

The background is a dark purple color with various geometric patterns. In the top left, there are three orange stars of varying sizes. In the top right, there is a faint, light-colored geometric pattern consisting of lines and circles. In the bottom right, there are two more orange stars, one larger than the other. The overall aesthetic is mystical and scientific.

MAGICAL

CORRESPONDENCES

BY RACHEL LANG

Work with the elements.
Align with the cosmos.



Magical Correspondences

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INTRODUCTION

Magical processes involve *intention* and *attention*. We start with intention, whether conscious or unconscious. Then, we focus our attention through thoughts, spells, or ritual practices.

Unconscious intentions are ones set by our subconscious self or higher self, aspects of ourselves that may not be prevalent in our minds. Conscious intentions are the ones we say aloud or think, like, "I'd like to start a new career" or "I want to fall in love." These are the kinds we make during rituals or spells.

After we set an intention, we focus our spiritual power and direct it toward the fulfillment of that intention. Symbols and magical tools can help with this because they give our minds a focal point and bring us into our bodies. When we bring our awareness into our bodies, we ground our spiritual energy and support the realization of our desires.

Symbols work with the unconscious aspects of ourselves. They have layers of meaning. When we use magical symbols like herbs, botanicals, or fragrances, we involve ourselves in performance to the divine sources of magic. We honor all of the elements of the earth, too, trusting them to carry our intentions through the earth, air, fire, and water. We sync up with the waves of the cosmos by aligning our intentions with astrological elements, planets, and signs.

This book of correspondences is a resource to help you plan rituals, spells, and even day-to-day activities.

WHAT IS MY PRIMARY INTENTION? WHAT PLANET COMES INTO AWARENESS WHEN I THINK ABOUT MY INTENTION?

What is Magic

MAGIC: AS ABOVE, SO BELOW

If you look up the word "magic" in the dictionary or online, you will likely see something like this from the Oxford University Press Online Dictionary:

NOUN

1. The power of apparently influencing events by using mysterious or supernatural forces.

ADJECTIVE

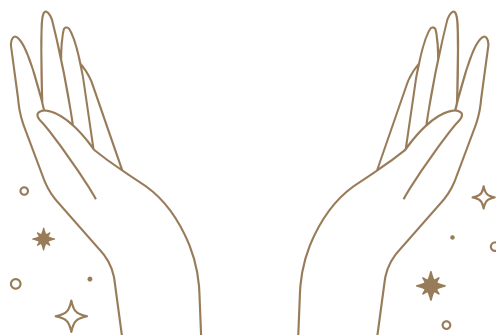
1. Having or apparently having supernatural powers. 'A magic wand'
2. British informal Wonderful; exciting.

VERB

1. Move, change, or create by or as if by magic.

I define magic as the prime creative force alive in us that urges us into a wondrous relationship with all life. Magic is the sparkle you feel at your core during a moment of synchronicity. It's feeling, sensing, and breathing in the fullness of life. You will experience magic differently than anyone else in the world because your magic is unique to you.

Magic is not just about manifesting a desire. It is about embodying your power and potential. It's fearless living. It's syncing up with the waves of the cosmos and being carried to somewhere you never imagined possible.



*As above, so below, as within, so without,
as the universe, so the soul.*

These lines paraphrase those written by Hermes Trismegistus in the *Emerald Tablet* help explain the law of correspondences. The microcosm is as the macrocosm. Everything on earth – down to the smallest molecules – has astrological correspondence. When you learn to work with the symbols, plants, and minerals associated with each planet or sign, you become more magical in your everyday life.

When I was starting to work with magic in my late teens, I was often confused about which crystals to have on my altar or what incense to burn at each full moon. This is the book I *wish* I had then!

As you're starting out on your magical journey, you might find this helpful. You can find out how to work with these by reading *Modern Day Magic: 8 Simple Rules to Realize Your Power and Shape Your Life*

Magic is prime creative energy coursing through us that urges us into a wondrous relationship with all life. It drives us to purpose, passion, and fulfillment. It's our supernatural power.

Working with Magic

YOUR SUPERNATURAL POWER

What would I like to change in my life?

What are my favorite fragrances? Crystals? Plants? By identifying what you're drawn to, you can see the planetary energies most aligned with your body. Those indicate strengths and potential.

Conscious or Unconscious Intentions

What is the most challenging event in my life now?

How am I unconsciously manifesting this event?

What conscious intention could I choose instead?

How do I feel about my conscious intention?

Creating Sacred Space

PROTECTING YOUR ENERGY SO YOU CAN FOCUS AND DIRECT



Ways to create sacred space:

- Surround yourself with light.
- Intention is everything.
- Create an altar with crystals, candles, herbs, flowers, and other sacred objects.
- Work with crystals that support the intentions you have in mind.
- Light candles and work with different herbs, making tinctures and teas.
- Infuse everything with magic.

Incenses for clearing space:

- Lavender
- Rosemary
- Cedar
- Frankincense
- Pine resin
- Sage (sourced ethically, without cultural appropriation)

Ritualize It!

PREPARE YOURSELF FOR BIG MAGIC!

When you prepare a ritual or spell, it's best to work with the astrological energies that best support the kind of intentions you have in mind. Incorporate the herbs, fragrances, botanicals, crystals, and symbols associated with the planets you want to invoke.

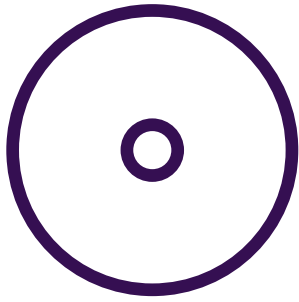
You can plan day to day activities through correspondences as well. For example, if you want to socialize, choose Friday, Venus day. Declutter on Saturday, Saturn's day. Send your emails out on Wednesday, Mercury's day. Different planetary days highlight the activities connected to those planets.





PLANETS





Sun

Day of the Week: Sunday

Time of Day: Noon

The Sun is yang energy, meaning more outer-directed, action-oriented, and expressive. It's diurnal, or day-oriented.

