

**J. ANDREW CHACKO, MD, MSE, FAPA**

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**EDUCATION:**

- 2012 – 2013 **Chief Resident, Dept. of Psychiatry, Tripler Army Medical Center**, Honolulu, HI. Responsible for the training, mentoring and leadership of Junior Residents and Medical students in Inpatient Psychiatric Wards, Consult Liaison and Emergency Psychiatry Services. Teaching responsibilities included 2 hospital-wide Grand Rounds, 2 Departmental Grand Rounds, regular didactics, and impromptu lectures while on rounds. Maintained a panel of outpatients. Only resident selected to run 2nd year of Psychodynamic Group.
- 2009 – 2012 **Resident, Dept. of Psychiatry, Tripler Army Medical Center**, Honolulu, HI. Completed Internship in June 2010. Experience in Adult, and Child and Adolescent (In Patient and Out Patient Psychiatry), Consult Liaison and Emergency Room Psychiatry, Neurology (In Patient and Out Patient). Trained in Cognitive Behavioral Therapy, Cognitive Processing Therapy, Psychodynamic Therapy, Eye Movement Desensitization and Reprocessing, Clinical Hypnosis, Prolonged Exposure Therapy, Transcranial Magnetic Stimulation, and Group Therapy. Anticipated graduation June 2013.
- 2010 **Research Fellow**, Healthcare Strategy and Design, Jump Associates, LLC., San Mateo, CA.
- 2005 – 2009 **Tufts University School of Medicine**, Boston, MA.  
M.D. awarded in May 2009.
- 2008 **Heller School of Public Policy, Brandeis University**, Boston, MA.  
Executive Education Program on Leadership in Healthcare.
- 2002 – 2005 **Stanford University, College of Engineering**, Stanford, CA.  
MEng in Product Design, Joint Program in Mechanical Engineering and Art, specialization in robotics.
- 1989-1999 Survival, Evasion, Resistance and Escape Training,  
Advanced Leadership Training,  
Basic Oceanography Accession Training,  
Engineering Officer of the Watch,  
Surface Warfare Officer Training,

Advanced French: University of Grenoble, University of Montpellier,  
Institute Catholique.  
U.S. Army Airborne School.

1989 – 1993 **U. S. Naval Academy**, Annapolis, MD  
B.S. in Physics, and minor in French.

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**QUALIFICATIONS:**

ABPN Board Certified Psychiatrist: September 24th, 2013

Licensed Physician, State of California.

Licensed Physician, State of Hawaii.

DEA license for controlled substances and Buprenorphine

Certified Clinical Hypnotist. Certified by New England Society of Clinical Hypnotists.

Certified in Transcranial Magnetic Stimulation by Tripler Army Medical Center

Certified in Cognitive Processing Therapy by Tripler Army Medical Center

Rescue Diver, Emergency O<sub>2</sub> Provider, Advanced Open Water Diver

Numerous military qualifications.

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**AWARDS AND COMMENDATIONS:**

2016 **Hiroshima International Council for Healthcare of the Radiation Exposed (HICARE) Scholarship;** one of three U.S. physicians and first Psychiatrist, selected to participate in a fully funded week-long study of the effects and treatment of radiation exposure.

2013 **Veteran's Health Administration Letter of Commendation,** for successfully pioneering role as a VA Resident in a Military Residency Training Program, at Tripler Army Medical Center.

