



"FRESH IS BEST"

WITH SYDNEY DIRECT FRESH PRODUCE

FORTNIGHTLY MARKET UPDATE

1ST - 14TH AUGUST 2018 / ISSUE 44

KEEPING YOU FRESH @



 SYDNEYDIRECTFRESHPRODUCE
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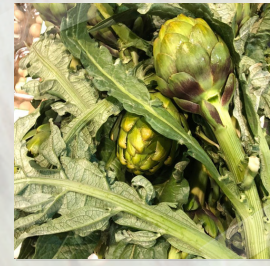
SDFP SPECIAL 1ST - 14TH AUGUST 2018



BUTTER BEANS
\$3KG PER KG OR
\$15 PER 5KG BOX



BRUSSEL SPROUTS
\$18 PER BOX (5KG)



LOCAL GLOBE
ARTICHOKES
\$24 PER BOX



GENERAL MARKET NEWS

CUCUMBERS - All cucumbers remain very short in supply and very expensive. This is due to cold temperatures all down the east coast. Both Lebanese and telegraph cucumbers are expensive.

ROCKMELONS - At this time of year, we rely on the North Queensland and Northern Territory for supply. The listeria outbreak earlier in the year resulted in an oversupply and super low prices. As a result, Northern Territory growers did not put any Rockmelon crops in which has resulted in an undersupply and high prices. We are expecting this to last at least 4-6 weeks.

LOCAL GLOBE ARTICHOKES - Globe Artichokes love the super cold nights and our local season is now in full swing. Quality is excellent, and Baby Globes are also available.

EGGPLANT - This time of year we rely on Bowen for our eggplant supply and colder than usual temperatures have slowed growth resulting in a shorter than usual supply. Prices are a little higher but expect that to change in no more than 1-2 weeks.



NEW TO THE MARKET

N.T MANGOES, SEVILLE ORANGES, CAULIFLOWER BLOSSOMS, USA GRAPES, BRAVO APPLES, BLOOD ORANGES, NETTLES, PURPLE & WHITE KALE AND BABY RAPPA.

TRY SOMETHING DIFFERENT:

PURPLE BRUSSEL SPROUTS, PETITE BOUCHE GARLIC KALE AND BABY CORN IN THE HUSK.

1

VEGETABLES

ZUCCHINI, LOCAL BABY GLOBE ARTICHOKEs, BEANS, SNOW PEAS, SILVERBEET, BROCCOLINI, CELERIAC, RHUBARB, SWEET POTATO, POBLANO CHILLI AND KALE BUNCHES.

FRUIT

NAVEL ORANGES, CORELLA PEARS, PERSIMMONS, LEMONS, NASHI PEARS AND HONEYDEW.

2

WHAT'S IN GOOD SUPPLY?

WHAT'S IN SHORT SUPPLY

SHORT SUPPLY AND HIGH PRICE

BUTTON & FLAT MUSHROOMS, LEBANESE & TELEGRAPH CUCUMBERS, BASIL, RASPBERRIES, RED WITLOF AND YELLOW SQUASH.

FINISHING FOR THE SEASON

BLACKBERRIES, CHESTNUTS, LOCAL POMEGRANITE AND CUCAMELONS.

3

GOURMET VEGETABLES

CHESTNUT MUSHROOMS, TOMATILLOS, CELTUCE ROOT, SMOKED GARLIC, BROAD BEANS, TRUFFLES, ROMANESCO, SUGAR LOAF CABBAGE, PURPLE BRUSSEL SPROUTS AND WASABI ROOT & LEAVES.

EXOTIC FRUIT

USA CHERRIES & STONEFRUIT, PERSIMMONS, FINGER LIMES, MANGOSTEEN, CUSTARD APPLES, STARFRUIT, DRAGONFRUIT, LONGANS, POMEGRANATE, CUMQUAT AND BERGAMOT LEMON.

4

GOURMET VEGETABLES AND EXOTIC FRUIT

BABY VEGETABLES

JAPANESE AND BLUSH TURNIPS, BABY CORN, FRENCH BREAKFAST RADISH, PENCIL LEEKS, AMSTERDAM, PARIS AND RAINBOW CARROTS.

HERBS AND LEAVES

CONFETTI CORIANDER, SHUNGIKU, YUUKI MIX, GARLIC KALE, RED & GREEN COS, RED ELK, RED LACE, RED LEAF MIZZUNA, WASABI MUSTARD LEAF, HOT MUSTARD MIX AND PIZZO.

5

PETITE BOUCHE HERBS, LEAVES AND VEGETABLES

WHATS AVAILABLE

BRAOD BEAN FLOWERS, MIXED FLOWER PUNNETS, JOHNNY JUMP UP'S, PETITE FLOWER MIX, MIXED VIOLA'S, MARIGOLD PETALS, MIXED & WHITE LINARIA FLOWERS, PANSY, MUSTARD FLOWERS, ROSE AND BRASSICA.

6

EDIBLE FLOWERS