



"FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE

FORTNIGHTLY MARKET UPDATE

26TH JULY - 9TH AUGUST 2017 / ISSUE 18

KEEPING YOU FRESH @

-  SYDNEYDIRECTFRESHPRODUCE
-  FRUITANDVEGETABLEWHOLESALE
-  1300 303 041
-  ORDERS@SDFP.COM.AU

SDFP SPECIALS 26TH JULY - 9TH AUGUST 2017



HEIRLOOM TOMATOES (LARGE)
\$36 PER BOX (4.5KG)



BRUSSEL SPROUTS
\$15 PER BOX (5KG)



BLUEBERRIES
\$3 PER PUNNET



SWEETCORN
\$15 PER BOX (8KG)

GENERAL MARKET NEWS

Long Red Chilli - Supply has been very low out of Bowen and prices are high. It will ease over the next 1-2 weeks.

Baby Globe Artichoke - Good quality and consistent supply now available.

Pomegranate - The Australian season has now finished and we are waiting for USA produce to arrive. Prices will be high.

Large Golden Beetroot - Supply slowly improving. Prices are still high.

Figs - All local Figs are finished so we are relying on Glasshouse North Queensland Figs. Supply is down and prices are up to \$100 per tray. We expect them to remain like this for the next 6-8 weeks.

Blood Oranges - The season is now in full swing. Quality is excellent and prices are fair.

Heirloom Tomatoes - We have great supply of mix colour Heirloom and Ox-Heart Tomatoes. Quality is spot on.



NEW TO THE MARKET

NEW ZEALAND YAMS, BLOOD LIMES, BLOOD ORANGES, CAPE GOOSEBERRIES, TREVISO (RADICCHIO), FRESH GARLIC BUNCHES AND USA IMPORTED PLUMS.

TRY SOMETHING DIFFERENT : KALETTES, PURPLE CAULIFLOWER, PURPLE BRUSSEL SPROUTS, CUMQUATS AND TRUFFLES.

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VEGETABLES

ZUCCHINI, RED CAPSICUM, BEANS, KALE, CAULIFLOWER, FENNEL, BRUSSEL SPROUTS, SWEETCORN, RHUBARB AND BROCCOLINI.

FRUIT

BLUEBERRIES, LEMONS, PINEAPPLES, MANDARINS, RED GRAPES AND PEARS.

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WHAT'S IN GOOD SUPPLY?

GOURMET VEGETABLES

KALETTES, PURPLE BRUSSEL SPROUTS, PURPLE CAULIFLOWER, BROAD BEANS, FIORETTO, JERUSELUM ARTICHOKE, GOLF BALL DUTCH CARROT, BUTTER BEANS, BORLOTTI BEANS, STINGING NETTLES AND SMOKED GARLIC.

EXOTIC FRUIT

CAPE GOOSEBERRIES, USA CHERRIES, NECTARINES, PLUMS & PEACHES, STARFRUIT, DRAGONFRUIT, FINGER LIME, QUINCE, CUMQUATS AND BLOOD LIMES.

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GOURMET VEGETABLES AND EXOTIC FRUIT

BABY VEGETABLES

FINGER FENNEL, BLUSH TURNIPS, JAPANESE SALAD TURNIPS AND BABY CORN ARE IN VERY GOOD SUPPLY.

PETITE BOUCHE HERBS IN GOOD SUPPLY INCLUDE SEASONAL MIX 100G & 500G, GREEN & RED ELK, WINTER PURSLANE, RED VEIN SORREL, HOT MUSTARD MIX, PETITE COS RED & GREEN, BULLS BLOOD CHARD, UPLAND CRESS, RED LACE, GOLDEN ENDIVE AND WATER CRESS.

EDIBLE FLOWERS. GET IN FAST AS NUMBERS ARE MODERATE. HEIRLOOM BROAD BEAN FLOWERS, PETITE MIX, DIANTHUS, MIXED VIOLAS AND JOHNNY JUMP UPS.

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PETITE BOUCHE HERBS, MICRO & EDIBLE FLOWERS

WHAT'S IN SHORT SUPPLY AND COMING TO THE END OF ITS SEASON?

SHORT SUPPLY AND HIGH PRICE

GREEN GRAPES, PERSIMMONS, OYSTER MUSHROOMS, LONG RED CHILLI, BASIL, BANANAS, BABY GOLD BEETROOT, TARRAGON, FIGS AND RED BULL HORN CHILLI.

FINISHING FOR THE SEASON

AUSTRALIAN POMEGRANATE, SAMPHIRE, YUZU FRUIT, ACHACHA AND PINE MUSHROOMS.

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GO TO WWW.SDFP.COM.AU FOR MORE NEWS, SPECIALS AND MEET THE GROWER ACTION .

