

YOU AND ME

GENESIS 32-33

God Story:

Jacob and Esau | Genesis 32-33

Big Idea:

God's peace can heal relationships.

Key Verse:

"Trust in the Lord with all your heart. Do not depend on your own understanding. In all your ways remember him. Then he will make your paths smooth and straight."

Proverbs 3:5-6

Leader Tip:

Pray for the kids in your group before they arrive.

Ms My Story

- 1. Conversation Starter** **2 minutes**
Use the discussion questions to set the tone for your group's time together and lead into today's lesson.
- 2. Intro Activity** **5 minutes**
Introduce this week's Big Idea as the kids team up to play a game that answers the question "How would you fix...?" things that are broken.

Gs God Story

Ls Life Story

- 3. Weekly Video** **12 minutes**
The video includes God Story, Life Story, and host segments along with a key verse game.

Ms My Story

- 4. Small Group Activity** **12 minutes ***
Review today's video teaching and then create crafts to help kids remember 4 things to do when they find themselves fighting with someone.

Os Our Story

- 5. Key Verse Activity** **8 minutes**
Learn the words and accompanying actions for this month's key verse.
- 6. Dismissal**
Connect with parents. Remember to give them take home cards!

* Extendable activity

Ms My Story

1. CONVERSATION STARTER

Supplies:

- None

Leader Tips:

- Use the Conversation Starter to set the tone for your group's time together.
- Be prepared to share your own age-appropriate answers to the questions.

Instructions:

- As the kids arrive, gather them together into a group.
- DISCUSS:
 - Have you ever gotten into a fight with a friend or a sibling? What happened? Are you friends again?
 - Have you ever had to ask for forgiveness when someone was mad at you? Were you afraid? Why or why not?
- Depending on the size of your group, have the kids share their answers with the person sitting closest to them or with the whole group.

2. INTRO ACTIVITY

Supplies:

- "Broken" pictures
- "Fixer" pictures
- Masking tape

Before the Activity:

- Before the kids arrive, place the "broken" pictures and the "fixer" pictures at opposite ends of your class space.
- Between the sets of pictures, tape a square onto the floor that's large enough for everyone to stand in together.

Instructions:

- Gather everyone to stand together in the square that you taped onto the floor.
- Explain to the kids that they need to work together to match the "broken" pictures and the "fixer" pictures. However, only 2 kids may leave the square at a time.
- Encourage the kids to take turns leaving the square,

- sending 1 person to the "broken" pictures and 1 person to the "fixer" pictures.
- As they collect the pictures in the square, have the group work together to find the matching pairs.
- If they match all the pictures quickly, start the game again and see if they can beat their 1st time.
- To wrap up, SAY: There are many things in the world that can be broken or hurt—including relationships or friendships with other people. Today, our Big Idea is that **God's peace can heal relationships!** That's much better than any super glue, cast, or duct tape!

Gs God Story Ls Life Story

3. WEEKLY VIDEO

Supplies:

- Video file

Leader Tip:

- Sit with the kids and encourage them to focus on the video as necessary.

Instructions:

- Play the video. It contains:
 - Host segment
 - God Story (Jacob and Esau, Genesis 32-33)
 - Life Story (Janet Spain on how God helped her with "mean girls" in high school)

Ms My Story

4. SMALL GROUP ACTIVITY

Supplies:

- Peace sign cutouts
- Heart cutouts
- Labels
- Markers
- Sample photo

Instructions:

- DISCUSS:
 - What was today's God Story about?
 - What was the Life Story about?
 - Can anyone remember the key verse? [Proverbs 3:5-6]
- SAY: God helped Esau forgive Jacob. **God's peace can heal relationships!** Sometimes, we argue with our friends or family. God's peace can help heal those relationships. When we find ourselves fighting, we can:
 1. Pause to breathe.
 2. Pray for God's help.
 3. Thank God for that person.
 4. Apologize.
- Give each person a peace sign cutout, 4 heart cutouts, and 1 of each of the labels.
- Place the markers where everyone can reach them.
- Show everyone the photo of the sample craft and encourage them to create their own versions.
- When most of the kids are finished their crafts, gather them to sit with you in a circle.
- Encourage them to think of a relationship that they're having a difficult time with, and pray about it with them.

5. KEY VERSE ACTIVITY

Supplies:

- Key verse sign
- Wall-safe tape

Before the Activity:

- Hang the key verse sign where everyone can see it easily.

Instructions:

- Gather the kids to stand in an open space on the floor.
- Review the actions on the key verse sign:

Trust [clasp hands in front of you] in the Lord [point

to sky] with all your heart [2 hands over heart]. Do not [wag pointer finger] depend on your own understanding [flat hand with 2 fingers "standing" on it]. In all your ways [raise pointer finger on both hands and make circles in the air] remember [pointer fingers touch forehead] him [point to sky]. Then he will make your [point outward] paths smooth [stroking action] and straight [2 hands parallel outward].

Proverbs 3:5-6 [hold hands like a book]

- Practise doing the actions together a few times using the sign as a guide.
- Turn away from the sign and say the verse and do the actions together.
- Try it several times until everyone can do it. Celebrate with high fives!

Os Our Story

6. DISMISSAL

Supplies:

- Take home cards
- Crafts

Before Dismissal:

- Place take home materials where everyone can access them easily.

Leader Tip:

- Briefly tell parents about their kids' experiences. Many parents will only hear about the morning from you.

Instructions:

- Greet parents as they arrive to pick up their kids.
- Give take home cards to parents.
- Remind kids to take their crafts.
- Make sure the kids' security numbers match parents' numbers before they leave.