

ALL DAY BREAKFAST

Bircher Muesli **\$15**

Fresh summer fruits & coconut yoghurt (V)

Panna Cotta Museli **\$18**

Cacao cotta, coconut yoghurt, lychee, chia & raspberry (VA) (GF)

Eggs Your Way **\$11**

On sourdough or 5 grain (GFA) (DF)
+ add your sides

Smashed Avocado **\$19**

Red onion, fresh chilli, lime, feta & toasted dukkha + add egg \$2

Creamy Mushrooms **\$21**

Portobello garlic & cream mushrooms, feta
+ egg \$2, bacon \$4

Brioche French Toast **\$20**

Summer berries, mascarpone, cinnamon sugar, maple syrup
+ bacon \$4

Three Egg Omelette **\$20**

Your choice of 3 fillings; ham, tomato, mushroom, cheese, onion, spinach, salmon, feta, bacon (GF)

Eggs Benedict **\$20**

Bubble & squeak croquette, poached eggs, hollandaise
+ Mushrooms \$2, + Bacon \$4,
+ Salmon \$4

Urban Soul Big Breakfast **\$24**

Eggs your way, bacon, sausages, mushrooms, tomato, sautéed potatoes, sourdough or five grain (GFA) (DF)

ALL DAY LUNCH

BLT or CLT **\$20**

'US Favourite' bacon or chicken, lettuce, gherkin, tomato served with beer battered fries

Kiwi Fish & Chips **\$24**

Fresh Tarakihi, beer battered fries, garden salad, US tartare

Vietnamese Salad **\$24**

Thin egg crepe, pulled sticky beef, salad, seeds & coriander (K)

Classic Double Cheeseburger **\$25**

Beef pattie, cheese, parmesan gherkins & mustard served with beer battered fries

Buttermilk Chicken Waffle **\$25**

Three cheese waffle, fried chicken, chipotle, smoked aioli & jalapeños

Miso Salmon Bowl **\$25**

Broccoli, edamame, cabbage, seaweed, kewpie mayo, brown rice, sesame soy dressing (GF) (DF)

Prawn and Calamari Salad **\$25**

Rice noodles, cabbage, peppers, sprouts, mint, coriander, peanut & honey soy dressing

Toasted Sandwich **\$8**

Choose up to 3 fillings; bacon, egg, onion, cheese, pineapple, ham, tomato - white or wholemeal bread
GF bread +\$1

GF- Gluten free, DF - Dairy free, K - Keto, V - Vegan, A - available

SIDES

Beer battered fries with garlic aioli **\$8**

Loaded wedges with cheese, bacon, sour cream & sweet chilli sauce **\$12**