
- 5) If selected, the nominee will be asked to submit a Photo 3" wide, 300 dpi, and JPG format.
- 6) <u>Optional:</u> Up to 3 extra pages of attachments, letters of support, media clippings, etc., may be submitted to support the nomination. No videos or products will be accepted. The materials must be in an electronic format and will not be returned.

THE SELECTION PROCESS

The Selection Committee is independent of the Canadian Progress Club Halifax Citadel. The Selection Committee is comprised of community leaders who are committed to an unbiased and focused review of all applications.

DEADLINES

Call for Nominations: September 25, 2019

Nomination Application Due: November 8, 2019

Tier One Selection: November 30, 2019
Tier Two Applications Due: January 10, 2020
Tier Two Winners Selected: February 14, 2020

Awarded at the Women of Excellence Luncheon: April 2, 2020 location TBC



SUBMISSION INSTRUCTIONS

- Nomination packages must meet all of the above criteria including the signed nomination form and photo. Packages not meeting the above requirements will not be presented to the selection committee.
- The completed package must be emailed to cpchcnominations@gmail.com.
- Electronic documents should be submitted in MS WORD format. Because a signature is required on the nomination form, it should be scanned, or an independent email sent from the nominee giving their permission for the nomination.
- The Nominating Committee will confirm receipt of each nomination via e-mail and will telephone
 all successful candidates and their nominators in each category for both Tier 1 and Tier 2.
 Unsuccessful candidates and their nominators will be contacted via email. This communication
 will be completed at the end of each Tier.
- The Committee reserves the right to move a nominee to a more appropriate category and to withhold an Award in any category. Nominations will be reconsidered for a second year at the request of the nominee. All recipients will be honoured at the **Progress Women of Excellence Awards Luncheon on April 2, 2020.**



Progress Women of Excellence Awards – April 2, 2020

TIER ONE REQUIREMENTS (FORM AND HIGHLIGHTS)

NOMINATION FORM

:	<u> </u>
Nominee Information	
Name	
Street Address	
City, Postal Code	
Home phone	
Work phone	
E-mail address	
Current Title	
Company / Organization	
Nominator Information	
Name	
Street Address	
City, Postal Code	
Home phone	
Work phone	
E-mail address	
Company / Organization	
Relationship to nominee	
Please check one category	Nominated Category:
	Young Woman of Distinction
	Entrepreneur/Business
	Trailblazer
	Philanthropic
	Military
e given permission to submit th	is nomination for a 2020 Progress Women of Excellence Areackage to stand for 2 years

(Signature of nominee)

Date: _____



Progress Women of Excellence Awards – April 2, 2020

HIGHLIGHTS

Please list the Nominee's Top 5 Professional Accomplishments:

1)
2)
3)
4)
5)
Please list the Nominee's Top 5 Community or Volunteer Accomplishments:
1)
2)
3)
4)
5)
Please list the Nominee's Top 2 Personal Accomplishments:
1)
2)



TIER TWO REQUIREMENTS (FULL PACKAGE)

LETTERS OF SUPPORT - SELECTION CRITERIA

Criteria weighting is broken down into three components – Leadership, Participation and Contribution. These three criteria provide a consistent framework in which to describe and assess the merits of a nomination. An appropriate balance among achievements of leadership, participation and contribution is needed to support recognition of excellence.

There are three categories of measurement: 1) Profession / Career; 2) Community; 3) Personal Achievements. Areas that may be considered in the development of a package are provided below. These lists are not all-inclusive and are meant only as a thought-provoking process:

1) Profession / Career in which they are being nominated (45% Weighted)

*For the Young Woman of Distinction, this could include Academic Accomplishments

- Made significant contribution i.e. changes made to standards, ideals, practices, legislation, etc.
- Brought attention to the industry/business or heightened awareness in the business world or community
- Breakthrough in a largely male industry or newer profession
- Growth or Impact in the profession/industry due to her contribution
- Professional Awards / Recognition
- Role model in the company / organization
- Breadth of experience of the individual which contributes to her excellence

