



Nashville Juniors Rowing 2019 Programs Intro Letter



Dear Parents and Student-Athletes;

The Nashville Juniors Rowing 2019 Annual Programs are here. These forms will be accurate for your participation in any of the Spring, Fall, and the first half of Winter seasons during the 2019 calendar year. Attached you will find the Registration Packet for interested new and returning athletes. ***For returning rowers, we will only need 2018 forms if you information has changed since last submission.***

Forms required for **ALL ATHLETES**:

- 2019 Participation Waiver (required no matter what)
- 2019 Athlete Information Form
- 2019 Health Information
- 2019 Equipment Responsibility Form
- 2019 Athlete Code of Conduct Form
- 2019 Parent Code of Conduct Form
- 2019 Travel Waiver
- 2019 TN Concussion Form (available on our website)

Registration Fees to cover coaching, organizational needs, and regular season races are to be turned into Coach Cory along with the paperwork, or paid online through invoicing via Quickbooks, at the start of your seasonal programs.

All Registration materials & Checks can be HANDED TO your Coach directly or mailed to:

**Nashville Rowing
73 White Bridge Rd.
Suite 103-311
Nashville TN 37205**

Thank you for your continued support of Nashville Junior Rowing and being part of our family!

Sincerely,

Cory Sanderson
Executive Director



Nashville Juniors Rowing

2019 Participation Waiver



Athlete Name (PRINT): _____ Date: _____

Parent or Guardian Name (PRINT): _____ Date: _____

IN CONSIDERATION of being given the opportunity to participate in Nashville Rowing activity, and IN CONSIDERATION of being given the opportunity participate in USRowing activity all including scheduled, supervised club activities, and registered regattas, during the current yearly policy term I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions and inactions of others participating in the Activity, the condition in which the Activity takes place, parties outside of club programming or the Activity, or the negligence of the released name below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each activity in which I take part as a member of USRowing and that, if I observe any condition in which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue Nashville Rowing Club, it's officers, directors, members or employees, USRowing, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place (each considered one of the Releases herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Release or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releases from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a results of such claim, to the fullest extent permitted by law.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

PARENTAL CONSENT (If participant is under the age of 18):

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releases from all liability, claims, demands, losses, or damages on the minor's account cause or alleged to be cause in whole or part by negligence of the Releases or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releases from any litigation, expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Athlete Signature: _____

Parent or Guardian Signature: _____



Nashville Juniors Rowing 2019 Roster Information



Athlete Last Name	First Name	Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female
Home Phone#	Athlete Cell #	School & Grade	<input type="checkbox"/> Comp <input type="checkbox"/> Dev

Home Street Address	City/State/Zip Code
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Athlete Email Address (PLEASE PRINT CLEARLY)
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Mother's (or Guardian #1) Name	Father's (or Guardian #2) Name
Address (If different than athlete's)	Address (If different than athlete's)
Home Phone	Home Phone
Cell/Alternate Phone #	Cell/Alternate Phone #
Email Address (Please Print Carefully)	Email Address (Please Print Carefully)

Any health issues we should be aware of? Allergies?
Medication the athlete will be carrying (i.e. Inhaler)?



Nashville Juniors Rowing

2019 Physical & Medical Information



Athlete Name: _____

Date of Last Physical Exam: _____ (must be within the last 12 months)

IN CASE OF EMERGENCY, CONTACT:

First

Name: _____

Home Phone #: _____ Work Phone #: _____

Cell Phone #: _____

Back-up

Name: _____

Home Phone #: _____ Work Phone #: _____

Cell Phone #: _____

Doctor's Name and Phone Number: _____

Dentist's Name and Phone Number: _____

The participant joining this Nashville Rowing is of good health and is capable of swimming at least 100 meters on their own and tread water for 3 minutes.

Parent or Guardian Signature:

I allow the Teaching/Coaching Staff of Nashville Rowing to transport to, or call for, emergency help if they warrant it necessary for my son or daughter:

Parent or Guardian Signature:



Nashville Juniors Rowing 2019 Equipment Responsibility Form



Athlete Name (PRINT): _____ Date: _____

Parent or Guardian Name (PRINT): _____ Date: _____

Nashville Rowing seeks to equip all its athletes with quality equipment to provide a competitive program in this specific sport:

- *Each athlete will be practicing and competing in a shell that costs up to \$40,000*
- *Each coxswain is assigned a cox box, which costs approximately \$900*
- *Erg machines cost approximately \$1,100*
- *The average repair costs on a damaged shell is around \$7,000*

Shells can be damaged any number of ways (i.e. rack removal and replacement, water entry, river debris, as well as transport to and from the river, etc.). This is very expensive equipment to purchase and maintain. It is therefore incumbent on each athlete to be extremely cautious and careful in handling the equipment. The athlete should listen to and follow the Coaches/Teachers instructions on handling the equipment. Should the athlete not exercise due diligence and care in the handling of Nashville Rowing equipment, as determined by the coaches and/or Board, the athlete can be dismissed from the team (Nashville Rowing) and the athlete's fees will NOT be refunded.