- 2013 **Army Civilian Letter of Commendation**, for dedication to duty, and honor and commitment while serving as a Psychiatric Resident at Tripler Army Medical Center.
- 2009 **Commencement Committee Award**, for outstanding leadership and contribution to the Tufts University School of Medicine, while serving as Student Body President and as Class President for four years.
- 2004 **1<sup>st</sup> Place Final Smart Product Design Competition, Stanford University**, project chosen to represent year-long in-depth robotics sequence.
- 1999 **Navy Commendation Medal**, for outstanding performance as Officer-In-Charge of an Oceanography Detachment.
- 1999 **Letter of Commendation**, for exceptional service to Commander, Fleet Activities Okinawa, Japan.
- 1999 **Volunteer Service Medal**, for 5 years of volunteer service work, and instituting outreach programs for children with developmental delays.
- 1998 **Overseas Service Medal (x3)**, for 5 years of service in arduous overseas locations
- 1998 **Navy Unit Commendation**, for superior unit preparedness.
- 1997 **Navy Achievement Medal**, for building an exceptional forecasting team.
- 1996 **Unit Citation**; for exceptional unit readiness.
- 1994 **Battle Excellence Award**, for consistent high outstanding grades on 18 months of inspections, and sea trials, in preparation for an extended naval deployment.
- 1993 **Flag Letter of Commendation**, for organizing numerous functions for senior Naval personnel.
- 1993 **Cox Fund Scholarship**, for demonstrated proficiency in French.
- 1993 **Sigma Pi Sigma**, Society of Physics Honor Students
- 1993 **Phi Sigma Iota**, Society of Foreign Language Honor Students
- 1992 – 1993 **Superintendent's List, USNA (x3)** for Outstanding accomplishment, academically, militarily, professionally, and athletically.
- 1990 **1<sup>st</sup> place Army-Navy Design Competition**, designed logo to be used for 100<sup>th</sup> Anniversary of the Army Navy game.
- 1990 **National Defense Medal**, for military service during 1<sup>st</sup> Gulf war.
- 1989 **Inducted** into the **National Society of Pershing Rifles**, Military Honor Society.
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## EMPLOYMENT AND TRAINING:

- 11/15- Pres **Medical Director**, Addiction Consultation & Treatment, Palo Alto Health Care System, Veterans Health Administration, Palo Alto, CA. Lead a team of psychologists, social workers, and nurses, in the evaluation, intensive case management and placement of over 1200 patients per year into addiction treatment services, serving a population of over 85,000 veterans dispersed over much of California, Hawaii and parts of Nevada. Coordinating efforts between VA 28-day residential program, VA 90-day residential program, non-VA substance abuse treatment programs, inpatient medicine teams, inpatient psychiatry and VJO teams. Developed innovative processes to streamline admissions and reduce underutilized bed space, and dramatically reducing time-intensive inefficiencies. Development and implementation of an Intensive Outpatient Program for the treatment of substance abuse. Oversight of a Methadone Treatment Monitoring program serving more than 100 patients at 19 different remote sites. Director and medical provider at VA Palo Alto Pharmacotherapy of Addictions Resident Clinic, to include the supervision and teaching of Stanford psychiatric residents in substance abuse and inpatient psychiatry. Manage a busy and growing tele-health practice. Provide consultation and education to VA providers in the treatment of patients struggling with chemical dependencies. Call coverage of 3 inpatient psychiatric wards (60 beds) at Palo Alto Veteran Healthcare System, Palo Alto, CA.
- 9/14 - Pres **Consultant**, Medical Innovation and Design. Developed and taught unique coursework to visiting scholars and Stanford students, faculty and alumni at Stanford University. Have consulted for healthcare entrepreneurs at Matter (healthcare design incubator). Panelist on Medical Entrepreneurship for the American Medical Association. Invited to lecture on Design Thinking and Innovation in Healthcare for Stanford University's annual psychiatric CME conference.
- 9/12- Pres **Psychotherapist**, King Kalakaua Center. Honolulu, HI. Ran a private practice, conducting, diagnosis, therapeutic counseling, and medication management of a panel of over 20, weekly and bi-weekly therapy patients.
- 7/13- 11/15 **Staff Psychiatrist**, Veterans Health Administration, Oakland Behavioral Health Clinic, Oakland, CA. Treated a panel of 150+ psychiatric patients utilizing medication management, talk therapy, EMDR, substance abuse counseling, life coaching and guided-visualization. Duties include leading Silver Team of mental health providers (LCSWs and Psychologists), triage coverage of Mental Health emergencies at the clinic, and call coverage of inpatient psychiatric ward at David Grant Medical Center, Travis AFB, CA.

