Missional Practices* Categorized by Our Three Primary Relationships:

1. Loving God
2. Loving One Another
3. Loving Our Neighbor

The following missional practices help cultivate our inward and outward journey as disciples and as sacred communities called to engage with our neighbors:

**Loving God**

**Breathing in the Spaces*** — to center ourselves and be more aware of people and God’s presence by consciously taking a breath as we enter various spaces during the day.

**Centering Prayer** — to create a space of quiet openness to become aware of God’s presence.

**Connecting, Centering and Dwelling in the Word*** — for the Pastor Leadership Team (PLT) to begin their meetings by supporting one another, being aware of God’s presence, and focusing on Christ’s mission.

**Dwelling in the Word*** — to hear or sense God’s direction.

**Mission Prayer** — to pray daily to be led by the Spirit and to have courage to go where the Spirit leads.

**Personal Journaling*** — to record and reflect on what we are encountering and learning about God, one another, and our neighbors as we engage in the missional journey.

**Silence** — to cultivate deep relational space where together we become increasingly aware of the Spirit’s *movement* leading us into mission.

**Loving One Another**

**Blessings of Loving Kindness*** — to cultivate loving-kindness, well-being, happiness, and peace toward ourselves and others.

**Breathing in the Spaces*** — to center ourselves and be more aware of people and God’s presence by consciously taking a breath as we enter various spaces during the day.

**Congregational Journaling*** — to help the Pastor’s Leadership Team and the congregation discern the patterns of insight that come through their communal *experiences together* overtime.
Connecting, Centering and Dwelling in the Word* — for the Pastor Leadership Team (PLT) to begin their meetings by supporting one another, being aware of God’s presence, and focusing on Christ’s mission.

Dwelling in the Word* — to hear or sense God’s direction.

Forgiveness* — to forgive for personal well-being and healing broken relationships by releasing feelings of guilt, anger, or disappointment.

Personal Journaling* — to record and reflect on what we are encountering and learning about God, one another, and our neighbors as we engage in the missional journey.

Sharing in the Round* — to develop and deepen relationships by sharing in table fellowship.

Sharing My Favorite Scripture and My Story — to deepen our relationships with one another and with God by each person having an opportunity to share an important scripture passage that is meaningful to their lives.

Valuing the Other* — to deepen conversation and understanding by developing active listening skills.

Loving Our Neighbor

Blessings of Loving Kindness* — to cultivate loving-kindness, well-being, happiness, and peace toward ourselves and others.

Breathing in the Spaces* — to center ourselves and be more aware of people and God’s presence by consciously taking a breath as we enter various spaces during the day.

Congregational Journaling* — to help the Pastor’s Leadership Team and the congregation discern the patterns of insight that come through their communal experiences together overtime.

Connecting, Centering and Dwelling in the Word* — for the Pastor Leadership Team (PLT) to begin their meetings by supporting one another, being aware of God’s presence, and focusing on Christ’s mission.

Dwelling in the Word* — to hear or sense God’s direction.

Forgiveness* — to forgive for personal well-being and healing broken relationships by releasing feelings of guilt, anger, or disappointment.
In Mission with Jesus — to infuse congregational worship with missional intent by providing two opportunities, called In Mission with Jesus moments, to relate the weekly worship experience to living, daily, Christ’s mission.

Living With the Questions — to identify and live with prophetic questions (essential questions) that help people see and live God’s future as individuals and signal communities of justice and peace.

Personal Journaling* — to record and reflect on what we are encountering and learning about God, one another, and our neighbors as we engage in the missional journey.

Sharing in the Round* — to develop and deepen relationships by sharing in table fellowship.

Third Place Ministry — to learn to listen and pay attention in informal settings to what is happening in the lives of people in your community.

Valuing the Other* — to deepen conversation and understanding by developing active listening skills.

Walking the Neighborhood — to listen and pay attention to what is happening in the lives of people in the community.

*This practice is listed under more than one category.