Zodiac Signs

Rules: Leo
Exalted in: Aries
Detriment: Aquarius
Fall: Libra

Element

Fire

Body Parts

Circulation of the Heart, Heart, Mid-Back, Right Eye

Foods

Barley, Garlic, Ginger, Honey, Leeks, Lemon, Liver, Mulberries, Orange, Pepper, Walnut

Themes and Intentions

Ambition, Authority, Confidence, Courage, Creativity, Happiness, Health, Leadership, Recognition, Success, Vitality

Plants and Herbs

Angelica, Bay Laurel, Chamomile, Cinnamon, Daffodil, Eyebright, Fenugreek, Frankincense, Ginger, Goldenseal, Heliotrope, Ivy, Marigold, Marjoram, Mistletoe, Rosemary, Saffron, St. John's Wort, Vervain

Trees

Ash, Cedar, Juniper, Laurel, Oak, Orange, Palm

Incense and Oils

Amber, Cinnamon, Clove, Frankincense, Myrrh, Musk

Colors and Numbers

Orange, Gold, Yellow

Number 1

Metals

Brass, Gold

Creatures

Boar, Eagle, Dragon, Falcon, Gazelle, Horses, Lion, Ram, Turtle Dove

Crystals

Amber, Beryl (Gold), Carnelian, Citrine, Diamond, Orange Calcite, Pyrite, Quartz, Ruby, Sunstone, Tiger's Eye, Topaz, Yellow Sapphire



Moon

Day of the Week: Monday

Time of Day: Midnight

The Moon is yin energy, meaning more inner-directed, receptive, and intuitive. It's nocturnal, or night-oriented.

Zodiac Signs

Rules: Cancer
Exalted in: Taurus
Detriment: Capricorn
Fall: Scorpio

Element

Water

Body Parts

Breasts, Left Eye, Lymphatic System, Stomach

Foods

Cabbage, Crab, Cucumber, Dairy, Flaxseed, Lettuce, Mushrooms, Mussels, Onion, Pumpkin, Watercress

Themes and Intentions

Ancestry, Caregivers, Divination, Emotions, Family, Fertility, Food, Home, Intuition, Mother, Women & Feminine Identified

Plants and Herbs

Aloe, Bergamot, Chamomile, Clary, Columbine, Daisy, Duckweed, Dog Rose, Dog's Tooth Violet, Gardenia, Grass, Iris, Jasmine, Leaves, Lotus, Moonwort, Purslane, Reeds, Water Lily, White Rose, Vitex

Trees

Linden, Mastic, Willow

Incense and Oils

Aloes, Black Copal, Camphor, Clary Sage, Jasmine, Rosemary, Water Scents, White Rose

Colors and Numbers

Gray, Sea Green, Silver, White

Number 2

Metals

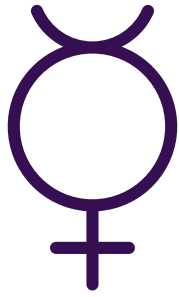
Silver

Creatures

Chameleon, Chickens, Crab, Ducks, Fish, Frogs, Giraffe, Geese, Herons, Lobster, Otter, Oyster, Rats, Sea Birds, Shellfish, Tortoise

Crystals

Agate, Beryl, Calcite, Coral (White), Emerald, Herkimer Diamond, Marcasite, Moonstone, Morganite, Mother-of-Pearl, Opal, Pearl, Selenite, Shells



Mercury

Day of the Week: Wednesday

Time of Day: Wednesday

Mercury is both yin and yang. It is fluid in its expression of energy.

Zodiac Signs

Rules: Gemini, Virgo
Exalted in: Virgo
Detriment: Sagittarius
Fall: Pisces

Element

Air, Earth

Body Parts

Arms, Brain, Hands, Intestines, Lungs, Nervous, Shoulders, Tongue

Foods

Blackberry, Carrot, Egg White, Endive, Grains, Hazelnut, Lentils, Licorice, Oats, Peas, Quince

Themes and Intentions

Communication, Computers, Contracts, Divination, Editing, Language, Mediumship, Memory, Mental Pursuits, Neighbors, Siblings, Social Activities, Spirit Communication, Teaching, Transportation, Travel (Short Distances)

Plants and Herbs

Anise, Azalea, Basil, Bergamot, Caraway, Coriander, Dill, Fennel, Fern, Knotgrass, Lavender, Lilac, Lily of the Valley, Marjoram, Moneywort, Parsley, Parsnips, Savory, Senna, Valerian

Trees

Alder, Cypress, Hazelnut, Mulberry, Myrtle

Incense and Oils

Lavender, Lemongrass, Lemon Verbena, Lilac, Peppermint, Mastic, Mace, Karaya, Sandalwood

Colors and Numbers

Gray, Navy Blue, Yellow

Number 5

Metals

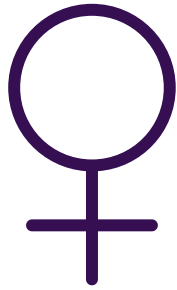
Mercury, Quicksilver

Creatures

Ants, Apes, Donkeys, Bees, Beetles, Birds, Camel, Cat, Dog, Fox, Hyena, Jackal, Monkey, Peacock, Rabbit, Squirrel, Spider, Weasels

Crystals

Blue Lace Agate, Blue Sapphire, Blue Topaz, Fluorite, Green Tourmaline, Hematite, Lodestone, Turquoise



Venus

Day of the Week: Friday

Time of Day: Dawn, Dusk

Venus is yin energy, meaning more inner-directed, receptive, and intuitive. It's nocturnal, or night-oriented.

