

COLD DRINKS

KARMA RANGE 4.5
Karma Cola, Lemmy Lemonade,
Gingerella

ALMIGHTY ORGANIC JUICES 4.5
Apple, Orange/Apple,
Beetroot/Blackcurrant/Ginger

ORATAKI WATER 4.0
Still, Sparkling

COAQUA COCONUT WATER 4.5

DAILY ORGANICS KOMBUCHA 5.5

SMOOTHIES

CACAO'NANA (DF/VG) 9.0
Cacao, banana & almond milk
Add organic plant protein 3.5

GREEN SCREEN (DF/VG) 9.0
Pineapple, mango, apple, celery
& spinach
Add Matakana Superfoods
Super Greens 3.5
Add organic plant protein 3.5

SUPER BERRY (DF/VG) 9.0
OOB blueberries, banana & almond milk
Add Matakana Superfoods Açai 3.5
Add organic plant protein 3.5

SHAKES

VANILLA BEAN 8.0

EIGHTHIRTY COFFEE MOCHA 8.0

SALT CARAMEL 8.0

EIGHTHIRTY COFFEE

BLACK 4.0

WHITE
Small 4.0 Medium 4.5 Large 5.0

HOT CHOCOLATE
Small 4.0 Large 5.0

CHAI LATTE, TURMERIC LATTE 6.5

AFFOGATO 8.0

FLUFFY 2.0

Almond milk 1.0
Extra shot 1.0

Eighthirty coffee is organic
& sustainably sourced

We use organic milk

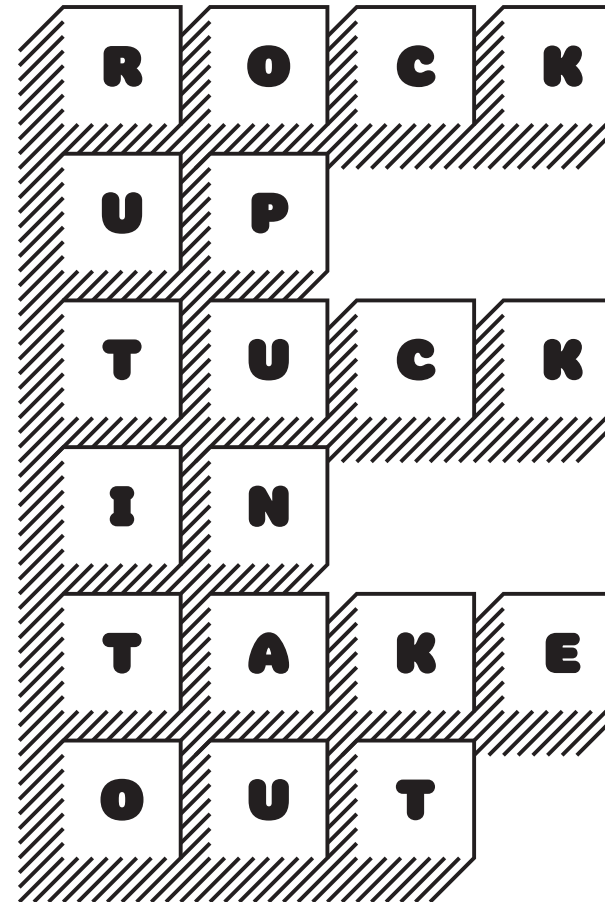
CLIPPER ORGANIC TEA

ALL TEAS 4.0
Earl grey, English breakfast,
Peppermint, Chamomile & cinnamon,
Lemon & ginger, Wild berry, Green

OOB ORGANIC ICE CREAM

CONE OR CUP
Kids scoop 4.0
Single scoop 5.0
Double scoop 8.0

ICE CREAM SANDWICH 8.5
Your combo of two Tuck Shop cookies
with a single scoop of ice cream



AM THRU PM

WAFFLES 13.0

Waffle cakes w/ OOB blueberries, banana & Superfoods coconut syrup

Add free-range bacon 4.0

STUN BUN 12.0

Free-range bacon, free-range egg, spinach, tomato relish & red mayo on a demi-brioche bun

TUCK CUPS 8.0

Chia seed & oat bircher w/ OOB blueberries & fresh seasonal fruit
— or —

Granola w/ seasonal baked fruit & coconut yogurt (GF/DF)

SWEETS

FROM THE CABINET

Check our daily selection of treats, baked in-house:

- Guilt-free slices & cakes
- Classic slices & cakes
- Muffins
- Cookies

**TRASH TALK: ALL OF OUR PACKAGING IS PLANT-BASED & COMPOSTABLE.
PLEASE USE OUR COMPOST BINS. PEACE OUT.**

**CLOSING CREDITS: WE USE LOCALLY SOURCED PRODUCE WHERE POSSIBLE.
WE ALSO USE GRASS-FED BEEF AND FREE-RANGE CHICKEN, BACON AND EGGS.**

PRESSED SANDWICHES

THE RUBE 15.0

Pastrami w/ swiss cheese, sauerkraut & Russian dressing on rye w/ pickle

THE CUBE 15.0

Free-range pulled pork w/ honeyed free-range ham, swiss cheese, dill pickle & mustard on a Cuban roll

TUCK BOX 15.0

1/2 serve pressed sandwich
+ 1 small serve of salad from the cabinet

SALADS

FROM THE CABINET

Select from our range of fresh salads
Small 7.0 Medium 10.0 Large 13.0

MAKE A MEAL OF IT 6.0

Add haloumi

— or —

Add grilled free-range paprika chicken

BURGERS

We are more than happy to tuck-up your burger w/ iceberg in place of a bun

THE BOFFIE 13.0

Matakana Butchers 100% beef w/ cheddar cheese, pickles, lettuce, yellow mustard & tomato relish on a demi-brioche bun

TUCK'IN 13.0

Grilled, paprika-dusted free-range chicken w/ avocado, cheddar cheese, lettuce & pickled red onion on a demi-brioche bun

FALAFEL (DF/VG) 13.0

In-house falafel w/ beetroot, tomato, lettuce, pickled red onion, egg-free caper/dill mayo & tarator on a potato roll

BIG FISH 13.0

Grilled market fish w/ white cabbage slaw, mango & tomato salsa & caper/dill mayo on a demi-brioche bun

Add free-range bacon 4.0

Add haloumi 4.0

THE FEATURE (VARIES)

Every Friday & Saturday our kitchen team bring you a limited-release burger — please ask one of our team

SIDES

SKIN-ON SHOESTRING FRIES 5.0

Served w/ red mayo

PITA CHIPS 6.0

Sumac-dusted w/ lentil & spiced-carrot hummus

TINY TUCKS

1/2 WAFFLES 7.0

Waffle cake w/ OOB blueberries, banana & Superfoods coconut syrup

Add free-range bacon 4.0

LITTLE BOFFIE 8.0

Grass-fed beef w/ iceberg, cheddar, mayo & tomato relish

LITTLE FISH (DF) 8.0

Panko-crumbed market fish w/ iceberg, fresh tomato & mayo

NUGGETS (GF/DF) 8.0

Free-range chicken nuggets w/ red mayo

KIDS SIDES (DF) 4.0

Shoestring fries w/ red mayo
— or —

Pita chips w/ carrot hummus

— or —

Vege sticks w/ hummus

KIDS SHAKES 4.5

Chocolate
Vanilla

TINY TUCK BOX 14.0

Any burger or nuggets
+ kids side
+ kids shake or ice cream