



NEWS RELEASE

For Immediate Release

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Mountain Mentors, Ready to Rock

As the winter season winds down, Mountain Mentors gears up to welcome a new summer cohort. After launching its first summer season in 2017, Mountain Mentors is looking forward to its second summer season and will soon be opening applications to rock climbers and mountaineers. Applications for both mentors and mentees will be open starting April 8, 2019 and will close on April 18, 2019.

This program is designed to pair experienced climbers with aspiring mountain athletes who share achievable, mountain-based goals. Mentorship in mountain-based sports allows for people to build confidence and catalyzes growth.

“I have worked hard this summer with my amazing mentor, to get my lead [climbing] head back. I have come to learn the value in “taking the lead,” in climbing and in life. At the end of the day, I am the only person who can take on the challenge of being on the sharp end.”

— *Karly, Summer 2017 Rock Climbing Mentee*

On top of the one-on-one mentorship relationship, the sense of community is fortified by the support of the growing Mountain Mentors program participants and alumni. Access to the organization’s minglers and SkillShares are another benefit of partaking in the program, and consist of skill- and knowledge-building workshops, as well as rock rescue or avalanche safety training.

Once the pairing process is complete, this will be Mountain Mentors’ fifth mentorship season. The organization has had over 200 self-identified women participate in the program and hopes to match up to 50 self-identified women in their next cohort.

Mountain Mentors was founded in 2016 and currently operates from Vancouver to Pemberton, British Columbia, Canada. The program is currently open to any self-identified women in the region.

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photo caption

Mountain Mentors is a non-profit operating from Vancouver to Pemberton. Program participants rock climbing at the organization’s SkillShare that was hosted at The Smoke Bluffs in Squamish, BC. |Anitra Paris

