






# What is the LD Action Group?

	<p>Mencap would like to start a new group in your area.</p>
	<p>This group will talk about lots of different topics. We would like to give people the chance to get involved in projects and community work.</p>
	<p>This type of group is called an action group.</p>
	<p><b>What happens in an action group?</b></p>
	<p><b>Consultation</b></p> <p>We will ask you about certain topics and you can tell us what you think.</p>



Hospital

It could be on anything like visiting your doctor or about benefits.



### **Community Projects**

You can get involved in a project taking place in your local area.

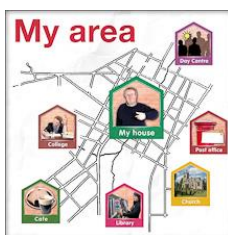
Community projects could be things like getting involved in Learning Disability Week and planning something for that week.



### **National Inclusion Group**

There is an Inclusion Group that represents the whole country.

You can let them know your views, ideas and thoughts on different topics.



This will help them know what matters to people where you live.



### **Awareness Raising**

You can help people to learn about Learning Disabilities.

This might involve planning an event or speaking to people about what you think



## **Campaigning**

You will have the chance to get involved in one of Mencap's campaigns.



You could also campaign on a local topic that is important to you.



## **My Area**

You would be able to talk about all the topics around where you live and the activities you do.



## **Social Activity**

You could organise different activities to do together, such as meals, cinema or bowling.



## **The Name of the Group**

You can choose your own name for the Group.



## **Share and Link with Others**

You can make friends with others in the group.