

THE MAINSHEET

COLUMBIA UNIVERSITY SAILING TEAM  FALL 2018



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FALL 2018

COACH'S NOTE



Columbia and I have maintained a relationship over the years. In the 1990s, I was the Varsity Sailing Coach at NY Maritime, Columbia sailed with us for several years before moving to the City Island venue. I got a degree from the CTA program at Columbia in 2000, my wife has worked at Teacher's College for 20 years, and my son graduated from Columbia College in 2017. The institution has always excited me with its rich history and the diversity of offerings it offers to the community. From education, to careers, to athletics, and more. My career as a sailing coach, professional sailor, and sailmaker as well as my personal ties to the university – have brought this great opportunity and challenge to me: taking the Columbia University Sailing Team to the next level.

It was inspiring to see the progress made by the entire squad between our first and last trips up to Cornell this past fall. As I taught everyone about sailing, you all taught me about the unique challenges that Columbia has to offer. Challenges we will continue to evolve the team around so as to maximize success in the classroom and on the water. For starters, we were dynamic and offered more practices – which brought more commitment! The women qualified for the Women's Champs, some of the players sailed their first collegiate regatta, and the first year sailors absorbed everything I had to say at my evening lectures in Hamilton. The team is forty-four strong and I look forward to working with all of you to help it to continue to grow and find success.

Last semester's various conditions are what make the sport so special to sailors, light/heavy air, snow and rain, cold fall air mixed with warm

A note from current Head Coach, David (Dave) Coughlin

water and of course no wind regattas. Some events ended with minimal point spreads that don't reflect the level of sailing achieved. That 2-3 point loss or the one bad race that brought down the score, they make the drive back long! Then there were the fantastic Sunday comebacks we experienced, when the team photo is all smiles and the van ride is full of excitement from a well sailed day. And of course Mamma Mia is blasting... I want to thank all of you for taking whatever the weather throws at us and not using it as an excuse, but instead an opportunity. I look forward to every opportunity that will present itself this spring!

A special thanks to Elizabeth Keeney '19 as the outgoing 2018 co-Captain. Elizabeth was and probably still is ready to run the sailing team singlehanded! Appreciate all your work to manage the team and support CUST! Elizabeth made logistics and my transition to the team easy.

Finally, the 2019 Annual evening is February 22, 2019. Please come and support the team. Invite friends, parents, relatives – let's bring the spirit of sailing on to the Morningside campus! Step one towards new docks is showing the community who we are and what we can achieve for the university!

As always, when you have the time, come and practice with the team, 3:15 every weekday.

- Dave Coughlin

FALL 2018 CAPTAIN'S NOTE

What a semester it has been. Our new crop of sailors joined our returners to grow the team greatly this semester both as as sailors and friends. We performed impressively at regattas near and far, and were proud to get new racers out on the water every weekend. Our diverse strengths come from weekly practices, teammates helping teammates, our generous donors, and our new coach.

Under the experienced and steady hand of Coach Dave, who joined us this past fall, our competitive sailors have gained a new edge and built confidence that position us to beat the competition this spring. With this steady leadership in place, and our dock on track to be repaired, we feel poised to take full advantage of this new era of possibility for the team.

We would not be ready to take on these new challenges both on and off the water without the strength of our former leadership. We



A note from our captains, *David Treatman* and *Lily Loosbrock*.

would like to extend our greatest thanks to former captain Elizabeth Keeney BC '19 and prior captains for their dedication and passion for Columbia Sailing and making sure the team thrives for years to come. As your new captains, we look forward to continuing this legacy.

- *David Treatman, GS/JTS '20*
and *Lily Loosbrock, BC '21*



SEASON'S HIGHLIGHTS



This season, Monday meetings continued, keeping the team up to date and new head coach Dave Coughlin shared his knowledge in post-meeting Chalk Talks. With another van driver available, CUST was able to hold extra practices on Wednesdays - thank you, Nico Hoernle! Behind the scenes, the board revamped the winter fundraiser, now the Annual, with a new venue and special young alumni ticket pricing.

