



Calculate Your Child's Weekly Average Exposure to Your Language

Find out how much time your child spends hearing your language. It will help you face your expectations. Quantity isn't the only thing that matters but it gives you something to start with and turns your efforts into a tangible unit.

There are 24 hours per day and you have 24 blocks. Tick the times your child was exposed to your language last Tuesday (A) and last Saturday (B). Count the number of ticks, write them down, and follow the instructions below. You might need a calculator to get to your final result.

NUMBER A = weekday exposure

AM																						PM															
12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11														

_____ hours X 5 =

_____ hours **NUMBER A**

NUMBER B = weekend exposure

AM																							PM													
12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11													

_____ hours X 2 =

_____ hours **NUMBER B**

_____ + _____ = _____

Number A + Number B = C

C x 0.6 = _____ % weekly average exposure to your language