Zodiac Signs

Rules: Taurus, Libra
Exalted in: Pisces
Detriment: Aries, Scorpio
Fall: Virgo

Element

Air, Earth

Body Parts

Kidneys, Larynx, Lower Back, Ovaries, Throat, Thymus Gland, Uterus

Foods

Almond, Apple, Apricots, Artichoke, Blackberries, Cherries, Carbohydrates, Candy, Chickpeas, Dates, Elderberry, Fig, Gooseberry, Grapes, Marshmallow, Olives, Peach, Parsnip, Pear, Pomegranates, Plums, Raspberries, Raisins, Spinach, Strawberries, Sweets, Wine

Themes and Intentions

Abundance, Arts, Attraction, Balance, Beauty, Creativity, Elegance, Fashion, Fertility, Finances, Friendship, Happiness, Harmony, Healing Conflict, Love, Overcoming Envy, Peace, Pleasure, Popularity, Style

Plants and Herbs

Amber, Aster, Bugleweed, Burdock, Catnip, Cotton, Dandelion, Elderberry, Ferns, Flowers (in General), Foxgloves, Geranium, Holly, Moneywort, Mugwort, Orchids, Oregano, Pansies, Pennyroyal, Peppermint, Periwinkle, Plantain, Primrose, Ragwort, Red Clover, Roses, Sorrel, Tansy, Thyme, Vanilla, Violet

Trees

Alder, Almond, Apple, Apricot, Ash, Birch, Cherry, Cyprus, Mango, Ficus, Fig, Olive, Papaya, Peach, Sycamore, Teak, Turpentine Tree

Incense and Oils

Apple Blossom, Cardamon, Chamomile, Frankincense, Geranium, Rose, Lilac, Palmarosa, Patchouli, Peppermint, Plumeria, Rose, Sandalwood, Spearmint, Vanilla Bean, Violet, Ylang-Ylang

Colors and Numbers

Green, Light Blue, Mauve, Periwinkle, Pink, White

Number 6

Metals

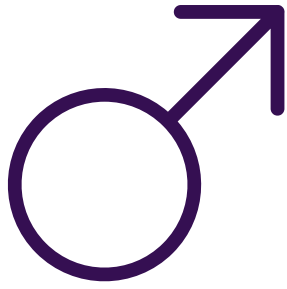
Brass, Copper

Creatures

Blackbird, Bull, Crow, Dove, Panther, Partridge, Pelican, Pheasant, Pigeon, Rabbit, Raven, Sparrow, Sheep, Swan, Turtledove, Wren

Crystals

Antimony, Copper, Emerald, Jade, Kunzite, Kyanite, Moss Agate, Pink Tourmaline, Rose Quartz, Selenite



Mars

Day of the Week: Tuesday

Mars is yang energy, meaning more outer-directed, action-oriented, and expressive. It's diurnal, or day-oriented.

Zodiac Signs

Rules: Aries, Scorpio
Exalted in: Capricorn
Detriment: Taurus, Libra
Fall: Cancer

Element

Fire, Water

Body Parts

Blood, Gall Bladder, Genitals, Head, Testicles

Foods

Alcohol, Arugula, Chillies, Eggplant, Garlic, Ginger, Horseradish, Mustard, Pickles, Peppers, Proteins, Onions, Radish, Rhubarb, Root Beer

Themes and Intentions

Ambition, Anger, Conflict, Courage, Motivation, Sports, War

Plants and Herbs

Anemone, Astragalus, Basil, Black Cohosh, Blessed Thistle, Bloodroot, Bryony, Butcher's Broom, Cactus, Cammock, Chives, Cumin, Cyclamen, Dragon's Blood, Garlic, Geranium, Hemlock, Hops, Hyssop, Marjoram, Nettle, Pepper, Rue, Snapdragon, Tarragon, Tobacco, Wormwood

Trees

Bitter, Blackthorn, Chestnut, Pine, Tamarinds, Thorny Trees, Yew

Incense and Oils

Basil, Benzoin, Cinnamon, Dragon's Blood, Ginger, Myrrh, Pepper, Red Sandalwood, Star Anise, Tobacco

Colors and Numbers

Orange, Red

Number 9

Metals

Iron

Creatures

Bats, Bears, Fox, Hawk, Gnats, House Fly, Leopard, Lion, Magpie, Mule, Ostrich, Raptors, Raven, Snakes, Tiger, Vulture, Wasps, Wild Pigs, Wolf

Crystals

Bloodstone, Carnelian, Charcoal, Cinnabar, Hematite, Iron Oxide, Magnetite, Red Agate, Red Sardonyx, Vermillion

4

Jupiter

Day of the Week: Thursday

Jupiter is yang energy, meaning more outer-directed, action-oriented, and expressive. It's diurnal, or day-oriented.

Zodiac Signs

Rules: Sagittarius, Pisces
Exalted in: Cancer
Detriment: Gemini, Virgo
Fall: Capricorn

Element

Fire, Water

Body Parts

Hips, Liver, Thighs

Foods

Asparagus, Bilberries, Fats, Gooseberry, Honey, Huckleberries, Leeks, Limes, Olive Oil, Sesame

Themes and Intentions

Abundance, Business, Faith, Higher Education, Indulgence, Justice, Knowledge, Leadership, Legal Matters, Luck, Opportunity, Optimism, Politics, Religion, Spirituality, Success, Travel, Truth, Wisdom, Wealth

Plants and Herbs

grimony, Ash, Betony, Borage, Carnation, Cinquefoil, Chicory, Cloves, Dahlias, Dandelion, Feverfew, Hyacinth, Ivy, Liverwort, Nutmeg, Pimpernel, Red Rose, Sage

Trees

Ash, Balsam, Bayberry, Beech, Fir, Chicory, Coral, Juniper, Linden, Maple, Mulberry, Oak, Olive, Sycamore, Walnut

Incense and Oils

Ash, Balm, Balm of Gilead, Clove, Frankincense, Golden Copal, Hyssop, Nutmeg, Oud, Rosemary, Rosewood, Saffron

Colors and Numbers

Blue, Purple

Number 3

Metals

Tin

Creatures

Cheetahs, Deer, Dolphin, Elephant, Lark, Oxen, Peacock, Pea Hen, Pegasus, Tamed Lion, Unicorn, Whale

Crystals

Amethyst, Ametrine, Blue Halite, Chevron Lapis Lazuli, Diamond, Epidote, Lepidolite Star, Moldavite, Sapphire, Spirit Quartz, Sugilite



Saturn

Day of the Week: Saturday

Saturn is yang energy, meaning more outer-directed, action-oriented, and expressive. It's diurnal, or day-oriented.

