



*Our relationship with God directly affects our relationships with others. The more we get to know God, the more we get to know his story and better understand our own.*

## Week 3: Inside Out

**Big Idea:** God knows who we really are and wants us to know too.

**Key Verse:** "So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image." (2 Corinthians 3:18, NLT)

**Supplies:** Bibles, Psalm 139 prayer handouts

### HANGOUT

1. DISCUSS:
  - a. What's 1 word your mom or dad would use to describe you?
  - b. What's 1 word your best friend would use to describe you?
  - c. What's 1 word your teacher would use to describe you?
  - d. What's 1 word you would use to describe yourself?

### HEAR

2. Look up and read Genesis 35:9-13.
3. DISCUSS: What does this passage say about who God is? What does it say about who Jacob is?
4. Look up and read Colossians 2:9-10.
5. DISCUSS: What does this passage say about who Jesus is? What does it say about who you are?
6. With emphasis, SAY: You are completed in Christ! In other words, you are enough, you are made whole, you are the perfect version of yourself in Christ. That's awesome!

### HUDDLE

7. DISCUSS: We all have things about ourselves that we feel insecure or awkward about. Which area in your own life do you need a reminder that you are made complete in Christ?
8. After everyone has shared their answers, pray together.
9. If time allows, have the students sit quietly while you read the Psalm 139 prayer handout together. Otherwise, give each student a handout to take home and encourage them to do the exercise on their own this week.