



"FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE

FORTNIGHTLY MARKET UPDATE

23RD MAY - 5TH JUNE 2018 / ISSUE 39

KEEPING YOU FRESH @

-  SYDNEYDIRECTFRESHPRODUCE
-  FRUITANDVEGETABLEWHOLESALER
-  1300 303 041
-  ORDERS@SDFP.COM.AU

SDFP SPECIAL 23RD MAY - 5TH JUNE 2018



LOCAL BABY FENNEL
\$18 PER BOX



AUSTRALIAN POMEGRANATE
\$18 PER TRAY



LOCAL RAINBOW CHARD
\$2.50 PER BUNCH



NORTH QLD ROCKMELON
\$12 PER BOX

GENERAL MARKET NEWS

Strawberries - We are currently changing seasons from Victorian growers up to Queensland growers. Quality will be excellent by mid-week once we make the change over to QLD.

Winter - As winter slowly approaches all the vegetable crop yields slow down dramatically due to the cold days and nights. We have already seen some prices rise in tomatoes, roma, cauliflowers and zucchini. New season Bowen crops of tomatoes and vegetables have started to trickle through and will hit their peak in 4-6 weeks. Cheaper options at seconds are available by request. Contact your accounts manager or call the SDFP head office.

Red Witlof - The grower has approached a gap in the season for 4-6 weeks. So expect very little to none available for the next few months.

Blood Oranges - Still not available in the market. Give it 2-3 weeks until we see availability.

Truffles - Canberra Truffles will start in 2-3 weeks. Start speaking with your accounts manager to arrange your size and quality.



NEW TO THE MARKET

USA CHERRIES, FRESH GARLIC BUNCHES, PINE MUSHROOMS, NETTLES, GLOBE ARTICHOKE, TOMATILLOS (QLD), BROAD BEANS, FEIJOAS, QUINCE, CUMQUOTS AND RAPPA.

TRY SOMETHING DIFFERENT: LOTUS ROOT, CUSTARD APPLES, CHANTENAY CARROTS, BORLOTTI BEANS, CUCAMELONS, FRESH WASABI AND LEAVES (PRE-ORDER ONLY).

1

VEGETABLES

BEANS, JAPANESE PUMPKIN, BROCCOLINI, BRUSSEL SPROUTS, CELERIAC, RHUBARB, SWEETCORN, SWEET POTATO, JALAPENO CHILLI AND KALE BUNCHES.

FRUIT

CORELLA PEARS, PERSIMMONS, LEMONS, ROCKMELONS, NASHI PEARS AND SEEDLESS WATERMELONS.

2

WHAT'S IN GOOD SUPPLY?

WHAT'S IN SHORT SUPPLY AND COMING TO THE END OF ITS SEASON?

SHORT SUPPLY AND HIGH PRICE

LOCAL FIGS, TOMATOES, ROMAS, CAULIFLOWER, ZUCCHINI, PEAS, RED WITLOF, YELLOW SQUASH, SPRING ONIONS AND SNOW PEAS.

FINISHING FOR THE SEASON

BLACKBERRIES & PLUMS.

3

GOURMET VEGETABLES

CELTUCE ROOT, TASMANIAN BLACK GARLIC, PADRON PEPPERS, JERUSALEM ARTICHOKE, BORLOTTI BEANS, SMOKED GARLIC, BROAD BEANS, TRUFFLES (2 WEEKS AWAY) AND WASABI ROOT & LEAVES.

EXOTIC FRUIT

YUZU, PERSIMMONS, FINGER LIMES, MANGOSTEEN, CUSTARD APPLES, STARFRUIT, DRAGONFRUIT, LONGANS, BLACK SOPATE AND POMEGRANATE.

4

GOURMET VEGETABLES AND EXOTIC FRUIT

BABY VEGETABLES

JAPANESE AND BLUSH TURNIPS, BABY CORN, FRENCH BREAKFAST RADISH, FINGER FENNEL FONDS, PENCIL LEEKS, AMSTERDAM, PARIS AND RAINBOW CARROTS.

HERBS AND LEAVES

RED VEIN SORREL, RED & GREEN COS, GREEN ELK, DANDELION, YARROW LEAF, RED ELK, HOT MUSTARD MIX, UPLAND CRESS, SHUNGIKU, SEASONAL MIX, GOLDEN ENDIVE, RED LEAF MIZZUNA, RED LACE AND PIZZO.

5

PETITE BOUCHE HERBS, LEAVES AND VEGETABLES

EDIBLE FLOWERS

WHATS AVAILABLE

PIGEON PEA, MIXED FLOWER PUNNETS, JOHNNY JUMP UP'S, PETITE FLOWER MIX, MIXED VIOLA'S, MARIGOLD PETALS AND LINARIA FLOWERS.

6