Zodiac Signs

Rules: Capricorn, Aquarius
Exalted in: Libra
Detriment: Cancer, Lep
Fall: Aries

Element

Air, Earth

Body Parts

Skeleton, Muscles, Teeth, Joints,
Calves

Foods

Salt, Protein, Barley, Beets, Hemp, Ice, Persimmons

Themes and Intentions

Career Pursuits, Binding and Clearing, Karma, Rules, Laws, Bones and Teeth, Structures, Ancestors, Limitations, Authority Figures, Hard Work, Boundaries

Plants and Herbs

Belladonna, Mandrake, Patchouli, Skullcap, Bittersweet, Amaranth, Solomon's Seal, Comfrey, Horsetail, Nightshade, Pansy, Poison Oak, Ivy, Knotgrass

Trees

Beech, Elm, Ginko, Poplar

Incense and Oils

Patchouli, Cannabis, Yew, Musk

Colors and Numbers

Black, Navy, Brown, Dark Gray, Dark Green

Number 8

Colors and Numbers

Black, Navy, Brown, Dark Gray, Dark Green

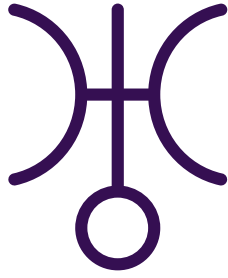
Number 8

Metals

Lead

Crystals

Garnet, Jet, Black Tourmaline, Malachite, Fossils, Onyx, Garnet, Obsidian, Black Diamond



Uranus

Day of the Week: None

Zodiac Signs

Associated with: Aquarius
Opposite Sign: Leo

Element

Air

Body Parts

Ankles, Brow, Calves

Foods

Abstinence from Food, Foods Rich in Zinc

Themes and Intentions

Community, Electricity, Future, Groups, Heavens, Higher Mind, Humanitarian Interests, Inventions, Magic, Progress, Revolution, Sudden Changes, Technology

Plants and Herbs

Sage, Siler Root, Violet

Incense and Oils

Cederwood, Frankincense, Lilac, Lotus

Colors and Numbers

Indigo, Violet

Number 8

Creatures

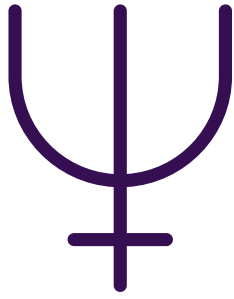
Butterfly, Dragonfly, Fox, Ibis, Jackal, Moth

Metals

Titanium, Uranium

Crystals

Amazonite, Amethyst, Aventurine, Feldspar, Garnet, Herkimer Diamond, Labradorite, Mica, Tourmaline



Neptune

Day of the Week: None

Zodiac Signs

Associated With: Pisces
Opposite Sign: Virgo

Element

Water

Body Parts

Feet, Pineal Gland

Foods

Alcohol, Caffeine, Drugs, Food Additives, Nicotine, Sea Vegetables

Themes and Intentions

Arts, Clairvoyance, Consciousness, Creativity, Spirituality, Deception, Divination, Dreams, Emotions, Mysticism, Mediumship, Protection, Psychic Abilities, Sensitivities

Plants and Herbs

Wisteria, Dulse, Yang-Ylang, Seaweed, Sage, Lotus, Blue Water Lily, Morning Glory, Ocean Plants, Reed, White Mulberry, Plankton

Incense and Oils

Musk, Watery Scents

Colors and Numbers

Gray, Indigo, Purple, Sea Green, Teal

Number 2, 7

Metals

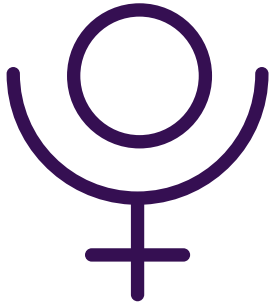
Tungsten

Creatures

Albatross, Fish, Octopus, Sea Horse, Sea Urchin, Whale

Crystals

Amethyst, Angelite, Aquamarine, Blue Lace Agate, Celestite, Mother-of-Pearl Jade, Pearl, Shells



Pluto

Day of the Week: None

Zodiac Signs

Associated With: Scorpio
Opposite Sign: Taurus

Element

Water

Body Parts

Reproductive System, Urinary Tract

Foods

Bacteria, Enzymes, Fermented Foods

Themes and Intentions

Death, Hidden Things, Intimacy, Investments, Long-Term Wealth, Occult Matters, Psychology

Plants and Herbs

Belladonna, Black Pansy, Bittersweet, Coneflower, Fireweed, Nettles, Passionflower, Silverweed, Yage

Trees

Acacia

Incense and Oils

Almond, Amaranth, Oud

Colors and Numbers

Black, Brown, Crimson, Maroon

Metals

Platinum

Creatures

Bee, Crayfish, Dragon, Phoenix, Scorpion, Wolf

Crystals

Malachite, Moldavite, Red Garnet, Rhodochrosite, Ruby

Invoking a Planet

WELCOME THE ENERGY OF A PLANET TO SUPPORT YOU



What is my intention? What planet would most support this intention?

What can I do to honor this planet?

Invoke a Planet

MEDITATION

Center your awareness on your crown chakra (right above the crown of your head), and say the name of the planet you'd like to invoke three times. Welcome in that energy. Allow it to flow from your head throughout your body. Feel it moving through the base of your body and connect to the earth. Ground that energy.

Wear a stone representing that planet for seven days, and set a timer to stop in the middle of the day to do a short meditation on that planet.

Drink teas or wear fragrances associated with that planet. You can mix herb or oil blends together as well.





SIGNS





Aries

Day of the Week: Tuesday

Symbol: The Ram

Celebration: Vernal Equinox

Aries is a yang sign, meaning more outer-directed, action-oriented, and expressive. It's diurnal, or day-oriented.

Ruled By

Mars, Sun by Exaltation

Opposite Sign

Libra

Element

Fire

Body Parts

Chin, Ears, Eyebrows, Face, Head, Upper Jaw

Foods

Allspice, Chilies, Cinnamon, Garlic, Ginger, Horseradish, Pepper, Mustard, Radish, Rhubarb

Themes and Intentions

Action, Ambition, Anger, Assertiveness, Beginnings, Business, Conflicts, Courage, Independence, Initiating Change, Leadership, New Taking Charge, Passion, Sexuality, Vitality

Plants and Herbs

Basil, Betony, Blackberry, Blood Root, Cinnamon, Chilies, Clove, Coriander, Geranium, Ginger, Hyacinth, Lemon, Mustard, Nettles, Paprika, Pepper, Snapdragon, Thistle, Tiger Lily

