



2017 Music City Head Race Regatta Information Packet

Welcome to the 2nd Annual Music City Head Race. The event will take place on Saturday, October 7th on the Cumberland River in Nashville, Tennessee. The event is being hosted by Vanderbilt University and Nashville Rowing Club. We look forward to having you in Nashville for this great event.

Trailer Parking

Trailer parking will be in LOT R of Nissan Stadium (see map in this packet). We will have overnight security on the evening of Friday, October 6th. Trailers can start arriving in the morning on Friday, October 6th. All trailers must depart the lot no later than 8pm on Saturday, October 7th.

If your trailer driver is waiting until Sunday morning to depart Nashville, please contact Cory Sanderson (juniors and masters) or Jon Miller (colleges) to arrange a place to park your trailer for Saturday if you require assistance.

Practice on the course on Friday, October 6th

The course will be open for practice from 12pm-6:15pm on Friday, October 6th. No boats will be permitted to launch after 5:30pm. No coaches launches will be permitted on the river during the practice. We will have safety launches on the water during the practice session. All boats must be off the water by 6:15pm.

Coaches & Coxswains Meeting

A coaches and coxswains meeting will occur at 6:40AM on Saturday morning. The location of the meeting will be the grass area in between the trailer parking lot and the launching area.

Launching & Recovering

We will be wet launching and recovering, utilizing the sloped bank in East Bank Park. We will have several volunteers in the water and on the shoreline to assist with this effort. We ask that you please approach the water **with your oarlock gates already open** in order to speed up the process. It is also recommended to have one person carrying oars (for a four and pair) and two people carrying oars for an eight.

Race Course

The map of the racecourse is within this packet. Please have your coxswains and bowmen familiarize themselves with the launching/recovering pattern and the traffic pattern on the water. We will have several volunteers on land and several launches on the water to assist with this effort.

Results

Results will be posted next to control commission as the races finish and the results are deemed official.

Medals

We will be awarding medals for all races. Medals will be available as results become official. You can pick up your medals from the control commission tent.

River Closure and Current

The river will be closed for the practice session on Friday and for all racing on Saturday. We will have volunteer launches on the water for the practice session on Friday. We will have the Coast Guard Auxiliary and volunteer launches on the water on Saturday. The Army Corp of Engineers will attempt to reduce the current as much as possible. The weather the few days leading up to the regatta and a few other factors will impact how much control we have over the current.

Expect the current slow-down will be prioritized for race day first and the practice session second. The course does run in the direction of the current, so the boats will be warming up against the current and racing with the current. Please keep this in mind when launching your crews and planning your row up to the start line.

Fees

The entry fees are \$85 for an eight, \$60 for a four/quad, \$45 for a pair/double and \$30 for a single. Please pay via credit card on regatta central. If your program requires you to pay via check, checks can be made payable to Vanderbilt University. Note: you will not be able to pick up your bow numbers until you have submitted payment. We will be providing receipts as check in.

Check In

Check in will be available from 12pm-6pm on Friday and 6am-9am on Saturday. Bow numbers will be provided in your team's packet when you check in. The packets will include a bow number for the bow deck, one for the back of bow seat and one for the back of the coxswain (or the front of the stroke seat in a bow coxed four).

Weigh Ins

Weigh Ins for lightweight rowers will be available at control commission on Friday afternoon (12pm-6pm) and on Saturday morning (6:30am to 11:30am). Coxswains will not be weighing in.

Entry Categories:

Masters: Will all race under masters events (no senior masters or veterans events exist). We will use the standard US Rowing Rules of Racing 1,000 meter handicap, which will then be multiplied by 5.0.

Collegiate Novice: Collegiate rowers and coxswains with no collegiate rowing experience prior to 6/1/2017.

Youth Novice: High school rowers and coxswains who have not competed prior to 7/1/17.

Coxswains: Will not be weighed in and no weight restrictions apply.

Lightweight Men: No rower can weigh more than 165 pounds

Lightweight Women: No rower can weigh more than 135 pounds

Lightweight Weigh Ins: Will be available from 12pm-6pm on Friday, October 6th and from 7am-9am on Saturday, October 7th. Any crews who do not weigh in within the given timeframe or miss weight will be allowed to race, however it will be as exhibition only.

Miss buoys: Each missed buoy will result in a 20 second penalty.

Directions

The parking lot for the trailers is shared with the parking lot with the Nashville Bridge Building.

The best way to navigate is to use the address: 2 Victory Ave #100 Nashville, TN 37213. The trailers will park in the northeast quadrant of parking lot R. Athlete parking will be in the northwest quadrant of lot R. Overflow parking will be available in parking lot D of the stadium. We will have volunteers assisting you with parking.

Note: Spectator parking will be in the southern portion of lot R and in lot T and cost \$5 per vehicle. This fee is collected by an outside vendor and is not collected by the regatta.

<http://www.titansonline.com/stadium/directions-parking.html>

Emergency procedures (should there be inclement weather)

This will be covered during the coaches and coxswains meeting on Saturday morning.