



Trust requires relationship. It's no different with God. As we walk through the story of Abraham, Sarah, and Isaac, we see how important it is to trust God and stick closely to him no matter what's going on around us. Trusting God takes on different forms in our lives—at school, at home, and everywhere else we go—but it is rooted in relationship with him.

Week 5: Afraid

Big Idea: We can trust God even when we feel afraid.

Supplies: Bibles

HANGOUT

1. DISCUSS:
 - a. What kinds of things did you fear when you were a young child? What makes you feel afraid now? What do you fear the most?
 - b. What helps you feel safe or calm when you're afraid? Do you ever pray when you feel afraid?

HEAR

2. DISCUSS:
 - a. Can anyone retell the God Story? Where did fear come in? Why was trusting in God incredibly important?
 - b. Did anything stick out to you from the Life Story?
3. Look up and read some of the following verses:
 - Psalm 23:4
 - Psalm 56:3
 - Psalm 94:19
 - John 14:27
 - Philippians 4:6-7
 - 2 Timothy 1:7
 - 1 John 4:18

After reading each verse, consider:

- a. How does this verse speak to you?
- b. What does this say about worry or fear? Is there a connection you can make to your own life?

HUDDLE

4. DISCUSS: What's 1 thing that you genuinely worry about or fear right now or for the future?

Leader Tip: Kick-start the discussion with your own age-appropriate example. Try to keep the tone genuine and a little more serious.
5. Pray as a small group about the things you discussed during your time together and about the things that are going on in one another's lives. Encourage students to pray for other students. The only way for them to learn is to start doing it!