

## Ms My Story

### 1. INTRO ACTIVITY

#### Supplies:

- Dodgeballs

#### Instructions:

- Divide the students into 2 teams and send them to opposite ends of your group's space.
- Have both groups secretly choose 1 student to be their team's "doctor."
- Explain that the wall behind each team is their "hospital." If a ball hits someone below the waist, that person must immediately sit down on the floor. The team's "doctor" may drag anyone who is sitting on the floor back to the "hospital." This "heals" the player, who may return to playing the game.
- Caution the teams that if a "doctor" is hit, their teammates can longer be "healed."
- Place the dodgeballs in a line across the middle of your space.
- Have the teams run for the balls and start playing when you shout, "Go!"
- Play until a team eliminates all of the players on the other team or as long as time allows.

## Gs God Story Ls Life Story

### 2. WEEKLY VIDEO

#### Supplies:

- Video file

#### Leader Tip:

- Encourage the students to focus on the video as necessary.

#### Instructions:

- Introduce this week's Big Idea: **God's peace can heal relationships.**
- Play the video. It contains:
  - Host segment
  - God Story (Jacob and Esau, Genesis 32-33)
  - Life Story (Janet Spain on how God helped her with "mean girls" in high school)

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### 3. SMALL GROUPS

#### Supplies:

- Leader notes (Jr. High/Sr. High)
- Bibles

#### Instructions:

- Ensure the leaders have the necessary supplies for small group time.
- Divide into small groups and follow the Hangout, Hear, and Huddle instructions in the leader notes.

# Os Our Story

## 4. WRAP UP

**Supplies:**

- None

**Instructions:**

- Bring everyone back together as a large group.
- Have each small group share something that stood out to them from their small group time.
- Close together in prayer.
- Remind everyone about any upcoming events or relevant announcements.