



"FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE

FORTNIGHTLY MARKET UPDATE

14TH - 27TH FEBRUARY 2017 / ISSUE 32

KEEPING YOU FRESH @

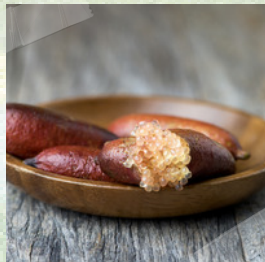
📷 SYDNEYDIRECTFRESHPRODUCE

f FRUITANDVEGETABLEWHOLESALE

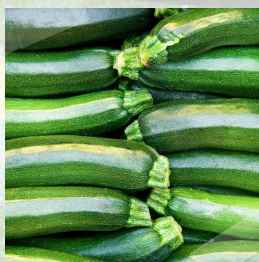
☎ 1300 303 041

✉ ORDERS@SDFP.COM.AU

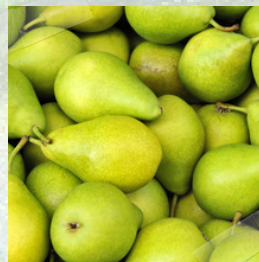
SDFP SPECIALS 14TH - 27TH FEBRUARY 2017



NSW FINGER LIME
\$20 PER KILO



LOCAL ZUCCHINI
\$15 PER BOX



WILLIAM GREEN PEARS
\$18 PER BOX



LOCAL PRICKLY PEARS
\$15 PER BOX

GENERAL MARKET NEWS

Avocados - Prices are easing weekly, and we are still sourcing Western Australian Hass as they are still much better than green skin Shepard Avocados.

Cherries - The Australian season has now finished, and quality is average. Please remove from your menu.

Figs - It is the now the peak season for all local figs. Quality and price are excellent with plenty of cheap options.

Pineapples - Supply is a little short and prices are slightly up.



NEW TO THE MARKET

CHANTENAY CARROTS, ACHACHA, WILLIAM PEARS, BABY PARADISE PEARS, PURPLE CONGO POTATO, PURPLE BASIL, PRICKLY PEARS, HORSERADISH (NEW SEASON) AND PADRON PEPPERS.

TRY SOMETHING DIFFERENT: WHITE EGGPLANT, LYCHEE, ITALIAN EGGPLANT, YELLOW ZUCCHINI, CUCAMELONS, GHERKINS, FRESH WASABI AND LEAVES (PRE-ORDER ONLY).

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VEGETABLES

BEANS, SWEET POTATO, JALAPENO CHILLI, EGGPLANT, ZUCCHINI, BABY BEETROOT, RHUBARB, AND KALE BUNCHES.

FRUIT

FIGS, RED AND GREEN GRAPES, LIMES, PEACHES, PLUMS, NECTARINES, ROCKMELONS, BLUEBERRIES, PAPAYA, NASHI PEARS, WATERMELONS AND HONEYDEW MELON.

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GOURMET VEGETABLES AND EXOTIC FRUIT

GOURMET VEGETABLES

PURPLE CAULIFLOWER, TOMATILLO'S, SEA GRAPES, JERUSALEM ARTICHOKE, BORLOTTI BEANS, SMOKED GARLIC, GHERKINS, GOURMET MUSHROOMS AND WASABI ROOT.

EXOTIC FRUIT

NECTARINES, PEACHES, PLUMS, STARFRUIT, DRAGONFRUIT, LYCHEE, LONGANS, FIGS AND POMEGRANATE.

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BABY VEGETABLES

BREAKFAST FRENCH RADISH, FINGER FENNEL, PENCIL LEEK, AMSTERDAM, PARIS AND RAINBOW PETITE CARROTS ARE IN EXCELLENT SUPPLY.

PETITE BOUCHE HERBS IN GOOD SUPPLY INCLUDE SEASONAL MIX 100G & 500G, CONFETTI CORIANDER, AMARANTH TIPS, BRONZE FENNEL FRONDS, RED & GREEN COS, RED VEIN SORREL, BLEEDING GARNET, SUMMER PURSLANE, BI-COLOUR SHISO, GREEN ELK, PIZZO, WATERCRESS TIPS, DANDELION AND SALAD BURNET.

EDIBLE FLOWERS AVAILABLE ARE MIXED FLOWERS, JOHNNY JUMP UP'S, MARIGOLDS, DIANTHUS, SNAP DRAGONS, MIXED VIOLA AND PETITE FLOWER MIX.

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WHAT'S IN SHORT SUPPLY AND COMING TO THE END OF ITS SEASON?

SHORT SUPPLY AND HIGH PRICE

RED CAPSICUM, PINEAPPLE, CAULIFLOWER, MUSHROOMS, ROMAN BEANS, TARGET BEETROOT, WOMBOK, K.P MANGO AND VINE SWEET MINI CAPSICUM.

FINISHING FOR THE SEASON

BLOOD ORANGES (FINISHED), CHERRIES (AVERAGE QUALITY), RED AND WHITE CURRANTS, GOLD KIWI AND K.P MANGO.

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