# THE MAINSHEET

COLUMBIA UNIVERSITY SAILING TEAM b FALL 2017





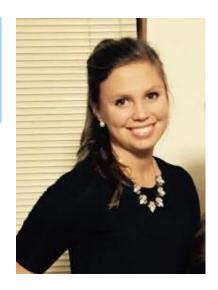
# IN THIS ISSUE

- 2. COACH'S NOTE
- 3. CAPTAIN'S NOTE
- 4. SEASON'S HIGHLIGHTS
- 5. ALUMNI REGATTA RECAP
- 6. UPCOMING EVENTS
- 7. FIRST-YEAR PERSPECTIVE
- 8. 2018 OFFICERS' BOARD
- 9. FALL 2017 DONORS



# FALL 2017

## COACH'S NOTE



A note from current Head Coach, Mary Kate Mezzetti

I was honored to be brought on board as Columbia University Sailing Team Head Coach this year and was struck immediately by the knowledge, organization, and dedication of the students who make up the team. At the beginning of the season we welcomed both returning sailors and those new to the water to our practice venue at City Island Yacht Club. A mild fall allowed the team to get out on the water until mid-November and work on a variety of skills.

The team saw great success throughout the course of the season in both women's and coed competition. The co-ed sailors qualified for the Mid-Atlantic Conference Championship, reserved for the top 18 teams in the conference. The women's sailors were recognized in the national rankings, calculated based on their achievement at regular season regattas and a coaches poll. I'm thrilled to see



what the spring has in store for this rapidly improving team.

On behalf of the team I would like to thank the continued support of our alumni. I greatly appreciated the alumni involvement this fall in the annual Alumni Regatta, and I look forward to alumni events this Spring. As a new member of this community, I would also like to welcome any feedback from alumni or friends of the Columbia Sailing Team so that we may continue to improve the connectivity of the network.

-Mary Kate Mezzetti

# FALL 2017 CAPTAIN'S NOTE

### Happy New Year!

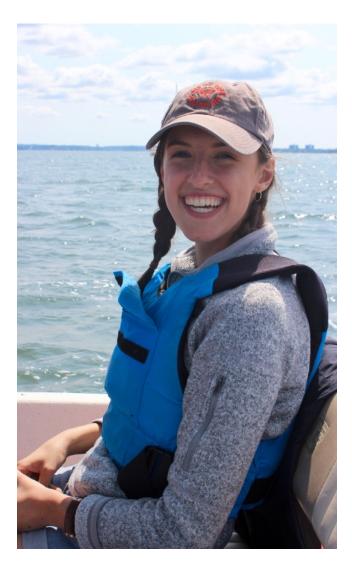
This fall has, by far, been my favorite season on this team. With a new coach, a handful of older members abroad, and many brand new sailors, I began the semester not sure how the season would unfold. However, my wary feelings quickly diminished. Our new coach, Mary Kate Mezzetti, has been a committed and fabulous mentor for our team on and off the water. I have been consistently impressed with our new members' dedication to their own growth, this team, and more importantly their teammates.

This season was one for breaking new records. In September, we had three full vans packed with excited new sailors heading out to City Island for our first practice. Our more competitive sailors made great improvements at regattas this season, competing at both coed and women's conference championship events



the team hasn't attended in over five years. And the alumni and friends of this team generously showed their support on Giving Day in helping us raise the most funds out of all club sports teams.

With such an exciting season behind us, I look forward to



A note from our beloved Captain, Elizabeth Keeney

seeing this team continue to put in hard work on and off the water so that we may reach even higher goals next season. I look forward to sharing more news of our growth in the coming months.

I hope to see many of you at the Sixth Annual Winter Fundraiser at the New York Yacht Club in February as we celebrate our continued improvements and set this team up for an even more successful 2018!

-Elizabeth Keeney, BC'19



## SEASON'S HIGHLIGHTS

CUST welcomed the Fall season with an enthusiastic influx of new sailors from all years, kicking off the school year with what was perhaps our largest merchandise order ever! With practices run by Coach Mary Mezzetti almost every day of the week and weekly Monday meetings, the team continued to retain its spirit of lively camaraderie.

On the water, the team had strong finishes, placing top ten in Jack Boehringer Memorial, the

North Fall Qualifier, and the Jesuit Interconference Regattas. At the Henry Luce Trophy Regatta, CUST took fourth place overall, qualifying the team for the MAISA Conference Championships.

CUST looks to the spring semester to capitalize on our work this season and make new gains in the next. With continuing drive, dedication, and hard work, the team looks forward to getting our feet wet in the seasons to come!