- 9/13- 12/14 **Co-Facilitator**, Medical Device Design Class, Stanford University, Stanford, CA. Co-taught ME-297 course, comprised of 10 teams of 4 graduate and undergraduate students, working with physicians on real problems in healthcare delivery. Coordinated lectures from industry professionals, and recruited and managed panel of physician advisors.
- 3/14- 10/14 **Medical Editor**, American Physician Institute. Responsible for ensuring lectures and board review material is correct, relevant and free of conflict of interest.
- 6/12- 6/13 **Chief Resident**, Dept. of Psychiatry, Tripler Army Medical Center. Honolulu, HI. Duties include supervising and training three Inpatient teams of residents and medical students, management of psychiatric outpatient panel, supervision of three teams of residents in Emergency Room and Consult Liaison Service, teaching junior residents and medical student.
- 9/10 - 4/11 **Research Fellow**, Jump Associates, LLC., San Mateo, CA. Worked on early phase conceptualization of novel Medical Care Delivery Model, for General Electric. Ideation for a fully integrated medical community in Florida
- 6/09- 6/12 **Psychiatry Resident**, Dept. of Psychiatry, Tripler Army Medical Center. Honolulu, HI. Duties include Inpatient and Outpatient management of Psychiatric, Neurologic, and General Medical patients; qualified to take call overnight and on weekends to manage psychiatric emergencies with minimal supervision throughout two psychiatric wards, Emergency Room and Medical Center.
- 8/05-5/09 **Medical Student**, Tufts University School of Medicine.
- 6/04-8/06 **Instructor**, Stanford Educational Program for Gifted Youth (EPGY), Stanford University, Stanford, CA. Developed innovative coursework to introduce high school students to Design, Engineering and Robotics. Was one of three instructors selected to spearhead development of an overseas campus in Singapore.
- 8/03- 12/11 **Principal**, Andrew Chacko Design Consultancy (ACDC). Developed innovative solutions for projects for Toyota, Stanford Hospital, Youth Development Initiative, Nature Mill, and others.
- 8/02-6/05 **Graduate Student**, Product Design Program, Stanford University, Stanford, CA.

- 6/04-9/04 **Intern**, IDEO. Palo Alto, CA. Worked on numerous projects including P&G's Swiffer line. One of four chosen to redesign physical space for re-organization of IDEO campus.
- 6/02-9/02 **Intern**, General Electric Medical Systems, Waukesha, WI. Created an information management system for entire division. Instrumental in developing patented idea for production and delivery of radio-pharmaceuticals.
- 4/99-10/01 **Officer-In-Charge**, Naval Pacific Meteorology and Oceanography Detachment, Okinawa, Japan. Commanded Detachment and responsible for \$2M of equipment, to include a Sensitive Compartmented Information Facility for the handling of Secret and Top Secret Material. Oversaw forecast dissemination for naval operations throughout Area of Operations in Western Pacific. Redesigned weather-briefing products, tailored to the individual requirements of wide spectrum of customers. Re-organized the work flow to maximize efficiency, allowing many more of the limited staff to take leave, attend training, and take part in coveted operations around the world. Held a Top-Secret Clearance.
- 3/97-3/99 **Command Duty Officer**, Naval European Meteorologic and Oceanographic Center, Rota, Spain. Responsible for forecasts disseminated throughout Europe, the Mediterranean, the Balkans, North Sea, and Eastern Atlantic.
- 3/95-3/97 **Auxiliary Division Officer**, U.S.S. Boxer (LHD4), San Diego, CA. Responsible for 60 Sailors, as well as upkeep and maintenance of non-electrical and non-propulsion machinery on a 1000 ft/ 3000 person Amphibious Aircraft Carrier. Piloted, navigated, performed flight operations, amphibious operations, underway replenishment, and fire fighting scenarios.
- 6/94-3/95 **Action Officer**, U.S. Navy, Equal Opportunity and Sexual Harassment Office, Washington, DC. Counseled victims regarding their rights, wrote reports for senior Naval personnel and House and Senate Armed Services Committees, helped write policy recommendations for U.S. Navy's sexual harassment ordinances.

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#### **TEACHING EXPERIENCE:**

- 10/14 - Pres **Instructor**, Stanford University, Course on Healthcare Innovation. Presented 1 hour lectures and 5 hour workshops on Design Thinking in Healthcare to visiting foreign medical students and physicians.

