A certified Naturopath, Psycho-bio Therapist, Biodecoding® practitioner, Marie A. Boularand has been practicing, teaching and writing about alternative medicines for the past 23 years in France and North America. In 2003, she imported the Biodecoding® method in the US and founding the Biodecoding® Institute. Having gone through traumatic experiences with western medicine as a child, she quickly developed a passion for alternative medicine as a teenager, which saved her health. She realized how people lost trust in their bodies and gave all their power to the medical authorities. Today, beyond helping people heal their physical and emotional ailments, she focuses on educating them in trusting their amazing body again, experiencing its self-healing power, and gain their health independence back.

“We all want to feel whole and complete, but how is it possible when we constantly fear our life-time partner the body? Like in any couple's relationship, the split always happens because of misunderstanding and miscommunication. My job is to reestablish understanding and communication with the body for the mind to work in trust and harmony with it.”