2) Community (45% Weighted)

- Contributions to the community through her job
- Individual contributions (i.e. time) to charitable organizations or people in need
- Committee work (business related or volunteer)
- Community Awards / Recognition
- Role model in the community (i.e. well known, recognized as a leader/reputable)

3) Personal Achievements (10 % Weighted)

- Met a personal goal (i.e. marathon, finished university)
- Balance of life (family / profession)



Getting To Know You:

Please answer the following questions:

- What is the biggest impact you feel you have made on the world, or where you have made a difference in the life of one person?
- Why do you do what you do? What is your "why"?
- What is your goal for the future? What do you want to achieve next?
- What do you want to be remembered for?
- Who has made the biggest impact on your life and how?

The Selection Committee evaluates the nominee on the same criteria within a rating system. Each Selection Committee member is provided with a copy of the submission for review. The documents are provided to each Selection Committee member without any embellishments; that is, all items are presented in **black and white print**. At the committee meeting there is a joint review of the submissions. *Please note that the members of the Selection Committee are representatives from the community, external to the Canadian Progress Club Halifax Citadel*.



Past Women of Excellence recipients:

Year	First	Last	Category
1992	Marcella	Abugov	Entrepreneur/Innovator
2014	Suzanne B.	Achur	Management & the Professions
2015	Michelle	Adams	Entrepreneur/Innovator
2015	Jane	Adams Ritcey	Entrepreneur/Innovator
2014	Sherri	Aikenhead	Communications & Public Affairs
2012	Janice	Ainsworth	Management & the Professions
1993	Suezan	Aitkens	Arts & Culture
2001	JoAnne	Akerboom	Education & Research
2015	Faten	Alshazly	Communications & Public Affairs
2011	Donna	Alteen	Entrepreneur/Innovator
2015	Dr. Jenine	Arab O'Malley	Health, Sport & Wellness
2008	Marina	Atwell	Entrepreneur/Innovator
2008	Diane	Bailey	Health, Sport & Wellness
2014	Ulrike	Bajr Gedalia	Entrepreneur/Innovator
2004	Lesley	Barnes	Health, Sport & Wellness
2006	Cheryl	Bartlett	Education & Research
2009	Jodi	Bartlett	Management & the Professions
2013	Patty	Baxter	Communications & Public Affairs
2003	Dr. Wendy	Bedingfield	Health, Sport & Wellness
1991	Laura	Bennet	Management & the Professions
2006	Wanda	Bernard	Education & Research
2007	Delvina	Bernard	Education & Research
1994	Pamela	Birdsall	Arts & Culture
1997	Sheila	Blair	Management & the Professions
1992	Barbara	Blouin	Education & Research
2006	Suzanne	Bona	Management & the Professions
2007	Holly	Bond	Entrepreneur/Innovator
2006	Carol	Bond	Health, Sport & Wellness
2013	Paula	Bond	Management & the Professions
2017	Christine	Bonnell-Eisnor	Management & the Professions
2008	Carol	Boudreau	Management & the Professions
2013	Jessica	Bowden	Entrepreneur/Innovator
2013	Linda	Brigley	Entrepreneur/Innovator
2012	Wendy	Brookhouse	Entrepreneur/Innovator
2014	Christa	Brothers	Management & the Professions
2016	Rachel	Brouwer	Young Woman of Distinction
2015	Gina	Brown	Communications & Public Affairs
2005	Dr. Sheila	Brown	Management & the Professions
2015	Carol	Bruneau	Arts & Culture
2009	Lea Anne	Bryden	Communications & Public Affairs
1999	Lynn	Buckley	Entrepreneur/Innovator
			Management & the Professions