- 9/13 - 12/14 **Instructor**, Stanford University, Dept. of Mechanical Engineering. Taught highly sought after Medical Device Design Class (ME-294).
- 6/11 - 6/13 **Instructor**, General Psychiatry, Sexual and Eating Disorders for junior residents and medical students.
- 6/05 - 8/05 **Instructor**, Stanford University, EPGY. Taught Intro to Engineering/Design Course
- 2/05 - 6/05 **Teaching Assistant**, ME 101, Stanford University, Dept. of Mechanical Engineering. Helped teach intro Engineering/Design Course
- 6/02 - 9/02 **Instructor**, Kaplan, Inc. Milwaukee, WI. Taught Kaplan courses in MCAT, GRE, SAT, GMAT, and DAT.
- 8/00 - 3/01 **Instructor**, English Studies, Okinawa, Japan. Taught English to Japanese nationals.
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**POSITIONS HELD:**

Advisor, Recovery Warriors

Advisor, Dance 4 Healing

Faculty, 2nd Annual Innovations in Psychiatry and Behavioral Health: Adult and Child/Adolescent Topics, Stanford Dept of Behavioral Health.

Advisor, mymdoc.com, a platform for redesigning healthcare in Africa.

Member, Stanford/VA Palo Alto HCS, Committee for Re-Imagining Mental Health Care

Biotech Advisor, Biodesign Program, Stanford University

Advisory Board, Center for Medical Simulation, Harvard Medical School

Advisor/designer HITBCC (Electronic Medical Record development company)

Student Representative, Tufts University Medical School Executive Steering Committee

Student Council President Year 2008-2009

TUSM 4<sup>th</sup> Year Class President, 2008-2009

TUSM 3<sup>rd</sup> Year Class President, 2007-2008

TUSM 2<sup>nd</sup> Year Class President, 2006-2007

TUSM 1<sup>st</sup> Year Class President, 2005-2006

Founding Member, Black Bag Committee

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**AFFILIATIONS AND MEMBERSHIPS:**

Fellow American Psychiatric Association

Hawaii Psychiatric Medical Association

American Medical Association

Massachusetts Medical Society

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U.S. Naval Academy Alumni Association

Stanford University Alumni Association

Tufts University School of Medicine, Alumni Association

**PUBLICATIONS AND PRESENTATIONS:**

**Design Thinking & Redesigning Mental Healthcare**, 2nd Annual Innovations in Psychiatry and Behavioral Health: Adult and Child/Adolescent Topics. Oct 1, 2016.

**Innovation, Design & Medicine 1/2 Day Workshop**, Stanford University, Volunteers in Asia. 2016.

**Healthcare Innovation Lecture**, Stanford University, Volunteers in Asia. 2016.

**Design Thinking in Medicine 1/2 Day Workshop**, Stanford University, Volunteers in Asia. 2015.

**Design Thinking in Medicine Lecture**, Stanford University, Volunteers in Asia. 2015.

**Medical Innovation**, Stanford University, iFarm Team Conference. 2014.

**Non Sibi Sed Patriae: Understanding Veterans**, Mental Health Summit, VA Northern California. 2014.

**Non Sibi Sed Patriae: Understanding Veterans**, Workforce Investment Board, Solano County VSO Meeting. 2014.

**Cowboys to Quarterbacks, Changing the Medical Paradigm**, Grand Rounds, Tripler Army Medical Center Dept of Psychiatry. 2013

**Presentation to Psychiatric Residents**, American Psychiatric Association, Annual Conference. 2011.



**Graduation speech**, Tufts University School of Medicine and Sackler School of Biomedical Sciences, 2009.

**Rural Healthcare – the Great (Continental) Divide**: presented at the World Congress Healthcare and Leadership Issues Summit November 2007, Washington, DC. Chacko, Anna K. MD, H. William Lollar MS, Chacko, **J. Andrew, MEng.**

**Healthcare Policy Reform – David and Goliath**, presented at the American Society of Clinical Radiologists (ASCR) October, 2004. Anna K. Chacko, MD, **J. Andrew Chacko**

**Strategies in Healthcare – Global Overview and the Need for Transformation**, presented at the American Society of Clinical Radiologists (ASCR) October, 2004. Anna K. Chacko, MD, **J. Andrew Chacko**

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**LANGUAGES:**

Conversant in French and Spanish, understand some Japanese

**INTERESTS:**

swimming, painting, sculpture, furniture building, traveling, volunteer work