

Missional Practices* Categorized by Our Three Primary Relationships:

- 1. Loving God**
- 2. Loving One Another**
- 3. Loving Our Neighbor**

The following missional practices help cultivate our inward and outward journey as disciples and as sacred communities called to engage with our neighbors:

Loving God

Breathing in the Spaces* — to center ourselves and be more aware of people and God's presence by consciously taking a breath as we enter various spaces during the day.

Centering Prayer — to create a space of quiet openness to become aware of God's presence.

Connecting, Centering and Dwelling in the Word* — for the Pastor Leadership Team (PLT) to begin their meetings by supporting one another, being aware of God's presence, and focusing on Christ's mission.

Dwelling in the Word* — to hear or sense God's direction.

Mission Prayer — to pray daily to be led by the Spirit and to have courage to go where the Spirit leads.

Personal Journaling* — to record and reflect on what we are encountering and learning about God, one another, and our neighbors as we engage in the missional journey.

Silence — to cultivate deep relational space where together we become increasingly aware of the Spirit's *movement* leading us into mission.

Loving One Another

Blessings of Loving Kindness* — to cultivate loving-kindness, well-being, happiness, and peace toward ourselves and others.

Breathing in the Spaces* — to center ourselves and be more aware of people and God's presence by consciously taking a breath as we enter various spaces during the day.

Congregational Journaling* — to help the Pastor's Leadership Team and the congregation discern the patterns of insight that come through their communal *experiences together* overtime.

Connecting, Centering and Dwelling in the Word* — for the Pastor Leadership Team (PLT) to begin their meetings by supporting one another, being aware of God’s presence, and focusing on Christ’s mission.

Dwelling in the Word* —to hear or sense God’s direction.

Forgiveness* — to forgive for personal well-being and healing broken relationships by releasing feelings of guilt, anger, or disappointment.

Personal Journaling* — to record and reflect on what we are encountering and learning about God, one another, and our neighbors as we engage in the missional journey.

Sharing in the Round* — to develop and deepen relationships by sharing in table fellowship.

Sharing My Favorite Scripture and My Story — to deepen our relationships with one another and with God by each person having an opportunity to share an important scripture passage that is meaningful to their lives.

Valuing the Other* —to deepen conversation and understanding by developing active listening skills.

Loving Our Neighbor

Blessings of Loving Kindness* — to cultivate loving-kindness, well-being, happiness, and peace toward ourselves and others.

Breathing in the Spaces* — to center ourselves and be more aware of people and God’s presence by consciously taking a breath as we enter various spaces during the day.

Congregational Journaling* — to help the Pastor’s Leadership Team and the congregation discern the patterns of insight that come through their communal *experiences together* overtime.

Connecting, Centering and Dwelling in the Word* — for the Pastor Leadership Team (PLT) to begin their meetings by supporting one another, being aware of God’s presence, and focusing on Christ’s mission.

Dwelling in the Word* —to hear or sense God’s direction.

Forgiveness* — to forgive for personal well-being and healing broken relationships by releasing feelings of guilt, anger, or disappointment.

In Mission with Jesus — to infuse congregational worship with missional intent by providing two opportunities, called *In Mission with Jesus* moments, to relate the weekly worship experience to living, daily, Christ's mission.

Living With the Questions — to identify and live with prophetic questions (essential questions) that help people see and live God's future as individuals and signal communities of justice and peace.

Personal Journaling* — to record and reflect on what we are encountering and learning about God, one another, and our neighbors as we engage in the missional journey.

Sharing in the Round* — to develop and deepen relationships by sharing in table fellowship.

Third Place Ministry — to learn to listen and pay attention in informal settings to what is happening in the lives of people in your community.

Valuing the Other* — to deepen conversation and understanding by developing active listening skills.

Walking the Neighborhood — to listen and pay attention to what is happening in the lives of people in the community.

*This practice is listed under more than one category.