2011	Jeanie	Burke	Entrepreneur/Innovator
2011	Barbara	Butler	Arts & Culture
2006	Dr. Judy	Caines	Health, Sport & Wellness
	•		
2007	Mary	Cameron Kelly	Management & the Professions Arts & Culture
2001	Barbara	Campbell	
2000	Kate	Carmichael	Communications & Public Affairs
2007	Glenda	Carson	Health, Sport & Wellness
2010	Dr. Margaret	Casey	Health, Sport & Wellness
1995	Ann	Caverzan	Entrepreneur/Innovator
2009	Mufaro	Chakabuda	Arts & Culture
2012	Dr. Christine	Chambers	Education & Research
1990	Elizabeth	Chard	Health, Sport & Wellness
2013	Dr. Jill	Chorney	Education & Research
2011	Tracy	Cipryk	Health, Sport & Wellness
2000	Dr. Louise	Cloutier	Health, Sport & Wellness
2013	Emma	Cochrane	Young Woman of Distinction
1997	Yvonne	Colbert	Communications & Public Affairs
2017	Gina	Connell	Communications & Public Affairs
2012	Krista	Connell	Management & the Professions
2011	Martha	Cooley	Arts & Culture
2010	Pam	Cooley	Entrepreneur/Innovator
2014	Habiba	Cooper Diallo	Young Woman of Distinction
2015	Kerry	Copeland	Health, Sport & Wellness
1999	Francene	Cosman	Communications & Public Affairs
2008	Mariana	Cowan	Entrepreneur/Innovator
2015	Dr. Martha	Crago	Education & Research
1995	Liz	Crocker	Entrepreneur/Innovator
2005	Susan	Crowe	Arts & Culture
1996	Jeanne	Cruickshank	Management & the Professions
2011	Dr. Peggy	Cunningham	Education & Research
2009	Ava	Czapalay	Education & Research
2016	Cathy	Deagle-Gammon	Health, Sport & Wellness
2019	Sherry	Dean	Women in Uniform
2014	Alison	DeLory	Communications & Public Affairs
2004	Sarah	Dennis	Management & the Professions
2013	Sarah	Devereaux	Management & the Professions
2015	Hon. Lena M.	Diab	Management & the Professions
1991	Kaye	Dimock Pottie	Arts & Culture
2019	Star	Dobson	Philonthropic
2007	Ann	Dodge	Health, Sport & Wellness
2008	Penny	Doherty	Arts & Culture
2005	Mary-Lou	Donnelly	Education & Research
2010	Cassandra	Dorrington	Entrepreneur/Innovator
2005	Lisa	Drader Murphy	Entrepreneur/Innovator
2011	Faith	Drinnan	Communications & Public Affairs
2016	Dr. Gail	Eskes	Education & Research
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2040	Letter	1 =	Awards
2010	Tina	Faraca	Management & the Professions
2001	Jane	Farquharson	Health, Sport & Wellness
2007	Pernille	Fischer Boulter	Communications & Public Affairs
2014	Maryann	Fisher MacDonnell	Education & Research
2011	Laura	Fitzpatrick	Young Woman of Distinction
2010	Deirdre	Floyd	Health, Sport & Wellness
1992	Debi	Forsyth-Smith	Communications & Public Affairs
1998	Marjorie	Fougere	Entrepreneur/Innovator
2006	Sheila	Fougere	Management & the Professions
2014	Hon. Myra	Freeman	Life Time Achievement
2013	Karen	Furneaux	Health, Sport & Wellness
2005	Farida	Gabbani	Health, Sport & Wellness
2009	Johanna	Galipeau	Young Woman of Distinction
1999	Prof. Peggy	Gallant	Health, Sport & Wellness
2010	Catherine	Gaulton	Management & the Professions
2015	Heather	Gibson	Arts & Culture
2007	Susan	Gibson Garvey	Arts & Culture
1994	Cheryl	Gillet	Health, Sport & Wellness
2005	Dr. Angela	Gillis	Education & Research
2000	Andrea	Gillis	Management & the Professions
2011	Dale	Godsoe	Arts & Culture
2009	Ruth	Goldbloom	Life Time Achievement
2014	Dr. Elaine	Gordan Cragg	Health, Sport & Wellness
2004	Andree	Gracie	Arts & Culture
2005	Ineke	Graham	Arts & Culture
2010	Dr. Janice E.	Graham	Education & Research
2012	Lana	Grant	Arts & Culture
2013	Shauntay	Grant	Arts & Culture
2014	Vicky	Grant	Arts & Culture
1995	Dorothy	Grant	Communications & Public Affairs
2009	Margie	Grant Walsh	Education & Research
1991	Dr. Jean	Gray	Education & Research
1996	Roselle	Green	Communications & Public Affairs
2002	Dr. Frances	Gregor	Education & Research
2005	Jennifer	Gullivan	Communications & Public Affairs
1993	Dr. Joni	Guptill	Health, Sport & Wellness
1996	Sylvia	Hamilton	Arts & Culture
1994	Linda	Hamilton	Education & Research
2005	Barbara	Hamilton-Hinch	Education & Research
2011	Dr Camille	Hancock Friesen	Health, Sport & Wellness
2019	Cheyenne	Hardy	Young Woman of Distinction
2004	Vicky	Harnish	Communications & Public Affairs
2015	Gay	Hauser	Arts & Culture
2006	Janet	Hazelton	Health, Sport & Wellness
2006	Catherine	Hebb	Communications & Public Affairs
2013	Joan	Helsen	Health, Sport & Wellness