Trees

Bay, Fir, Olive Tree

Incense and Oils

Geranium, Gorse, Thistle, Tiger Lily, Wild Rose

Colors and Numbers

Red, Scarlet

Number 9

Metals

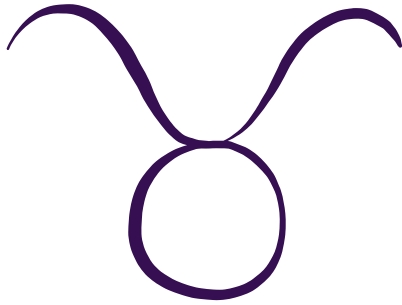
Iron, Steel

Creatures

Elk, Hawk, Lamb, Magpie, Ram, Robin, Woodpecker

Crystals

Apache Tears, Bloodstone, Carnelian, Citrine, Diamond, Garnet, Red Jasper, Ruby, Sardonyx, Spinel



Taurus

Day of the Week: Friday

Symbol: The Bull

Celebration: Beltane, April 30

Taurus is yin sign, meaning more inner-directed, receptive, and intuitive. It's nocturnal, or night-oriented.

Ruled By

Venus

Opposite Sign

Scorpio

Element

Earth

Body Parts

Buttocks, Ears, Neck, Throat, Thyroid, Tonsils, Lower Jaw

Foods

Blackberry, Beans, Cherry, Corn, Gourds, Raspberry

Themes and Intentions

Decor, Design, Finances, Food, Physical Pleasure, Possessions, Practical Aspects of Life, Security, Self-Worth, Sensuality, Sexuality, Stability, Wealth

Plants and Herbs

Bergamot, Cardamom, Catnip, Daisy, Dandelion, Hibiscus, Larkspur, Lilac, Lily, Mugwort, Orchid, Patchouli, Peppermint, Raspberry, Rose, Sage, Tulip, Vanilla, Verbena, Violet

Trees

Cherry, Cypress, Hawthorn, Magnolia, Myrtle

Incense and Oils

Cardamum, Cassia, Costus, Myrrh, Myrtle, Oak Moss, Patchouli, Rose, Sansalwood, Violet

Colors and Numbers

Green, Light Blue, Light Pink, Pastels

Number: 6

Metals

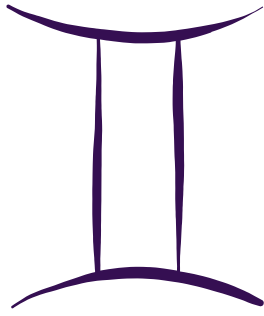
Copper

Creatures

Beaver, Bull, Cow, Dove, Ox, Pigs, White Tiger

Crystals

Blue Tourmaline, Chrysoprase, Emerald, Jade, Kunzite, Lolite, Moss Agate, Rhodite, Rose Quartz, Selenite, Turquoise



Gemini

Day of the Week: Wednesday

Symbol: The Twins

Gemini is a yang sign, meaning more outer-directed, action-oriented, and expressive. It's diurnal, or day-oriented.

Ruled By

Mercury

Opposite Sign

Sagittarius

Element

Air

Body Parts

Arms, Fingers, Hands, Lungs, Nervous System

Foods

Chestnut, Fennel, Hazelnut, Licorice, Walnut

Themes and Intentions

Communication, Ideas, Information, Learning, Local Community, Organization, Siblings, Teaching, Travel (Short Distances), Wit, Writing

Plants and Herbs

Anise, Azalea, Bergamot, Caraway, Clover, Dill, Fennel, Fenugreek, Horehound, Hybrids, Lavender, Lemongrass, Lily, Mallow, Meadowsweet, Tansy, Verbena, Valerian, Vervain, Woodbine, Yarrow

Trees

Beech, Birch, Nut Trees

Incense and Oils

Anise, Iris, Mastic, Orchid, Wormwood

Colors and Numbers

Orange, White, Yellow

Number: 5

Metals

Mercury, Quicksilver

Creatures

Butterflies, Chicken, Deer, Monkeys, Parrot, Raven, Rodents, Small Birds

Crystals

Aquamarine, Alexandrite, Chrysocolla, Clear Quartz, Fluorite, Jade, Watermelon Tourmaline



Cancer

Day of the Week: Monday

Symbol: The Crab

Celebration: Summer Solstice

Cancer is yin energy, meaning more inner-directed, receptive, and intuitive. It's nocturnal, or night-oriented.

Ruled By

Moon

Opposite Sign

Capricorn

Element

Water

Body Parts

Breasts, Stomach

Foods

Cabbage, Comfort Food, Cucumber, Dairy, Leafy Greens, Lettuce, Lotus Root, Melons, Oysters, Pumpkin, Sea Vegetables, Shellfish, Squash, Turnip

Themes and Intentions

Ancestors, Emotional Connections, Family, Fertility, Home, Intuition, Motherhood, Nurturing, Psychic and Spiritual Gifts, Security (Emotional and Financial), Real Estate

Plants and Herbs

Agrimony, Chamomile, Clary, Coconut, Daisy, Ginseng, Hazel, Jasmine, Larkspur, Lettuce, Lotus, Mangrove, Poppy, Seaweed, Purslane, Sage, Water Lily, Wintergreen

Trees

Alder, Mimosa, Spruce

Incense and Oils

Camphor, Honeysuckle, Lemon Balm, Lotus, Oyncha, Rose

Colors and Numbers

Gray, Light Blue, Silver, White

Number 2

Metals

Silver

Creatures

Blackbird, Crab, Ibis, Lobster, Oysters, Seagull, Turtle, Whale

Crystals

Beryl, Calcite, Clear Quartz, Moonstone, Opal, Pearls, Selenite



Leo

Day of the Week: Sunday

Symbol: The Lion

Celebration: Lughnasadh, Lammas

Leo is a yang sign, meaning more outer-directed, action-oriented, and expressive. It's diurnal, or day-oriented.

