

DON'T GIVE UP
CHOCOLATE THIS LENT.
INSTEAD, DO SOMETHING LIFE CHANGING.
BestLentEver.com

BEST
LENT
EVER

Make This Year's Lent Amazing!

We all know the things that make us happy, but we don't always do them. Lent is an opportunity to change that. And in 2017, MSP invites you to do something different while still enjoying chocolate.

Join us for Best Lent Ever, a free email program featuring internationally acclaimed speaker and New York Times bestselling author Matthew Kelly, who authored the *Resisting Happiness* book, distributed during the Christmas season.

Each day from Ash Wednesday to Easter, you'll get short, inspirational videos from Kelly and personal reflections from his team at Dynamic Catholic via email. Best Lent Ever will help you identify what stands between you and happiness . . . and what to do about it. Using a downloadable study guide on Dynamic Catholic's website that ties to specific chapters in Kelly's book, the **program gives you three ways to participate: small groups at the parish, the ability to start your own group and meet wherever and whenever you like and self study.**

If you choose small groups at the parish, **MSP's Adult Faith Formation team will lead discussions in Marble Hall.** Join us from 6:30 PM to 8:00 PM for a video recap and lively discussions starting Sunday, March 5 through Sunday, April 2. Or if you are a morning person, join a small group that will meet in Marble Hall following morning Mass starting on Tuesday, March 7 through Tuesday, April 4. Remember to invite a friend.

You could start your own small group this Lent simply by inviting a few friends or family members to get together at your home, at work or even at a pub. Simply use the study guide and start talking about the questions from the chapters of *Resisting Happiness*. It's easier than you think! Finally, study on your own using the guide's questions for personal reflection.

If you receive the regular parish email, **pastoral council's marketing team will sign you up to receive Best Lent Ever emails starting Ash Wednesday.** Watch for an email with more information. If you don't receive that email, you can also register on your own. Go to Bestlentever.com to sign up. Download the study guide by clicking on parish resources in the upper right portion of the page and scrolling down to the guide.

Copies of the *Resisting Happiness* book and the study guide will be available in the Parish Office. Please contact the Parish Office for more information or with questions.

Make Lent life changing, and put a smile on your face as you continue to enjoy chocolate and grow closer to Jesus. Join the MSP 2017 Lenten program and make this year the **Best Lent Ever!**