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2013	Kim	Hendrickson	Arts & Culture
2009	Lynn	Hennigar	Communications & Public Affairs
2002	Marjorie	Hickey	Management & the Professions
2002	Joan	Hicks	Education & Research
2004	Donna	Hiebert	Arts & Culture
2007			
	Dr. Gayle	Higgins	Health, Sport & Wellness Communications & Public Affairs
2001	Nancy Cheryl	Hilchie Hodder Q.C.	
	-	·	Management & the Professions
2009	Kim	Hong Dao	Entrepreneur/Innovator
1994	Louisa	Horne	Entrepreneur/Innovator
2009	Anna	Horsnell Wade	Arts & Culture
2006	Eleanor	Humphries	Management & the Professions
1997	Michele	Inglis	Entrepreneur/Innovator
2010	Sasha	Irving	Communications & Public Affairs
2014	Peggy	Issenman	Communications & Public Affairs
2005	Lisa	Jackson	Communications & Public Affairs
2011	Claudia	Jahn	Health, Sport & Wellness
2000	June	Jain	Education & Research
2013	Lt. Cmdr. Paula	Jardine	Education & Research
2011	Dr. Martha	Jodrey	Education & Research
2010	Sheri	Jones	Arts & Culture
2009	Dr. Brenda	Joyce	Health, Sport & Wellness
1997	Dr. Willy	Kalt	Education & Research
2003	Lucy Ellen	Kanary	Management & the Professions
1997	Lulu	Keating	Arts & Culture
2006	Nancy	Keating	Arts & Culture
2015	Dr. Janice	Keefe	Education & Research
2012	Karen	Kelloway	Communications & Public Affairs
2010	Tina	Kelly	Management & the Professions
2014	Dr. Erin	Kempt Sutherland	Health, Sport & Wellness
2013	Michelle	Kempton	Health, Sport & Wellness
2009	Jenny	Kierstead	Entrepreneur/Innovator
2010	Denice	Klavano	Health, Sport & Wellness
1999	Dr. Lili C.	Kopala	Education & Research
2008	Joy	Laking	Arts & Culture
2007	Mary Jane	Lammond	Arts & Culture
1991	Patricia	Lane	Entrepreneur/Innovator
2008	Linda	Langley	Health, Sport & Wellness
2012	Courtney	Larkin	Young Woman of Distinction
2014	Amanda	Layton Malone	Health, Sport & Wellness
2008	Sheri	Lecker	Management & the Professions
2017	Dayna	Lee-Baggley	Health, Sport & Wellness
2000	Sara Lee	Lewis	Arts & Culture
1998	Dr. Daurene	Lewis	Communications & Public Affairs
2014	Elena	Liberman	Entrepreneur/Innovator
2010	Lucinda	Low	Education & Research
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2013	Dr. Romana	Lumpkin	Education & Research
2009	Dr. Cheryl	Lycette	Entrepreneur/Innovator
2012	Dr Mary	Lynch	Health, Sport & Wellness
2013	Mary	Lynk	Communications & Public Affairs
2012	Dr Katherine	MacAdam	Health, Sport & Wellness
2006	Kelly	MacArthur	Arts & Culture
2005	Nancy	MacCready-Williams	Management & the Professions
2017	Stefanie	MacDonald	Entrepreneur/Innovator
2016	Bea	MacGregor	Arts & Culture
2009	Cindy	MacIsaac	Health, Sport & Wellness
2008	Marilyn	MacKay-Lyons	Education & Research
1995	Shelagh	MacKenzie	Arts & Culture
2003	Ann	MacKenzie	Arts & Culture
2010	Vanessa	MacLellan	Young Woman of Distinction
2006	Irene	MacLeod	Communications & Public Affairs
1999	Natalie	MacMaster	Arts & Culture
2003	Dr. Teresa	MacNeil	Communications & Public Affairs
2008	Kathy	MacNeil	Management & the Professions
2003	Willa	Magee	Entrepreneur/Innovator
1990	Dr. Lydia	Makrides	Education & Research
2005	Barbara	Manning	Entrepreneur/Innovator
2012	Laurissa	Manning	Entrepreneur/Innovator
1996	Prof. Alice	Mansell	Education & Research
2009	Nancy	Margeson	Health, Sport & Wellness
2010	Doris	Mason	Arts & Culture
1993	Brenda	Mason	Entrepreneur/Innovator
2012	Kim	Mason	Management & the Professions
1998	Dr. Cynthia	Mathieson	Education & Research
1995	Elaine	Mattatall	Health, Sport & Wellness
2009	Dr. Joan	McArthur Blair	Education & Research
1990	Alexa	McDonough	Communications & Public Affairs
2010	Carol	McDougall	Communications & Public Affairs
1997	Anne	McGuire	Health, Sport & Wellness
2005	Leslie	McLean	Health, Sport & Wellness
2010	Anne	Melanson	Communications & Public Affairs
2014	Ann	Mellema	Management & the Professions
2010	Evelyne	Meltzer	Education & Research
2008	Sonia	Menendez	Education & Research
2017	Jan	Miller	Arts & Culture
2010	Carol-Ann	Miller	Entrepreneur/Innovator
1995	Brenda	Montgomery	Education & Research
2006	Sister Dorothy	Moore	Education & Research
2012	Debra	Moore	Entrepreneur/Innovator
2002	Gail	Morris	Entrepreneur/Innovator
2008	Heather	Morse	Education & Research
2007	Donalee	Moulton	Communications & Public Affairs
			- COGarage & Fabric / ITUITS



