To paraphrase the poet David Baker, as writers and artists we recycle language and ideas, like scavenger animals we take something that has died and give new life to it. Much of my work is concerned with transformation of existing narratives in poetry or myth. My work investigates these concepts most often through themes of natural imagery, decay, and resurgence. This is done by reflecting on the essential experience I have with a narrative or poem. I address this through inventing a visual world for these transformations. This work is meaningful to me because I find solace in the worlds of narratives I am transforming, and the practice of enacting variations of these narratives has become very meditative and reflective for me. There is a quietness to the internal aspect of making this work that I value. This work allows me to communicate my internal experience of these existing narratives, but also opens my work to interpretations outside of the context of the narrative.