By signing this agreement, the parent and athlete acknowledge the level of commitment and responsibility that is required to participate in the Nashville Rowing.

Athlete Signature: _____

Parent or Guardian Signature: _____



Nashville Juniors Rowing 2019 Athlete Code of Conduct



Athlete Name (PRINT): _____ Date: _____

Parent or Guardian Name (PRINT): _____ Date: _____

All athletes who participate in Nashville Rowing activities acknowledge that they are representing their own school, the greater area of Nashville, and Nashville Rowing and agree to abide by this "Code of Behavior" at all times during activities:

- A. *Dress, act, and speak as mature ladies and gentlemen.*
- B. *Be courteous, considerate, and respectful of other students, chaperones, and all others whom you meet and interact with during rowing activities.*
- C. *Be on time for all rowing activities.*
- D. *Do not travel or go anywhere alone.*
- E. *Will not be in the possession of or partake in the consumption of alcoholic beverages, tobacco, and drugs while en route to/from or during Nashville Rowing activities.*
- F. *Obey transportation rules.*
- G. *Take prudent measures to safeguard your person or property.*

If any athlete is found to not be following the Nashville Rowing Code of Behavior for Juniors Programs then the Nashville Rowing Board of Directors has the right to remove them from the Organization without refund.

I also acknowledge that I have been given access to and read the Nashville Rowing Code of Conduct that is on the club website.

Athlete Signature: _____

Parent or Guardian Signature: _____



Nashville Juniors Rowing 2019 Parent Code of Conduct



Athlete Name (PRINT): _____ Date: _____

Parent or Guardian Name #1 (PRINT): _____ Date: _____

Parent or Guardian Name #2 (PRINT): _____ Date: _____

Parents of all athletes who participate in Nashville Rowing activities acknowledge that the coaches plan, organize, and run the program to the highest standards of morals, personal growth, and competitive interest. With this in mind, all parents must::

- A. *Behave in a manner that promotes good sportsmanship and team unity, and that represents Nashville Rowing in a positive manner.*
- B. *Not disturb coaches and athletes, including your athlete(s), during regattas and other competitions.*
- C. *Respect the need for coaches and athletes to remain focused upon their competitive performance on the water, and the related tasks on land, during regattas and other competitions.*
- D. *Use the Parent Liaison and Advisory Board for questions about the program and the sport, and the Board of Directors for questions or concerns about the Organization.*
- E. *Respect coaching decisions regarding the formulation of line-ups and boat/seat assignments, and understand that such decisions are not appropriate topics for discussion with coaches.*
- F. *Not interrupt practices while they are being run.*
- G. *Schedule appointments with coaches to discuss private/personal matters regarding your athlete(s) with all three parties present - parents, coaches, and athlete(s).*

If any parent is found to not be following the Nashville Rowing Code of Behavior for Parents within the Juniors Programs then the Nashville Rowing Board of Directors has the right to remove them from the Organization without refund.

I also acknowledge that I have been given access to and read the Nashville Rowing Code of Conduct that is on the club website.

Parent or Guardian #1 Signature: _____

Parent or Guardian #2 Signature: _____



Nashville Juniors Rowing 2019 Travel Waiver



Athlete Name (PRINT): _____ Date: _____

Parent or Guardian Name #1 (PRINT): _____ Date: _____

Parent or Guardian Name #2 (PRINT): _____ Date: _____

Your son/daughter is eligible to participate in Nashville Rowing sponsored trips/events during the 2019 Year. This activity will take place under the guidance and supervision of Nashville Rowing coaches and parent volunteers. If you would like your child to participate in these trips/events, sign and return the following statement of consent. As parent or legal guardian, you remain fully responsible for any legal responsibility which may result from any personal actions taken by the named student athlete. Please be advised that parents retain the right to “opt out” of any trip/event planned for their child/children. It should be understood, in light of world conditions and specifically, threats of terrorism, that it may be necessary to cancel a Nashville Rowing sponsored trip/event due to national or world developments. If further restrictions are imposed, the Nashville Rowing will not be responsible for the loss of any monies advanced for these planned trips/events.

I hereby request that my child, , be allowed to participate in Nashville Rowing sponsored trips/events for the 2019 Year. I understand that during these trips/events, my child will be under the supervision of Nashville Rowing coaches and parent volunteers. If I cannot be contacted in an emergency, the Nashville Rowing staff has my permission to take my child to the emergency room of the nearest hospital, and I hereby authorize its medical staff to provide treatment which a physician deems necessary for the wellbeing of my child. I understand it may be necessary to cancel any Nashville Rowing sponsored trip/event due to world developments and the Nashville Rowing will not be responsible for the loss of monies advanced for the trip.

Athlete Signature: _____

Parent or Guardian #1 Signature: _____

Parent or Guardian #2 Signature: _____