

Sexplain: Looking for new partner schools

Sexplain is a not-for-profit company that provides comprehensive and inclusive sex and relationships education workshops for young people in the UK.

As a recently formed company we are looking for new schools to work with.

*"It was **a safe space to discuss awkward topics** and I felt able to ask questions and contribute. The facilitators were very open which made me feel comfortable."*

*"I felt that **I learnt more about my genitalia** in the session that I did throughout the entirety of my secondary education, so thank you."*

*"I feel like I know more about XX and XY anatomy. Which results in **an increase of general confidence**. Thank you for coming :)"*



Katie Horsburgh
@HorsburghKatie

Following

Great @Girlguiding #guidingadvocate meeting! @SexplainUK session was amazing - this is how #SRE should be!



We Provide

We want to bring sex and relationships education into the 21st century. We run in-school workshops on porn, consent, contraception, healthy relationships and sexual harassment. Having **sex education provided by external experts** means both pupils and teachers can be more comfortable and confident with SRE.

Our organisation specialises in working with secondary school aged children and we like to **build our programmes around a school's needs**. We can run whole day workshops, assemblies, after school sessions and weekend classes. We are flexible on building a programme right for each customer. However, all our workshops are inclusive of all genders and sexualities, and leave no subject off-limits.

Impact

Feedback from our pilot programme with sixteen [Girlguiding UK Advocates](#) at Girlguiding HQ, 17-19 Buckingham Palace Rd, London, on 18/03/2017.

We asked participants were asked to mark the following statements 1-5 (1 = strongly disagree; 5 = strongly agree)

- 100% (16/16) strongly agree or agree that they feel more knowledgeable about sex and the human body because of the Sexplain workshop
- 100% strongly agree or agree that Sexplain's workshop was inclusive of different genders and sexualities
- 100% enjoyed the Sexplain workshop overall
- 100% would recommend Sexplain's workshops to their peers
- 94% (15/16) strongly agree or agree that they feel happier in, or more confident about, their own body as a result of the Sexplain workshop; 6% (1/16) 'neutral'.
- 94% strongly agree or agree that they have an improved knowledge of XX/'female' sexual pleasure because of the Sexplain workshop; 6% (1/16) 'neutral'.
- 94% (15/16) strongly agree or agree that they have a greater understanding of XX and XY genitals after the workshop; 6% (1/16) 'neutral'.
- 75% feel happier about sex as a result of the Sexplain workshop; 25% (4/16) 'neutral'.

Our Goals

- 1) **Comprehensive SRE:** provide young people with all the information they need about sex and relationships. Nothing is taboo.
- 2) **Inclusive SRE:** our information and facilitation of SRE includes all identities and experiences. No one is left out.
- 3) **Change mindsets & improve wellbeing:** give young people the knowledge and tools to develop or defend a more equal society.



Abiee Harris
@AbieeHarris

Following

Loved learning about XX and XY anatomy today in a @SexplainUK session - ALL SRE should be like this, I've never felt so positive about PSHE