Ruled By

Sun

Opposite Sign

Aquarius

Element

Fire

Body Parts

Heart, Mid-Back, Spine

Foods

Grapefruit, Honey, Lemons, Limes, Oranges, Seeds, Sunflower

Themes and Intentions

Creative Expression, Confidence, Games and Speculation, Leadership, Loyalty, Passion, Play, Romance, Performance, Self-Expression

Plants and Herbs

Bay, Camomile, Cinnamon, Daffodil, Dahlia, Frankincense, Goldenseal, Heliotrope, Honey, Laurel, Lily, Marigold, Mistletoe, Nutmeg, Peony, Poppy, Rosemary, Saffron, St John's Wort, Sunflower, Tarragon

Trees

Bay, Chestnut, Elm, Laurel, Lemon, Olive, Orange

Incense and Oils

Balsam, Frankincense, Hops, Olibanum, Marigold

Colors and Numbers

Gold, Orange, Yellow

Number 1

Metals

Gold

Creatures

Cat, Eagle, Lion, Peacock, Raven, Tiger, Turkey

Crystals

Amber, Carnelian, Citrine, Crysolite, Jasper, Onyx, Ruby, Sunstone, Topaz, Tiger's eye, Yellow Diamond



Virgo

Day of the Week: Wednesday

Symbol: The Virgin

Virgo is a yin sign, meaning more inner-directed, receptive, and intuitive. It's nocturnal, or night-oriented.

Ruled By

Mercury

Opposite Sign

Pisces

Element

Earth

Body Parts

Intestines, Sympathetic
Nervous System

Foods

Cheese, Endive, Fowl, Fennel, Grains, Kale, Millet,
Oats, Tea, Vegetables, Wheat, Wheatgrass

Themes and Intentions

Alternative Healing, Analytical Mind, Co-Workers,
Disseminating Information, Health, Hired Help, Letting
Go and Clearing, Order, Organization, Purification,
Ritual, Routines, Service, Work

Plants and Herbs

Aster, Arnica, Calamint, Caraway, Carrots,
Chicory, Celery Seed, Chamomile, Dill, Fennel,
Fenugreek, Hay, Heather, Lavender, Licorice,
Narcissus, Patchouli, Savory, Skullcap, Snowdrop,
Valerian

Trees

Ash, Beech

Incense and Oils

Cornflower, Mace, Mastic, Narcissus, Snowdrop,
White Sandalwood

Colors and Numbers

Black, Dark Brown, Gray, Navy Blue, White, Yellow-
Green

Number 5

Metals

Mercury

Creatures

Bees, Birds, Chicken, Fox, Nightingale,
Intestinal Parasites, Pheasant, Sparrow,
Swallow, Weasel

Crystals

Agate, Amazonite, Apatite, Aventurine,
Jasper, Peridot, Sapphire, Sugilite,
Turquoise, Tourmaline, Zircon



Libra

Day of the Week: Friday

Symbol: The Scales

Celebration: Autumnal Equinox

Libra is a yang sign, meaning more outer-directed, action-oriented, and expressive. It's diurnal, or day-oriented.

Ruled By

Venus

Opposite Sign

Aries

Element

Air

Body Parts

Buttocks, Kidneys, Liver, Low Back

Foods

Apple, Fig, Maple Syrup, Peach, Strawberries, Sweets

Themes and Intentions

Balance, Beauty, Business Partnerships, Flirtation, Friendship, Justice, Love, Legal Matters, Marriage, Peace, Relationships, Romance, Talent Agents

Plants and Herbs

Almond Oil, Aloe, Apple, Belladonna, Burdock, Fig, Gardenia, Geranium, Hibiscus, Jasmine, Lemon-Thyme, Lilac, Mugwort, Pink Clover, Raspberry, Rose, Strawberry, Thyme, Vanilla, Violet

Trees

Apple, Balm, Box Tree, Pear

Incense and Oils

Galbanum, Musk, Myrrh, Myrtle, Oak Moss, Rose, Sandalwood, Violet

Colors and Numbers

Green, Pink, Royal Blue

Number 6

Metals

Copper

Creatures

Dove, Elephant, Swan

Crystals

Agate, Coral, Desert Rose, Emerald, Kunzite, Lepidolite, Malachite, Pink or Blue Tourmaline, Peridot, Rose Quartz



Scorpio

Day of the Week: Tuesday

Symbol: The Scorpion

Celebration: Samhain, October 31

Scorpio is a yin sign, meaning more inner-directed, receptive, and intuitive. It's nocturnal, or night-oriented.

Ruled By

Mars, Pluto

Opposite Sign

Taurus

Element

Water

Body Parts

Gall Bladder, Genitals, Gonads, Groin, Spleen

Foods

Enzymes, Fermented Foods

Themes and Intentions

Afterlife, Death, Desire, Healing, Inheritance, Occult Sciences, Power, Psychic Abilities, Psychology, Rebirth, Sexuality, Secrets, Shared Finances, Taxes, Transformation

Plants and Herbs

Allspice, Basil, Black Pepper, Cactus, Chrysanthemum, Coriander, Cumin, Dragon's Blood, Eucalyptus, Forget-Me-Not, Foxglove, Ginger, Ivy, Lady's Mantle, Leek, Myrrh, Nettle, Pomegranate Seed, Scorpion Grass, Thistle, Wormwood

Trees

Blackthorn, Pine, Pomegranate

Incense and Oils

Basil, Benzoin, Dragon's Blood, Opononax

Colors and Numbers

Black, Crimson, Maroon, Red

Number 9

Metals

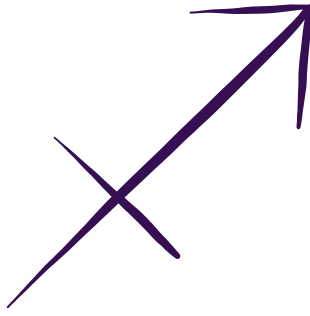
Iron, Steel

Creatures

Beetle, Crayfish, Scorpion, Swan

Crystals

Bloodstone, Labradorite, Malachite, Obsidian, Red Garnet, Red Jasper, Rhodochrosite, Ruby, Snakeskin Agate



Sagittarius

Day of the Week: Thursday

Symbol: The Archer

Sagittarius is a yang sign, meaning more outer-directed, action-oriented, and expressive. It's diurnal, or day-oriented.