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2009	Marie	Mullally	Management & the Professions
2011	Jill	Murray	Communications & Public Affairs
2011	Tamara	Myatt	Management & the Professions
2011	Sara	Napier	Communications & Public Affairs
2009	Lorri	Neilsen Glenn	Arts & Culture
2006	Clare	O'Connor	Communications & Public Affairs
2015	Karen	Oldfield	Management & the Professions
1992	Dr. Sharon	Oliver	Health, Sport & Wellness
2017	Dr. Elisabeth	Osgood	Education & Research
1991	Rae	Owen	Communications & Public Affairs
2019	Audrey	Parker	Because You Can Award
1993	Dr. Elizabeth	Parr-Johnston	Education & Research
2011	Vanessa	Paschakarnis	Arts & Culture
1993	Valerie	Payn	Communications & Public Affairs
2001	Jill	Peapell	Management & the Professions
2012	Christine	Penney	Communications & Public Affairs
2014	Diandra	Phipps	Entrepreneur/Innovator
2007	Donna	Pineo	Health, Sport & Wellness
2012	Paula	Poirier	Health, Sport & Wellness
1998	Patricia	Pollett McClelland	Arts & Culture
2016	Denise	Pothier	Management & the Professions
1993	Susan	Potts	Management & the Professions
2003	Ann	Power	Education & Research
2007	Chris	Power	Management & the Professions
2019	Jenn	Priske	Entrepreneur/Innovator
2006	Alice	Pugsley	Entrepreneur/Innovator
1992	Jane	Purves	Management & the Professions
2011	Nancy	Pyncy-Worthylake	Education & Research
2013	Theresa	Rath	Communications & Public Affairs
2012	Kelly	Regan	Communications & Public Affairs
2001	Aileen P.	Reid	Entrepreneur/Innovator
2005	Judith	Richardson	Entrepreneur/Innovator
2013	Lia	Rinaldo	Arts & Culture
2013	Julia	Rivard-Dexter	Entrepreneur/Innovator
2015	Jane	Roy	Entrepreneur/Innovator
1994	Marilyn	Ruth Peers	Management & the Professions
2016	Patti	Ryan	Entrepreneur/Innovator
2000	Wendy	Scott	Entrepreneur/Innovator
2004	Tanya	Shaw-Weeks	Entrepreneur/Innovator
2012	Dale	Sheppard	Arts & Culture
2015	Paula	Sibley-Fox	Communications & Public Affairs
2006	Unni	Simensen	Entrepreneur/Innovator
2007	Dr. Gita	Sinha	Education & Research
2007	Dr Ingrid	Sketris	Education & Research
1994	Myrna	Slayter	Communications & Public Affairs
2005	Carol	Smeraldo	Arts & Culture
2003	Caron	Silicialuo	ALS & Culture