# ALUMNI REGATTA RECAP

The Alumni Regatta is an annual tradition for CUST sailors and alumni to come together and compete for the Hapgood Trophy at City Island. Alumni and current sailors gathered on a beautiful Sunday in September for a day of racing and reminiscing with old friends. With six boats rigged and on the water and two committee boats, CUST alumni got in several rounds of competitive racing. With racing finished in the early afternoon, the infamous Chino and Andres sandwiches from City Island Deli were quickly consumed.

Congratulations to skipper Jack Koehler, SEAS '13, and crew Haley Collins, BC '18 (pictured top left), for coming in first this year!























# UPCOMING EVENTS

The Winter Fundraiser is a night of festivities and fun in support of Columbia Sailing. Our sixth annual Winter Fundraiser will be held on Friday the 23rd of February at the New York Yacht Club. We hope to see you there!

Please contact Alumni Chair Pierre Casenave-Pere for details at pjc2168@columbia.edu.













## FIRST-YEAR

## **PERSPECTIVE**



A first year in Barnard College and newly elected 2018 CUST Co-captain, Liliana Loosbrock shares her experience joining the CUST family.

Turns out that weekend in Ithaca was one of the best weekends of my first semester at school. This team's sense of community and focus on teamwork are its strongest qualities, and why I'm grateful to be a part of this group. CUST works to push everyone to be better sailors, regardless of prior experience.

Through CUST, I've met students of different ages, backgrounds, and fields of study, but all share the love of sailing. Whether new or old to the sport, the sailors all share a passion for this team. I look forward to many more seasons to come with CUST!

-Liliana Loosbrock, BC '2 I

Growing up in Minnesota, the land of ten thousand lakes, I found many opportunities to sail. Following my older two sisters, I started pram camp at the Lake Minnetonka Sailing school when I was seven years old. I made my way into optimists at the age of nine. After racing for a few years I joined the Minnetonka High School Sailing Team and raced competitively on the team for six years. I sailed as both a skipper and a crew, as our team traveled all around the midwest and to both coasts competing.

I arrived at college this fall not thinking I would join the sailing team. This was because of years of traveling, intense daily practices, and eight months out of the year sailing, I thought I wanted a break to focus on school and living in a new city.

It was my friend who convinced me to come to the first CUST meeting this fall. She had never sailed, and wanted me to come along to see what it was like. The officer board at this first meeting made sailing seem more like a community than anything. There seemed to be a more communal approach to sailing rather than a focus on competition.

After this meeting, I thought what better than to join a community of people who enjoy something as much as I do. I was asked to compete with the team in Ithaca, NY the second week I was at school. I didn't know anyone on the team, but there I was in a van with four strangers going to sail at Cornell. I certainly didn't see that coming, but I'm glad I went.





Top: Loosbrock coming in for the win at the US Junior Women's Doublehanded Championship in Rye, NY. Bottom: Loosbrock (far left) at the Luce Trophy regatta, where CUST qualified for the MAISA conference championships.



## 2018 OFFICERS' BOARD



CAPTAIN: Elizabeth Keeney, BC '19

CO-CAPTAIN: Lily Loosbrock BC'21

TREASURER: David Treatman, GS '20

SECRETARY: Isabel de la Torre, CC '20

ALUMNI CHAIR: Pierre Casenave-Pere SEAS '20

COMMUNICATIONS CHAIR: Kyelee Fitts, CC '20

MERCHANDISE CHAIR: *Mateo Navarro Goldaraz*, SEAS '20

SOCIAL CHAIR: Christina Hill, CC'19

### THANK YOU

The new board would like to thank the 2017 officers for all of the hard work they put into the team to make this past season so successful. An extra special thank you to Captain Emeritus Adam DeVita for his dedication to this team in serving two years as captain. The new board is looking forward to another great year of sailing at Columbia!

## 2017 DONORS

As a team, we want to thank you all for your generous donations to Columbia University Sailing. As a club sport, we rely heavily on the kindness of alumni, family, and friends to make possible all we do. From boat repairs and improving our equipment to hiring a coach and attending away regattas, your contributions go a long way, and we promise we are putting your considerate gifts to good use.

On behalf of all members of Columbia University Sailing, thank you for all you have done and continue to do for us.

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WE RELY ON THE GENEROSITY OF OUR ALUMNI AND PARENTS TO SUPPORT THE ANNUAL FUND. THIS FUND ALLOWS US TO TRAVEL TO REGATTAS, IMPROVE OUR FACILITIES, AND EMPLOY OUR COACH. PLEASE CONSIDER CONTRIBUTING VIA MAIL OR ONLINE AT

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