Ruled By

Jupiter

Opposite Sign

Gemini

Element

Fire

Body Parts

Hips, Liver, Sciatic Nerves, Thighs

Foods

Abundance of Food, Asparagus, Bilberries, Fats, Gooseberry, Honey, Huckleberries, Leeks, Limes, Olive Oil, Sesame

Themes and Intentions

Faith, Freedom, Gurus, Higher Education, Knowledge, Luck, Optimism, Philosophy, Religion, Spirituality, Teachers, Travel (Long Distance), Truth

Plants and Herbs

Aster, Betony, Carnation, Cardamom, Christmas Cactus, Holly, Hops, Hyssop, Narcissus, Nutmeg, St. John's Wort, Vervain

Trees

Cedar, Horse Chestnut, Linden, Oak, Palm, Spruce

Incense and Oils

Ash, Balm, Balm of Gilead, Carnation, Golden Copal, Mace, Oud, Sage, Wood Aloes

Colors and Numbers

Dark or Royal Blue, Olive Green, Pale Green, Purple

Number: 3

Metals

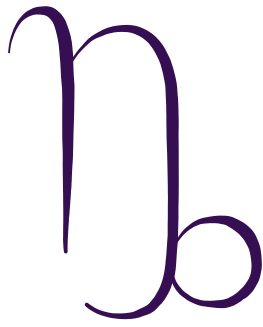
Tin

Creatures

Centaur, Dog, Horse, Pegasus, Unicorn

Crystals

Azurite, Beryl, Brown or Yellow Jasper, Black Tourmaline, Herkimer Diamond, Sodalite, Lapis Lazuli, Topaz, Turquoise



Capricorn

Day of the Week: Saturday

Symbol: The Seagoat

Celebration: Winter Solstice

Capricorn is a yin sign, meaning more inner-directed, receptive, and intuitive. It's nocturnal, or night-oriented.

Ruled By

Saturn

Opposite Sign

Cancer

Element

Earth

Body Parts

Bones, Joints, Knees, Skin, Teeth

Foods

Amaranth, Barley, CBD Oil, Flaxseed, Hemp Oil, Hemp Seeds,

Themes and Intentions

Ambition, Bosses, Businesses, Career, Commitment, Corporations, Determination, Discipline, Father, Focus, Grounding, History, Practical Matters, Rules, Striving Toward Goals, Structures, Success, Supervisors, Time

Plants and Herbs

Bayberry, Carnation, Comfrey, Hemp, Mandrake, Nightshade, Orchis Root, Patchouli, Pine, Poppy Seed, Rue, Thistle, Thyme, Tobacco, Yew

Trees

Birch, Elm, Poplar, Willow, Yew

Incense and Oils

Asam, Burgundy Pitch, Civet, Gum Benzoin, Musk, Patchouli

Colors and Numbers

Black, Brown, Dark Gray, Dark Green

Metals

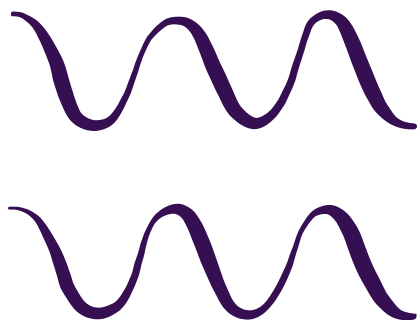
Lead

Creatures

Bat, Donkey, Fish, Goat, Reptiles, Wolf

Crystals

Black Onyx, Black Tourmaline, Coal, Chrysoprase, Granite, Jet, Ruby, Smoky Quartz, Tiger Eye, Turquoise, Yellow Zircon



Aquarius

Day of the Week: Saturday

Symbol: Water-bearer

Celebration: Imbolc, February 1

Aquarius is a yang sign, meaning more outer-directed, action-oriented, and expressive. It's diurnal, or day-oriented.

Ruled By

Saturn, Uranus

Opposite Sign

Leo

Element

Air

Body Parts

Ankles, Calves, Circulatory System, Legs, Shins

Foods

Coconut, Zinc

Themes and Intentions

Community, Freedom, Friendships, Future, Groups, Humanitarian Interests, Individuality, Intellect, Inventions, Social Networks, Technology

Plants and Herbs

Bird of Paradise, Coconut, Dragonwort, Ginseng, Iris, Lavender, Orchid, Rosemary, Sage

Trees

Ash, Aspen, Cypress, Mimosa, Pine, Rowan

Incense and Oils

Civet, Frankincense, Galbanum, Lavender

Colors and Numbers

Indigo, Pale Yellow, Sky Blue, Turquoise, Violet

Number 8

Metals

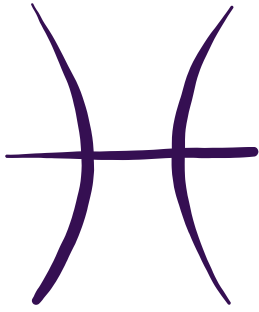
Aluminum, Lead, Uranium

Creatures

Birds, Butterfly, Dragonfly, Humans, Parrot, Peacock

Crystals

Amethyst, Angelica, Aquamarine, Blue Onyx, Crystal, Fluorite, Garnet, Jade, Jasper, Obsidian



Pisces

Day of the Week: Thursday

Symbol: The Two Fish

Pisces is a nocturnal sign, meaning more inner-directed, receptive, and intuitive. It's nocturnal, or night-oriented.

Ruled By

Jupiter, Neptune

Opposite Sign

Virgo

Element

Water

Body Parts

Feet, Pineal Gland, Toes

Foods

Alcohol, Caffeine, Fish, Nicotine, Salt, Sea Vegetables

Themes and Intentions

Addiction, Arts, Dreams, Compassion, Endings, Emotions, Fantasy, Hidden Things, Imagination, Institutions, Intuition, Mysticism, Overcoming Betrayal or Deceit, Psychic Abilities, Spirituality

Plants and Herbs

Ferns, Lotus, Lovage, Orris Root, Reed, Rue, Sage, Seaweed, Violet, Water Lily, Water Mosses, Willow, Wisteria, Ylang-Yang

Trees

Elm

Incense and Oils

Ambergris, Golden Copal, Red Storax

Colors and Numbers

Aqua, Indigo, Sea green, Teal

Number 3

Metals

Tin

Creatures

Beetle, Dolphin, Fish, Heron, Jellyfish, Water Animals, Worms

Crystals

Amethyst, Aquamarine, Blue Lace Agate, Jade, Mother of Pearl, Pearl, Ruby, White Coral

WORKING WITH MAGIC

Magic is spiritual energy, a resource of power. When we focus it in specific ways during rituals or when we're making magical items, we embody magic and work with it in our lives.

