

Help My Unbelief

Verse 1

I can trust You when I see
Ev'ry step You've planned for me,
But when wind and waves arise,
Fear awakens in my eyes.
Why do I distrust and fear?
You will never disappear.
Reach into this stormy sea,
Hear my cry, and rescue me.

Chorus

*I believe, yes, I believe.
Help, oh Lord, my unbelief!
I believe, yes, I believe.
Help, oh Lord, my unbelief!*

Verse 2

I am fully satisfied
When my heart delights in Christ.
But when I give in to sin,
Only hollow joys remain.
Who can satisfy but You?
You can fill me through and through.
Quench my thirsty soul, oh Lord,
That my joy may be restored.

Verse 3

I know You are good to me
When You send prosperity.
But when peace gives way to pain,
In frustration I complain.
How could I find fault with You?
You are always just and good.
Grant me faith, not just relief;
Help, oh, help my unbelief!

Words by Dustin Battles

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