HOW TO USE THESE CONVERSATION CARDS

Lay all 5 cards in front of you. Consider what you’d like to KNOW and FEEL at the end of the conversation.

Write it down.
Make notes about what you’ll say on the cards or another sheet of paper.

Practice.
With a friend or just to yourself, say out loud what you’ve written down.

Share with the doctor.
Take the cards or your notes to your visit. (Hint: Try sharing at the start of the visit.)

Tell us how it went.
We want to know if the cards are helpful. Email us at maggie@patientrevolution.org
I want to talk about...
It is important to me because...
It might help you to know...
I want this conversation to lead to...
I’m nervous this conversation will lead to...
THE PATIENT REVOLUTION