The rituals we do bridge the gap between the physical and non-physical -- the realm of the spiritual. The items we make (like talismans, amulets, or candles) hold a concentration of sacred energy that encapsulates our intentions.

Working with astrological magic helps us sync up with the waves of the cosmos and maximize the energy available to support our magical practices. Astrology and magic have always gone hand in hand. Here are some ways to use magical astrology.



WAYS TO WORK WITH MAGIC

- **Divination** - Seeking guidance from divination tools, like tarot cards, automatic writing, tea leaves, astrology, and more.
- **Healing** - Sending magical energy into the places of the mind, body, or spirit that most need healing.
- **Spells** - Working with specific intentions in spells.
- Tinctures or oils - Making blends of oils, herbs, and essences with magical properties.
- **Amulets** - These are items you make or find and charge with the function of protecting you.
- **Making Candle Magic** - Etch a magical symbol into a candle or draw it on the side of the candle. Burn the candle to fuel your intention.
- **Community Rituals** - We can gather in groups for a shared intention.
- **Bath Salts** - You can make bath salts with herbs, crystals, and other essences.
- **Potpurri with Magical Herbs** - Fill your home with the fragrance of magic. Boil magical herbs in a pot to release the intentions in the air.
- **Miscellaneous** - Anything in your life can be magical! Bring spiritual presence to your dinner preparations, nighttime bath, tucking your kids into bed, or any other daily ritual.

WORKING WITH MAGIC

Once you open yourself to magic, you can see it working in your everyday life. You begin to feel more connected to all of life: to nature, people, possibilities, and yourself.

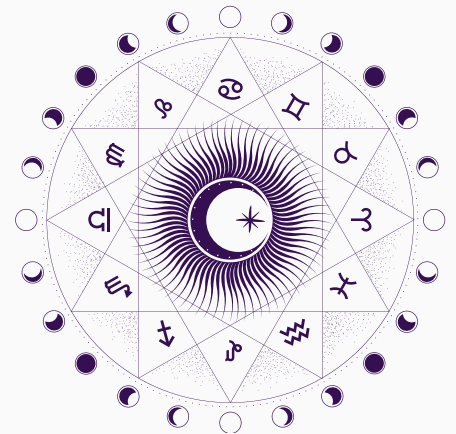
MAGICAL ASTROLOGY

Align your intention with the planet or sign you most wish to invoke. Incorporate herbs, colors, fragrances, crystals, and foods ruled by the planet or sign that best fits your intention. Add them to your altar space, make teas with the herbs, or place essential oils on your pulse points.

It's helpful to time your rituals and spiritual practices with the planetary days of the week.

Each day encapsulates the spirit of a different planet:

- Sunday - Sun**
- Monday - Moon**
- Tuesday - Mars**
- Wednesday - Mercury**
- Thursday - Jupiter**
- Friday - Venus**
- Saturday - Saturn**



Plan activities that coincide with the planetary days. For example, Venus is the planet of beauty and style. You could plan your trip to the salon on Friday. Mercury is the planet of communication; email your proposals and important correspondences out on Wednesday to align with Mercury.

MAGICAL ASTROLOGY (CONTINUED)

You can also work with planetary hours. Every day has 24 hours, and those hours each have a corresponding planetary ruler. We start with the sunrise as the beginning of the first planetary hour. From sunrise to sunset, that's considered daytime. You divide the times into equal planetary hours. So, they might not be exactly 60 minutes. Then, you start over at sunset with the night hours.*

PLANETARY HOURS OF THE DAY:

Hour	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Sun	Moon	Mars	Mercury	Jupiter	Venus	Saturn
2	Venus	Saturn	Sun	Moon	Mars	Mercury	Jupiter
3	Mercury	Jupiter	Venus	Saturn	Sun	Moon	Mars
4	Moon	Mars	Mercury	Jupiter	Venus	Saturn	Sun
5	Saturn	Sun	Moon	Mars	Mercury	Jupiter	Venus
6	Jupiter	Venus	Saturn	Sun	Moon	Mars	Mercury
7	Mars	Mercury	Jupiter	Venus	Saturn	Sun	Moon
8	Sun	Moon	Mars	Mercury	Jupiter	Venus	Saturn
9	Venus	Saturn	Sun	Moon	Mars	Mercury	Jupiter
10	Mercury	Jupiter	Venus	Saturn	Sun	Moon	Mars
11	Moon	Mars	Mercury	Jupiter	Venus	Saturn	Sun
12	Saturn	Sun	Moon	Mars	Mercury	Jupiter	Venus

PLANETARY HOURS OF THE NIGHT:

Hour	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Jupiter	Venus	Saturn	Sun	Moon	Mars	Mercury
2	Mars	Mercury	Jupiter	Venus	Saturn	Sun	Moon
3	Sun	Moon	Mars	Mercury	Jupiter	Venus	Saturn
4	Venus	Saturn	Sun	Moon	Mars	Mercury	Jupiter
5	Mercury	Jupiter	Venus	Saturn	Sun	Moon	Mars
6	Moon	Mars	Mercury	Jupiter	Venus	Saturn	Sun
7	Saturn	Sun	Moon	Mars	Mercury	Jupiter	Venus
8	Jupiter	Venus	Saturn	Sun	Moon	Mars	Mercury
9	Mars	Mercury	Jupiter	Venus	Saturn	Sun	Moon
10	Sun	Moon	Mars	Mercury	Jupiter	Venus	Saturn
11	Venus	Saturn	Sun	Moon	Mars	Mercury	Jupiter
12	Mercury	Jupiter	Venus	Saturn	Sun	Moon	Mars

* There are also great sites and apps you can use for planetary hours, like **Hours** (apps.apple.com/app/id312276382), **Time Nomad** (<https://timenomad.app>), **planetaryhours.net**, **Lunarium** (www.lunarium.co.uk/software/Hours.jsp), and more.

Magic is the art of correspondence. When we see how everything is interrelated and interconnected, there's no way we can deny the spiritual forces of love at work in our lives. We are magic, and when we participate with those forces of love, we can shape our lives and change the world.



For more information on how to work with magic, see *Modern Day Magic: 8 Simple Rules to Realize Your Power and Shape Your Life*

It is your how-to guide to working with magic in your everyday life.