From September to October, CUST participated in a total of six regattas. To open the sailing season, Columbia Sailing placed tenth at Jack Boehringer '52 Memorial, becoming second for qualifying for War Memorial. At Luce Trophy, CUST finished

seventh. As a team open to all skill levels, it was important to give salters with different amounts of experience a chance to compete, and at the Princeton Fall Open, both David Treatman and Zoe Chan sailed in their first regattas. To close off the season, our women's team placed ninth out of fifteen at the MAISA Women's Championship.

After winterizing the FJs and whaler, winter workouts began in full swing. No matter how light the breeze forecast was, there was never a dull moment in CUST's first semester this academic year. Here's to another season of sailing and a Happy New Year!





ALUMNI REGATTA RECAP

The 2018 Alumni Regatta took place in the second week of September, a great time to catch up with alumni before the semester picked up. There was very light wind and participating sailors could only get three races out, nevertheless, the regatta was a great to keep engaged with alumni - we even welcomed back alumni from the graduating class of 1980!



The Alumni Regatta is a great way to remain engaged with CUST and to keep your sailing skills sharp.





UPCOMING EVENTS

THE ANNUAL

Taking place in Columbia's own Faculty House on Friday, February 22, the Annual is a time for alumni, family, and salters to gather in support of Columbia Sailing. Come in cocktail attire and ring in the new year with CUST!



SAILOR SPOTLIGHT

Despite living in Paris, London and New York for the past 13 years, sailing has remained my passion since I hopped on a boat at age six in Normandy. Before college, practicing the sport was not easy during the school year so I was mainly sailing over the summer. CUST has allowed me to bring this passion on another level. I've been able to pour as much time as I wanted into the team and spend more time on the water than I ever could before.

This new level of dedication pushed me to try and achieve my lifelong dream: compete in the Mini Transat, a solo transatlantic race sailed on 21 feet boats. Indeed, I will be taking a yearlong break from school in 2019 and will be training in Lorient, France, to qualify for the race. In order to qualify, I must complete a 1,000 nm solo course and race for at least 1,500 nm over the upcoming season.

The Mini starts on September 22nd and I have a lot of sailing and learning ahead of me before being ready. Don't hesitate to follow my adventure on my Facebook page "Pierre Casenave-Péré - Mini Transat 2019". The website should be launched soon too and there are many news to come in early 2019!



Long time salter and officer board member, [Pierre Casenave-Péré \(PP\)](#), leaves for a year to sail in France.

I can't wait to follow the progress the team makes from. I look forward to coming back and continue our efforts to grow a stronger team both in and out the water, and hope many of you can make it to The Annual on February 22nd!



- Pierre Casenave-Péré



2019 OFFICERS BOARD

CAPTAINS: *Lily Loosbrock BC '21, David Treatman, GS/JTS '20*

TREASURER: *Alan Xi-Huang Zhang SEAS '21*

SECRETARIES: *Isabel de la Torre, CC '20, Kyelee Fitts, CC '20*

ALUMNI CHAIR: *Claire Wootton BC '21*

COMMUNICATIONS CHAIR: *Zoe Chan CC '22*

MERCHANDISE CHAIR: *Boaz Willis JTS '22*

SOCIAL CHAIR: *Doga Ozesmi, SEAS '20*

THANK YOU

The Board would like to thank the alumni, sailors, supporters of CUST, and the 2018 board for all their support. It's because of you that we are able to run this team and give our sailors the best Columbia sailing experience possible.



2018 DONORS

As a team, we want to thank you all for your generous donations to Columbia University Sailing. As a club sport, we rely heavily on the kindness of alumni, family, and friends to make possible all we do. From boat repairs and improving our equipment to hiring a coach and attending away regattas, your contributions go a long way, and we promise we are putting your considerate gifts to good use.

On behalf of all members of Columbia University Sailing, thank you for all you have done and continue to do for us.

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Thank you!



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We rely on the generosity of our alumni and parents to support the Annual Fund.
This fund allows us to travel to regattas, improve our facilities, and employ our
coach. Please consider contributing via mail or online at
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