CHATTANOOGA BASICS
GIVE YOUR CHILD A GREAT START IN LIFE.

MAXIMIZE LOVE, MANAGE STRESS

TALK, SING, AND POINT

COUNT, GROUP AND COMPARE

EXPLORE THROUGH MOVEMENT & PLAY

READ AND DISCUSS STORIES
HERE ARE A FEW WAYS YOU CAN USE THE BASICS TODAY!

Hug your child and tell them you’re proud of them.

Help your child say what they’re feeling.

Use new words with your child.

Ask your child to tell you about their day, their picture, etc.

Play a game by matching and grouping things around them.

Use math words like more, less, big, etc.

Encourage your child to climb and run around every day.

Let your child take charge of their movements.

Read with your child for a little while every day.

Talk about the cover and the characters of the book they chose.

LEARN MORE AT OUR WEBSITE

www.ChattanoogaBasics.org