The Nutritional Benefits of Pasture Raised Food

Bibliography for handouts

The articles below were used to develop FACT’s Nutritional Benefits of Pasture Raised Food handouts. Skip to: beef cattle, dairy cows, laying hens, meat birds, pigs, and sheep & goats.

Beef cattle


Cherfaoui, M., D. Durand, M. Bonnet, L. Bernard, D. Bauchart, I. Ortigues-Marty, and D. Gruffat. “A Grass-Based Diet Favours Muscle n-3 Long-Chain PUFA Deposition without


**Dairy cows**


Laying Hens


Meat birds


Milićević, Dragan, Danijela Vranić, Zoran Mašić, Nenad Parunović, Dejana Trbović, Jelena Nedeljković-Trailović, and Zoran Petrović. “The Role of Total Fats, Saturated/Unsaturated Fatty Acids and Cholesterol Content in Chicken Meat as Cardiovascular Risk


**Pigs**


**Sheep and goats**