1000	Canal K	Consider	Awards
1999	Carol K.	Snyder	Management & the Professions
1990	Mary	Sparling	Arts & Culture
1996	Dorothy	Spence	Entrepreneur/Innovator
2015	Andrea	Speranza	Management & the Professions
1991	Margaret	Spindler	Health, Sport & Wellness
2015	Sandra	Starratt	Education & Research
2008	Barb	Stegemann	Communications & Public Affairs
2014	Dr. Sherry	Stewart	Education & Research
1998	Anna	Svendsen	Health, Sport & Wellness
1995	Judity	Swan	Management & the Professions
2002	Diane	Swinemar	Communications & Public Affairs
2010	Wanda	Taylor	Arts & Culture
2008	Penelope	Taylor	Entrepreneur/Innovator
1998	Dr. Jacquelyn	Thayer Scott	Management & the Professions
2015	Hailey	Thomas	Young Woman of Distinction
2019	Rebecca Lea	Thomas	Trailblazer
2006	Pam	Tower	Entrepreneur/Innovator
2005	Nancy	Tower	Management & the Professions
2007	Heather	Tulk	Communications & Public Affairs
2014	Mary	Vingoe	Arts & Culture
2005	Bette	Watson-Borg	Health, Sport & Wellness
1990	Barbara	Watt	Management & the Professions
1990	Marie	Watters	Entrepreneur/Innovator
1996	Linda	Weaver	Entrepreneur/Innovator
2017	Nykeala	West	Young Woman of Distinction
2009	Diana	Whalen	Communications & Public Affairs
2007	Valerie	White	Management & the Professions
2014	Dr. Shelly	Whitman	Education & Research
1996	Brenda	Whittle	Health, Sport & Wellness
2016	Tara	Wickire	Communications & Public Affairs
2012	Michelle	Williams-Lorde	Education & Research
2015	Sara	Wilson	Health, Sport & Wellness
2011	Sheila	Woodcock	Entrepreneur/Innovator
2011	Catherine	Woodman	Management & the Professions
2005	Jane	Wright	Entrepreneur/Innovator
2014	Stephanie	Young	Arts & Culture
2012	Rose	Zack	Arts & Culture
2011	Brenda	Zima	Management & the Professions
1992	Marguerite	Zwicker	Arts & Culture